TRANS IN SOUTH IN SOUTH

A GUIDE TO RESOURCES AND SERVICES

UPDATED
OCTOBER 2017



WWW.SOUTHERNEQUALITY.ORG/TRANSINTHESOUTH

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DISCLAIMER:

This document provides information about acquiring medical or attorney referrals; it is not medical or legal advice. Moreover, due to the rapidly changing nature of the law and our reliance on information provided by outside sources, we make no warranty or guarantee.

HOW TO USE THIS RESOURCE GUIDE

elcome to *Trans in the South: A Guide to Resources and Services,* compiled by the Campaign for Southern Equality.

Our hope is that every trans person in the South can access the services and support they need to be healthy and to thrive. Our goal is that this resource guide is a helpful tool in that journey. In these pages you'll find lists of service providers throughout the South, information about insurance coding, and resources to assist with funding medical transition.

Accessing friendly therapists, medical providers, and legal assistance can be difficult as a trans person in the South, especially if you don't know where to start or who to reach out to. That's why we created this resource guide.



Trans in the South offers resources for trans folks in Alabama, Arkansas, Florida, Georgia, Kentucky, Louisiana, Mississippi, North Carolina, South Carolina, Tennessee, Virginia and West Virginia. Resources in this guide are divided by type of services offered within each Southern state. So, if you're looking for an endocrinologist in South Carolina for example, just scroll down to South Carolina and look for the heading "ENDOCRINOLOGY."

We compiled these resources from trans folks who reported having a positive and affirming experience using these services, referrals from trans-friendly providers, and pulling from other resource guides that list these providers as being trans-friendly. To confirm the status of these resources as trans-friendly,

we called each provider and spoke with the staff at that agency. We only included providers who report actively working with trans folks in this guide.

Some providers offered additional information about their practice like accepting insurance, charging on a sliding scale, offering Hormone Replacement Therapy, or working with youth. These are marked with icons. We still encourage calling the provider you're interested in and asking about the specific services you're seeking.

This edition of *Trans in the South* was published in October of 2017 and can be downloaded at www.southernequality.org/transinthesouth. We'll be collecting new resources throughout the year and updating the guide annually. If you have additional resources, questions, or feedback, please email them to me at lvy@southernequality.org.

Thanks for accessing *Trans in the South*. I hope you'll find it helpful!

Best Wishes, Ivy Gibson-Hill Campaign for Southern Equality LGBTQ Rights Toolkit Coordinator

ICONS IN THIS GUIDE



Writes Letters - Many endocrinologists and surgeons require a letter from a mental health professional before they will move forward with assisting with medical transition. These mental health professionals will write the letters that are required for Hormone Replacement Therapy and/or surgery. If this icon is beside an endocrinologist, it means they will write the necessary letters to change gender markers on legal documents without requiring the patient to undergo surgery.



Doesn't Write Letters - These providers report being trans-friendly; however they won't write the letters folks need to begin HRT, undergo surgery, or change gender markers legal documentation.



Requires Letter - These providers do not offer treatment with informed consent, but require a letter from a therapist before beginning HRT.



Informed Consent - These providers do not require a letter from a mental health professional to begin HRT.



Sees Adolescents - These providers will assist individuals under the age of 18 with their medical transition.



Offers HRT - Hormone Replacement Therapy is a big step for many trans folks. The general providers that are marked with this symbol offer HRT in their office. This cuts the step of also finding an endocrinologist.



OB/GYN - These providers also offer pelvic exams for trans men.



Planned Parenthood - These providers operate within Planned Parenthood offices. Most Planned Parenthood affiliates offer HRT with informed consent.



Scheduling 6 Months to a Year Out - At the time that we called, these providers reported scheduling 6 months to a year out for new patients.



Doesn't Take Insurance - These providers report that they don't accept any insurance.



Takes Insurance - These providers report accepting insurance.



Charges on a Sliding Scale - These providers report charging on a sliding scale based on need.



Free Sessions Available - Some providers report working with local clinics in order to provide free sessions to the clients who aren't able to make payments even on a sliding scale basis. We encourage calling providers with these icons and asking about the process to take advantage of those free needs-based services.



Veterans Only - These providers only work with veterans.



Student Counseling Services - These providers are trans-friendly, but they are only available to students at their university.



Support Group - These providers also offer peer support groups.





ased in Asheville, North Carolina, the Campaign for Southern Equality (CSE) promotes full LGBTQ equality - both legal and lived - across the South.

One third of all LGBTQ Americans live in the South, including more than one third of all trans Americans. Yet across the region, LGBTQ people lack basic legal protections, face robust opposition to our rights and have limited resources for advocacy and direct services. LGBTQ people in our region are also at an elevated risk of poverty and health disparities. Our community meets every definition of political powerlessness, evidenced most recently by the wave of anti-LGBTQ bills sweeping the South and by a dismal lack of elected representation in local, state and federal offices. While national funding to the LGBTQ South is increasing (it has grown from less than 8% to 25% in recent years), the majority goes to large metro areas and large organizations within the South.

LEARN MORE AT WWW.SOUTHERNEQUALITY.ORG

At the same time, LGBTQ Southerners live each day with courage and strength. Every day, we hear stories about how the South is changing and how support for equality is growing. Our work starts by asking what a LGBTQ Southerner needs when they

are ready to lead equality efforts in their hometown, or ready to access support and services. Responding to this complex mix of urgent needs and entrenched structural issues requires a new approach. Tactically, this requires that we use a range of tools in our work, including direct services, direct action, litigation, grant-making, and long-term organizing strategies to support a new generation of LGBTQ leaders and to build political power.

THE LGBTO RIGHTS TOOLKIT

hrough our LGBTQ Rights Toolkit, we respond to the acute and widespread need for direct services and resources for LGBTQ Southerners. Current programs include our digital toolkit - www.lgbtrightstoolkit.org - which provides information about concrete ways LGBTQ Southerners can protect their rights and access support; publications like the

Trans in the South guide; free Pop-Up clinics that provide direct services and resources; and providing training, networking and funding to support front-line providers of culturally-competent direct services.

VISIT ONLINE AT
WWW.LGBTRIGHTSTOOLKIT.ORG



If you are in need of immediate help, please use these resources from anywhere in the country.

- If you are in need of immediate medical assistance or need law enforcement assistance, call 911.
- If you are thinking about hurting yourself, call the National Suicide Prevention Lifeline at 1-800-273-TALK (8255).
- If you are an LGBTQ youth who is thinking about hurting yourself or is in crisis, call The Trevor Project's 24-Hour Suicide Prevention Hotline at 866-488-7386.
- If you are a transgender person in crisis or needing support, call Trans Lifeline at 877-565-8860.
- If you are a college student check out this College Suicide
 Prevention Guide by Affordable Colleges Online: https://www.affordablecollegesonline.org/college-resource-center/college-suicide-prevention/

ADDITIONAL RESOURCES

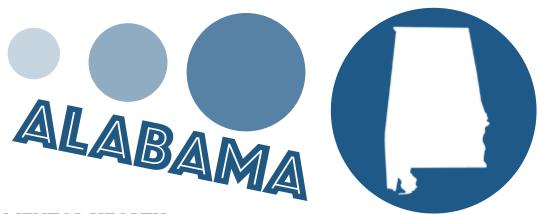
GLBT National Help Center Hotline

P: 1-888-843-4564 W: www.glnh.org

Hours: 4 PM – 12 AM, EST

GLBT National Youth Talkline

P: 1-800-246-7743 W: http://www.glnh.org Hours: 4 PM – 12 AM, EST



Charlar Barnes
Licensed Professional Counselor
Exceptional Living LLC.
600 S. Court Street Suite 312
Montgomery, AL 36104
334.647.1781
exceptionalliving14@gmail.com

Jane Brown MA, LPC
2305 Arlington Ave.
Birmingham, AL 35205
205.933.9276
brownjane@earthlink.net
www.adultandchilddevelopment.com

Ashley Garrett

Garrett Counseling 1215 Jackson's Way, SW Jacksonville, AL 36265 256.239.5662 www.garrettcounseling.com



David Goldberg PsyD

400 Office Park Drive #120 Birmingham, AL 35223

205.380.6304 dr.davidgoldberg@gmail.com www.drgoldberg.net



Amanda Keller

Magic City Acceptance Center

2500 4th Avenue South Birmingham, AL 35233 205.877.8677 amanda@mcacc-bao.org



Sarah E. Mulder, PsyD

Longwood Psychological Center 111 Longwood Drive SW Huntsville, AL 35801 256.469.1949

www.sarahmulderpsychology.com



Michelle Omara

Online Services

2680 E Main St, #121 Plainfield, IN 46168 317.517.0065 michele@micheleomara.com https://micheleomara.com



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5510 Wares Ferry Rd. Suite U3 Montgomery, AL 36117 334.387.2317 seriser@bellsouth.net



Angela Stowe, PhD

Univ. of Alabama at Birmingham's Student Health

and Wellness Center
1714 9th Ave. South
Birmingham, AL
205.934.3581

www.uab.edu/students/health/health-services



Nick VanWaggoner, MD

U of AL at Birmingham's Student Health and Wellness Center 1714 9th Ave. South Birmingham, AL 205.934.3581

www.uab.edu/students/health/health-services

ALABAMA

ENDOCRINOLOGY





Hussein Abdul-Latif, MD



The Childrens Hospital of AL University AL • Birmingham Department of Pediatrics



1601 4th Avenue South Children's Park Place

Birmingham, AL 35233 205.638.5028 www.childrensal.org/Endocrinology



Morissa Ladinsky, MD

The Childrens Hospital of AL University AL • Birmingham Department of Pediatrics



1601 4th Avenue South Children's Park Place

Birmingham, AL 35233 205.638.5028 www.childrensal.org/Endocrinology



Dr. Huey McDaniel (HRT) offering changes quarterly) 1700 Spring Hill Ave. Mobile, AL 36604 251.435.1200

PLANNED PARENTHOOD LOCATIONS

More details on each location are available at: www.plannedparenthood.org/health-center/alabama

Planned Parenthood Mobile

717 Downtowner Loop West Mobile, AL 36609 251.342.6695

Planned Parenthood Birmingham

1211 27th Place South Birmingham, AL 35205 205.322.2121

PRIMARY CARE



Dr. Scott Weisberg

Magic City Wellness Center 2500 4th Avenue South Birmingham, AL 35233



205.877.8677

www.magiccitywellnesscenter.org

LEGAL RESOURSES





T. Shane Smith

Steel City Law, LLC 3000 Crescent Avenue

Birmingham, AL 35209 205.607.0225

ssmith@steelcitylawfirm.com

OTHER



Dr. Stephen R. Steinzmetz, M.D., F.A.C.S.

