TRANS IN THE SOUTH
A GUIDE TO RESOURCES AND SERVICES

Updated October 2017

www.southernequality.org/transinthesouth
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DISCLAIMER:
This document provides information about acquiring medical or attorney referrals; it is not medical or legal advice. Moreover, due to the rapidly changing nature of the law and our reliance on information provided by outside sources, we make no warranty or guarantee.
Welcome to Trans in the South: A Guide to Resources and Services, compiled by the Campaign for Southern Equality.

Our hope is that every trans person in the South can access the services and support they need to be healthy and to thrive. Our goal is that this resource guide is a helpful tool in that journey. In these pages you’ll find lists of service providers throughout the South, information about insurance coding, and resources to assist with funding medical transition.

Accessing friendly therapists, medical providers, and legal assistance can be difficult as a trans person in the South, especially if you don’t know where to start or who to reach out to. That’s why we created this resource guide.

Trans in the South offers resources for trans folks in Alabama, Arkansas, Florida, Georgia, Kentucky, Louisiana, Mississippi, North Carolina, South Carolina, Tennessee, Virginia and West Virginia. Resources in this guide are divided by type of services offered within each Southern state. So, if you’re looking for an endocrinologist in South Carolina for example, just scroll down to South Carolina and look for the heading “ENDOCRINOLOGY”.

We compiled these resources from trans folks who reported having a positive and affirming experience using these services, referrals from trans-friendly providers, and pulling from other resource guides that list these providers as being trans-friendly. To confirm the status of these resources as trans-friendly, we called each provider and spoke with the staff at that agency. We only included providers who report actively working with trans folks in this guide.

Some providers offered additional information about their practice like accepting insurance, charging on a sliding scale, offering Hormone Replacement Therapy, or working with youth. These are marked with icons. We still encourage calling the provider you’re interested in and asking about the specific services you’re seeking.

This edition of Trans in the South was published in October of 2017 and can be downloaded at www.southernequality.org/transinthesouth. We’ll be collecting new resources throughout the year and updating the guide annually. If you have additional resources, questions, or feedback, please email them to me at Ivy@southernequality.org.

Thanks for accessing Trans in the South. I hope you’ll find it helpful!

Best Wishes,
Ivy Gibson-Hill
Campaign for Southern Equality
LGBTQ Rights Toolkit Coordinator
Write Letters - Many endocrinologists and surgeons require a letter from a mental health professional before they will move forward with assisting with medical transition. These mental health professionals will write the letters that are required for Hormone Replacement Therapy and/or surgery. If this icon is beside an endocrinologist, it means they will write the necessary letters to change gender markers on legal documents without requiring the patient to undergo surgery.

Doesn’t Write Letters - These providers report being trans-friendly; however they won’t write the letters folks need to begin HRT, undergo surgery, or change gender markers legal documentation.

Requires Letter - These providers do not offer treatment with informed consent, but require a letter from a therapist before beginning HRT.

Informed Consent - These providers do not require a letter from a mental health professional to begin HRT.

Sees Adolescents - These providers will assist individuals under the age of 18 with their medical transition.

Offers HRT - Hormone Replacement Therapy is a big step for many trans folks. The general providers that are marked with this symbol offer HRT in their office. This cuts the step of also finding an endocrinologist.

OB/GYN - These providers also offer pelvic exams for trans men.

Planned Parenthood - These providers operate within Planned Parenthood offices. Most Planned Parenthood affiliates offer HRT with informed consent.

Scheduling 6 Months to a Year Out - At the time that we called, these providers reported scheduling 6 months to a year out for new patients.

Doesn’t Take Insurance - These providers report that they don’t accept any insurance.

Takes Insurance - These providers report accepting insurance.

Charges on a Sliding Scale - These providers report charging on a sliding scale based on need.

Free Sessions Available - Some providers report working with local clinics in order to provide free sessions to the clients who aren’t able to make payments even on a sliding scale basis. We encourage calling providers with these icons and asking about the process to take advantage of those free needs-based services.

Veterans Only - These providers only work with veterans.

Student Counseling Services - These providers are trans-friendly, but they are only available to students at their university.

Support Group - These providers also offer peer support groups.
Based in Asheville, North Carolina, the Campaign for Southern Equality (CSE) promotes full LGBTQ equality - both legal and lived - across the South.

One third of all LGBTQ Americans live in the South, including more than one third of all trans Americans. Yet across the region, LGBTQ people lack basic legal protections, face robust opposition to our rights and have limited resources for advocacy and direct services. LGBTQ people in our region are also at an elevated risk of poverty and health disparities. Our community meets every definition of political powerlessness, evidenced most recently by the wave of anti-LGBTQ bills sweeping the South and by a dismal lack of elected representation in local, state and federal offices. While national funding to the LGBTQ South is increasing (it has grown from less than 8% to 25% in recent years), the majority goes to large metro areas and large organizations within the South.

At the same time, LGBTQ Southerners live each day with courage and strength. Every day, we hear stories about how the South is changing and how support for equality is growing. Our work starts by asking what a LGBTQ Southerner needs when they are ready to lead equality efforts in their hometown, or ready to access support and services. Responding to this complex mix of urgent needs and entrenched structural issues requires a new approach. Tactically, this requires that we use a range of tools in our work, including direct services, direct action, litigation, grant-making, and long-term organizing strategies to support a new generation of LGBTQ leaders and to build political power.

Through our LGBTQ Rights Toolkit, we respond to the acute and widespread need for direct services and resources for LGBTQ Southerners. Current programs include our digital toolkit - www.lgbtrightstoolkit.org - which provides information about concrete ways LGBTQ Southerners can protect their rights and access support; publications like the Trans in the South guide; free Pop-Up clinics that provide direct services and resources; and providing training, networking and funding to support front-line providers of culturally-competent direct services.

Visit online at www.lgbtrightstoolkit.org

Learn more at www.southernequality.org

About

The Campaign for Southern Equality

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If you are in need of immediate help, please use these resources from anywhere in the country.

- If you are in need of immediate medical assistance or need law enforcement assistance, call 911.
- If you are thinking about hurting yourself, call the National Suicide Prevention Lifeline at 1-800-273-TALK (8255).
- If you are an LGBTQ youth who is thinking about hurting yourself or is in crisis, call The Trevor Project’s 24-Hour Suicide Prevention Hotline at 866-488-7386.
- If you are a transgender person in crisis or needing support, call Trans Lifeline at 877-565-8860.
- If you are a college student check out this College Suicide Prevention Guide by Affordable Colleges Online: https://www.affordablecollegesonline.org/college-resource-center/college-suicide-prevention/

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**Additional Resources**

**GLBT National Help Center Hotline**
- P: 1-888-843-4564
- W: www.glnh.org
- Hours: 4 PM – 12 AM, EST

**GLBT National Youth Talkline**
- P: 1-800-246-7743
- W: http://www.glnh.org
- Hours: 4 PM – 12 AM, EST
MENTAL HEALTH

Charlar Barnes
Licensed Professional Counselor
Exceptional Living LLC.
600 S. Court Street Suite 312
Montgomery, AL 36104
334.647.1781
exceptionalliving14@gmail.com

Jane Brown MA, LPC
2305 Arlington Ave.
Birmingham, AL 35205
205.933.9276
brownjane@earthlink.net
www.adultandchilddevelopment.com

Ashley Garrett
Garrett Counseling
1215 Jackson’s Way, SW
Jacksonville, AL 36265
256.239.5662
www.garrettcounseling.com

David Goldberg PsyD
400 Office Park Drive #120
Birmingham, AL 35223
205.380.6304
dr.davidgoldberg@gmail.com
www.drgoldberg.net

Amanda Keller
Magic City Acceptance Center
2500 4th Avenue South
Birmingham, AL 35233
205.877.8677
amanda@mcacc-bao.org

Sarah E. Mulder, PsyD
Longwood Psychological Center
111 Longwood Drive SW
Huntsville, AL 35801
256.469.1949
www.sarahmulderpsychology.com

Michelle Omara
Online Services
2680 E Main St, #121
Plainfield, IN 46168
317.517.0065
michele@micheleomara.com
https://micheleomara.com

Susan E. Riser PhD LPC
5510 Wares Ferry Rd. Suite U3
Montgomery, AL 36117
334.387.2317
seriser@bellsouth.net

Angela Stowe, PhD
Univ. of Alabama
at Birmingham’s Student Health and Wellness Center
1714 9th Ave. South
Birmingham, AL
205.934.3581
www.uab.edu/students/health/health-services

Nick VanWaggoner, MD
U of AL at Birmingham’s Student Health and Wellness Center
1714 9th Ave. South
Birmingham, AL
205.934.3581
www.uab.edu/students/health/health-services
**ENDOCRINOLOGY**

Hussein Abdul-Latif, MD  
The Childrens Hospital of AL  
University AL - Birmingham  
Department of Pediatrics  
1601 4th Avenue South  
Children's Park Place  
Birmingham, AL 35233  
205.638.5028  
www.childrensal.org/Endocrinology

Morissa Ladinsky, MD  
The Childrens Hospital of AL  
University AL - Birmingham  
Department of Pediatrics  
1601 4th Avenue South  
Children's Park Place  
Birmingham, AL 35233  
205.638.5028  
www.childrensal.org/Endocrinology

Dr. Huey McDaniel  
(HRT offering changes quarterly)  
1700 Spring Hill Ave.  
Mobile, AL 36604  
251.435.1200

**PLANNED PARENTOOD LOCATIONS**

More details on each location are available at:  
www.plannedparenthood.org/health-center/alabama

**PRIMARY CARE**

Dr. Scott Weisberg  
Magic City Wellness Center  
2500 4th Avenue South  
Birmingham, AL 35233  
205.877.8677  
www.magiccitywellnesscenter.org

**LEGAL RESOURCES**

T. Shane Smith  
Steel City Law, LLC  
3000 Crescent Avenue  
Birmingham, AL 35209  
205.607.0225  
ssmith@steelcitylawfirm.com

**OTHER**

Dr. Stephen R. Steinzmetz, M.D., F.A.C.S.  
(Accepts payment plans; Will advocate for you against insurance)  
St. Vincent’s Professional Office Building  
2700 Tenth Ave. South, Suite 510  
Birmingham, AL 35205  
205.930.0980  
www.steinmetzplasticsurgery.com
**ALABAMA**

**HIV CARE**

**AIDS Alabama** - (Counseling Services & Housing Assistance)
3529 7th Avenue S.
Birmingham, Alabama 35222
205.324.9822
www.aidsalabama.org

**AIDS Alabama South**
4321 Downtowner Loop N.
Mobile, AL 36609
251.471.5277
www.aidsalabamasouth.org

**Albertville Clinic** - (Free Testing, Med Program, Housing Assistance)
Thrive Alabama
201 E. McKinney Avenue
Suite A
Albertville, AL 35950
256.660.5127

**Birmingham AIDS Outreach**
205 32nd Street South
Birmingham, AL 35233
205.322.4197
www.birminghamaidsoutreach.org

**Dothan AIDS Outreach**
1865-3 Honeysuckle Rd.
Dothan, AL 36305
334.673.0494
www.maoi.org

**Montgomery AIDS Outreach**
2900 McGehee Road
Montgomery, AL 36111
334.280.3349
www.maoi.org

**Thrive Alabama**
600 St. Clair Avenue
Building 3
Huntsville, AL 35801
256.536.4700
www.thrivealabama.org

**The Hames Clinic** - (Free Testing, Counseling, Med Program, Housing Assistance)
Thrive Alabama
112 S. Pine Street
Suite 202
Florence, AL 35630
256.764.0492
www.thrivealabama.org

**Selma AIDS Information & Referral**
102 Park Place
Selma, AL 36701
334.872.6795
www.selmaair.org

**West Alabama AIDS Outreach**
2720 6th Street
Tuscaloosa, AL 35401
205.759.8470
www.waao.info

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**STATE RESOURCE GUIDE**

Association of Lesbian, Gay Bisexual & Transgender Issues in Counseling of Alabama (ALGBTICAL)
www.algbtical.org/2A%20COUNSELOR%20LIST.htm
Covers entire state
MENTAL HEALTH

Michelle Omara
Online Services
2680 E Main St, #121
Plainfield, IN 46168
317.517.0065
michele@micheleomara.com
www.micheleomara.com

HIV CARE

Arkansas AIDS Foundation
523. S. Louisiana, Suite 404
Little Rock, AR 72201
501.376.6299

Arkansas Department of Health Ryan White Program
Multiple Locations Across the State
501.661.2408
www.healthy.arkansas.gov

PLANNED PARENTHOOD

More details on each location are available at:
www.plannedparenthood.org/health-center/arkansas

Planned Parenthood Fayetteville
3729 North Crossover St.
Fayetteville, AR 72703
479.443.7791
www.plannedparenthood.org/health-center/arkansas/fayetteville/72703/fayetteville-health-center-2972-90740

Planned Parenthood Little Rock
5921 W. 12th Street
Little Rock, AR 72204
501.666.7526
www.plannedparenthood.org/health-center/arkansas/little-rock/72204/little-rock-health-center-2807-90740

STATE RESOURCE GUIDES

Arkansas Transgender Equality Coalition
www.artranscoalition.org/health
Covers entire state

Transgender Equality Network
www.transeqnet.org/resources/arkansas-resources/#.WV1KIVTvIU
Covers entire state
FLORIDA

MENTAL HEALTH

Coral Schlosberg Arvon PhD, LMFT, LCSW
2999 NE 191st St. Suite 703
Aventura, FL 33180
305.936.8000
corarv@aol.com

Aimee Beardslee
Rainbow Counseling
4554 Central Avenue
Suites E & F
St. Petersburg, FL 33711
727.314.1864
www.rainbowcounselingtampabay.com

Ieshai Bailey, LMHC, CST
Bailey House of Wellness, LLC
1881 NE 26th Street, Suite 202A
Wilton Manors, Florida
33305
3190 Post Street
Jacksonville, FL 32205
954.903.7611
www.bhowyou.com
bhowyou@gmail.com

Angela Bulla
Solution Counseling Center
51 S Main Ave Suite 304
Clearwater, Fl 33765
727.328.4672
www.angelabulla.com
angela.brownbulla@gmail.com

Mary G. Davenport PhD
1608 Oak St.
Sarasota, FL 34236
941.366.3134

Deborah Huntley PhD
1608 Oak St.
Sarasota, FL 34236
941.366.2442

Adele Kates & Associates PA
1 NE 168th St.
North Miami Beach, FL 33162
305.651.6442

Eric Leever LMHC
607 Saint Lucie Crescent
Suite 106
Stuart, FL 34994
772.233.9982
eric@leevermhc.com
www.levermhc.com

Felicia Levine, LCSW, CST, LLC
23257 State Road 7, Suite # 203C
Boca Raton, FL 33428
954.657.3151
felicialevinelcsw@aol.com

Dr. Lawrence Levy PsyD, PA
398 Camino Gardens Blvd.
Suite 207
Boca Raton, FL 33432
561.210.5125
954.495.8749
www.levypsychology.com

Barbara LoFrisco LMHC, LMFT
6811 N Central Ave.
Tampa, FL 33604
813.404.9215
counselorbarb@earthlink.net
www.counselorbarb.com
MENTAL HEALTH

**Stephany Mahaffey**
Authentic Life Transitions, LLC
3001 Aloma Ave, Winter Park, FL 32792
321.420.6095
www.authenticlifetransitions.com
stephanymahaffey@gmail.com

**Lisa J. Moore LMHC**
1732 Kingsley Ave. Suite 1
Orange Park, FL 32073
904.269.2931

**Anagloria Mora, PhD, LMHC, CCS**
6861 SW 51st St., Miami, FL 33155
305.333.2263
dranagloriamora@aol.com
www.dranagloriamora.com

**Bonnie R. Saks MD**
3333 W Kentucky Blvd.
Tampa, FL 33609
813.354.9444

**Dr. Kristie Overstreet**
Therapy Department
18821 Delaware St Suite 208
Huntington Beach, CA 92648
904.566.9256
www.TherapyDepartment.com

**Heather Stambaugh**
Lakeland LGBT Therapy
2033 E. Edgewood Drive, Suite 4
Lakeland, FL 33803
863.271.2001
www.lakelandlgbttherapy.com
heather@lakelandltherapty.com

**David B. Wohlsifer, PhD, LCSW**
370 W Camino Gardens Blvd, Suite 117, Boca Raton, FL 33432
561.409.9701 ext 1
www.drdavidw.com
drwohlsifer@gmail.com

ENDOCRINOLOGY

**Dr. Christopher Estes**
1611 NW 12th Ave.
Miami, FL 33136
305.243.3000

**Dr. Sadaf Jeelani**
4340 W. Newberry Rd. Suite 301
Gainesville, FL 32607
352.372.9414

**Brenda M. Barry**
930 Lake Baldwin Ln.
Orlando, FL. 32814
407.898.1500 Ext. 10
WomenCare@cfl.rr.com

STATE RESOURCE GUIDES

**Equality Florida**
Covers entire state

**Trans Florida**
http://transflorida.tumblr.com/hrt
Covers entire state
FLORIDA

PRIMARY CARE

Ft. Myers Health Center
8595 College Parkway Suite 250
Ft. Myers, FL 33919
239.481.9999

Gainesville Health Center
914 NW 13th St.
Gainesville, FL 32601
352.377.0881

Dr. Michael Horseman
4410 W. Newberry Rd. Suite B
Gainesville, FL 32607
352.372.7800

Immokalee Center
419 N First St.
Immokalee, FL 34142
239.262.0301

Jacksonville Health Center
3850 Beach Blvd.
Jacksonville, FL 32207
904.399.2800

Lakeland Health Center
2250 E. Edgewood Dr.
Lakeland, FL 33803
863.665.5735

Manatee Health Center
1105 53rd Ave. East Suite 201
Bradenton, FL 34203
941.567.3800

Naples Center
1425 Creech Rd.
Naples, FL 34103
239.262.0301

Orlando-Eastside Clinic
11500 University Blvd. Suite B
Orlando, FL 32817
321.235.5513

Orlando-Westside Clinic
726 South Tampa Ave.
Orlando, FL 32805
407.246.1788

Pinellas Health Center
8950 Dr. Martin Luther King Jr St. N #102
St. Petersburg, FL 33702
727.898.8199

The Sally Bellamy Health Center
2121 W. Pensacola St. Suite B2
Tallahassee, FL 32304
850.574.7455

Sarasota Health Center
736 Central Ave.
Sarasota, FL 34236
941.953.4060

Christopher Salgado, M.D.
LGBTQ Center for Wellness,
Gender and Sexual Health
University of Miami Hospital, 1400 NW 12th Avenue, Miami, FL 33136
866.GENDRUM
www.umiamihospital.com/lgbtq-services
MiamiTransgender@med.miami.edu
HIV CARE

Care Resource Ft. Lauderdale
871 West Oakland Park Blvd.
Ft Lauderdale, FL 33311
954.567.7141
www.careresource.org

Care Resource Miami
3510 Biscayne Blvd., Miami, FL 33137
305.576.1234
www.careresource.org

Care Resource Little Havana
1901 SW 1st St, Miami, FL 33135
305.203.5230

Care Resource Miami Beach
1701 Meridian Avenue, Suite 400
Miami Beach, FL 33139
305.673.3555

Hope & Help Center of Central Florida
Main Office
707 Mendham Blvd, Suite 104
Orlando, FL 32825
407.645.2577
www.hopeandhelp.org

Hope & Help Center of Central Florida, Kissimmee
600 N Thacker Ave, Ste A27
Kissimmee, FL 32741
407.994.2825
https://www.hopeandhelp.org

Hope & Help Center of Central Florida, South Orange Blossom Trail
750 South Orange Blossom Trail #268
Orlando, FL 32805
407.645.2577
www.hopeandhelp.org

Miracle of Love Administrative Office
741 W. Colonial Dr.
Orlando, FL 32804
407.843.1760
www.miracleofloveinc.org

Miracle of Love Lake County Office
4400 N Hwy 19A Unit 10, Mt Dora, FL 32757
352.357.6341
www.miracleofloveinc.org

Miracle of Love Osceola County Office
600 North Thaker Ave., Kissimee, FL 32741
Ryan White Program: 407.994.2995
www.miracleofloveinc.org

Miracle of Love The Stafford House
711 Seminole Ave., Orlando, FL 32804
407.532.0070
www.miracleofloveinc.org

Christopher Salgado, M.D.
LGBTQ Center for Wellness,
Gender and Sexual Health
University of Miami Hospital
1400 NW 12th Avenue, Miami, FL 33136
866.GENDRUM
www.umiamihospital.com/lgbtq-services
MiamiTransgender@med.miami.edu
# Planned Parenthood Locations

More details on each location are available at: [https://www.plannedparenthood.org/health-center/florida/](https://www.plannedparenthood.org/health-center/florida/)

<table>
<thead>
<tr>
<th>Location</th>
<th>Address</th>
<th>Phone</th>
</tr>
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<tbody>
<tr>
<td>Boca Raton</td>
<td>8177 Glades Rd., Boca Raton, FL 33434</td>
<td>561.226.4116</td>
</tr>
<tr>
<td>Bradenton</td>
<td>1105 53rd Ave East Suite 201, Bradenton, FL 34203</td>
<td>941.567.3800</td>
</tr>
<tr>
<td>Fort Myers</td>
<td>8595 College Parkway Suite 250, Fort Myers, FL 33919</td>
<td>239.481.9999</td>
</tr>
<tr>
<td>Gainesville</td>
<td>914 NW 13th Street, Gainesville, FL 32601</td>
<td>352.377.0881</td>
</tr>
<tr>
<td>Immokalee</td>
<td>419 N. First Street, Immokalee, FL 34142</td>
<td>239.262.0301</td>
</tr>
<tr>
<td>Jacksonville</td>
<td>5978 Powers Avenue, Jacksonville, FL 32217</td>
<td>904.399.2800</td>
</tr>
<tr>
<td>Kissimmee</td>
<td>610 Oak Commons Blvd., Kissimmee, FL 34741</td>
<td>407.246.1788</td>
</tr>
<tr>
<td>Lakeland</td>
<td>2250 E Edgewood Drive, Lakeland, FL 33803</td>
<td>863.665.5735</td>
</tr>
<tr>
<td>Miami</td>
<td>11440 SW 88th Street Suite 109, Miami, FL 33176</td>
<td>786.263.0001</td>
</tr>
<tr>
<td>Miami</td>
<td>3119A Coral Way, Miami, FL 33145</td>
<td>305.285.5535</td>
</tr>
<tr>
<td>Miami</td>
<td>585 N.W. 161 St. Suites 200-300, Miami, FL 33169</td>
<td>305.830.4111</td>
</tr>
<tr>
<td>Naples</td>
<td>1425 Creech Road, Naples, FL 34103</td>
<td>239.262.0301</td>
</tr>
<tr>
<td>Orlando</td>
<td>11500 University Blvd, Orlando, FL 32817</td>
<td>407.246.1788</td>
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<tr>
<td>Orlando</td>
<td>726 South Tampa Ave, Orlando, FL 32805</td>
<td>407.246.1788</td>
</tr>
<tr>
<td>Pembroke Pines</td>
<td>263 North University Drive, Pembroke Pines, FL 33024</td>
<td>954.989.5747</td>
</tr>
<tr>
<td>Saint Petersburg</td>
<td>33 6th Street South, Saint Petersburg, FL 33701</td>
<td>727.898.8199</td>
</tr>
<tr>
<td>Sarasota</td>
<td>736 Central Avenue, Sarasota, FL 34236</td>
<td>941.953.4060</td>
</tr>
<tr>
<td>Stuart</td>
<td>1322 NW Federal Hwy., Emerald Plaza, Stuart, FL 34994</td>
<td>772.692.2023</td>
</tr>
<tr>
<td>Tallahassee</td>
<td>2121 W Pensacola Street, Tallahassee, FL 32304</td>
<td>850.574.7455</td>
</tr>
<tr>
<td>Tampa</td>
<td>8068 North 56th St., Tampa, FL 33617</td>
<td>813.980.3555</td>
</tr>
<tr>
<td>Wellington</td>
<td>10111 Forest Hill Blvd Suite 340, Wellington, FL 33414</td>
<td>561.296.4919</td>
</tr>
<tr>
<td>West Palm Beach</td>
<td>931 Village Blvd. Suite 904, West Palm Beach, FL 33409</td>
<td>561.683.0302</td>
</tr>
</tbody>
</table>
GEORGIA

MENTAL HEALTH

Anna Baxter, LAPC
Wellspring Counseling Center
700 Old Roswell Lakes Pkwy
Suite 300 Roswell, Georgia 30076
678.446.8653
anna@lovepositivecounseling.com
www.lovepositivecounseling.com

Eli Budd PhD, Psych
2300 Cheshire Bridge Rd.
Unit 101
Atlanta, GA 30324
404.873.5517
www.bebuddPhD.com

Anna Lisa Derenthal LPC, NCC
11285 Elkins Rd. Suite D4
Roswell, GA 30076
678.431.3901
annalisaderenthal@gmail.com
www.annalisaderenthal.com

Melissa L. Dickinson
Wellspring Counseling Center
321 W Hill Street, Suite 2D,
Decatur, GA 30030
404.496.5139
melissadickinsonlpc@gmail.com
www.melissadickinson.com

Tana Hall, LPC
204 Church St
Decatur, GA 30030
404.496.8262
www.tanahall.com

Dr. Sally Herbert Psychiatrist
41 Lenox Point
North East Atlanta, GA 30324
404.842.0070

Karuna Counseling
1945 Mason Mill Rd. Suite 100
Decatur, GA 30033
404.321.4307
www.karunacounseling.com

Metropolitan Counseling Services
(5 Sliding Scale as low as $25. If going through Health Initiative you can receive 8 free sessions.)
2801 Buford Hwy. Suite 470
Atlanta, GA 30329
404.321.1794
www.mcsatlanta.org