(Accepts payment plans; Will advocate for you against insurance) St. Vincent's Professional Office Building 2700 Tenth Ave. South, Suite 510 Birmingham, AL 35205 205.930.0980 www.steinmetzplasticsurgery.com



ALABAMA

HIV CARE

AIDS Alabama -

(Counseling Services & Housing Assistance) 3529 7th Avenue S. Birmingham, Alabama 35222 205.324.9822 www.aidsalabama.org

AIDS Alabama South

4321 Downtowner Loop N. Mobile, AL 36609 251.471.5277 www.aidsalabamasouth.org

Albertville Clinic - (Free Testing, Med Program, Housing Assistance) Thrive Alabama 201 E. McKinney Avenue Suite A Albertville, AL 35950 256.660.5127

Birmingham AIDS Outreach

205 32nd Street South Birmingham, AL 35233 205.322.4197 www.birminghamaidsoutreach.org

Dothan AIDS Outreach

1865-3 Honeysuckle Rd. Dothan, AL 36305 334.673.0494 www.maoi.org

Montgomery AIDS Outreach

2900 McGehee Road Montgomery, AL 36111 334.280.3349 www.maoi.org

Thrive Alabama

600 St. Clair Avenue Building 3 Huntsville, AL 35801 256.536.4700 www.thrivealabama.org

The Hames Clinic -

(Free Testing, Counseling, Med Program, Housing Assistance) Thrive Alabama 112 S. Pine Street Suite 202 Florence, AL 35630 256.764.0492 www.thrivealabama.org

Selma AIDS Information & Referral

102 Park Place Selma, AL 36701 334.872.6795 www.selmaair.org

West Alabama AIDS Outreach

2720 6th Street Tuscaloosa, AL 35401 205.759.8470 www.waao.info

STATE RESOURCE GUIDE

Association of Lesbian, Gay Bisexual & Transgender Issues in Counseling of Alabama (ALGBTICAL) www.algbtical.org/2A%20COUNSELOR%20LIST.htm Covers entire state



Michelle Omara

Online Services 2680 E Main St, #121 Plainfield, IN 46168 317.517.0065 michele@micheleomara.com www.micheleomara.com

HIV CARE

Arkansas AIDS Foundation

523. S. Louisiana, Suite 404 Little Rock, AR 72201 501.376.6299

Arkansas Department of Health Ryan White Program

Multiple Locations Across the State 501.661.2408 www.healthy.arkansas.gov

PLANNED PARENTHOOD

More details on each location are available at: www.plannedparenthood.org/health-center/arkansas

Planned Parenthood Fayetteville

3729 North Crossover St.
Fayetteville, AR 72703
479.443.7791
www.plannedparenthood.org/health-center/arkansas/fayetteville/72703/fayetteville-health-center-2972-90740

Planned Parenthood Little Rock

5921 W. 12th Street Little Rock, AR 72204 501.666.7526 www.plannedparenthood.org/health-center/arkansas/little-rock/72204/little-rockhealth-center-2807-90740

STATE RESOURCE GUIDES

Arkansas Transgender Equality Coalition

www.artranscoalition.org/health *Covers entire state*

Transgender Equality Network

www.transeqnet.org/resources/arkansas-resources/#.WV1KIVTyvIU Covers entire state



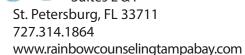
Coral Schlosberg Arvon PhD, LMFT, LCSW

2999 NE 191st St. Suite 703 Aventura, FL 33180 305.936.8000 corarv@aol.com











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Bailey House of Wellness, LLC 1881 NE 26th Street, Suite 202A Wilton Manors, Florida



33305

3190 Post Street Jacksonville, FL 32205 954.903.7611 www.bhowyou.com

bhowyou@gmail.com



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727.328.4672 www.angelabulla.com angelabrownbulla@gmail.com



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North Miami Beach, FL 33162 305.651.6442



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felicialevinelcsw@aol.com



Dr. Lawrence Levy PsyD, PA

398 Camino Gardens Blvd.

Suite 207 Boca Raton, FL 33432 561.210.5125 954.495.8749 www.levypsychology.com



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6811 N Central Ave.

Tampa, FL 33604 813.404.9215 counselorbarb@earthlink.net www.counselorbarb.com

MENTAL HEALTH

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Authentic Life Transitions, LLC 3001 Aloma Ave, Winter Park, FL 32792

321.420.6095

www.authenticlifetransitions.com stephanymahaffey@gmail.com

Lisa J. Moore LMHC 1732 Kingsley Ave. Suite 1 Orange Park, FL 32073 904.269.2931

Anagloria Mora, PhD, LMHC, CCS 6861 SW 51st St., Miami, FL 33155 305.333.2263 dranagloriamora@aol.com www.dranagloriamora.com

Bonnie R. Saks MD 3333 W Kentucky Blvd. Tampa, FL 33609 813.354.9444



Dr. Kristie Overstreet

Therapy Department 18821 Delaware St Suite 208 Huntington Beach, CA 92648

904.566.9256 www.TherapyDepartment.com



Heather Stambaugh

Lakeland LGBT Therapy

2033 E. Edgewood Drive, Suite 4 Lakeland, FL 33803 863.271.2001 www.lakelandlgbttherapy.com heather@lakelandfltherapy.com



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370 W Camino Gardens Blvd, Suite 117, Boca Raton, FL 33432 561.409.9701 ext 1

www.drdavidw.com drwohlsifer@gmail.com

ENDOCRINOLOGY



Dr. Christopher Estes 1611 NW 12th Ave.

Miami, FL 33136 305.243.3000

Dr. Sadaf Jeelani 4340 W. Newberry Rd. Suite 301 Gainesville, FL 32607 352.372.9414





Brenda M. Barry 930 Lake Baldwin Ln.

Orlando, FL. 32814

407.898.1500 Ext. 10 WomenCare@cfl.rr.com

STATE RESOURCE GUIDES

Equality Florida

http://www.eqfl.org/sites/default/files/.images/TransGuide_041517.pdf *Covers entire state*

Trans Florida

http://transflorida.tumblr.com/hrt Covers entire state

PRIMARY CARE

Ft. Myers Health Center 8595 College Parkway Suite 250 Ft. Myers, FL 33919 239.481.9999

Gainesville Health Center 914 NW 13th St. Gainesville, FL 32601 352,377,0881

Dr. Michael Horseman 4410 W. Newberry Rd. Suite B Gainesville, FL 32607 352.372.7800

Immokalee Center 419 N First St. Immokalee, FL 34142 239.262.0301

Jacksonville Health Center 3850 Beach Blvd. Jacksonville, FL 32207 904.399.2800

Lakeland Health Center 2250 E. Edgewood Dr. Lakeland, FL 33803 863.665.5735

Manatee Health Center 1105 53rd Ave. East Suite 201 Bradenton, FL 34203 941.567.3800 Naples Center 1425 Creech Rd. Naples, FL 34103 239.262.0301

Orlando-Eastside Clinic 11500 University Blvd. Suite B Orlando, FL 32817 321.235.5513

Orlando-Westside Clinic 726 South Tampa Ave. Orlando, FL 32805 407.246.1788

Pinellas Health Center 8950 Dr. Martin Luther King Jr St. N #102 St. Petersburg, FL 33702 727.898.8199

The Sally Bellamy Health Center 2121 W. Pensacola St. Suite B2 Tallahassee, FL 32304 850.574.7455

Sarasota Health Center 736 Central Ave. Sarasota, FL 34236 941.953.4060

Christopher Salgado, M.D.
LGBTQ Center for Wellness,
Gender and Sexual Health
University of Miami Hospital, 1400
NW 12th Avenue, Miami, FL 33136
866.GENDRUM
www.umiamihospital.com/lgbtq-services
MiamiTransgender@med.miami.edu

HIV CARE

Care Resource Ft. Lauderdale

871 West Oakland Park Blvd. Ft Lauderdale, FL 33311 954.567.7141 www.careresource.org

Care Resource Miami

3510 Biscayne Blvd., Miami, FL 33137 305.576.1234 www.careresource.org

Care Resource Little Havana

1901 SW 1st St, Miami, FL 33135 305.203.5230

Care Resource Miami Beach

1701 Meridian Avenue, Suite 400 Miami Beach, FL 33139 305.673.3555

Care Resource Miami Beach

1680 Michigan Avenue, Suite 912 Miami Beach, FL 33139 305.534.0503

Hope & Help Center of Central Florida

Main Office 707 Mendham Blvd, Suite 104 Orlando, FL 32825 407.645.2577 www.hopeandhelp.org

Hope & Help Center of Central Florida, Kissimmee

600 N Thacker Ave, Ste A27 Kissimmee, FL 32741 407.994.2825 https://www.hopeandhelp.org

Hope & Help Center of Central Florida, South Orange Blossom Trail

750 South Orange Blossom Trail #268 Orlando, FL 32805 407.645.2577 www.hopeandhelp.org

Miracle of Love Administrative Office

741 W. Colonial Dr. Orlando, FL 32804 407.843.1760 www.miracleofloveinc.org

Miracle of Love Lake County Office

4400 N Hwy 19A Unit 10, Mt Dora, FL 32757 352.357.6341 www.miracleofloveinc.org

Miracle of Love Osceola County Office

600 North Thaker Ave., Kissimee, FL 32741 Ryan White Program: 407.994.2995 www.miracleofloveinc.org

Miracle of Love The Stafford House

711 Seminole Ave., Orlando, FL 32804 407.532.0070 www.miracleofloveinc.org

Christopher Salgado, M.D.

LGBTQ Center for Wellness, Gender and Sexual Health University of Miami Hospital

1400 NW 12th Avenue, Miami, FL 33136 866.GENDRUM

www.umiamihospital.com/lgbtq-services MiamiTransgender@med.miami.edu

PLANNED PARENTHOOD LOCATIONS

More details on each location are available at: https://www.plannedparenthood.org/health-center/florida/

Boca Raton

8177 Glades Rd. Boca Raton, FL 33434 561.226.4116



Bradenton

1105 53rd Ave East Suite 201 Bradenton, FL 34203 941.567.3800



Fort Meyers

8595 College Parkway Suite 250 Fort Myers, FL 33919 239.481.9999



Gainesville

914 NW 13th Street Gainesville, FL 32601 352.377.0881



Immokalee

419 N. First Street Immokalee, FL 34142 239.262.0301



Jacksonville

5978 Powers Avenue Jacksonville, FL 32217 904.399.2800



Kissimmee

610 Oak Commons Blvd. Kissimmee, FL 34741 407.246.1788



Lakeland

2250 E Edgewood Drive Lakeland, FL 33803 863.665.5735



Miami

11440 SW 88th Street Suite 109 Miami, FL 33176 786.263.0001



3119A Coral Way, Miami, FL 33145 305.285.5535

Miami

585 N.W. 161 St. Suites 200-300, Miami, FL 33169 305.830.4111



Naples

1425 Creech Road Naples, FL 34103 239.262.0301



Orlando

11500 University Blvd Orlando, FL 32817 407.246.1788



Orlando

726 South Tampa Ave Orlando, FL 32805 407.246.1788



Pembroke Pines

263 North University Drive Pembroke Pines, FL 33024 954.989.5747



Saint Petersburg

33 6th Street South Saint Petersburg, FL 33701 727.898.8199



Sarasota

736 Central Avenue Sarasota, FL 34236 941.953.4060



1322 NW Federal Hwy. **Emerald Plaza** Stuart, FL 34994 772.692.2023

Tallahassee

2121 W Pensacola Street. Tallahassee, FL 32304 850.574.7455



Tampa

8068 North 56th St. Tampa, FL 33617 813.980.3555

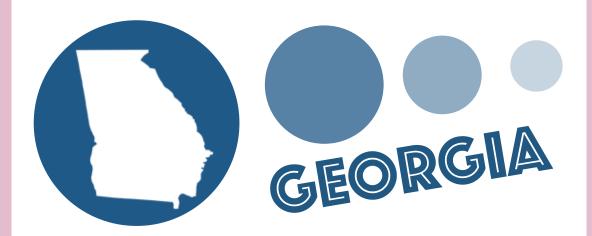
Wellington

10111 Forest Hill Blvd Suite 340 Wellington, FL 33414 561.296.4919

West Palm Beach

931 Village Blvd. Suite 904 West Palm Beach, FL 33409 561.683.0302









Anna Baxter, LAPC

Wellspring Counseling Cen-



anna@lovepositivecounseling.com www.lovepositivecounseling.com



Eli Budd PhD, Psych

2300 Cheshire Bridge Rd.

Unit 101 Atlanta, GA 30324 404.873.5517 www.bebuddPhD.com



Anna Lisa Derenthal LPC, NCC

11285 Elkins Rd. Suite D4 Roswell, GA 30076 678.431.3901 annalisaderenthal@gmail.com www.annalisaderenthal.com



Melissa L. Dickinson



Wellspring **Counseling Center** 321 W Hill Street, Suite 2D,

Decatur, GA 30030 404.969.5139 melissadickinsonlpc@gmail.com www.melissadickinson.com



Tana Hall, LPC

204 Church St

Decatur, GA 30030 404.496.8262

www.tanahall.com





Dr. Sally Herbert Psychiatrist

41 Lenox Point North East Atlanta, GA 30324 404.842.0070



Karuna Counseling

1945 Mason Mill Rd. Suite 100 Decatur, GA 30033 404.321.4307

www.karunacounseling.com





Metropolitan **Counseling Services**

(Sliding Scale as low as \$25. If going through Health Initiative you can receive 8 free sessions.)