Michelle Omara
Online Services
2680 E Main St, #121
Plainfield, IN 46168
317.517.0065
michele@micheleomara.com
https://micheleomara.com

Dr. Kristie Overstreet
Therapy Department
18821 Delaware St Suite 208
Huntington Beach, CA 92648
904.566.9256
www.TherapyDepartment.com
GEORGIA

**MENTAL HEALTH**

- **Erin Swenson**
  - 1708 Peachtree St. NW
  - Atlanta, GA 30309
  - 404.312.5677
  - erin@erinswen.com
  - www.erinswen.com

- **Equality Clinic**
  - 987 St. Sebastian Way
  - Augusta, GA 30901
  - 762.218.2226

- **GA Tech Counseling Center**
  - 353 Ferst Dr NW
  - Atlanta, GA 30313
  - 404.894.9179

- **Wellspring Counseling Center**
  - 321 W. Hill St
  - Decatur, GA 30032
  - 404.929.1742
  - transhealth@feministcenter.org
  - www.transhealthinitiative.org

- **Equality Clinic**
  - 987 St. Sebastian Way
  - Augusta, GA 30901
  - 762.218.2226

- **Erin Swenson**
  - 1708 Peachtree St. NW
  - Atlanta, GA 30309
  - 404.312.5677
  - erin@erinswen.com
  - www.erinswen.com

- **GA Tech Counseling Center**
  - 353 Ferst Dr NW
  - Atlanta, GA 30313
  - 404.894.9179

- **Wellspring Counseling Center**
  - 321 W. Hill St
  - Decatur, GA 30032
  - 404.929.1742
  - transhealth@feministcenter.org
  - www.transhealthinitiative.org

**ENDOCRINOLOGY**

- **Dr. Vin Tangpricha**
  - 1365 Clifton Rd.
  - Emory Clinic Bldg A
  - Atlanta, GA 30322
  - 404.778.3280

- **Equality Clinic**
  - 987 St. Sebastian Way
  - Augusta, GA 30901
  - 762.218.2226

- **Trans Health Initiative**
  - 1924 Cliff Valley Way
  - Atlanta, GA 30329
  - 404.728.7900 or 404.929.1742
  - transhealth@feministcenter.org
  - www.transhealthinitiative.org

**PRIMARY CARE**

- **Dr. Mark Earhart**
  - 1612 Mars Hill Rd. Suite B
  - Watkinsville, GA 30677
  - 706.769.1100

- **Equality Clinic**
  - 987 St. Sebastian Way
  - Augusta, GA 30901
  - 762.218.2226

- **Maria Holder**
  - Intown Primary Care-Cheshire Bridge
  - 730 Ponce De Leon Place, Unit B
  - Atlanta, GA 30306 and
  - 2215 Cheshire Bridge Rd NE
  - Atlanta, GA 30324
  - 404.541.0944
  - www.intownprimarycare.com/about/

- **Dr Isabel Lowell**
  - Emory Healthcare
  - Multiple Locations
  - 404.778.7777
  - www.emoryhealthcare.org

- **Dr. Scott Parry**
  - 2215 Cheshire Bridge Rd NE
  - Atlanta, GA 30324
  - 404.541.0944
  - www.intownprimarycare.com

- **Dr. Joseph Smiddy**
  - 1700 Briarcliff Rd.
  - NE Atlanta, GA 30306
  - 404.228.2648

- **Trans Health Initiative**
  - 1924 Cliff Valley Way
  - Atlanta, GA 30329
  - 404.728.7900
PLANNED PARENTHOOD LOCATIONS

More details on each location are available at: www.plannedparenthood.org/health-center/georgia/

Lawrenceville
798 Lawrenceville
Suwanee Road,
Lawrenceville, GA 30043
404.688.9300

Marietta
220 Cobb Parkway North.
Suite 500
Marietta, GA 30062
404.688.9300

Savannah
720 East 71st St.
Savannah, GA 31405
912.351.0116

LEGAL RESOURCES

Dana P Shaffner
1842 Independence Square
Atlanta, GA 30338
770.551.9366

Equality Clinic
987 St. Sebastian Way
Augusta, GA 30901
762.218.2226

OTHER

Brittany Garner, MSW
Lost-N-Found Youth
2585 Chantilly Dr NE
Atlanta, GA 30324
678.856.7825
brittany@lost-n-found.org
www.lnfy.org

STATE RESOURCE GUIDES

Atlanta Gender
atlantagender.org/professionals.html
Covers Atlanta

Reddit
www.reddit.com/r/transhealth/comments/320gc/looking_for_a_trans-friendly_endo_in_georgia/#bottom-comments
Covers Primarily Atlanta

Feminist Women’s Health Center
www.feministcenter.org/assets/pdfs/THI_Resource_Guide.pdf
Covers Atlanta

Georgia Equality
Covers Primarily Atlanta

Trans Georgia
www.transgeorgia.org
Covers entire state

Therapist Tana Hall’s resource guide:
www.docs.google.com/document/d/1VsKNyaZ3P4pptqbfK1-3etlrYO-hHydxsKdah4nUz8
Covers Primarily Atlanta
MENTAL HEALTH

**Mona Gallo, Ed. D., L.P.C.C.**
Counseling in Lexington
207 E. Reynolds Rd
Lexington, KY 40517
859.312.0901
mona@counselinginlexington.com

**Dave Harmon & Associates**
3934 Dixie Highway #510
Louisville, KY 40207
502.896.8006

**Natasha Lacey**
New Life Counseling Services
1099 S. Broadway, Ste. 280 & 260
Lexington, KY 40504
859.309.2384
newlifecounselingsvc@gmail.com

**Susan S. Mathews-Duvall PhD**
2220 Executive Dr. #103
Lexington, KY 40505
859.227.9998
drmathewsduvall@gmail.com

**Michelle Omara**
Online Services
2680 E Main St, #121
Plainfield, IN 46168
317.517.0065
michele@micheleomara.com
www.micheleomara.com

**Sanders and Associates**
160 N. Broadway, Lexington, KY 40507
859.266.6786
sandersandassociatespllc@gmail.com

**Janet Vessels, LCSW**
Center for Child and Family Counseling
1315 W. Main Suite A
Lexington, KY 40508
859.554.6028
janetvessels@yourcounselor.org

**Additions?**
Email Ivy Gibson-Hill at the Campaign for Southern Equality at ivy@southernequality.org
**PLANNED PARENTHOOD LOCATIONS**

More details on each location are available at: www.plannedparenthood.org/health-center/kentucky/

**Lexington**
268 Southland Drive, Lexington, KY 40503
859.252.8494

**Louisville**
842 South 7th Street, Louisville, KY 40203
502.584.2473

**PRIMARY CARE**

- **Joanne Brown**
  UK University Health Service (UK Students only)
  University Health Service Building
  830 S. Limestone
  Lexington KY 40536-0582
  859.323.2778 & 859.323.4636
  www.uky.edu/lgbtq/transform-health

- **Keisa Fallin-Bennett, MD/MPH**
  UK Department of Family & Community Medicine
  2195 Harrodsburg Rd Suite 125
  Lexington, KY 40504-3504
  859.323.6371
  keisa.bennett@uky.edu
  www.uky.edu/lgbtq/transform-health

- **Dr. Clayton Smith**
  Internal Medicine at UofL Physicians Outpatient Center
  401 E. Chestnut St. Suite 370
  Louisville, KY 40202
  502.588.4500
  www.uoflphysicians.com/1235371840-clayton-smith

**SUPPORT GROUP**

- **Trans Health Advocates**
  502.694.2227
  www.kentuckyhealthjusticenetwork.org/trans-health.html

**STATE RESOURCE GUIDE**

- **TransKentucky**
  www.transkentucky.com/directory/
  Covers Entire State
LOUISIANA

MENTAL HEALTH

Carlos Cuneo
3080 Teddy Dr. Ste A
Baton Rouge, LA 70809
225.923.8255

Dr. Jen Chandler
5208 Magazine St Ste 138. New Orleans, LA 70115
General: 504.708.493
Therapy & Medical: 504.278.4006
nolamedpsych@gmail.com
drjchandler@yahoo.com
www.drjchandler.com/

Bobby Kizer PhD
300 B Codifer Blvd.
Metairie, LA 70005
504.390.5782
kizer.bobby@gmail.com
www.bobbykizer.com

Kelley Massengale, LCSW, BACS
7474 Highland Road
Baton Rouge, LA 70808
225.246.2359
kmassengale01@gmail.com
www.counselingbatonrouge.com

Terry Meyers MEd BCSW
1412 Thalia St.
New Orleans, LA 70130
504.524.5973

Dr. Kristie Overstreet
Therapy Department
18821 Delaware St Suite 208
Huntington Beach, CA 92648
904.566.9256
www.TherapyDepartment.com

Joan Ellen Young LPC, NCC
New Orleans, LA
504.810.1450

PRIMARY CARE

Jamie Buth
1555 Poydras St. #405
New Orleans, LA 70112
504.558.3637

Jennifer Garrett
1315 Antonine St
New Orleans, LA 70115
504.891.4015

Michele McCarthy Larzelere PhD
200 W. Esplanade Ave. #412
Kenner, LA 70065
504.471.2750
mlarze@lsuhsc.edu

Michelle Simoneaux
711 N. Broad St.
New Orleans, LA 70119
504.988.3000

Dr. Ryan Pasternak
Crescent Care Family Care Services Center
Family Services Center, 4640 S. Carrollton Ave., Suite 120, New Orleans, LA 70119
504.378.0427
rpaste@lsuhsc.edu
www.crescentcarehealth.org/

Rachana Sus
4770 S I-10 Service Road W #110
New Orleans, LA
504.988.8050
PLANNED PARENTOOD LOCATIONS
More details on each location are available at:
www.plannedparenthood.org/health-center/louisiana/

Baton Rouge
3955 Government Street, Ste. 2
Baton Rouge, LA 70806
225.387.1167

New Orleans
4636 S Claiborne Ave
New Orleans, LA 70125
504.897.9200

GENERAL PEDIATRIC CARE

Dr. Ryan Pasternak
Kids First Tiger Care
Adolescent Clinic
1661 Canal St.
New Orleans, LA 70112
504.299.9980
rpaste@lsuhsc.edu
www.crescentcarehealth.org/

Children’s Hospital
New Orleans
Adolescent Health Specialty Clinic and Gender Health Clinic
200 Henry Clay Ave.,
Ambulatory Care Center,
New Orleans, LA 70118
504.896.2888

ENDOCRINOLOGY

Mary Melissa Albritton
2449 Hospital Dr.
Bossier City, LA 71111
318.212.7902

Brandy A. Panunti
610 John Churchill Chase, Loft 10
New Orleans, LA 70130
504.842.3000

HIV CARE

Baton Rouge AIDS Society
4560 North Blvd. Suite 100
Baton Rouge, LA 70806
225.923.AIDS(2437)
www.batonrougeaidssociety.org
AIDS102@aol.com

Central Louisiana AIDS Support Services
1785 Jackson St. Alexandria, LA 71301
318.442.1010
www.class-cenla.org

HIV/AIDS Alliance for Region 2
4560 North Boulevard
Baton Rouge, LA 70806
225.927.1269
www.haartinc.org

Southwest Louisiana AIDS Council
425 Kingsley St, Lake Charles, LA 70601
337.439.5861
www.slac.org/

LEGAL RESOURCE

Louisiana Civil Justice Center
Hotline: 1.800.310.7029
Free legal advice
laciviljustice.org

STATE RESOURCE GUIDE

Louisiana Trans Advocates
www.latransadvocates.org/
Statewide list of providers and support groups
MENTAL HEALTH
G Beals
Delta State University
DSU Box 3142 Ewing 345, Cleveland, MS 38733
662.846.4362
gbeals@deltastate.edu

Patricia Brawley PhD, LPC
McComb, MS
601.564.0174

John A. “Tony” Caldwell, LCSW
Caldwell Counseling
501 Heritage Dr., Oxford, MS 38655
662.625.4639
tonycaldwellcsw@yahoo.com

LGBT Mental Health Center
University of Mississippi Med. Center
2500 North State Street
Jackson, MS 39216
601.984.6925

Millsaps College Counseling Services
1701 N State St.
Jackson, MS 39202
601.974.1206
www.millsaps.edu/student_life/counseling_individual.php

Open Arms Healthcare Center
500 E Woodrow Wilson Ave
Jackson, MS 39216
601.500.7660
www.oahcc.org

Dr. Ty Stafford
Mississippi State University
Student Counseling Services
76 Magruder Street 115C
Hathorn Hall Mississippi State
Starkville, MS 39762
662.325.2091
tstafford@saffairs.msstate.edu
www.health.msstate.edu/scs/

PRIMARY CARE
Arti Barnes University of Mississippi Med. Center
2500 North State Street
Jackson, MS 39216
601.984.5560
www.oahcc.org

Open Arms Healthcare Center
500 E Woodrow Wilson Ave
Jackson, MS 39216
601.500.7660
www.oahcc.org
**MISSISSIPPI**

**ENDOCRINOLOGY**

Arti Barnes University of Mississippi Med. Center  
2500 North State Street  
Jackson, MS 39216  
601.984.5560  
www.oahcc.org

**LEGAL RESOURCES**

Bear Atwood (Name change; Gender Marker Change)  
360 Comet Drive  
Jackson, MS 39206  
601.940.3195  
Bear@BearAtwoodAttorney.com

Dana Baumgartner  
727 W. 5th St.  
Laurel, MS 39440  
601.422.8898  
dana@bumgardnerlawoffice.com

Hays Burchfield (Name change; Gender Marker Change)  
Burchfield Law Firm, PLLC  
15 N. Dunn St.  
P.O. Box 733  
Eupora, MS 39744  
662.258.6633

**HIV CARE**

AIDS Services Coalition  
Hattiesburg, MS  
601.450.4286  
asc@megagate.com

Mississippi Center for Justice Jackson (Legal services for HIV+ individuals)  
5 Old River Place, Suite 203 (39202)  
P.O. Box 1023  
Jackson, MS 39215-1023  
601.352.2269

Mississippi Center for Justice  
5 Old River Place, Suite 203 (39202)  
P.O. Box 1023  
Jackson, MS 39215-1023  
601.352.2269

Mississippi Center for Justice Biloxi  
963 Division Street, Biloxi, MS 39530  
228.435.7284  
http://www.mscenterforjustice.org

Mississippi Center for Justice Indianola  
120 Court Avenue, Indianola, MS 38751  
662.887.6570  
http://www.mscenterforjustice.org

Open Arms Healthcare Center  
500 E Woodrow Wilson Ave  
Jackson, MS 39216  
601.500.7660  
www.oahcc.org

**PLANNED PARENTHOOD**

Hattiesburg  
214 South 27th Avenue  
Hattiesburg, MS 39401  
251.342.6695  
www.plannedparenthood.org/health-center/mississippi/

Mississippi Center for Justice for Justice Indianola  
120 Court Avenue, Indianola, MS 38751  
662.887.6570  
http://www.mscenterforjustice.org

Robert McDuff and Sibyl Byrd (Name Change)  
McDuff and Byrd  
767 N Congress St.  
Jackson, MS 39202  
601.969.0802

**ENDOCRINOLOGY**

**LEGAL RESOURCES**

**HIV CARE**

**PLANNED PARENTHOOD**
MENTAL HEALTH

Nicole M. Armbrust, LCSW
70 Woodfin Pl. Suite 217 Asheville NC 28801
828.348.0527
OPTNicole@gmail.com

Luce Beagle, LPC
Empowered Transitions Counseling
5 Ravenscroft Dr.
Asheville, NC 28801
828.231.9337
empoweredtransitionsasheville@gmail.com

Heather Branham, LCSW
263 Haywood Street, Suite 206,
Asheville, NC 28801
678.313.8747
heather.branham@gmail.com
www.heatherbranhamlcsw.com

Jamie Brazell, M.Ed., LMFT Licensed Therapist, Trained Sexologist
Out of the Woods
Therapeutic Counseling, PLLC
96 Central Avenue
Asheville, NC 28801
828.290.2347
jamie@outofthewoodstherapy.com

Kristin Carswell, MA, LPCS
383 Merrimon Ave. Suite C
Asheville, NC 28801
828.670.1275
kristin.carswell@gmail.com
www.manifestcounseling.com

Donna Clausen
Red Bird Counseling
404.808.6701
Donnaclausen@redbirdcounseling.org
Redbirdcounseling.org

Daymark Recovery Services
1400 Willow Lane
North Wilkesboro NC 28659
336.667.5151 ext. 4831
abliving@daymarkrecovery.org
daymarkrecovery.org

Duke Child and Adolescent Gender Care
2301 Erwin Rd.
Durham, NC 27701
919.684.8361
www.dukehealth.org

Dr. Mary Ellen Griffin
100 Central Ave
Asheville NC • 828.331.8100
Additional Office: 11 Schulman St.
Sylva, NC • 828.331.8100

Beverly L. Moss, LPC
Moss Counseling Services
4921 Albemarle Rd, Suite 108,
Charlotte, NC 28205
704.493.8535
mosscounseling@gmail.com
www.mosscounseling.com
MENTAL HEALTH

Peyton Kinnaird, MA, LPCS
383 Merrimon Ave. Suite C
Asheville, NC 28801
828.775.5535
peytonkinnaird@gmail.com
www.manifestcounseling.com

Holly Mackin, MA, LMFT
AASECT Certified PsychoTherapy
133 W Catawba Ave.
Mt. Holly, NC 28120
and 13420 Reese Blvd West,
Huntersville, NC 28078
704.266.0479 & 704.689.5075
holly.mackin@gmail.com
www.hollymackintherapy.com

Abby Nardo, Ph.D.
Downtown Psychology
416 Morson St, Raleigh NC 27601
919.816.2411
nardo@downtownpsychology.com
www.downtownpsychology.com

Jen Oman
Asheville, NC 28806
480.351.0276

Chandra Passero
2 S. Main St. Suite 28
Weaverville, NC 28787
828.337.2716

Joe Pope, MS, LPC, LCAS, CRC
Eastover Psychological
& Psychiatric Group, P.A.
3303 Latrobe Dr. Charlotte, NC 28211
704.362.2663 x126 dial 0
j pope@eastpsych.com

Sarah B. Raines
Sarah B. Raines Counseling
390 Merrimon Avenue Asheville, NC
28801
828.280.6391
sarahbrainescounseling@gmail.com
www.sarahbrainescounseling.com

Will Ray
Caring for Children
50 Reddick Rd.
Asheville, NC 28805
828.298.0186
will.ray@caring4children.org
www.caring4children.org

Jenny Shealy
Crossing Point Counseling
67 Charlotte St, Asheville, NC 28801
828.279.5369
crossingpointcounseling.com
shealy.jenny@gmail.com

Crystal Smith, BA, MACC, LPC-A
Counseling And Support Associates At Lake Norman
1835 Davie Avenue, Suite 411 Statesville,
NC 28677
828.244.5725
crystal smith@yahoo.com

Tanya Stiers
168 S. Liberty St.
Asheville, NC 28801
828.713.7804

Jocie Sweeney, PhD
Sweeney Psych
801 East Morehead Street
Suite 304 Charlotte, NC 28215
980.236.073
drsweeney@sweeneypsych.com

Transgender Health Program
WNC Community Health Services
285 Biltmore Ave.
Asheville, NC 28801
828.285.0622 Ext. 2144
astyan@wncchs.org
**ENDOCRINOLOGY**

- **Dr. Elizabeth Holt**  
  2709 Blue Ridge Rd. Suite 320  
  Raleigh, NC 27607  
  919.876.7692

- **Shannon Hopson, MD**  
  2544 Court Dr. Suite A  
  Gastonia, NC 28054  
  704.671.6400

- **Craig Speiser, MD**  
  Suite 460  
  Concord, NC 28025  
  704.403.1311

**PRIMARY CARE**

- **Dr. Jennifer Abbott**  
  Transgender Health Program,  
  WNC Community Health Services  
  285 Biltmore Ave.  
  Asheville, NC 28801  
  828.285.0622 Ext 2116

- **Dr. Rhett Brown**  
  Charlotte Transgender Healthcare Group  
  335 N. Caswell Rd.  
  Charlotte, NC 28204  
  704.384.7980

- **Carrboro Community Health Center**  
  Piedmont Health  
  301 Lloyd St.  
  Carrboro, NC 27510  
  919.942.8741

- **Carrboro Pediatrics & Internal Medicine**  
  27 Fidelity St.  
  Carrboro, NC 27510  
  919.933.8381  
  www.carrboropediatrics.com

- **Chapel Hill Health Center**  
  1765 Dobbins Dr.  
  Chapel Hill, NC 27514  
  919.942.7762

- **Community Family Practice**  
  260 Merrimon Avenue, Suite 200  
  Asheville, NC 28801  
  828.254.2444

- **Dr. Thomas Marlowe**  
  Charlotte Transgender Healthcare Group  
  400 Clarice Ave.  
  Charlotte, NC 28204  
  704.348.4000

- **Dr. Deanna Adkins**  
  Duke Child and Adolescent Gender Care  
  2301 Erwin Rd.  
  Durham, NC 27701  
  919.684.8361  
  www.dukehealth.org

- **Charlotte Health Center**  
  4822 Albermarle Rd.  
  Suite 103 & 104  
  Charlotte, NC 28205  
  704.536.7233

- **Duke Child and Adolescent Gender Care**  
  2301 Erwin Rd.  
  Durham NC, 27701  
  919.684.8361  
  www.dukehealth.org

- **Durham Health Center**  
  105 Newsom St. Suite 101  
  Durham, NC 27704  
  919.286.2872

- **Fayetteville Health Center**  
  4551 Yadkin Rd.  
  Fayetteville, NC 28303  
  866.942.7762

- **Aleece Fosnight, MSPAS, PAC, CSC, CSE**  
  Mission Medical Associates, Pisgah Urology  
  87 Medical Park Drive, St A  
  Brevard, NC 28712  
  828.883.5858  
  aleece.fosnight@gmail.com  
  www.mission-health.org
**PRIMARY CARE**

**Dr. Deanna C. Jones**  
*(Not taking new patients)*  
1242 S 5th St. Suite C  
Mebane, NC 27302  
919.563.3007

**Dr. Grace Ivins**  
Living Well WNC  
40 North Merrimon Avenue, Suite 305  
Asheville, NC 28804  
828.575.9562

**Dr. Lauren Livingston**  
Asheville's Community Family Practice  
260 Merrimon Avenue, Suite 200  
Asheville, NC 28801  
828.254.2444  
www.communityfamilyonline.com/

**Planned Parenthood Asheville**  
Health Center  
68 McDowell St.  
Asheville, NC 28801  
828.252.7928

**Raleigh Health Center**  
100 S. Boylan Ave.  
Raleigh, NC 27603  
919.833.7526

**Dr. Lisa Reed**  
MAHEC Family Health Center at Newbridge  
218 Elkwood Avenue  
Asheville, NC 28804  
828.257.4747  
www.mahec.net/?/patient-information/family-health/newbridge

**Student Health Services, University of North Carolina at Asheville**  
118 W. T. Weaver Boulevard  
Asheville, NC 28804  
828.251.6520

**Dr. Heidi Swygard**  
CAPUS Clinic  
Wake County Health Department  
1011 Rock Quarry Rd, Raleigh NC  
919.833.3111  
www.advancechc.org/providers/heidi-swygard-md/

**Wesley Thompson**  
Ballantyne Family Medicine  
6010 E WT Harris Blvd.  
Charlotte, NC 28215  
704.208.4134  
wthompson@carolina.rr.com

**Transgender Health Program**  
WNC Community Health Services  
285 Biltmore Ave.  
Asheville, NC 28801  
828.285.0622 Ext. 2144  
astyan@wncchs.org

**Wake Forest University Student Health Service**  
336.758.5218  
shs@wfu.edu  
www.shs.wfu.edu/

**Wilmington Health Center**  
1921 & 1925 Tradd Ct.  
Wilmington, NC 28401  
910.762.5566

**Melissa Wilson, LCSW**  
828.989.5080  
melissawilsontherapy.com  
melissawilsontherapy@gmail.com

**Winston-Salem Health Center**  
3000 Maplewood Ave.  
Winston-Salem, NC 27103  
336.768.2980

**Richard Wynn**  
Ballantyne Family Medicine  
6010 E WT Harris Blvd. Charlotte, NC 28215  
704.208-4134
LEGAL RESOURCES

Meghann K. Burke  
_Name changes; gender marker changes_  
Brazil and Burke, P.A.  
77 Central Ave.  
Asheville, NC 28801  
828.255.5400  
mburke@cobralawfirm.com  
www.brazilburkelaw.com

Frank Goldsmith  
Goldsmith, Goldsmith, and Dews, P.A.  
Marion, NC  
828.652.3000  
www.goldsmithdews.com

Marion Groat  
Parsons Laws  
168 S. Liberty St.  
Asheville, NC 28801  
828.581.9LAW

Hart Law Group  
93 Church St.  
Asheville, NC 28801  
828.271.4278  
www.thehartlawgroup.com

Paula Kohut  
Kohut & Adams, P.A.  
513 Market Street  
Wilmington, NC, 28401  
910.815.4066  
www.kohut.pro

Luke Largess  
Tin Fulton Walker & Owen  
Charlotte, NC  
704.338.1220  
www.tinfulton.com

Beckie Moriello  
Raleigh Immigration Law Firm  
3033-3 Stonybrook Dr.  
Raleigh, NC 27604  
919.376.2933  
beckie@raleighimmigration.org

PJ Roth  
Marshall Roth and Gregory  
Asheville, NC  
828.281.2100  
www.mrglawfirm.com

Connie J. Vetter  
Charlotte, NC  
704.333.4000  
www.cjvlaw.com

Joan Waldron  
Waldron Law Firm  
5624 Executive Center Dr #130, Charlotte, NC 28212  
704.444.0057