2801 Buford Hwy. Suite 470 Atlanta, GA 30329 404.321.1794 www.mcsatlanta.org





Michelle Omara

Online Services

2680 E Main St, #121 Plainfield, IN 46168 317.517.0065 michele@micheleomara.com https://micheleomara.com





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Therapy Department 18821 Delaware St Suite 208 Huntington Beach, CA 92648

904.566.9256 www.TherapyDepartment.com

GEORGIA

MENTAL HEALTH



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Equality Clinic 987 St. Sebastian Way Augusta, GA 30901 762.218.2226

ENDOCRINOLOGY



Dr. Vin Tangpricha 1365 Clifton Rd.

Emory Clinic Bldg A Atlanta, GA 30322 404.778.3280





Equality Clinic



Augusta, GA 30901 762.218.2226





Wellspring Counseling Center

GA Tech Counseling Center

353 Ferst Dr NW

Atlanta, GA 30313



321 W. Hill St, Decatur, GA 30032 & 700 Old Roswell Lakes Pkwy, Suite 300, Roswell, GA

30076 (on Sundays) 678.667.1522 AmariahLove.com love.counseling17@gmail.com



Trans Health Initiative

1924 Cliff Valley Way Atlanta, GA 30329 404.728.7900 or 404.929.1742 transhealth@feministcenter.org www.transhealthinitiative.org





Dr. Mark Earhart

1612 Mars Hill Rd. Suite B Watkinsville, GA 30677 706.769.1100





Equality Clinic

987 St. Sebastian Way Augusta, GA 30901 762.218.2226



Maria Holder

Intown Primary Care-Cheshire Bridge 730 Ponce De Leon Place, Unit B Atlanta, GA 30306 and 2215 Cheshire Bridge Rd NE Atlanta, GA 30324 404.541.0944 www.intownprimarycare.com/about/





Dr Isabel Lowell

Emory Healthcare Multiple Locations 404.778.7777

www.emoryhealthcare.org



Dr. Scott Parry

2215 Cheshire Bridge Rd NE Atlanta, GA 30324 404.541.0944 www.intownprimarycare.com

Dr. Joseph Smiddy

1700 Briarcliff Rd. NE Atlanta, GA 30306 404.228.2648



Trans Health Initiative

1924 Cliff Valley Way Atlanta, GA 30329 404.728.7900

GEORGIA

PLANNED PARENTHOOD LOCATIONS

More details on each location are available at: www.plannedparenthood.org/health-center/georgia/

Lawrenceville

798 Lawrenceville Suwanee Road, Lawrenceville, GA 30043 404.688.9300

Marietta

220 Cobb Parkway North. Suite 500 Marietta, GA 30062 404.688.9300

Savannah

720 East 71st St. Savannah, GA 31405 912.351.0116

LEGAL RESOURCES

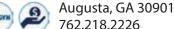
Dana P Shaffner

1842 Independence Square Atlanta, GA 30338 770.551.9366





Equality Clinic 987 St. Sebastian Way



OTHER



Brittany Garner, MSW

Lost-N-Found Youth 2585 Chantilly Dr NE Atlanta, GA 30324 678.856.7825 brittany@lost-n-found.org www.lnfy.org

STATE RESOURCE GUIDES

Atlanta Gender

atlantagender.org/professionals.html Covers Atlanta

Reddit

www.reddit.com/r/transhealth/comments/320gvc/looking_for_a_transfriendly_endo_in_georgia/#bottom-comments Covers Primarily Atlanta

Georgia Equality

www.georgiaequality.org/wp-content/ uploads/2015/08/GA-Trans-Resource-Guide-DIGITAL-1.pdf Covers Primarily Atlanta

Feminist Women's Health Center

www.feministcenter.org/assets/pdfs/ THI_Resource_Guide.pdf Covers Atlanta

Trans Georgia

www.transgeorgia.org Covers entire state

Therapist Tana Hall's resource guide:

www.docs.google.com/document/d/1VsKNyaZ3P4pptqb-Fk1-3etlrYO-hHydxsKdah4ntJz8 Covers Primarily Atlanta







Mona Gallo, Ed. D., L.P.C.C.



Lexington, KY 40517

859.312.0901 mona@counselinginlexington.com



Dave Harmon & Associates

3934 Dixie Highway #510 Louisville, KY 40207 502.896.8006





Natasha Lacey

New Life Counseling Services 1099 S. Broadway, Ste. 280 & 260 Lexington, KY 40504



859.309.2384

newlifecounselingsvc@gmail.com





Susan S. Mathews-Duvall PhD

2220 Executive Dr. #103

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Michelle Omara

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Sanders and Associates

160 N. Broadway, Lexington, KY 40507 859.266.6786 sandersandassociatespllc@gmail.com



Janet Vessels, LCSW

Center for Child and Family Counseling 1315 W. Main Suite A

Lexington, KY 40508 859.554.6028 janetvessels@yourcounselor.org



Email Ivy Gibson-Hill at the Campaign for Southern Equality at ivy@ southernequality.org

KENTUCKY

PLANNED PARENTHOOD LOCATIONS

More details on each location are available at: www.plannedparenthood.org/health-center/kentucky/

Lexington

268 Southland Drive, Lexington, KY 40503 859.252.8494

Louisville

842 South 7th Street, Louisville, KY 40203 502.584.2473

PRIMARY CARE



Joanne Brown

UK University Health Service (UK Students only) University Health Service Building 830 S. Limestone

Lexington KY 40536-0582 859.323.2778 & 859.323.4636 www.uky.edu/lgbtq/transform-health

Dr. Clayton Smith

Internal Medicine at UofL Physicians Outpatient Center 401 E. Chestnut St. Suite 370 Louisville, KY 40202 502.588.4500 www.uoflphysicians.com/1235371840-clayton-smith

Keisa Fallin-Bennett, MD/MPH

UK Department of Family & Community Medicine 2195 Harrodsburg Rd Suite 125 Lexington, KY 40504-3504 859.323.6371 keisa.bennett@uky.edu www.uky.edu/lgbtq/transform-health

SUPPORT GROUP



Trans Health Advocates

502.694.2227

www.kentuckyhealthjusticenetwork.org/ trans-health.html

STATE RESOURCE GUIDE

TransKentucky

www.transkentucky.com/directory/ Covers Entire State







Dr. Jen Chandler

5208 Magazine St Ste 138. New Orleans, LA 70115 General: 504.708.493

Therapy & Medical: 504.278.4006 nolamedpsych@gmail.com drjchandler@yahoo.com www.drjchandler.com/



Bobby Kizer PhD

300 B Codifer Blvd. Metairie, LA 70005 504.390.5782 kizer.bobby@gmail.com www.bobbykizer.com

PRIMARY CARE

Jamie Buth

New Orleans, LA 70112

504.558.3637



Kelley Massengale, LCSW, BACS

7474 Highland Road Baton Rouge, LA 70808 225.246.2359 kmassengale01@gmail.com www.counselingbatonrouge.com

Terry Meyers MEd BCSW

1412 Thalia St. New Orleans, LA 70130 504.524.5973



Dr. Kristie Overstreet

Therapy Department 18821 Delaware St Suite 208 Huntington Beach, CA 92648

904.566.9256 www.TherapyDepartment.com



Joan Ellen Young LPC, NCC

New Orleans, LA 504.810.1450



Dr. Ryan Pasternak

Crescent Care Family Care Services Center Family Services Center, 4640 S.

Carrollton Ave., Suite 120, New Orleans, LA 70119



504.378.0427 rpaste@lsuhsc.edu

www.crescentcarehealth.org/



Rachana Sus

4770 S I-10 Service Road W #110 New Orleans, LA 504.988.8050



Jennifer Garrett

1555 Poydras St. #405

1315 Antonine St New Orleans, LA 70115 504.891.4015



Michele McCarthy Larzelere PhD

200 W. Esplanade Ave. #412 Kenner, LA 70065 504.471.2750 mlarze@lsuhsc.edu



Michelle Simoneaux

711 N. Broad St. New Orleans, LA 70119 504.988.3000

LOUISIANA

PLANNED PARENTHOOD LOCATIONS

More details on each location are available at: www.plannedparenthood.org/health-center/louisiana/

Baton Rouge

3955 Government Street, Ste. 2 Baton Rouge, LA 70806 225.387.1167

New Orleans

4636 S Claiborne Ave New Orleans, LA 70125 504.897.9200

GENERAL PEDIATRIC CARE

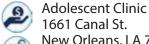




Dr. Ryan Pasternak Kids First Tiger Care







1661 Canal St. New Orleans, LA 70112 504.299.9980

rpaste@lsuhsc.edu

www.crescentcarehealth.org/





Children's Hospital New Orleans







504.896.2888

ENDOCRINOLOGY



Mary Melissa Albritton 2449 Hospital Dr.

Bossier City, LA 71111 318.212.7902

Brandy A. Panunti

610 John Churchill Chase, Loft 10 New Orleans, LA 70130 504.842.3000

HIV CARE

Baton Rouge AIDS Society

4560 North Blvd. Suite 100 Baton Rouge, LA 70806 225.923.AIDS(2437) www.batonrougeaidssociety.org AIDS102@aol.com

Philidelphia Center

2020 Centenary Blvd Shreveport, LA 71104 & the Mercy Center at 740 Austin Place Shreveport, LA 71101 318.222.6633 www.philadelphiacenter.org

Central Louisiana AIDS Support Services

1785 Jackson St. Alexandria, LA 71301 318.442.1010 www.class-cenla.org

Southwest Louisiana AIDS Council

425 Kingsley St, Lake Charles, LA 70601 337.439.5861 www.slac.org/

HIV/AIDS Alliance for Region 2

4560 North Boulevard Baton Rouge, LA 70806 225.927.1269 www.haartinc.org

LEGAL RESOURCE

Louisiana Civil Justice Center

Hotline: 1.800.310.7029 Free legal advice laciviljustice.org

STATE RESOURCE

Louisiana Trans Advocates

www.latransadvocates.org/ Statewide list of providers and support groups







G Beals

Delta State University DSU Box 3142 Ewing 345, Cleveland, MS 38733



662.846.4362 gbeals@deltastate.edu





Patricia Brawley PhD, LPC McComb, MS

601.564.0174



John A. "Tony" Caldwell, LCSW

Caldwell Counseling
501 Heritage Dr., Oxford, MS 38655
662.625.4639
tonycaldwelllcsw@yahoo.com

LGBT Mental Health Center University of Mississippi Med. Center

2500 North State Street Jackson, MS 39216 601.984.6925

PRIMARY CARE



Arti Barnes University of Mississippi Med. Center

2500 North State Street Jackson, MS 39216 601.984.5560 www.oahcc.org

Open Arms Healthcare Center

500 E Woodrow Wilson Ave Jackson, MS 39216 601.500.7660 www.oahcc.org



Millsaps College Counseling Services

1701 N State St.
Jackson, MS 39202
601.974.1206
www.millsaps.edu/student_life/counseling individual.php

Open Arms Healthcare Center

500 E Woodrow Wilson Ave Jackson, MS 39216 601.500.7660 www.oahcc.org





Dr. Ty Stafford

Mississippi State University
Student Counseling Services
76 Magruder Street 115C
Hathorn Hall Mississippi State
Starkville, MS 39762

662.325.2091 tstafford@saffairs.msstate.edu www.health.msstate.edu/scs/

MISSISSIPPI

ENDOCRINOLOGY



Arti Barnes University of Mississippi Med. Center

2500 North State Street Jackson, MS 39216 601.984.5560 www.oahcc.org

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Hays Burchfield (Name change; Gender Marker Change) Burchfield Law Firm, PLLC 15 N. Dunn St. P.O. Box 733 Eupora, MS 39744 662.258.6633

HIV CARE

AIDS Services Coalition

Hattiesburg, MS 601.450.4286 asc@megagate.com

Mississippi Center for Justice Jackson

(Legal services for HIV+ individuals)
5 Old River Place, Suite 203 (39202)
P.O. Box 1023
Jackson, MS 39215-1023
601.352.2269

Mississippi Center for Justice Biloxi

963 Division Street, Biloxi, MS 39530 228.435.7284 http://www.mscenterforjustice.org

PLANNED PARENTHOOD

Hattiesburg

214 South 27th Avenue Hattiesburg, MS 39401 251.342.6695 www.plannedparenthood.org/health-center/mississippi/

Mississippi Center for Justice

(Legal services for HIV+ individuals) 5 Old River Place, Suite 203 (39202) P.O. Box 1023 Jackson, MS 39215-1023 601.352.2269

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Robert McDuff and Sibyl Byrd

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Mississippi Center for Justice Indianola

120 Court Avenue, Indianola, MS 38751 662.887.6570 http://www.mscenterforjustice.org

Open Arms Healthcare Center

500 E Woodrow Wilson Ave Jackson, MS 39216 601.500.7660 www.oahcc.org







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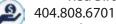
Kristin Carswell, MA, LPCS

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Red Bird Counseling



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Daymark Recovery Services

1400 Willow Lane

North Wilkesboro NC 28659 336.667.5151 ext. 4831

abliving@daymarkrecovery.org daymarkrecovery.org





Duke Child and Adolescent Gender Care

2301 Erwin Rd. Durham, NC 27701 919.684.8361 www.dukehealth.org



Dr. Mary Ellen Griffin

100 Central Ave Asheville NC • 828.331.8100 Additional Office: 11 Schulman St. Sylva, NC • 828.331.8100





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Holly Mackin, MA LMFT AASECT Certified



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Mt. Holly, NC 28120 and 13420 Reese Blvd West, Huntersville, NC 28078 704.266.0479 & 704.689.5075 holly.mackin@gmail.com www.hollymackintherapy.com



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Chandra Passero

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Joe Pope, MS, LPC, LCAS, CRC

Eastover Psychological & Psychiatric Group, P.A. 3303 Latrobe Dr. Charlotte, NC 28211 704.362.2663 x126 dial 0 jpope@eastpsych.com



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828.280.6391 sarahbrainescounseling@gmail.com www.sarahrainescounseling.com





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Counseling And Support Associates At Lake Norman

1835 Davie Avenue, Suite 411 Statesville, NC 28677 828.244.5725 crystaldsmith@yahoo.com





Tanya Stiers

168 S. Liberty St.



Asheville, NC 28801 828.713.7804





Jocie Sweeney, PhD

Sweeney Psych



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Transgender Health Program

WNC Community Health Services 285 Biltmore Ave. Asheville, NC 28801 828.285.0622 Ext. 2144 astyan@wncchs.org



ENDOCRINOLOGY



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2709 Blue Ridge Rd. Suite 320

Raleigh, NC 27607 919.876.7692



Shannon Hopson, MD 2544 Court Dr. Suite A

Gastonia, NC 28054 704.671.6400



Craig Speiser, MD 200 Medical Parks Dr.

Suite 460 Concord, NC 28025 704.403.1311





Dr. Thomas Marlowe

Charlotte Transgender

Healthcare Group 400 Clarice Ave. Charlotte, NC 28204 704.348.4000







Dr. Deanna Adkins Duke Child and

Adolescent Gender Care 2301 Erwin Rd. Durham, NC 27701 919.684.8361 www.dukehealth.org

PRIMARY CARE





Dr. Jennifer Abbott

Transgender Health Program,

WNC Community Health Services 285 Biltmore Ave. Asheville, NC 28801 828.285.0622 Ext 2116





Dr. Rhett Brown

Charlotte Transgender

Healthcare Group 335 N. Caswell Rd. Charlotte, NC 28204 704.384.7980







Carrboro Community **Health Center**

Piedmont Health 301 Lloyd St. Carrboro, NC 27510 919.942.8741





Carrboro Pediatrics & Internal Medicine

Carrboro, NC 27510 919.933.8381 www.carrboropediatrics.com





1765 Dobbins Dr.

Chapel Hill, NC 27514 919.942.7762

Community Family Practice

260 Merrimon Avenue, Suite 200 Asheville, NC 28801 828.254.2444





Charlotte Health Center

4822 Albermarle Rd.

Suite 103 & 104 Charlotte, NC 28205 704.536.7233





Duke Child and Adolescent Gender Care

2301 Erwin Rd. Durham NC, 27701 919.684.8361 www.dukehealth.org





Durham Health Center

105 Newsom St. Suite 101

Durham, NC 27704 919.286.2872





Fayetteville Health Center

4551 Yadkin Rd. Favetteville, NC 28303 866.942.7762





Aleece Fosnight, MSPAS, PA-C, CSC, CSE

Mission Medical Associates, Pisgah Urology

87 Medical Park Drive, St A Brevard, NC 28712 828.883.5858 aleece.fosnight@gmail.com www.mission-health.org



PRIMARY CARE

Dr. Deanna C. Jones

(Not taking new patients) 1242 S 5th St. Suite C Mebane, NC 27302 919.563.3007



Dr. Grace Ivins • Living Well WNC 40 North Merrimon Avenue, Suite 305 Asheville, NC 28804 828.575.9562



Dr. Lauren Livingston

Asheville's Community Family **Practice** 260 Merrimon Avenue, Suite 200 Asheville, NC 28801 828.254.2444



www.communityfamilyonline.com/







Planned Parenthood Asheville

Health Center

68 McDowell St. Asheville, NC 28801 828.252.7928



Raleigh Health Center

100 S. Boylan Ave.

Raleigh, NC 27603 919.833.7526



Dr. Lisa Reed

MAHEC Family Health Center at Newbridge 218 Elkwood Avenue Asheville, NC 28804 828.257.4747 www.mahec.net/?/patient-information/family-health/newbridge



Student Health Services, University of North Carolina

at Asheville

118 W. T. Weaver Boulevard Asheville, NC 28804 828.251.6520



Dr. Heidi Swygard

CAPUS Clinic

Wake County Health Department 1011 Rock Quarry Rd, Raleigh NC 919.833.3111

www.advancechc.org/providers/heidi-swygard-md/



Wesley Thompson

Ballantyne Family Medicine 6010 E WT Harris Blvd. Charlotte, NC 28215 704.208.4134



wthompson@carolina.rr.com



Transgender Health Program

WNC Community

Health Services 285 Biltmore Ave. Asheville, NC 28801 828.285.0622 Ext. 2144 astyan@wncchs.org





Wake Forest University Student Health Service

336.758.5218 shs@wfu.edu www.shs.wfu.edu/





🔊 Wilmington **Health Center**

1921 & 1925 Tradd Ct. Wilmington, NC 28401 910.762.5566





Melissa Wilson, LCSW

828.989.5080



melissawilsontherapy.com melissawilsontherapy@gmail.com





Winston-Salem Health Center

3000 Maplewood Ave. Winston-Salem, NC 27103 336.768.2980



Richard Wynn

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Goldsmith, Goldsmith, and Dews, P.A. Marion, NC 828.652.3000 www.goldsmithdews.com

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Hart Law Group

93 Church St. Asheville, NC 28801 828.271.4278 www.thehartlawgroup.com

Paula Kohut

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Luke Largess

Tin Fulton Walker & Owen Charlotte, NC 704.338.1220 www.tinfulton.com

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PJ Roth

Marshall Roth and Gregory Asheville, NC 828.281.2100 www.mrglawfirm.com

Connie J. Vetter

Charlotte, NC 704.333.4000 www.cjvlaw.com

Joan Waldron

Waldron Law Firm 5624 Executive Center Dr #130, Charlotte, NC 28212 704.444.0057

Diane Walton

(Name changes; gender marker changes) Walton Law Office Asheville, NC 828.255.1963 www.waltonlawoffice.com

STATE RESOURCE GUIDES

LGBT Center of Raleigh

www.lgbtcenterofraleigh.com/adult-programs/transgender-initiative/transgender-local-resources.html *Covers Triangle Area*

LGBT Center of Durham

www.lgbtqcenterofdurham.org/community-resources.html Covers Triangle Area

Charlotte Transgender Healthcare Group

www.cthcg.org/ Covers Charlotte Area

Gender and Sexuality Diversity Initiative

www.carolinapartners.com/2017-gs-di-transgender-provider-resource-list/ Covers Entire State

OTHER





Kevin Dorman

Prismatic speech services 3407 Suite I W Wendover Ave Greensboro, NC 27407 336.609.6258

kevin@prismaticspeech.com





Heather Edwards, PT

Resilient Pelvic Healing 201 Charlotte St, Asheville, NC 28801 828.713.8338

resilientpelvichealing@gmail.com www.resilientpelvichealing.com

Excellase Noushi Haeussler

Laser treatment 2015 Fairview Rd Raleigh, NC 27608 919.833.8484 www.excellase.com



Wendy Flynn

Willow Therapeutic Massage 2 South Main Street, Suite #29 Weaverville, NC 28787 828.989.0125 www.willowtherapeuticmassage.com willowtherapeuticmassage@gmail.com

Patricia Handlon

Speech Therapy Asheville, NC 828.213.0850





Michael C. Farmer, DMD, PA

Plaza Midwood Dentistry 1308 The Plaza Suite F Charlotte, NC 28205

704.837.8480 smile@pmdent.com



Dr Gerald Truesdale

Greensboro Plastic **Surgical Associates** 2716 Henry Street Greensboro NC 27405 336.954.2633 www.gpsa.biz



Our Voice

35 Woodfin St, Asheville, NC 28801 828.252.0562 www.ourvoicenc.org/



REACH of Haywood County, Inc.