Diane Walton  
_Name changes; gender marker changes_  
Walton Law Office  
Asheville, NC  
828.255.1963  
www.waltonlawoffice.com

STATE RESOURCE GUIDES

**LGBT Center of Raleigh**  
www.lgbtcenterofraleigh.com/adult-programs/transgender-initiative/transgender-local-resources.html  
Covers Triangle Area

**Charlotte Transgender Healthcare Group**  
www.cthcg.org/  
Covers Charlotte Area

**LGBT Center of Durham**  
www.lgbtqcenterofdurham.org/community-resources.html  
Covers Triangle Area

**Gender and Sexuality Diversity Initiative**  
www.carolinapartners.com/2017-gsdi-transgender-provider-resource-list/  
Covers Entire State
**OTHER**

**Kevin Dorman**  
Prismatic speech services  
3407 Suite I W Wendover Ave Greensboro, NC 27407  
336.609.6258  
kevin@prismaticspeech.com

**Heather Edwards, PT**  
Resilient Pelvic Healing  
201 Charlotte St, Asheville, NC 28801  
828.713.8338  
resilientpelvichealing@gmail.com  
www.resilientpelvichealing.com

**Excellase Noushi Haeussler**  
Laser treatment  
2015 Fairview Rd  
Raleigh, NC 27608  
919.833.8484  
www.excellase.com

**Wendy Flynn**  
Willow Therapeutic Massage  
2 South Main Street, Suite #29  
Weaverville, NC 28787  
828.989.0125  
www.willowtherapeuticmassage.com  
willowtherapeuticmassage@gmail.com

**Patricia Handlon**  
Speech Therapy  
Asheville, NC  
828.213.0850

**Michael C. Farmer, DMD, PA**  
Plaza Midwood Dentistry  
1308 The Plaza Suite F Charlotte, NC 28205  
704.837.8480  
smile@pmdent.com

**Dr Gerald Truesdale**  
Greensboro Plastic Surgical Associates  
2716 Henry Street  
Greensboro NC 27405  
336.954.2633  
www.gpsa.biz

**Our Voice**  
35 Woodfin St, Asheville, NC 28801  
828.252.0562  
www.ourvoiceenc.org/

**REACH of Haywood County, Inc.**  
627 N Main St, Waynesville, NC 28786  
828.456.7898  
www.reachofhaywood.org

**PLANNED PARENTHOOD LOCATIONS**

More details on each location are available at:  
www.plannedparenthood.org/health-center/nc

- **Asheville**  
  68 McDowell St,  
  Asheville, NC 28801  
  828.252.7928

- **Chapel Hill**  
  1765 Dobbins Drive  
  Chapel Hill, NC 27514  
  919.942.7762

- **Charlotte**  
  4822 Albemarle Road  
  #103 and #104 & 106  
  Charlotte, NC 28205  
  704.536.7233

- **Durham**  
  105 Newsom Street,  
  Ste. 101  
  Durham, NC 27704  
  919.286.2872

- **Fayetteville**  
  4551 Yadkin Rd  
  Fayetteville, NC 28303  
  866.942.7762

- **Greensboro**  
  1704 Battleground Ave.  
  Greensboro, NC 27408  
  336.373.0678

- **Raleigh**  
  100 S Boylan Ave.,  
  Raleigh, NC 27603  
  919.833.7526

- **Wilmington**  
  1925 Tradd Court, Wilmington, NC 28401  
  910.762.5566

- **Winston-Salem**  
  3000 Maplewood Ave  
  Ste. 112  
  Winston-Salem, NC 27103  
  336.768.2980
**HIV CARE**

**Dr. Claire Farel, Dr. Heidi Swygard, or Dr. Lisa Hightow-Weidman**  
Trans Health Program (PrEP Services)  
UNC Infectious Diseases Clinic  
101 Manning Drive  
First Floor Memorial Hospital  
Chapel Hill, NC 27514  
984.974.7198

**Infectious Diseases Clinic (Clinic B)**  
Wake County Health Department  
General: 919.250.3999  
Case management for people living with HIV/AIDS: 919.212.7801

**Dr. Heidi Swygard**  
Wake County Health Department (PrEP Services)  
1011 Rock Quarry Rd, Raleigh NC  
919.833.3111  
www.advancechc.org/providers/heidi-swygard-md/

**Transgender Health Program, WNC**  
Community Health Services  
285 Biltmore Ave. (PrEP Services)  
Asheville, NC 28801  
828.285.0622 Ext. 2303

**MORE RESOURCES IN NORTH CAROLINA**

**Charlotte Transgender Health Group** maintains an expansive list of trans-friendly providers in the Charlotte area:

The Charlotte Transgender Healthcare Group (CTHCG) is a multi-disciplinary team of licensed medical and mental health providers who work with gender-diverse individuals of all ages in the Charlotte and surrounding area. They collaborate with one another in order to stay informed about best practices, engage in case consultation, collect resources and referrals for trans-affirming services, communicate about current events, and engage in advocacy efforts.

Below are links to their service provider guides:

- Mental Health Professionals Who Work with Adolescents: [www.cthcg.org/mental/youth](http://www.cthcg.org/mental/youth)
- Mental Health Professionals for Adults: [www.cthcg.org/adult](http://www.cthcg.org/adult)
- Endocrinologists and General Practitioners Who Offer HRT: [www.cthcg.org/medical](http://www.cthcg.org/medical)

**TranzMission** maintains a list of trans-friendly providers in Western North Carolina, including mental health professionals, general practitioners, endocrinologists, and other miscellaneous resources. To report out of date information on TranzMission’s resource page or to add additional resources email them at info@tranzmission.org.

[www.tranzmission.org/resources.html](http://www.tranzmission.org/resources.html)
MENTAL HEALTH

Landa M. Basham
503 W. 2nd Street
Spartanburg, SC 29301
864.585.5010
landa@skylynncounseling.com
www.skylynncounseling.com

Charlton Hall - Transitioning to new office in Travelers Rest, SC
3527 Pelham Rd #E2
Greenville, SC 29615
864.384.2388

Shawna Kirby, PhD
Midlands Neurobehavioral Services, LLC
1705 Richland ST
Columbia, SC 29201
803.339.9178
www.midlandsneuro.com
Drkirby@midlandsneuro.com

Hadley Mullen
1100 Rutherford Rd.
Greenville, SC 29609
864.467.3434
mullenh@compassofcarolina.org
www.compassofcarolina.org

Kathleen May
214 Keowee Trail
Clemson, SC 29631
864.654.0813

Jacob Parsons-Wells, MMFT, LMFT
Lumos Counseling Services
300 Plaza Circle, Suite A
Clinton, SC 29325
864.939.8224
jacob@lumoscounselingservices.com

Elizabeth Pratt
236 Union St. #2
Spartanburg, SC 29302
864.649.6272

Dr. Jeffrey Smith
2094 Woodruff Rd.
Greenville, SC 29607
864.676.9211

Jerah Sowinski, LLC
121 Interstate Blvd.
St. 2-A, Greenville, SC 29615
864.406.6464
www.therapywithjerah.com
hello@therapywithjerah.com

ENDOCRINOLOGY

Beatrice Hull, MD
Medical University of South Carolina
Charleston
janulyt@musc.edu
SOUTH CAROLINA

PRIMARY CARE

Deborah Bowlby, MD, MSc
Medical University of SC
96 Jonathan Lucas St. CSB
428 Charleston, SC 29425
843.876.0444
bowlbyd@musc.edu

Molly Benedum
Center for Family Medicine
877 W Ferris Rd.
Greenville, SC 29605
864.455.7800

Charleston Health Center
200 Rutledge Ave.
Charleston, SC 29403
843.628.4380

Columbia Health Center
2712 Middleburg Dr.
Suite 107
Columbia, SC 29204
803.256.4908

Gweneth Lazenby
Medical University of South Carolina
Women's Health at Cannon, 135 Cannon Street
Charleston, SC 29425
Office: 843.792.5300
Nurse: 843.876.1222
lazenbgb@musc.edu

PLANNED PARENTHOOD LOCATIONS

More details on locations available at: https://www.plannedparenthood.org/health-center/sc

Charleston
200 Rutledge Ave.
Charleston, SC 29403
843.628.4380

Columbia
2712 Middleburg Drive Suite 107
Columbia, SC 29204
803.256.4908

HIV CARE

AID Upstate
P.O. Box 105, Greenville, SC 29602
811 Pendleton St Ste 10, Greenville, SC 29601
864.250.0607
www.aidupstate.org/

Lowcountry AIDS Services
3547 Meeting Street Road
North Charleston, SC 29405
843.747.2273 or toll-free at 877.874.0230
www.aids-services.com
information@aids-services.com

Palmetto AIDS Life Support Services
2638 Two Notch Road, Suite 108
Columbia SC 29204
803.779.7257
www.palss.org/

South Carolina HIV/AIDS Council
1813 Laurel Street, Columbia, SC 29201
803.254.6644
www.schivaidscouncil.org/

Sexual Trauma Services of the Midlands
533C Oxford Street
Sumter, SC 29150
and 1530 Main Street, Suite 201
Newberry, South Carolina 29108
Hotline: 803.771.7273; 1.800.491.7273
Office: 803.790.8208

STATE RESOURCE GUIDES

Gender Bender’s Resource Page
www.genderbenders.org/resources.html

CATS: http://www.chasareatsupport.org/links • Covers Charleston Area

We Are Family
http://wearefamilycharleston.org/tlf/south-carolina-resources/
SOUTH CAROLINA

LEGAL RESOURCES

Ashley Andrews
544 Savannah Hwy.
Charleston, SC 29407
843.762.3554
andrews@lafondlaw.com

JJ Andrighetti
114 Manly St.
Greenville, SC 29601
864.370.8222
jj@palmettolawfirm.com

Anne Frances Bleecker
82 Church St.
Charleston, SC 29402
843.722.2900
afbleecker@bleeckerlawfirm.com
www.bleeckerlawfirm.net

Sarah E. Brown
114 Manly St.
Greenville, SC 29601
864.370.8222
sarah@palmettolawfirm.com

M. Melissa Burnette
2322 Devine St.
Columbia, SC 29295
803.251.0202
mmburnette@mindspring.com

Margaret Chamberlain
600 Pettigru St.
Greenville, SC 29601
864.250.0505
info@margaretchamberlainlaw.com
www.margaretchamberlainlaw.com

Collen T. Condon
3 Gamecock Ave. Suite 301
Charleston, SC 29407
843.225.7288
colleen@colleencondonlaw.com
www.collencondonlaw.com

Deborah K. Lewis
234 Seven Farms Dr. #212
Daniel Island, SC 29492
843.747.9540

Erin Culbertson
110 Williams St.
Greenville, SC 29601
864.370.8222
erin@culbertsonalexander.com

Suzanne Groff
1058 Sea Eagle Watch
Charleston, SC 29412
843.406.7733
suzanngroff@grofflaw.com

Mary Ann Hall
1327 Ashley River Rd. Suite C 100
Charleston, SC 29407
843.377.1341
www.mahlawfirm.com

Edward Hawkins
800 Wappoo Rd.
Charleston, SC 29407
843.255.7565
www.edhawkinslaw.com

John M. Mussetto
2607 Woodruff Rd. Suite E 228
Simpsonville, SC 29681
864.283.0040
john@mussettolaw.com

Heather S. Shaw
2129 Dorchester Rd.
North Charleston, SC 29405
843.377.1686
shawlawfirm@inbox.com

Nekki Shutt
1812 Lincoln St. #200
Columbia, SC 29201
803.256.2371

Elizabeth Stringer-Nettles
753 Folly Rd.
Folly Beach, SC 29412
843.795.1331
liz@stringerlaw.us
www.stringerlaw.us
MENTAL HEALTH

Melissa A. Bartsch PhD  
University of Tennessee  
1800 Volunteer Blvd  
Knoxville, TN 37996  
865.974.2196  
mbartsch@utk.edu

April M. Broussard, LCSW  
567 Cason Lane, Suite A  
Murfreesboro, TN 37128  
615.680.9822

Saroj Chand  
3105 Essary Dr.  
Knoxville, TN 37918  
865.687.8990

Brandi C Cowan  
Tennessee Mental Health Consumers’ Association - East Tennessee  
200 W. Fifth Ave, Suite B  
Knoxville TN, 37917  
865.304.6980  
BCowan@tmhca-tn.org

Dan Dumont, MSSW  
Oasis Center, Inc.  
1704 Charlotte Ave.  
Nashville, TN 37203  
615.327.4455  
www.oasiscenter.org

Dr. Terry Edwards  
1007 Murfreesboro Rd.  
615.791.3449  
terredwardstoo@hotmail.com

Beth Evelyn  
ETSU Counseling Center  
412 J.L. Seehorn Rd.,  
Johnson City, TN 37614  
P.O. Box 70724,  
Johnson City, TN 37614  
423.439.3333  
barberbe@etsu.edu