627 N Main St, Waynesville, NC 28786 828.456.7898



www.reachofhaywood.org

PLANNED PARENTHOOD LOCATIONS

More details on each location are available at: www.plannedparenthood.org/health-center/nc



Asheville

68 McDowell St, Asheville, NC 28801 828.252.7928



Chapel Hill

1765 Dobbins Drive Chapel Hill, NC 27514 919.942.7762



Charlotte

4822 Albemarle Road #103 and #104 & 106 Charlotte, NC 28205 704.536.7233



105 Newsom Street, Ste. 101 Durham, NC 27704 919.286.2872



4551 Yadkin Rd Fayetteville, NC 28303 866.942.7762

Greensboro

1704 Battleground Ave. Greensboro, NC 27408 336.373.0678



Raleigh

100 S Boylan Ave., Raleigh, NC 27603 919.833.7526



1925 Tradd Court, Wilmington, NC 28401 910.762.5566

Winston-Salem

3000 Maplewood Ave Ste. 112 Winston-Salem, NC 27103 336.768.2980



HIV CARE

Dr. Claire Farel, Dr. Heidi Swygard, or Dr. Lisa Hightow-Weidman

Trans Health Program (*PrEP Services*) UNC Infectious Diseases Clinic 101 Manning Drive First Floor Memorial Hospital Chapel Hill, NC 27514 984.974.7198



Infectious Diseases Clinic (Clinic B)

Wake County Health Department General: 919.250.3999

Case management for people living

with HIV/AIDS: 919.212.7801



🔊 Dr. Heidi Swygard

Wake County Health
Department (*PrEP Services*)
1011 Rock Quarry Rd, Raleigh NC
919.833.3111
www.advancechc.org/providers/heidi-swygard-md/



Transgender Health Program, WNC

Community Health Services

285 Biltmore Ave. (*PrEP Services*) Asheville, NC 28801 828.285.0622 Ext. 2303

MORE RESOURCES IN NORTH CAROLINA

Charlotte Transgender Health Group maintains an expansive list of trans-friendly providers in the Charlotte area:

The Charlotte Transgender Healthcare Group (CTHCG) is a multi-disciplinary team of licensed medical and mental health providers who work with gender-diverse individuals of all ages in the Charlotte and surrounding area. They collaborate with one another in order to stay informed about best practices, engage in case consultation, collect resources and referrals for trans-affirming services, communicate about current events, and engage in advocacy efforts.

Below are links to their service provider guides:

- Mental Health Professionals Who Work with Adolescents: www.cthcg.org/mental/youth
- Mental Health Professionals for Adults: www.cthcq.org/adult
- Endocrinologists and General Practitioners Who Offer HRT: www.cthcg.org/medical

TranzMission maintains a list of trans-friendly providers in Western North Carolina, including mental health professionals, general practitioners, endocrinologists, and other miscellaneous resources. To report out of date information on TranzMission's resource page or to add additional resources email them at info@ tranzmission.org.

www.tranzmission.org/resources.html





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landa@skylyncounseling.com www.skylyncounseling.com



Charlton Hall - Transitioning to new office in Travelers Rest, SC

3527 Pelham Rd #E2 Greenville, SC 29615 864.384.2388



Shawna Kirby, PhD

Midlands Neurobehavioral



Services, LLC 1705 Richland ST

Columbia, SC 29201 803.339.9178

www.midlandsneuro.com Drkirby@midlandsneuro.com



Hadley Mullen

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Kathleen May

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Clemson, SC 29631 864.654.0813



Jacob Parsons-Wells, MMFT, LMFT

Lumos Counseling Services 300 Plaza Circle, Suite A Clinton, SC 29325 864.939.8224 jacob@lumoscounselingservices.com



Elizabeth Pratt

236 Union St. #2 Spartanburg, SC 29302 864.649.6272



Dr. Jeffrey Smith

2094 Woodruff Rd. Greenville, SC 29607 864.676.9211



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864.406.6464

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ENDOCRINOLOGY

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SOUTH CAROLINA

PRIMARY CARE



Deborah Bowlby, MD, MSc Medical University of SC 96 Jonathan Lucas St. CSB 428 Charleston, SC 29425

843.876.0444 bowlbyd@musc.edu



Molly Benedum

864.455.7800

Center for Family Medicine 877 W Ferris Rd. Greenville, SC 29605





Charleston Health Center

200 Rutledge Ave. Charleston, SC 29403 843.628.4380



Columbia Health Center

2712 Middleburg Dr. Suite 107

Columbia, SC 29204 803.256.4908



Gweneth Lazenby

Medical University of South Carolina

Women's Health at Cannon, 135 Cannon Street

Charleston, SC 29425 Office: 843.792.5300 Nurse: 843.876.1222 lazenbgb@musc.edu

PLANNED PARENTHOOD LOCATIONS

More details on locations available at: https://www.plannedparenthood.org/health-center/sc



Charleston

200 Rutledge Ave. Charleston, SC 29403 843.628.4380

Columbia

2712 Middleburg Drive Suite 107 Columbia, SC 29204 803.256.4908

HIV CARE

AID Upstate

P.O. Box 105, Greenville, SC 29602 811 Pendleton St Ste 10, Greenville, SC 29601 864.250.0607 www.aidupstate.org/

South Carolina HIV/AIDS Council

1813 Laurel Street, Columbia, SC 29201 803.254.6644 www.schivaidscouncil.org/

Lowcountry AIDS Services

3547 Meeting Street Road North Charleston, SC 29405 843.747.2273 or toll-free at 877.874.0230 www.aids-services.com information@aids-services.com

Sexual Trauma Services of the Midlands

533C Oxford Street Sumter, SC 29150 and 1530 Main Street, Suite 201 Newberry, South Carolina 29108 Hotline: 803.771.7273; 1.800.491.7273 Office: 803.790.8208

Palmetto AIDS Life Support Services

2638 Two Notch Road, Suite 108 Columbia SC 29204 803.779.7257 www.palss.org/

STATE RESOURCE GUIDES

Gender Bender's Resource Page www.genderbenders.org/resources.html

We Are Family

http://wearefamilycharleston.org/tlf/ south-carolina-resources/ Covers Low Country

CATS: http://www.chasareatsupport. org/links • *Covers Charleston Area*

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SOUTH CAROLINA

LEGAL RESOURCES

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Erin Culbertson

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Suzanne Groff

1058 Sea Eagle Watch Charleston, SC 29412 843.406.7733 suzannegroff@grofflaw.com

Mary Ann Hall

1327 Ashley River Rd. Suite C 100 Charleston, SC 29407 843.377.1341 www.mahlawfirm.com

Edward Hawkins

800 Wappoo Rd. Charleston, SC 29407 843.255.7565 www.edhawkinslaw.com

John M. Mussetto

2607 Woodruff Rd. Suite E 228 Simpsonville, SC 29681 864.283.0040 john@mussettolaw.com

Heather S. Shaw

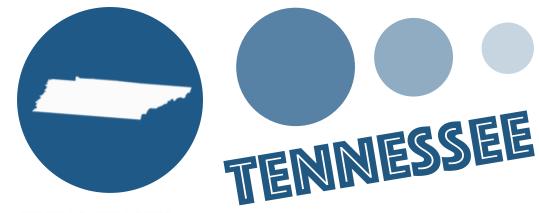
2129 Dorchester Rd. North Charleston, SC 29405 843.377.1686 shawlawfirm@inbox.com

Nekki Shutt

1812 Lincoln St. #200 Columbia, SC 29201 803.256.2371

Elizabeth Stringer-Nettles

753 Folly Rd. Folly Beach, SC 29412 843.795.1331 liz@stringerlaw.us www.stringerlaw.us







Melissa A. Bartsch PhD University of Tennessee

1800 Volunteer Blvd Knoxville, TN 37996 865.974.2196 mbartsch@utk.edu





April M. Broussard, LCSW

567 Cason Lane, Suite A Murfreesboro, TN 37128





615.680.9822

Saroj Chand 3105 Essary Dr.

Knoxville, TN 37918 865.687.8990

Brandi C Cowan

Tennessee Mental Health Consumers' Association - East Tennessee 200 W. Fifth Ave, Suite B Knoxville TN, 37917 865.304.6980 BCowan@tmhca-tn.org





Dan Dumont, MSSW Oasis Center, Inc.

1704 Charlotte Ave.

Nashville, TN 37203

615.327.4455 www.oasiscenter.org/

Dr. Terry Edwards

1007 Murfreesboro Rd. 615.791.3449 terredwardstoo@hotmail.com



Beth Evelyn

ETSU Counseling Center 412 J.L. Seehorn Rd., Johnson City, TN 37614

P.O. Box 70724, Johnson City, TN 37614 423.439.3333 barberbe@etsu.edu



Margot Feintuch, M.D., PLLC 1507 16th Avenue South

Nashville, TN 37212

615.200.6858



Kathleen Puckett MA, LADC

612 Sevierville Rd. Maryville, TN 37804

865.724.4923 avfwcc@yahoo.com aviewfromwithincouselingcenter.com





Joan M. Schleicher, Ed. D.

Nashville Center for Hope and

Healing 2125 Belcourt Ave. Nashville, TN 37212

615.269.0525 ext. 5 www.healnashville.com/





Jennifer Strickland LPC/MHSP

Momentum Counseling, LLC 211 Donelson Pike, Suite 113,

Nashville, TN 37214 615.645.3753 jstricklandlbc@gmail.com



Dr. Tanner - VA Med Center

Johnson City, TN 37684

423.926.1171 Ext. 7709





Jane R. Weinberg, M.D.

Center for Integrated Healthcare 602 West Iris Drive

Nashville, TN 3204

615.383.1995





Jennifer Valli **AASECT** certified therapist

1384 Cordova Cove Suite 1, Germantown, TN 38138

901.299.3224 jenvalli@gmail.com www.jennifervalli.com



TENNESSEE

PRIMARY CARE



Dr. Bradley N. Bullock

Cool Springs Internal

Medicine & Pediatrics Clinic, PLLC 1607 Westgate Cir. Brentwood, TN 37025 615.376.8195

www.coolspringsinternalmedicine.com/



CHOICES (Memphis Center for Reproductive Health)

1726 Poplar Ave Memphis, TN 38104

901.274.3550 mpeake@memphischoices.org www.memphischoices.org



Dr. Rodney Carter

1017 Middle Creek Rd.

Sevierville, TN 37862 865.453.2806



Dr. Laura Travers

Maryville, TN 865.681.0103

ENDOCRINOLOGY



Dr. Terri W. Jerkins 2010 Church St. Suite 410 Nashville, TN 37203

615.329.5029

LEGAL RESOURCES

Southeast TN Legal Services 423.756.0128 www.selegal.org

OTHER

Laura Bomar, LE, CPE, CCE

Hendersonville Electrolysis Hendersonville, TN 37075 615.681.0778 laurabomar@gmail.com



Donna McCormick NP

9221 Middlebrook Pike Suite 102 Knoxville, TN 37931

865.539.2873



Kristin Rager, M.D., M.P.H.

Rager Adolescent Health 2201 Murphy Avenue, Suite 310 Nashville, TN

615.933.0173

www.rageradolescenthealth.com/



Alice Sattler, MSN

Vinehill Clinic

601 Benton Avenue, Nashville, TN 37204 615.292.9770

www.connectus.org/vine-hill



Gary J. Smith, M.D.

Saint Thomas Health 7640 Highway 70 South, Suite 201 Nashville, TN 37221

615.646.8098





Vanderbilt Trans Buddy Program

lgbti.health@vanderbilt.edu

TENNESSEE

HIV CARE

Chattanooga Cares

1000 East 3rd Street Suite 300, Chattanooga, TN 37403 423.265.2273 news@chattanoogacares.org www.chattanoogacares.org

Friends for Life

43 N Cleveland, Memphis, TN 38104 901.272.0855 www.friendsforlifecorp.org

Nashville Cares

633 Thompson Lane, Nashville, TN 37204 HEARTline: 1.800.845.4266

Office: 615.259.4866 www.nashvillecares.org

Street Works

520 Sylvan St Nashville, TN 37206 615.259.7676 www.street-works.org

Vanderbilt Comprehensive Care Clinic

Vanderbilt University Medical Center, 1211 Medical Center Drive Nashville, TN 37232 615.875.5111 www.vanderbilthealth.com/comprehensivecare/

PLANNED PARENTHOOD LOCATIONS

Details on locations available at: www.plannedparenthood.org/health-center/tennessee



Knoxville

710 North Cherry St. Knoxville, TN 37914 865.694.7155

Memphis

835 Virginia Run Cove Memphis, TN 38122 901.725.1717

Memphis

2430 Poplar Avenue Memphis, TN 38112 901.725.1717



Nashville

412 Dr. D.B. Todd Jr. Blvd. Nashville, TN 37203 615.321.7216

STATE RESOURCE GUIDES

My Trans Navigator

www.mytransnavigator.com/tennnessee *Covers Entire State*

Out Central

www.outcentral.org/category/health-wellness 615.936.5194 Covers Nashville Area Igbti.health@

Out Memphis

www.outmemphis.org/resources/

Tennessee Vals

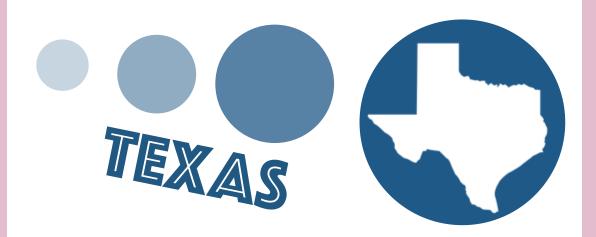
www.tvals.org/medical-resources/ Covers Nashville Area

Program for LGBTI Health at Vanderbilt Medical Center

Vanderbilt University Medical Center 1211 Medical Center Drive Nashville, TN 37232 615.936.5194 lgbti.health@vanderbilt.edu

University of Tennessee Knoxville

www.cflgbt.utk.edu/transgender-non-binary-resource-guide/ *Covers Knoxville Area*



MENTAL HEALTH

Tricia Blewitt, LPC

Tricia Blewitt Counseling & Sex Therapy 930 S. Bell Blvd Suite 402, Cedar Park, TX 78613 512.547.9704 tmblewitt@hotmail.com



Natalie Love LPC, LMFT

5902 Laird Dr., Austin, TX 78757

512.850.4059 nataliejlove@gmail.com www.nataliejanelove.com





The Practice ATX

3811 Bee Cave Road Suite 204

Austin, TX 78746 512.861.4131 www.thepracticeatx.com info@thepracticeatx.com



Savannah Stoute, LPC

Savannah Stoute Counseling 950 Westbank Dr. Ste 104 Austin, TX 78746



512.270.9683

www.savannahstoutecounseling.com

PRIMARY CARE





Legacy Community Health

Multiple Locations 832.548.5000





www.legacycommunityhealth.org

LEGAL RESOURCES



Kelsey Snapp

Texas RioGrande Legal Aid

Multiple Locations 1.888.988.9996 www.trla.org

Lou Weaver

Trans Legal Aid Clinic Houston translegalach@gmail.com www.facebook.com/TransLegalAid-ClinicHouston/



Montrose Center

401 Branard St. Houston, TX 77006

Main: 713.529.0037

LGBT Switchboard: 713.529.3211 www.montrosecenter.org/hub/

TEXAS

PLANNED PARENTHOOD LOCATIONS

Details on locations available at: www.plannedparenthood.org/health-center/texas

Addison

5290 Beltline Road #134 Addison, TX 75254 972.991.1424

Arlington

3701 South Cooper Street #235 Fort Worth, TX 76119 Arlington, TX 76015 817.472.8196

Austin

201 E. Ben White Blvd. - Bldg. B, Harlingen, TX 78550 Austin, TX 78704 512.276.8000



Austin, TX 78758 512.331.1288

1823 E 7th Street Austin, TX 78702 512.477.5846

Bedford

2824 Central Drive Bedford, TX 76021 817.545.0077

Brownsville

870 E. Alton Gloor Blvd. Lewisville, TX 75067 Brownsville, TX 78526 956.546.4571

Cedar Hill

140 W FM 1382, Ste 160 Cedar Hill, TX 75104 972.709.0081

Dallas

9100 N. Central Expwy, #169 Dallas, TX 75231 214.368.1485

Denton

2436 S IH-35 E #340 Denton, TX 76205 940.891.0737

Fort Worth

6464 John Ryan Drive - Suite B, Fort Worth, TX 76132 817.276.8063

3863 Miller Ave. 817.536.4942

Harlingen

712 N 77 Sunshine Strip, Ste. 18, 956.423.8584

Houston

9041 Research #250 9919 North Freeway Service Rd Suite 107, Houston, TX 77037 713.514.1106

> 13169 Northwest Freeway, Houston, TX 77040 713.514.1107

5800 Bellaire Blvd., Houston, TX 77081 713.541.5372

Lewisville

1356 W. Main Street 972.221.7644

Mesquite

1220 North Town East Blvd. #240, Mesquite, TX 75150 972.613.0915

Paris

1735 17th Street NE Paris, TX 75460 903.784.1301

Plano

600 North Central Expressway, Plano, TX 75074 972.424.6311

San Antonio

8725 Marbach Rd., Ste. 215, San Antonio, TX 78227 210.674.2222

2346 F. Southcross Blvd. San Antonio, TX 78223 210.333.5454

2140 Babcock Rd San Antonio, TX 78229 210.736.2262

920 San Pedro Ave., San Antonio, TX 78212 210.736.2475

11514 Perrin Beitel Rd San Antonio, TX 78217 210.590.0202

Spring

4747 Louetta Road Spring, TX 77388 713.514.1102

3500 South Broadway Ave. Ste E, Tyler, TX 75701 903.581.8277

Waco

1121 Ross Avenue Suite B, Waco, TX 76706 254.759.5750

Unless otherwise marked, all locations do not offer HRT, and all services are available at discounted rate, with no sliding scale

STATEWIDE RESOURCE GUIDES

Gender Infinity

www.resource.genderinfinity.org/

University of Texas Medical Branch www.utmb.edu/health-resource-center/lgbtq-resources

Trans Name and Gender Marker Change

www.law.utexas.edu/probono/projects/special-projects/trans-legal-namegender-marker-project/





MENTAL HEALTH



Capital Area Health Network

2809 North Avenue #206 Richmond, Virginia 23222 804.780.0840 www.cahealthnet.org





Dr. Chiappinelli

601 George St. Fredricksberg, VA 22401 540.370.4344



Maggie Chubb LCSW

930 Redgate Ave. Norfolk, VA 23507 757.626.3733



Thomas Coughlin

Maggie.Chubb@gmail.com

1633 Q St. NW #210 Washington, DC 20009 202.643.5675 tcoughlinlpc@comcast.net



Eleanor Criswell

312 S. Washington St. #3B Alexandria, VA 22314 703.748.4900 info@drcriswell.com www.drcriswell.com



Anne L. Edwards PsyD

7019 Backlick Ct. Springfield, VA 22151 703.509.6753



Lisa Griffin PhD

14 S. Auburn Ave. Richmond, VA 23221 704.458.0433 info@drlisagriffin.com www.drlisagriffin.com





Heather Kay

Clearwater



Richmond, VA 23219 804.382.6546 clearwatercounselingrva.com clearwatercounselingrva@gmail.com

David Lewis

Region Ten, Child & Family 500 Old Lynchburg Rd Charlottesville, VA 22903 434.970.1266 David.Lewis@RegionTen.org RegionTen.org



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14460 Old Mill Rd. #201 Upper Marlboro, MD 20772 301.952.9286 marcusRN@aol.com



Chris McClure MA, LPC

7450 Heritage Village Plaza #101 Gainesville, VA 20155 703.895.5208 www.gpccva.com

Joan Picket CSAC

1485 Chain Bridge Rd. #203 McLean, VA 22101 703.749.7928



Dr. Shawn Rubin Psy.D

2700 Dorr Ave Fairfax, VA 22031 501.725.7600

VIRGINIA

MENTAL HEALTH



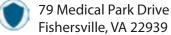
Michael G. Tancyus LCSW, DCSW

79 N. Medical Park Dr. Fishersville, VA 22939 540.941.2508



Lauren E. Tancyus

Augusta Behavioral Health



540.941.2525

LTancyus@augustahealth.com





Carrie J Walker, LPC, RPT-S

Richmond Creative Counseling, LLC

1900 Byrd Ave Suite 200 Richmond, VA 23230

804.592.6311

carriewalkerlpc@gmail.com www.richmondcreativecounseling.com





Lauren Woolfolk

Richmond Creative Counseling 1900 Byrd Ave Richmond VA, 23230 804.592.6311

www.richmondcreativecounseling.com laurenwoolfolkrcc@gmail.com

ENDOCRINOLOGY







Fan Free Clinic Transgender Clinic

(Contact Keri) 1010 North Thompson Street Richmond, VA 23230 804.358.6343 kabrams@fanfreeclinic.org www.fanfreeclinic.org

PRIMARY CARE



Capital Area Health Network

2809 North Avenue #206

Richmond, VA 23222 804.780.0840 www.cahealthnet.org







Catherine Casey MD University of Virginia

375 Four Leaf Ln Suite 103 Charlottesville, VA 22903 434.243.0700 cc5ds@virginia.edu https://uvahealth.com/locations/profile/uva-family-medicine-and-specialty-care-crozet



Chippenham Family Medicine

681 Hioaks Road Richmond, VA 23225 804.233.9661









1010 N Thompson St. Richmond, VA 23230



804.358.6343

jgallienne@healthbrigade.org

www.healthbrigade.org





Dr. Patel



3 Riverside Circle, Roanoke, VA 24016 540.266.6000

direct@carilionclinic.org





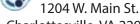
Julia Taylor, MD

UVA Teen & Young Adult Health





Center





Charlottesville, VA 22903 434.982.0090



VIRGINIA

PLANNED PARENTHOOD LOCATIONS

Charlottesville

2964 Hydraulic Road Charlottesville, VA 22901 434.296.1000



Hampton

403 Yale Drive Hampton, VA 23666 757.826.2079



Richmond

201 N Hamilton Street Richmond, VA 23221 804.355.4358



ENDOCRINOLOGY







Transgender Clinic

(Contact Keri) 1010 North Thompson Street Richmond, VA 23230 804.358.6343 kabrams@fanfreeclinic.org www.fanfreeclinic.org



2207 Peters Creek Road Roanoke, VA 24017 540.562.3457



522 Grand Central Ave. Vienna, WV 26105 304.295.3331

Virginia Beach

515 Newtown Road Virginia Beach, VA 23462 757,499,7526

HIV CARE

ACCESS AIDS Care

LGBT Center at 247 W. 25th Street Norfolk, VA 23517 757.200.9198 www.accessaids.org

OTHER





LGBT Life Center Multiple Locations



757.640.0929 info@lgbtlifecenter.org www.lgbtlifecenter.org





Cheryl Ware, MEd., CCC-SLP 8306 University Place Richmond, VA 23229 804.387.3806

cah1963@gmail.com

STATEWIDE RESOURCE GUIDES

Equality Virginia

www.equalityvirginia.org/resources/ transgenderresources/

Psychology Today

www.psychiatrists.psychologytoday.com/rms/prof_results. php?state=VA&spec=187

Side by Side

www.sidebysideva.org/partners/

Transgender Inclusion Shelter Project www.diversityrichmond.org/what-we-

offer/education-and-advocacy/tisp.html

Transgender Health Alliance of Central Virginia www.thacva.org/providers.html

Virginia Department of Health

www.vdh.virginia.gov/content/uploads/sites/10/2016/12/TransRRList.pdf



MENTAL HEALTH

Jeffrey Hammond, PhD 1286 Suncrest Towne Centre Morgantown, WV 26505 304.381.4168 drj.psychasso@comcast.net www.psychassociatespllc.com

HIV CARE

Charleston Area Medical Center -Ryan White Program CAMC Memorial Hospital 3200 MacCorkle Ave SE

Charleston, WV 25304 304.388.8106 or 304.388.9337 www.camc.org

수 수 수 Additions?