Margot Feintuch, M.D., PLLC  
1507 16th Avenue South  
Nashville, TN 37212  
615.200.6858

Kathleen Puckett MA, LADC  
612 Sevierville Rd.  
Maryville, TN 37804  
865.724.4923  
avfwcc@yahoo.com  
aviewfromwithincounselingcenter.com

Joan M. Schleicher, Ed. D.  
Nashville Center for Hope and Healing  
2125 Belcourt Ave.  
Nashville, TN 37212  
615.269.0525 ext. 5  
www.healnashville.com/

Jennifer Strickland  
LPC/MHSP  
Momentum Counseling, LLC  
211 Donelson Pike, Suite 113,  
Nashville, TN 37214  
615.645.3753  
jstricklandlbc@gmail.com

Dr. Tanner - VA Med Center  
Johnson City, TN 37684  
423.926.1171 Ext. 7709

Jane R. Weinberg, M.D.  
Center for Integrated Healthcare  
602 West Iris Drive  
Nashville, TN 3204  
615.383.1995

Jennifer Valli  
AASECT certified therapist  
1384 Cordova Cove Suite 1,  
Germantown, TN 38138  
901.299.3224  
jenvalli@gmail.com  
www.jennifervalli.com
TENNESSEE

**PRIMARY CARE**

**Dr. Bradley N. Bullock**
Cool Springs Internal Medicine & Pediatrics Clinic, PLLC
1607 Westgate Cir.
Brentwood, TN 37025
615.376.8195
www.coolspringsinternalmedicine.com/

**Dr. Terri W. Jerkins**
2010 Church St. Suite 410
Nashville, TN 37203
615.329.5029

**ENDOCRINOLOGY**

**Dr. Rodney Carter**
1017 Middle Creek Rd.
Sevierville, TN 37862
865.453.2806

**Dr. Laura Travers**
Maryville, TN
865.681.0103

**LEGAL RESOURCES**

Southeast TN Legal Services
423.756.0128
www.selegal.org

**OTHER**

Laura Bomar, LE, CPE, CCE
Hendersonville Electrolysis
Hendersonville, TN 37075
615.681.0778
laurabomar@gmail.com

**Vanderbilt Trans Buddy Program**
lgbti.health@vanderbilt.edu
HIV CARE

**Chattanooga Cares**
1000 East 3rd Street Suite 300, Chattanooga, TN 37403
423.265.2273
news@chattanoogacares.org
www.chattanoogacares.org

**Friends for Life**
43 N Cleveland, Memphis, TN 38104
901.272.0855
www.friendsforlifecorp.org

**Nashville Cares**
633 Thompson Lane, Nashville, TN 37204
HEARTline: 1.800.845.4266
Office: 615.259.4866
www.nashvillecares.org

**Street Works**
520 Sylvan St
Nashville, TN 37206
615.259.7676
www.street-works.org

**Vanderbilt Comprehensive Care Clinic**
Vanderbilt University Medical Center,
1211 Medical Center Drive
Nashville, TN 37232
615.875.5111
www.vanderbilthealth.com/comprehensivecare/

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**PLANNED PARENTHOOD LOCATIONS**
Details on locations available at: www.plannedparenthood.org/health-center/tennessee

**Knoxville**
710 North Cherry St.
Knoxville, TN 37914
865.694.7155

**Memphis**
835 Virginia Run Cove
Memphis, TN 38122
901.725.1717

**Nashville**
412 Dr. D.B. Todd Jr. Blvd.
Nashville, TN 37203
615.321.7216

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**STATE RESOURCE GUIDES**

**My Trans Navigator**
www.mytransnavigator.com/tennessee
*Covers Entire State*

**Out Central**
www.outcentral.org/category/health-wellness
*Covers Nashville Area*

**Out Memphis**
www.outmemphis.org/resources/

**Tennessee Vals**
www.tvals.org/medical-resources/
*Covers Nashville Area*

**Program for LGBTI Health at Vanderbilt Medical Center**
Vanderbilt University Medical Center
1211 Medical Center Drive
Nashville, TN 37232
615.936.5194
lgbti.health@vanderbilt.edu

**University of Tennessee Knoxville**
www.cfglbtt.utk.edu/transgender-non-binary-resource-guide/
*Covers Knoxville Area*
MENTAL HEALTH

Tricia Blewitt, LPC
Tricia Blewitt Counseling & Sex Therapy
930 S. Bell Blvd Suite 402,
Cedar Park, TX 78613
512.547.9704
tmblewitt@hotmail.com

The Practice ATX
3811 Bee Cave Road Suite 204
Austin, TX 78746
512.861.4131
www.thepracticeatx.com
info@thepracticeatx.com

Natalie Love LPC, LMFT
5902 Laird Dr., Austin, TX 78757
512.850.4059
nataliejlove@gmail.com
www.nataliejanelove.com

Savannah Stoute, LPC
Savannah Stoute Counseling
950 Westbank Dr. Ste 104 Austin,
TX 78746
512.270.9683
www.savannahstoutecounseling.com

PRIMARy CARE

Legacy Community Health
Multiple Locations
832.548.5000
www.legacycommunityhealth.org

LEGAL RESOURCES

Kelsey Snapp
Texas RioGrande Legal Aid
Multiple Locations
1.888.988.9996
www.trla.org

Lou Weaver
Trans Legal Aid Clinic Houston
translegalach@gmail.com
www.facebook.com/TransLegalAid-ClinicHouston/

OTHER

Montrose Center
401 Branard St.
Houston, TX 77006
Main: 713.529.0037
LGBT Switchboard: 713.529.3211
www.montrosecenter.org/hub/
PLANNED PARENTHOOD LOCATIONS

Details on locations available at: www.plannedparenthood.org/health-center/texas

Addison
5290 Beltline Road #134
Addison, TX 75254
972.991.1424

Arlington
3701 South Cooper Street #235
Arlington, TX 76015
817.472.8196

Austin
201 E. Ben White Blvd. - Bldg. B
Austin, TX 78704
512.276.8000

Fort Worth
6464 John Ryan Drive - Suite B,
Fort Worth, TX 76132
817.276.8063

Harlingen
712 N 77 Sunshine Strip, Ste. 18,
Harlingen, TX 78550
956.423.8584

Houston
9919 North Freeway Service Rd
Suite 107, Houston, TX 77037
713.514.1106

Lewisville
1356 W. Main Street
Lewisville, TX 75067
972.221.7644

Mesquite
1220 North Town East Blvd.
#240, Mesquite, TX 75150
972.613.0915

Paris
1735 17th Street NE
Paris, TX 75460
903.784.1301

Plano
600 North Central Expressway,
Plano, TX 75074
972.424.6311

San Antonio
8725 Marbach Rd., Ste. 215,
San Antonio, TX 78227
210.674.2222

Spring
4747 Louetta Road
Spring, TX 77388
713.514.1102

Dallas
9100 N. Central Expwy, #169
Dallas, TX 75231
214.368.1485

1823 E 7th Street
Austin, TX 78702
512.477.5846

1040 Research #250
Austin, TX 78758
512.331.1288

Bedford
2824 Central Drive
Bedford, TX 76021
817.545.0077

Brownsville
870 E. Alton Gloor Blvd.
Brownsville, TX 78526
956.546.4571

Baylor
140 W FM 1382, Ste 160
Cedar Hill, TX 75104
972.709.0081

Cedar Hill
140 W FM 1382, Ste 160
Cedar Hill, TX 75104
972.709.0081

Cedar Hill
140 W FM 1382, Ste 160
Cedar Hill, TX 75104
972.709.0081

Cedar Hill
140 W FM 1382, Ste 160
Cedar Hill, TX 75104
972.709.0081

Dallas
9100 N. Central Expwy, #169
Dallas, TX 75231
214.368.1485

Denton
2436 S IH-35 E #340
Denton, TX 76205
940.891.0737

Harlingen
3863 Miller Ave.
Fort Worth, TX 76119
817.536.4942

Harlingen
712 N 77 Sunshine Strip, Ste. 18,
Harlingen, TX 78550
956.423.8584

Houston
9919 North Freeway Service Rd
Suite 107, Houston, TX 77037
713.514.1106

Lewisville
1356 W. Main Street
Lewisville, TX 75067
972.221.7644

Mesquite
1220 North Town East Blvd.
#240, Mesquite, TX 75150
972.613.0915

Paris
1735 17th Street NE
Paris, TX 75460
903.784.1301

Plano
600 North Central Expressway,
Plano, TX 75074
972.424.6311

San Antonio
8725 Marbach Rd., Ste. 215,
San Antonio, TX 78227
210.674.2222

Spring
4747 Louetta Road
Spring, TX 77388
713.514.1102

Tyler
3500 South Broadway Ave.
Ste E, Tyler, TX 75701
903.581.8277

Waco
1121 Ross Avenue Suite B,
Waco, TX 76706
254.759.5750

Unless otherwise marked, all locations do not offer HRT, and all services are available at discounted rate, with no sliding scale

STATEWIDE RESOURCE GUIDES

Gender Infinity
www.resource.genderinfinity.org/

University of Texas Medical Branch
www.utmb.edu/health-resource-center/lgbtq-resources

Trans Name and Gender Marker Change
www.law.utexas.edu/probono/projects/special-projects/trans-legal-name-gender-marker-project/
MENTAL HEALTH

Capitol Area Health Network
2809 North Avenue #206
Richmond, Virginia 23222
804.780.0840
www.cahealthnet.org

Dr. Chiappinelli
601 George St.
Fredricksburg, VA 22401
540.370.4344

Maggie Chubb LCSW
930 Redgate Ave.
Norfolk, VA 23507
757.626.3733
Maggie.Chubb@gmail.com

Thomas Coughlin
1633 Q St. NW #210
Washington, DC 20009
202.643.5675
tcoughlinlp@comcast.net

Eleanor Criswell
312 S. Washington St. #3B
Alexandria, VA 22314
703.748.4900
info@drcriswell.com
www.drcriswell.com

Anne L. Edwards PsyD
7019 Backlick Ct.
Springfield, VA 22151
703.509.6753

Lisa Griffin PhD
14 S. Auburn Ave.
Richmond, VA 23221
704.458.0433
info@drlisagiffin.com
www.drlisagiffin.com

Heather Kay
Clearwater Counseling & Wellness Services
530 E. Main St. Suite 1012;
Richmond, VA 23219
804.382.6546
clearwatercounselingrva.com
clearwatercounselingrva@gmail.com

David Lewis
Region Ten, Child & Family
500 Old Lynchburg Rd
Charlottesville, VA 22903
434.970.1266
David.Lewis@RegionTen.org
RegionTen.org

Pamela E. Marcus RN, MS, CS-P
14460 Old Mill Rd. #201
Upper Marlboro, MD 20772
301.952.9286
marcusRN@aol.com

Chris McClure MA, LPC
7450 Heritage Village Plaza #101
Gainesville, VA 20155
703.895.5208
www.gpccva.com

Joan Picket CSAC
1485 Chain Bridge Rd. #203
McLean, VA 22101
703.749.7928

Dr. Shawn Rubin Psy.D
2700 Dorr Ave Fairfax, VA 22031
501.725.7600
**Mental Health**

- **Michael G. Tancyus, LCSW, DCSW**  
  79 N. Medical Park Dr.  
  Fishersville, VA 22939  
  540.941.2508

- **Lauren E. Tancyus**  
  Augusta Behavioral Health  
  79 Medical Park Drive  
  Fishersville, VA 22939  
  540.941.2525  
  LTancyus@augustahealth.com

**Endocrinology**

- **Fan Free Clinic**  
  Transgender Clinic  
  (Contact Keri)  
  1010 North Thompson Street  
  Richmond, VA 23230  
  804.358.6343  
  kabrams@fanfreeclinic.org  
  www.fanfreeclinic.org

**Primary Care**

- **Capital Area Health Network**  
  2809 North Avenue #206  
  Richmond, VA 23222  
  804.780.0840  
  www.cahealthnet.org

- **Catherine Casey MD**  
  University of Virginia  
  375 Four Leaf Ln Suite 103  
  Charlottesville, VA 22903  
  434.243.0700  
  cc5ds@virginia.edu  

- **Chippenham Family Medicine**  
  681 Hioaks Road  
  Richmond, VA 23225  
  804.233.9661

- **Carrie J Walker, LPC, RPT-S**  
  Richmond Creative Counseling, LLC  
  1900 Byrd Ave Suite 200  
  Richmond, VA 23230  
  804.592.6311  
  carriewalkerlpc@gmail.com  
  www.richmondcreativecounseling.com

- **Lauren Woolfolk**  
  Richmond Creative Counseling  
  1900 Byrd Ave Richmond VA, 23230  
  804.592.6311  
  www.richmondcreativecounseling.com  
  laurenwoolfolkrcc@gmail.com

- **Jenn Gallienne**  
  Health Brigade  
  1010 N Thompson St.  
  Richmond, VA 23230  
  804.358.6343  
  jgallienne@healthbrigade.org  
  www.healthbrigade.org