Email Ivy Gibson-Hill at the Campaign for Southern Equality at ivy@ southernequality.org

STATEWIDE RESOURCE GUIDES

Free HIV Testing through Charleston Area Medical Center http://www.camc.org/freetestinglocations



i! So, you found the doctor you're looking for, but you don't know how you're going to pay for it? You're in the right place! This section of the guide is all about how to fund your transition.

This is a compilation of research on grants that are available to assist trans folks with medical transition, helpful things to know about insurance coverage, and tips and tricks to assist with crowd-funding. All information contained herein is current, to the best of our knowledge, as of October 2017.

If you have additional resources to add, or would like to report out of date information for this funding section of the guide, please email me at lvy@southernequality.org.

Additionally the Human Rights Campaign maintains a list of employers which offer at least one trans inclusive healthcare plan; it can be found in the Corporate Equality Index, which they publish annually at www.hrc.org/resources/corporate-equality-index-list-of-businesses-with-transgender-inclusive-health. This has been very helpful for many folks, as you can find employers like Starbucks which offer trans inclusive healthcare plans after only six months of part-time employment.

I know looking at the expenses involved in medical transition can feel really overwhelming, especially for a segment of the population that faces the high rates of under and unemployment that we face. That's why I created this guide, and I hope you'll find it helpful on your journey!

Best Wishes,

Ivy Gibson-Hill LGBTQ Rights Toolkit Coordinator Campaign for Southern Equality

THE JIM COLLINS FOUNDATION

The Jim Collins Foundation now offers two grant options. General Fund grants cover 100% of the medical fees associated with gender-affirming surgery. Grants from the Krysallis Anne Hembrough Legacy Fund cover 50% of the medical fees associated with gender-affirming surgery and require each recipient to match each dollar of funds received with a dollar of their own money or other money raised by the recipient. Applicants may only apply once per grant cycle and in their application must choose to be considered for either the General Fund or the Krysallis Anne Hembrough Legacy Fund.

Criteria for the Jim Collins Foundation Grants

Applicant must understand the steps that are currently required to undergo the medical process of transition, and must have completed (or have outlined plans to complete) the following steps:

- Secure a letter of support from a licensed medical or mental health professional, such as a psychologist, psychiatrist, social worker, or therapist.
- Select a surgeon who is knowledgeable in transition-related surgeries. If applicant is chosen, the organization assumes this named surgeon is final.
- Identify who will care for and provide support post-surgery.
- If applicant has not completed all of these steps, but is planning to do so, please include your plans in your application.
- Note: If you are selected for funding, the payment will be made directly to the doctor or hospital facility. You must comply with any and all requirements according to the Standards of Care of the World Professional Association for Transgender Health's (WPATH), formerly known as the (Harry Benjamin International Gender Dysphoria Association, HBIGDA), as determined by your selected surgeon.
- Applicant must demonstrate a genuine need for financial assistance.
- Applicant must detail the efforts they have made to fund-raise and the amount of cost that they will be able to cover on their own, if any.

The Jim Collins Foundation makes selections for grants based on a combination of demonstrated financial need and level of preparedness.

CK LIFE SCHOLARSHIP FUND

ONE surgery must be selected per application number (Hysterectomy With GCS will count as one surgery. Multiple FFS which are performed by the same surgeon in one operation will count as ONE surgery.) If you would like to be considered for different types of surgery, you may request a different application number for each type of surgery, but you must complete an entire application for each application number.

Criteria for the CK Life Scholarship Fund

- Cover Page
- Name (Both Legal and Preferred, if different)
- Date of Birth
- Contact Info (Email and/or Telephone)
- Must State which ONE Surgery* you are asking for assistance accessing.
- Name of Surgeon(s) you prefer, along with the surgeon's contact info. An alternate surgeon MUST be named. If no alternate surgeon is listed an explanation must be given.

Personal Statement

- Write a personal statement of no more than 1000 words. (Anything beyond 1000 words will NOT be read.)
- Detail what efforts you have made to fund raise or save towards your surgery.
- Please include in this statement who will care for you and provide support post-surgery.
- Include how having surgery will impact your life. (Please be as specific as possible.)
- What will you do to try and afford surgery if you are not granted a scholarship? (Be as specific as possible.)

Professional Letter

- One letter from a Medical OR Mental Health Provider.
- Acceptable Providers: MDs, DOs, PHDs, Nurse Practitioners, Psychiatrists, Social Workers, Therapists, Counselors (if any questions about your provider, email us.)
- Letter must state how long you have been in transition and what steps you have taken/completed in your transition process.
- Note: We understand there is no one way to transition, but applicants must meet WPATH standards of care with regards to being eligible for scholarship approval. For a list of standards, check out the WPATH.

Personal Reference

- From someone you know stating why they think you should be selected for a scholarship.
- Contact information should be included because the individual may be contacted for clarification and/or verification.
- Must be a maximum of 500 words. (Over 500 words Will NOT be read.)

Financial Statement

- State annual income and source of income
- Annual expenses
- Amount saved toward surgery, if any, with a break down (i.e. \$500 for travel saved, \$1,000 toward surgery saved etc.)
- Amount still needed toward surgery
- State whether or not you have insurance. If you have insurance, state what kind and why you are unable to use it for surgery.

All applicants will be given an application number. You can request an application number by emailing scholarshipfund@cklife.org. This number must be included on each page of application materials to help keep track of application.

Any awarded funds MUST be used within 3 months (for all non-genital surgery procedures) or 6 months (for genital surgeries) of time they are awarded. If there are extenuating circumstances (such as surgeon has a long waiting list) then that time frame may be extended based on the circumstances. If the funds are not used in an appropriate amount of time, then the funds will go back into the pool of money toward the next scholarship cycle.

If you have any questions or concerns regarding this application process, please email: scholarshipfund@cklife.org

TRANS LOVE FUND

The Trans Love Fund is a program of We Are Family, an organization dedicated to providing resources, support and leadership development to LGBTQ+ youth. The Trans Love Fund is dedicated to helping the transgender community of South Carolina by providing microgrants to trans identified individuals for medical, legal, and emergency living expenses. Apply through www.wearefamilycharleston.org.

POINT SCC SURGERY FUND

Point 5cc Surgery Fund awards money raised from T-shirt sales to go toward one person's gender affirming surgery each year. The grants are awarded in February. No criteria is up on their site currently. This year they awarded just over \$1,200 to one person and had 57 nominations and 103 applications. For more information check out www.point5cc.com

RIZI TIMANE MINISTRIES

Transgender Hormone Fund has awarded scholarships of \$1,500 to 6 transgender women to assist with the purchasing of hormones each year. They also provide one surgery grant to a trans* person each year.

Please write a letter of interest and email it to rizi@rizitimaneministries.org for consideration. In the letter, be sure to tell us a bit about yourself (where are you from; are you GNC, FTM, or MTF; how far are you in transition; why do you need this fund; and other pertinent information.)

TUFF

Founded in 2013, Trans United with Family and Friends (TUFF) aims to provide access to healthcare, transition services, safe housing and education for the underserved transgender population. TUFF offers individualized case management by pairing recipients to programs tailored to their specific needs. By focusing on the healthcare aspect of each recipient, TUFF also helps improve other aspects of their lives. TUFF holistically looks at the needs of each person, and has realized that if one area of someone's life improves, so will others. While most of TUFF's applicants express need with healthcare issues, it is clear that addressing these problems helps to improve others areas of their lives. For example, many of our applicants are unable to become employed because their body does not match their identity.

By being able to transition and receive healthcare, they are suddenly that much more employable. It is clear that people who have been able to transition are much more functional, confident and productive members of society.

At this moment, TUFF get on average 100 applications per month for funding and resource requests. About a third of the applicants have no other options to find help and access to healthcare, schooling, safety and shelter and are at very high risk of suicide, homelessness and financial distress. TUFF will be at the forefront of this movement by providing resources and options for these individuals.

To apply for a grant download and submit their application form at www.tufforg.wixsite.com/tuffnew.

THINGS TO KNOW ABOUT INSURANCE COVERAGE

he tides are turning: more and more insurance companies in the United States are accepting the medical necessity of FTM chest surgery and covering this procedure for transgender men.

Additionally, there are a number of states that now prohibit discrimination and legally require insurance companies to provide transgender health coverage.

The medical necessity of GCS has been affirmed by the American Medical Association, American Psychiatric Association, and World Professional Organization for Transgender Health, as well as the insurance company, Aetna.

Keep in mind that coverage varies between health insurance companies, states, and plans. Don't assume that one company, state or plan is consistent with their level of coverage. Read your policy completely—not just the summary—and look for the exclusions and limitations section.

COMMON REQUIREMENTS

To get top surgery covered by insurance, there are a number of requirements. Some of the hoops you may need to go through include:

- Meeting the insurance company's basic criteria: legal adult status; Gender Dysphoria diagnosis; support letters from qualified mental health practitioners, your primary care provider and your surgeon.
- Having to pay out-of-pocket for surgery, then getting a reimbursement from the insurance company.
- Having to be evaluated by a board of in-network doctors.
- Finding in-network surgeons who have top surgery experience.

If you live in a state where surgery coverage is not mandated by law, you still might be able to get your top surgery covered via student health insurance or the insurance appeals process.

THINGS TO KNOW ABOUT INSURANCE COVERAGE

THE AFFORDABLE CARE ACT

The Affordable Care Act and The Patient's Bill of Rights add several important protections in health insurance that affect transgender people:

- **Elimination of coverage denials:** Anyone can apply for health insurance and receive coverage for the care they need, regardless of their gender. (For example, hysterectomy coverage for a trans man.)
- **Pre-existing condition acceptance:** Insurers are no longer able to deny a person coverage based on having what an insurance company considers a pre-existing condition, which has included being transgender.
- Plan cancellations are now illegal: Canceling a plan used to be a way for health insurers to cancel coverage when a person's health needs changed, such as coming out as transgender.

For more information about trans health insurance coverage in 2017, please see state guides from Out2Enroll: https://out2enroll.org/2017-cocs/

INSURANCE CODING ALTERNATIVES FOR TRANS HEALTHCARE

This fact sheet provides information about ICD-10 insurance codes and corresponding diagnoses and treatments the codes are related to. This document is intended to assist trans people in advocating for themselves with their healthcare providers and insurance companies. This information can help guide providers about insurance codes for trans healthcare that are commonly accepted and rejected.

If coverage is denied you can appeal that decision to your insurance company. Once you appeal a denial three times the appeal goes to an outside agency, and is often accepted. Ask your insurance provider about your specific appeals process. This fact sheet does not guarantee coverage from insurance providers. The best way to get information about your specific plan coverage is to speak with your insurance company.

CODES THAT ARE COMMONLY REJECTED BY INSURANCE PROVIDERS

CODE	CONDITION	COMMENTS
F64	Gender Dysphoria/Gender Identity Disorder	Rarely covered in North Carolina but employers can request expansion.
Q56.3	Intersex code requires chromosomal documentation	Typically diagnosed in childhood and allow for full spectrum of gender surgery

^{*}A note about F64: Some insurance providers will require this code for gender affirming surgeries. It is also often required for adolescents to get hormone interventions covered.

CODES THAT ARE COMMONLY ACCEPTED BY INSURANCE PROVIDERS

CODE	CONDITION	COMMENTS
E34.9	Endocrine disorder, unspecified	Hormone replacement therapy
Z79.899	Other long term (current) drug therapy	Labs related to hormone therapy including potassium, kidney and liver function, and blood counts
N62	Breast hypertrophy	Breast reduction/mastectomy
N64.4	Mastodynia	Mastectomy
N65	Deformity of reconst. Br	Mastectomy or reconstruction
N94.1	Dyspareunia (pain with sex)	Hysterectomy
N92.6	Irregular menses	Hysterectomy/IUD
N94.6	Painful menses	Hysterectomy/Hormonal therapies/IUD
N83.2	Ovarian cyst	Removal of ovaries
R10.2	Pelvic pain	Hysterectomy/removal of ovaries
N90.89	Hypertrophy of the clitoris	Clitoroplasty
N90.69	Labial hypertrophy	Labiaplasty
N94.819.2	Vulvar pain	Vulvoplasty
N50.819	Orchialgia	Orchiectomy

Campaign for Southern Equality has created this fact sheet to assist trans and gender diverse people seeking medical interventions in advocating for ourselves with our healthcare providers and insurance companies.

Questions about coverage and specific plans should always be directed to insurance providers.



ADDITIONAL INFORMATION FOR INSURANCE CODING APPEALS PROCESS

This information is pulled directly from "Gender Reassignment Surgery Model National Coverage Determination," a toolkit created by the Transgender Medicine Model National Coverage Determination Working Group with the assistance of Nick Gorton, MD of Lyon-Martin in San Francisco:



"The patient's specific insurance plan has a transgender care exclusion in their coverage. Most insurers have an exclusion of coverage for transition-related coverage as their standard language and do not remove it unless a state has issued guidance that says that exclusions of trans care are illegal, or the plan receives federal funds to pay for premiums (or payment for a third party administer), such as a federal or state marketplace plan, Medicare or Medicaid programs (many states are out-of-compliance with the federal rules for their Medicaid programs). This is the most common, and most folks don't know they have an exclusion until they are told where to look. This does not mean that it is

impossible to get care covered, but the appeals process is much harder.

Coverage for specific procedures: Some coverage is categorically excluded because they are viewed as cosmetic (i.e. breast augmentation, body contouring, facial feminization procedures) - generally speaking, these are hard to appeal and clearly delineate why they are medically necessary to meet the insurer's standards. Some "subprocedures" are also not covered, even if they main procedure is covered (i.e. double mastectomy is covered for transgender men, but not nipple reconstruction; phalloplasty may be covered, but the testicular implants are not, often citing cosmetic purposes) - when this occurs, the service is easier to appeal, because most of these procedures are available to cisgender people, and the case can be made that the "cosmetic ruling" is being applied to trans people for the sake of denying care (i.e. sex discrimination).

Coverage issues can occur when someone is getting a "sex-specific procedure" such as a pap smear or a PSA testing for prostate exams, this is typically related to what gender marker the patient currently has on their health insurance account. While this discrimination is illegal, this happens with some frequency, but can be fixed using KX or 45 modifier. This is more of an educational issue to medical providers, but most do not know that they can code in this fashion to assure that their patient's care gets covered."

The Campaign for Southern Equality gives special thanks to Kinneil Coltman of Carolinas Healthcare and Dr. Jennifer Abbott of Western North Carolina Community Health Services for their assistance with compiling this information.

Sources

www.cms.gov/medicare/coverage/determinationProcess/downloads/Kalra_comment_01022016.pdf www.transline.zendesk.com/hc/en-us/articles/229372908-Coding-for-Transition-Related-Care

CROWDFUNDING FOR TRANSITION

PLANNING YOUR CAMPAIGN

- Write an honest letter to your would-be funders about why you need the funds. Ask for what you need and not more.
- Keep in mind that running and publicizing a crowdfunding campaign can be quite time consuming. Delay your campaign if you're overworked, burned out, etc.
- Have realistic expectations: more than half of Kickstarter campaigns fail to make their goal. Assume that only 1% of your contacts will contribute.
- The currency of crowdfunding is relationships, so get your target audience right. If all your friends are broke and also saving for surgery, you'll need to re-think your plans.
- Make a great video promoting your campaign and put it on your donation page. Be creative, entertaining and honest. Solicit an emotional response.
- If you're offering rewards / backer levels, structure them carefully and budget the cost of fulfillment. While the average donation amount will probably be under \$50, use your creativity to create attractive "upper end" rewards as well.
- Study successful campaigns and try to reverse-engineer their path to success.

CROWDFUNDING SERVICES

Before you pick a crowdfunding service, consider: Do you really need one? These services take a commission on the funds raised (examples below.) Many people have had good success using a self-hosted donation page (hosted on their websites or on WordPress.com/Blogspot/etc.) with a form integrated with PayPal or WePay, where fees hover around 3%. Here are some popular services and their fee schedules, as of September 2016:

- DonationTo: 5% + PayPal or Wepay fees (typically 2.9% plus \$.30 per transaction). 0% Paid accounts also available.
- Fundly 7.9%
- FundRazr 5% + PayPal fees (typically 2.9% plus \$.30 per transaction)
- GiveForward* 7% **Specifically for medical fundraising**
- GoFundMe 7.9% + 0.30
- GoGetFunding: 4% + PayPal fees (typically 2.9% + \$0.30 per transaction)
- Indiegogo: 4%-9%
- RocketHub: 8% 12%
- You Caring: \$0 + PayPal or Wepay fees (typically 2.9% plus \$.30 per transaction)

GLOSSARY OF TERMS

CISGENDER

A term for someone whose gender identity corresponds with the sex they were assigned at birth; not transgender.

DRAG KING

A person who is expressing hyper masculinity through performance art.

DRAG QUEEN

A person who is expressing hyper femininity through performance art.

GENDER

A socially constructed system for classifying people into categories. Different cultures use different systems for this classification.

GENDER CONFIRMATION SURGERY

Any form of surgical procedure performed on a transgender or gender nonconforming person in order to make their primary or secondary sex characteristics better reflect their gender identity. This may include different types of "top surgery", "bottom surgery", or other procedures. Contrary to popular belief, there is not one surgery; in fact there are many different surgeries. Not all transgender or gender nonconforming people desire gender confirmation surgery and each person's pathway to medical transition is unique. "Gender Confirmation Surgery" is preferable to the previously used term "Gender Reassignment Surgery", and many consider "sex change surgery" derogatory.

GENDER EXPRESSION

Refers to the ways in which we each manifest masculinity, femininity, both, or neither. Gender expression may or may not align with someone's gender identity. This visible expression of gender includes hairstyles, clothing choices, body language, etc.

GENDER IDENTITY

One's innermost concept of self as it relates to gender. How individuals experience gender personally. One's gender identity can be the same or different from their sex assigned at birth. Gender identity cannot be seen from looking at a person.

GENDERING

The act of assigning a gender to another person. Incorrectly assigning a gender to another person is called misgendering.

GLOSSARY OF TERMS

GENDER NON-CONFORMING

A term for individuals whose gender identity or expression falls outside the gender binary of man and woman. Some examples of gender non-conforming identities include genderqueer, agender, bigender, gender fluid, etc.

INTERSEX

A general term used for a variety of conditions in which someone's body doesn't seem to fit the typical definitions of male and female. We often associate intersex with conditions seen at birth, but there are many conditions that aren't seen at birth, such as androgen insensitivity syndrome, for example.

PRONOUN

The words used to refer to someone instead of using their name. He is a masculine pronoun; she is a feminine pronoun; they is a neutral pronoun. Pronouns are the most common way that we gender people.

QUEER

An umbrella term used to refer to sexual and gender minorities that are not cisgender or heterosexual.

TRANSGENDER

An umbrella term for people whose gender identity differs from the sex assigned to them at birth. Transgender is often shortened to "trans", and is inclusive of gender nonconforming identities.

SEX

The categorization of people based on external physical characteristics (e.g., hip to shoulder ratio, facial and body hair, vocal pitch, muscle mass, genital configuration, etc.)

SEXUAL ORIENTATION

A person's sexual identity in relation to the gender or sex they are attracted to.

TRANSGENDER MAN

A person who was assigned the sex of female or intersex at birth and identifies as male.

TRANSGENDER WOMAN

A person who was assigned the sex of male or intersex at birth and identifies as female.

TRANSITION

The period during which a person begins to live as their true gender. Transitioning may include changing one's name, changing their presentation, taking hormones, having surgery, or changing legal documents to reflect their true gender. Or transition may not include any of those things, depending on what that person wants or doesn't want.

GLOSSARY OF TERMS

INFORMED CONSENT

A provider who prescribes hormones with informed consent does not require a letter from a therapist to prescribe hormones.

ENDOCRINOLOGIST

A doctor who specializes in issues related to hormones. These doctors may oversee medical transition in terms of Hormone Replacement Therapy (HRT).

HRT (HORMONE REPLACEMENT THERAPY)

The process in which hormones and hormonal treatments are administered. HRT is not sought out by all transgender individuals, nor is it a requirement for transitioning.

GCS (GENDER CONFIRMATION SURGERY):

Surgical procedures in which a person's body is altered to change their gender expression. GCS is not sought out by all transgender individuals, nor is it a requirement for transitioning.

NATIONAL RESOURCE GUIDES

LGBTQ Rights Toolkit: Resources for the South

Campaign for Southern Equality www.lgbtrightstoolkit.org

Locally Trans

www.locallytrans.com/

Trans Bucket

www.transbucket.com

RAD Remedy

www.radremedy.org/

GLAAD's Trans Resource Page

www.glaad.org/transgender/resources

HRC's Safer Sex for Trans Bodies Guide

www.hrc.org/blog/hrc-foundation-and-whitman-walker-health-release-comprehensive-transge

My Trans Health

www.mytranshealth.com

Trans Youth Equality Foundation

www.transyouthequality.org

ACKNOWLEDGEMENTS

Thank you for checking out *Trans in the South: A Guide to Resources and Services!*

We are grateful to those who maintain other resources guides to make it easier for trans people to access competent medical care. Some of these other resource guides include Trans Bucket, RAD Remedy, Funding your transition: A Resource Guide, Southeastern Trans Resource Guide, Charlotte Transgender Healthcare Group, TranzMission, LGBT Patient Care Collaborative in Upstate SC, HRC's Safer Sex for Trans Bodies. And of course none of this would be possible without the thousands of trans folks living across the South who share resources with each other.

We'd also like to thank providers who have shared information and resources, including Dr. Claire Farel, Kinneil Coltman, and the Transgender Health Program at WNCCHS. Compiling this resource guide was a labor of love, and would not have been possible without the help of Jasmine Beach-Ferrara, Brennan Lewis, Fletcher Page, Adam Polaski, and Quentin Bell.

If you have additional resources to add to *Trans in the South,* or you want to report out-of-date information, please email me at ivy@southernequality.org.

I hope this guide improves your experience accessing services. We give many thanks to the providers who are listed here and to the organizations and agencies working every day to ensure that trans folks in the South have access to resources, services, and support.

Best wishes, Ivy Gibson-Hill LGBTQ Right Toolkit Coordinator Campaign for Southern Equality