- **Dr. Patel**  
  Carilion Clinic  
  3 Riverside Circle, Roanoke, VA 24016  
  540.266.6000  
  direct@carilionclinic.org

- **Julia Taylor, MD**  
  UVA Teen & Young Adult Health Center  
  1204 W. Main St.  
  Charlottesville, VA 22903  
  434.982.0090
PLANNED PARENTHOOD LOCATIONS

**Charlottesville**
2964 Hydraulic Road
Charlottesville, VA 22901
434.296.1000

**Hampton**
403 Yale Drive
Hampton, VA 23666
757.826.2079

**Richmond**
201 N Hamilton Street
Richmond, VA 23221
804.355.4358

**Roanoke**
2207 Peters Creek Road
Roanoke, VA 24017
540.562.3457

**Vienna**
522 Grand Central Ave.
Vienna, WV 26105
304.295.3331

**Virginia Beach**
515 Newtown Road
Virginia Beach, VA 23462
757.499.7526

**ENDOCRINOLOGY**

- **Fan Free Clinic**
  Transgender Clinic *(Contact Keri)*
  1010 North Thompson Street
  Richmond, VA 23230
  804.358.6343
  kabrams@fanfreeclinic.org
  www.fanfreeclinic.org

**HIV CARE**

- **ACCESS AIDS Care**
  LGBT Center at 247 W. 25th Street
  Norfolk, VA 23517
  757.200.9198
  www.accessaids.org

**OTHER**

- **LGBT Life Center**
  Multiple Locations
  757.640.0929
  info@lgbtlifecenter.org
  www.lgbtlifecenter.org

- **Cheryl Ware, MEd., CCC-SLP**
  8306 University Place
  Richmond, VA 23229
  804.387.3806
  cah1963@gmail.com

STATEWIDE RESOURCE GUIDES

- **Equality Virginia**
  www.equalityvirginia.org/resources/transgenderresources/

- **Psychology Today**

- **Side by Side**
  www.sidebysideva.org/partners/

- **Transgender Inclusion Shelter Project**
  www.diversityrichmond.org/what-we-offer/education-and-advocacy/tisp.html

- **Transgender Health Alliance of Central Virginia**
  www.thacva.org/providers.html

- **Virginia Department of Health**
  www.vdh.virginia.gov/content/uploads/sites/10/2016/12/TransRRList.pdf
MENTAL HEALTH

Jeffrey Hammond, PhD
1286 Suncrest Towne Centre
Morgantown, WV 26505
304.381.4168
drj.psychasso@comcast.net
www.psychassociatespllc.com

HIV CARE

Charleston Area Medical Center - Ryan White Program
CAMC Memorial Hospital
3200 MacCorkle Ave SE
Charleston, WV 25304
304.388.8106 or 304.388.9337
www.camc.org

ADDITIONS?

Email Ivy Gibson-Hill at the Campaign for Southern Equality at ivy@southernequality.org

STATEWIDE RESOURCE GUIDES

Free HIV Testing through Charleston Area Medical Center
http://www.camc.org/freetestinglocations
Hi! So, you found the doctor you’re looking for, but you don’t know how you’re going to pay for it? You’re in the right place! This section of the guide is all about how to fund your transition.

This is a compilation of research on grants that are available to assist trans folks with medical transition, helpful things to know about insurance coverage, and tips and tricks to assist with crowd-funding. All information contained herein is current, to the best of our knowledge, as of October 2017.

If you have additional resources to add, or would like to report out of date information for this funding section of the guide, please email me at Ivy@southernequality.org.

Additionally the Human Rights Campaign maintains a list of employers which offer at least one trans inclusive healthcare plan; it can be found in the Corporate Equality Index, which they publish annually at www.hrc.org/resources/corporate-equality-index-list-of-businesses-with-transgender-inclusive-health. This has been very helpful for many folks, as you can find employers like Starbucks which offer trans inclusive healthcare plans after only six months of part-time employment.

I know looking at the expenses involved in medical transition can feel really overwhelming, especially for a segment of the population that faces the high rates of under and unemployment that we face. That’s why I created this guide, and I hope you’ll find it helpful on your journey!

Best Wishes,

Ivy Gibson-Hill
LGBTQ Rights Toolkit Coordinator
Campaign for Southern Equality
Grants & Funding for Transition Expenses

The Jim Collins Foundation now offers two grant options. General Fund grants cover 100% of the medical fees associated with gender-affirming surgery. Grants from the Krysallis Anne Hembrough Legacy Fund cover 50% of the medical fees associated with gender-affirming surgery and require each recipient to match each dollar of funds received with a dollar of their own money or other money raised by the recipient. Applicants may only apply once per grant cycle and in their application must choose to be considered for either the General Fund or the Krysallis Anne Hembrough Legacy Fund.

Criteria for the Jim Collins Foundation Grants

Applicant must understand the steps that are currently required to undergo the medical process of transition, and must have completed (or have outlined plans to complete) the following steps:

- Secure a letter of support from a licensed medical or mental health professional, such as a psychologist, psychiatrist, social worker, or therapist.
- Select a surgeon who is knowledgeable in transition-related surgeries. If applicant is chosen, the organization assumes this named surgeon is final.
- Identify who will care for and provide support post-surgery.
- If applicant has not completed all of these steps, but is planning to do so, please include your plans in your application.
- Note: If you are selected for funding, the payment will be made directly to the doctor or hospital facility. You must comply with any and all requirements according to the Standards of Care of the World Professional Association for Transgender Health’s (WPATH), formerly known as the (Harry Benjamin International Gender Dysphoria Association, HBIGDA), as determined by your selected surgeon.
- Applicant must demonstrate a genuine need for financial assistance.
- Applicant must detail the efforts they have made to fund-raise and the amount of cost that they will be able to cover on their own, if any.

The Jim Collins Foundation makes selections for grants based on a combination of demonstrated financial need and level of preparedness.
CK LIFE SCHOLARSHIP FUND

ONE surgery must be selected per application number (Hysterectomy With GCS will count as one surgery. Multiple FFS which are performed by the same surgeon in one operation will count as ONE surgery.) If you would like to be considered for different types of surgery, you may request a different application number for each type of surgery, but you must complete an entire application for each application number.

Criteria for the CK Life Scholarship Fund

• Cover Page
• Name (Both Legal and Preferred, if different)
• Date of Birth
• Contact Info (Email and/or Telephone)
• Must State which ONE Surgery* you are asking for assistance accessing.
• Name of Surgeon(s) you prefer, along with the surgeon’s contact info. An alternate surgeon MUST be named. If no alternate surgeon is listed an explanation must be given.

Personal Statement

• Write a personal statement of no more than 1000 words. (Anything beyond 1000 words will NOT be read.)
• Detail what efforts you have made to fund raise or save towards your surgery.
• Please include in this statement who will care for you and provide support post-surgery.
• Include how having surgery will impact your life. (Please be as specific as possible.)
• What will you do to try and afford surgery if you are not granted a scholarship? (Be as specific as possible.)

Professional Letter

• One letter from a Medical OR Mental Health Provider.
• Acceptable Providers: MDs, DOs, PHDs, Nurse Practitioners, Psychiatrists, Social Workers, Therapists, Counselors (if any questions about your provider, email us.)
• Letter must state how long you have been in transition and what steps you have taken/completed in your transition process.
• Note: We understand there is no one way to transition, but applicants must meet WPATH standards of care with regards to being eligible for scholarship approval. For a list of standards, check out the WPATH.
**GRANTS & FUNDING FOR TRANSITION EXPENSES**

**Personal Reference**

- From someone you know stating why they think you should be selected for a scholarship.
- Contact information should be included because the individual may be contacted for clarification and/or verification.
- Must be a maximum of 500 words. *(Over 500 words Will NOT be read.)*

**Financial Statement**

- State annual income and source of income
- Annual expenses
- Amount saved toward surgery, if any, with a break down *(i.e. $500 for travel saved, $1,000 toward surgery saved etc.)*
- Amount still needed toward surgery
- State whether or not you have insurance. If you have insurance, state what kind and why you are unable to use it for surgery.

All applicants will be given an application number. You can request an application number by emailing scholarshipfund@cklife.org. This number must be included on each page of application materials to help keep track of application.

Any awarded funds MUST be used within 3 months (for all non-genital surgery procedures) or 6 months (for genital surgeries) of time they are awarded. If there are extenuating circumstances (such as surgeon has a long waiting list) then that time frame may be extended based on the circumstances. If the funds are not used in an appropriate amount of time, then the funds will go back into the pool of money toward the next scholarship cycle.

If you have any questions or concerns regarding this application process, please email: scholarshipfund@cklife.org

**TRANS LOVE FUND**

The Trans Love Fund is a program of We Are Family, an organization dedicated to providing resources, support and leadership development to LGBTQ+ youth. The Trans Love Fund is dedicated to helping the transgender community of South Carolina by providing microgrants to trans identified individuals for medical, legal, and emergency living expenses. Apply through www.wearefamilycharleston.org.

**POINT 5CC SURGERY FUND**

Point 5cc Surgery Fund awards money raised from T-shirt sales to go toward one person’s gender affirming surgery each year. The grants are awarded in February. No criteria is up on their site currently. This year they awarded just over $1,200 to one person and had 57 nominations and 103 applications. For more information check out www.point5cc.com
Transgender Hormone Fund has awarded scholarships of $1,500 to 6 transgender women to assist with the purchasing of hormones each year. They also provide one surgery grant to a trans* person each year.

Please write a letter of interest and email it to rizi@rizitimaneministries.org for consideration. In the letter, be sure to tell us a bit about yourself (where are you from; are you GNC, FTM, or MTF; how far are you in transition; why do you need this fund; and other pertinent information.)

Founded in 2013, Trans United with Family and Friends (TUFF) aims to provide access to healthcare, transition services, safe housing and education for the underserved transgender population. TUFF offers individualized case management by pairing recipients to programs tailored to their specific needs. By focusing on the healthcare aspect of each recipient, TUFF also helps improve other aspects of their lives. TUFF holistically looks at the needs of each person, and has realized that if one area of someone’s life improves, so will others. While most of TUFF’s applicants express need with healthcare issues, it is clear that addressing these problems helps to improve others areas of their lives. For example, many of our applicants are unable to become employed because their body does not match their identity.

By being able to transition and receive healthcare, they are suddenly that much more employable. It is clear that people who have been able to transition are much more functional, confident and productive members of society.

At this moment, TUFF get on average 100 applications per month for funding and resource requests. About a third of the applicants have no other options to find help and access to healthcare, schooling, safety and shelter and are at very high risk of suicide, homelessness and financial distress. TUFF will be at the forefront of this movement by providing resources and options for these individuals.

To apply for a grant download and submit their application form at www.tufforg.wixsite.com/tuffnew.
The tides are turning: more and more insurance companies in the United States are accepting the medical necessity of FTM chest surgery and covering this procedure for transgender men.

Additionally, there are a number of states that now prohibit discrimination and legally require insurance companies to provide transgender health coverage.

The medical necessity of GCS has been affirmed by the American Medical Association, American Psychiatric Association, and World Professional Organization for Transgender Health, as well as the insurance company, Aetna.

Keep in mind that coverage varies between health insurance companies, states, and plans. Don’t assume that one company, state or plan is consistent with their level of coverage. Read your policy completely—not just the summary—and look for the exclusions and limitations section.

**COMMON REQUIREMENTS**

To get top surgery covered by insurance, there are a number of requirements. Some of the hoops you may need to go through include:

- Meeting the insurance company’s basic criteria: legal adult status; Gender Dysphoria diagnosis; support letters from qualified mental health practitioners, your primary care provider and your surgeon.
- Having to pay out-of-pocket for surgery, then getting a reimbursement from the insurance company.
- Having to be evaluated by a board of in-network doctors.
- Finding in-network surgeons who have top surgery experience.

If you live in a state where surgery coverage is not mandated by law, you still might be able to get your top surgery covered via student health insurance or the insurance appeals process.
The Affordable Care Act and The Patient’s Bill of Rights add several important protections in health insurance that affect transgender people:

- **Elimination of coverage denials:** Anyone can apply for health insurance and receive coverage for the care they need, regardless of their gender. (For example, hysterectomy coverage for a trans man.)
- **Pre-existing condition acceptance:** Insurers are no longer able to deny a person coverage based on having what an insurance company considers a pre-existing condition, which has included being transgender.
- **Plan cancellations are now illegal:** Canceling a plan used to be a way for health insurers to cancel coverage when a person’s health needs changed, such as coming out as transgender.

For more information about trans health insurance coverage in 2017, please see state guides from Out2Enroll: https://out2enroll.org/2017-cocs/
Insurance Coding Alternatives for Trans Healthcare

This fact sheet provides information about ICD-10 insurance codes and corresponding diagnoses and treatments the codes are related to. This document is intended to assist trans people in advocating for themselves with their healthcare providers and insurance companies. This information can help guide providers about insurance codes for trans healthcare that are commonly accepted and rejected.

If coverage is denied you can appeal that decision to your insurance company. Once you appeal a denial three times the appeal goes to an outside agency, and is often accepted. Ask your insurance provider about your specific appeals process. This fact sheet does not guarantee coverage from insurance providers. The best way to get information about your specific plan coverage is to speak with your insurance company.

**Codes that are commonly REJECTED by insurance providers**

<table>
<thead>
<tr>
<th>CODE</th>
<th>CONDITION</th>
<th>COMMENTS</th>
</tr>
</thead>
<tbody>
<tr>
<td>F64</td>
<td>Gender Dysphoria/Gender Identity Disorder</td>
<td>Rarely covered in North Carolina but employers can request expansion.</td>
</tr>
<tr>
<td>Q56.3</td>
<td>Intersex code requires chromosomal documentation</td>
<td>Typically diagnosed in childhood and allow for full spectrum of gender surgery</td>
</tr>
</tbody>
</table>

*A note about F64: Some insurance providers will require this code for gender affirming surgeries. It is also often required for adolescents to get hormone interventions covered.*

**Codes that are commonly ACCEPTED by insurance providers**

<table>
<thead>
<tr>
<th>CODE</th>
<th>CONDITION</th>
<th>COMMENTS</th>
</tr>
</thead>
<tbody>
<tr>
<td>E34.9</td>
<td>Endocrine disorder, unspecified</td>
<td>Hormone replacement therapy</td>
</tr>
<tr>
<td>Z79.899</td>
<td>Other long term (current) drug therapy</td>
<td>Labs related to hormone therapy including potassium, kidney and liver function, and blood counts</td>
</tr>
<tr>
<td>N62</td>
<td>Breast hypertrophy</td>
<td>Breast reduction/mastectomy</td>
</tr>
<tr>
<td>N64.4</td>
<td>Mastodynia</td>
<td>Mastectomy</td>
</tr>
<tr>
<td>N65</td>
<td>Deformity of reconst. Br</td>
<td>Mastectomy or reconstruction</td>
</tr>
<tr>
<td>N94.1</td>
<td>Dyspareunia (pain with sex)</td>
<td>Hysterectomy</td>
</tr>
<tr>
<td>N92.6</td>
<td>Irregular menses</td>
<td>Hysterectomy</td>
</tr>
<tr>
<td>N94.6</td>
<td>Painful menses</td>
<td>Hysterectomy/Hormonal therapies/IUD</td>
</tr>
<tr>
<td>N83.2</td>
<td>Ovarian cyst</td>
<td>Removal of ovaries</td>
</tr>
<tr>
<td>R10.2</td>
<td>Pelvic pain</td>
<td>Hysterectomy/removal of ovaries</td>
</tr>
<tr>
<td>N90.89</td>
<td>Hypertrophy of the clitoris</td>
<td>Clitoroplasty</td>
</tr>
<tr>
<td>N90.69</td>
<td>Labial hypertrophy</td>
<td>Labiaplasty</td>
</tr>
<tr>
<td>N94.819.2</td>
<td>Vulvar pain</td>
<td>Vulvoplasty</td>
</tr>
<tr>
<td>N50.819</td>
<td>Orchialgia</td>
<td>Orchiectomy</td>
</tr>
</tbody>
</table>

Campaign for Southern Equality has created this fact sheet to assist trans and gender diverse people seeking medical interventions in advocating for ourselves with our healthcare providers and insurance companies. Questions about coverage and specific plans should always be directed to insurance providers.
Additional Information for Insurance Coding Appeals Process

This information is pulled directly from “Gender Reassignment Surgery Model National Coverage Determination,” a toolkit created by the Transgender Medicine Model National Coverage Determination Working Group with the assistance of Nick Gorton, MD of Lyon-Martin in San Francisco:

“The patient’s specific insurance plan has a transgender care exclusion in their coverage. Most insurers have an exclusion of coverage for transition-related coverage as their standard language and do not remove it unless a state has issued guidance that says that exclusions of trans care are illegal, or the plan receives federal funds to pay for premiums (or payment for a third party administer), such as a federal or state marketplace plan, Medicare or Medicaid programs (many states are out-of-compliance with the federal rules for their Medicaid programs). This is the most common, and most folks don’t know they have an exclusion until they are told where to look. This does not mean that it is impossible to get care covered, but the appeals process is much harder.

Coverage for specific procedures: Some coverage is categorically excluded because they are viewed as cosmetic (i.e. breast augmentation, body contouring, facial feminization procedures) - generally speaking, these are hard to appeal and clearly delineate why they are medically necessary to meet the insurer’s standards. Some “sub-procedures” are also not covered, even if they main procedure is covered (i.e. double mastectomy is covered for transgender men, but not nipple reconstruction; phalloplasty may be covered, but the testicular implants are not, often citing cosmetic purposes) - when this occurs, the service is easier to appeal, because most of these procedures are available to cisgender people, and the case can be made that the “cosmetic ruling” is being applied to trans people for the sake of denying care (i.e. sex discrimination).

Coverage issues can occur when someone is getting a “sex-specific procedure” such as a pap smear or a PSA testing for prostate exams, this is typically related to what gender marker the patient currently has on their health insurance account. While this discrimination is illegal, this happens with some frequency, but can be fixed using KX or 45 modifier. This is more of an educational issue to medical providers, but most do not know that they can code in this fashion to assure that their patient’s care gets covered.”

The Campaign for Southern Equality gives special thanks to Kinneil Coltman of Carolinas Healthcare and Dr. Jennifer Abbott of Western North Carolina Community Health Services for their assistance with compiling this information.

Sources:
www.transline.zendesk.com/hc/en-us/articles/229372908-Coding-for-Transition-Related-Care
PLANNING YOUR CAMPAIGN

• Write an honest letter to your would-be funders about why you need the funds. Ask for what you need and not more.
• Keep in mind that running and publicizing a crowdfunding campaign can be quite time consuming. Delay your campaign if you’re overworked, burned out, etc.
• Have realistic expectations: more than half of Kickstarter campaigns fail to make their goal. Assume that only 1% of your contacts will contribute.
• The currency of crowdfunding is relationships, so get your target audience right. If all your friends are broke and also saving for surgery, you’ll need to re-think your plans.
• Make a great video promoting your campaign and put it on your donation page. Be creative, entertaining and honest. Solicit an emotional response.
• If you’re offering rewards / backer levels, structure them carefully and budget the cost of fulfillment. While the average donation amount will probably be under $50, use your creativity to create attractive “upper end” rewards as well.
• Study successful campaigns and try to reverse-engineer their path to success.

CROWDFUNDING SERVICES

Before you pick a crowdfunding service, consider: Do you really need one? These services take a commission on the funds raised (examples below.) Many people have had good success using a self-hosted donation page (hosted on their websites or on WordPress.com/Blogspot/etc.) with a form integrated with PayPal or WePay, where fees hover around 3%. Here are some popular services and their fee schedules, as of September 2016:

• DonationTo: 5% + PayPal or Wepay fees (typically 2.9% plus $.30 per transaction). 0% Paid accounts also available.
• Fundly 7.9%
• FundRazr 5% + PayPal fees (typically 2.9% plus $.30 per transaction)
• GiveForward* 7% - **Specifically for medical fundraising**
• GoFundMe 7.9% + 0.30
• GoGetFunding: 4% + PayPal fees (typically 2.9% + $0.30 per transaction)
• Indiegogo: 4%-9%
• RocketHub: 8% – 12%
• You Caring: $0 + PayPal or Wepay fees (typically 2.9% plus $.30 per transaction)
GLOSSARY OF TERMS

CISGENDER
A term for someone whose gender identity corresponds with the sex they were assigned at birth; not transgender.

DRAG KING
A person who is expressing hyper masculinity through performance art.

DRAG QUEEN
A person who is expressing hyper femininity through performance art.

GENDER
A socially constructed system for classifying people into categories. Different cultures use different systems for this classification.

GENDER CONFIRMATION SURGERY
Any form of surgical procedure performed on a transgender or gender nonconforming person in order to make their primary or secondary sex characteristics better reflect their gender identity. This may include different types of “top surgery”, “bottom surgery”, or other procedures. Contrary to popular belief, there is not one surgery; in fact there are many different surgeries. Not all transgender or gender nonconforming people desire gender confirmation surgery and each person’s pathway to medical transition is unique. “Gender Confirmation Surgery” is preferable to the previously used term “Gender Reassignment Surgery”, and many consider “sex change surgery” derogatory.

GENDER EXPRESSION
Refers to the ways in which we each manifest masculinity, femininity, both, or neither. Gender expression may or may not align with someone’s gender identity. This visible expression of gender includes hairstyles, clothing choices, body language, etc.

GENDER IDENTITY
One’s innermost concept of self as it relates to gender. How individuals experience gender personally. One’s gender identity can be the same or different from their sex assigned at birth. Gender identity cannot be seen from looking at a person.

GENDERING
The act of assigning a gender to another person. Incorrectly assigning a gender to another person is called misgendering.
GLOSSARY OF TERMS

GENDER NON-CONFORMING
A term for individuals whose gender identity or expression falls outside the
gender binary of man and woman. Some examples of gender non-conforming
identities include genderqueer, agender, bigender, gender fluid, etc.

INTERSEX
A general term used for a variety of conditions in which someone's body doesn't
seem to fit the typical definitions of male and female. We often associate intersex
with conditions seen at birth, but there are many conditions that aren't seen at
birth, such as androgen insensitivity syndrome, for example.

PRONOUN
The words used to refer to someone instead of using their name. He is a mas-
culine pronoun; she is a feminine pronoun; they is a neutral pronoun. Pronouns
are the most common way that we gender people.

QUEER
An umbrella term used to refer to sexual and gender minorities that are not
cisgender or heterosexual.

TRANSGENDER
An umbrella term for people whose gender identity differs from the sex as-
signed to them at birth. Transgender is often shortened to “trans”, and is inclu-
sive of gender nonconforming identities.

SEX
The categorization of people based on external physical characteristics (e.g.,
hip to shoulder ratio, facial and body hair, vocal pitch, muscle mass, genital con-
figuration, etc.)

SEXUAL ORIENTATION
A person’s sexual identity in relation to the gender or sex they are attracted to.

TRANSGENDER MAN
A person who was assigned the sex of female or intersex at birth and identifies
as male.

TRANSGENDER WOMAN
A person who was assigned the sex of male or intersex at birth and identifies as
female.

TRANSITION
The period during which a person begins to live as their true gender. Transi-
tioning may include changing one’s name, changing their presentation, taking
hormones, having surgery, or changing legal documents to reflect their true
gender. Or transition may not include any of those things, depending on what
that person wants or doesn’t want.
GLOSSARY OF TERMS

INFORMED CONSENT
A provider who prescribes hormones with informed consent does not require a letter from a therapist to prescribe hormones.

ENDOCRINOLOGIST
A doctor who specializes in issues related to hormones. These doctors may oversee medical transition in terms of Hormone Replacement Therapy (HRT).

HRT (HORMONE REPLACEMENT THERAPY)
The process in which hormones and hormonal treatments are administered. HRT is not sought out by all transgender individuals, nor is it a requirement for transitioning.

GCS (GENDER CONFIRMATION SURGERY):
Surgical procedures in which a person’s body is altered to change their gender expression. GCS is not sought out by all transgender individuals, nor is it a requirement for transitioning.
LGBTQ Rights Toolkit: Resources for the South
Campaign for Southern Equality
www.lgbtrightstoolkit.org

Locally Trans
www.locallytrans.com/

Trans Bucket
www.transbucket.com

RAD Remedy
www.radremedy.org/

GLAAD’s Trans Resource Page
www.glaad.org/transgender/resources

HRC’s Safer Sex for Trans Bodies Guide
www.hrc.org/blog/hrc-foundation-and-whitman-walker-health-release-comprehensive-transge

My Trans Health
www.mytranshealth.com

Trans Youth Equality Foundation
www.transyouthequality.org
Thank you for checking out *Trans in the South: A Guide to Resources and Services*!

We are grateful to those who maintain other resources guides to make it easier for trans people to access competent medical care. Some of these other resource guides include Trans Bucket, RAD Remedy, Funding your transition: A Resource Guide, Southeastern Trans Resource Guide, Charlotte Transgender Healthcare Group, TranzMission, LGBT Patient Care Collaborative in Upstate SC, HRC’s Safer Sex for Trans Bodies. And of course none of this would be possible without the thousands of trans folks living across the South who share resources with each other.

We’d also like to thank providers who have shared information and resources, including Dr. Claire Farel, Kinneil Coltman, and the Transgender Health Program at WNCCHS. Compiling this resource guide was a labor of love, and would not have been possible without the help of Jasmine Beach-Ferrara, Brennan Lewis, Fletcher Page, Adam Polaski, and Quentin Bell.

If you have additional resources to add to *Trans in the South*, or you want to report out-of-date information, please email me at ivy@southernequality.org.

I hope this guide improves your experience accessing services. We give many thanks to the providers who are listed here and to the organizations and agencies working every day to ensure that trans folks in the South have access to resources, services, and support.

Best wishes,
Ivy Gibson-Hill
LGBTQ Right Toolkit Coordinator
Campaign for Southern Equality