

# **TRANS IN THE SOUTH**

**A GUIDE TO RESOURCES AND SERVICES**

**UPDATED  
OCTOBER 2017**



**[WWW.SOUTHERNEQUALITY.ORG/TRANSINTHESOUTH](http://WWW.SOUTHERNEQUALITY.ORG/TRANSINTHESOUTH)**

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## DISCLAIMER:

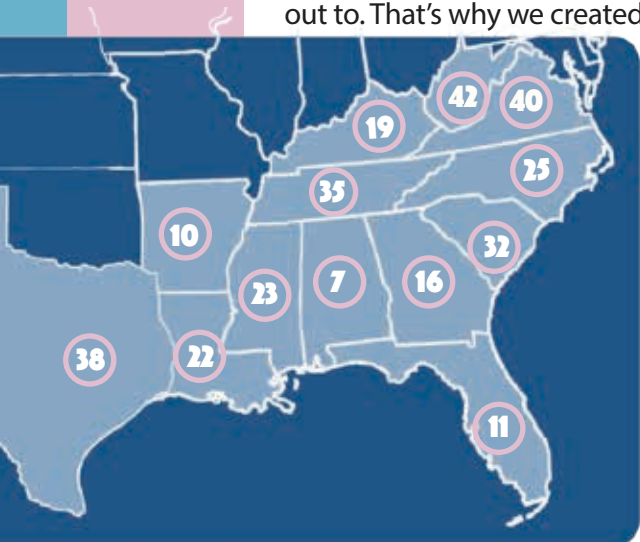
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# HOW TO USE THIS RESOURCE GUIDE

**W**elcome to *Trans in the South: A Guide to Resources and Services*, compiled by the Campaign for Southern Equality.

Our hope is that every trans person in the South can access the services and support they need to be healthy and to thrive. Our goal is that this resource guide is a helpful tool in that journey. In these pages you'll find lists of service providers throughout the South, information about insurance coding, and resources to assist with funding medical transition.

Accessing friendly therapists, medical providers, and legal assistance can be difficult as a trans person in the South, especially if you don't know where to start or who to reach out to. That's why we created this resource guide.



*Trans in the South* offers resources for trans folks in Alabama, Arkansas, Florida, Georgia, Kentucky, Louisiana, Mississippi, North Carolina, South Carolina, Tennessee, Virginia and West Virginia. Resources in this guide are divided by type of services offered within each Southern state. So, if you're looking for an endocrinologist in South Carolina for example, just scroll down to South Carolina and look for the heading "ENDOCRINOLOGY."

We compiled these resources from trans folks who reported having a positive and affirming experience using these services, referrals from trans-friendly providers, and pulling from other resource guides that list these providers as being trans-friendly. To confirm the status of these resources as trans-friendly,

we called each provider and spoke with the staff at that agency. We only included providers who report actively working with trans folks in this guide.

Some providers offered additional information about their practice like accepting insurance, charging on a sliding scale, offering Hormone Replacement Therapy, or working with youth. These are marked with icons. We still encourage calling the provider you're interested in and asking about the specific services you're seeking.

This edition of *Trans in the South* was published in October of 2017 and can be downloaded at [www.southernequality.org/transinthesouth](http://www.southernequality.org/transinthesouth). We'll be collecting new resources throughout the year and updating the guide annually. If you have additional resources, questions, or feedback, please email them to me at [Ivy@southernequality.org](mailto:Ivy@southernequality.org).

Thanks for accessing *Trans in the South*. I hope you'll find it helpful!

Best Wishes,  
Ivy Gibson-Hill  
Campaign for Southern Equality  
LGBTQ Rights Toolkit Coordinator

# ICONS IN THIS GUIDE



**Writes Letters** - Many endocrinologists and surgeons require a letter from a mental health professional before they will move forward with assisting with medical transition. These mental health professionals will write the letters that are required for Hormone Replacement Therapy and/or surgery. If this icon is beside an endocrinologist, it means they will write the necessary letters to change gender markers on legal documents without requiring the patient to undergo surgery.



**Doesn't Write Letters** - These providers report being trans-friendly; however they won't write the letters folks need to begin HRT, undergo surgery, or change gender markers legal documentation.



**Requires Letter** - These providers do not offer treatment with informed consent, but require a letter from a therapist before beginning HRT.



**Informed Consent** - These providers do not require a letter from a mental health professional to begin HRT.



**Sees Adolescents** - These providers will assist individuals under the age of 18 with their medical transition.



**Offers HRT** - Hormone Replacement Therapy is a big step for many trans folks. The general providers that are marked with this symbol offer HRT in their office. This cuts the step of also finding an endocrinologist.



**OB/GYN** - These providers also offer pelvic exams for trans men.



**Planned Parenthood** - These providers operate within Planned Parenthood offices. Most Planned Parenthood affiliates offer HRT with informed consent.



**Scheduling 6 Months to a Year Out** - At the time that we called, these providers reported scheduling 6 months to a year out for new patients.



**Doesn't Take Insurance** - These providers report that they don't accept any insurance.



**Takes Insurance** - These providers report accepting insurance.



**Charges on a Sliding Scale** - These providers report charging on a sliding scale based on need.



**Free Sessions Available** - Some providers report working with local clinics in order to provide free sessions to the clients who aren't able to make payments even on a sliding scale basis. We encourage calling providers with these icons and asking about the process to take advantage of those free needs-based services.



**Veterans Only** - These providers only work with veterans.



**Student Counseling Services** - These providers are trans-friendly, but they are only available to students at their university.



**Support Group** - These providers also offer peer support groups.



# ABOUT

## THE CAMPAIGN FOR SOUTHERN EQUALITY

**B**ased in Asheville, North Carolina, the Campaign for Southern Equality (CSE) promotes full LGBTQ equality - both legal and lived - across the South.

One third of all LGBTQ Americans live in the South, including more than one third of all trans Americans. Yet across the region, LGBTQ people lack basic legal protections, face robust opposition to our rights and have limited resources for advocacy and direct services. LGBTQ people in our region are also at an elevated risk of poverty and health disparities. Our community meets every definition of political powerlessness, evidenced most recently by the wave of anti-LGBTQ bills sweeping the South and by a dismal lack of elected representation in local, state and federal offices. While national funding to the LGBTQ South is increasing (it has grown from less than 8% to 25% in recent years), the majority goes to large metro areas and large organizations within the South.

**LEARN MORE AT**

**[WWW.SOUTHERNEQUALITY.ORG](http://WWW.SOUTHERNEQUALITY.ORG)**

At the same time, LGBTQ Southerners live each day with courage and strength. Every day, we hear stories about how the South is changing and how support for equality is growing. Our work starts by asking what a LGBTQ Southerner needs when they are ready to lead equality efforts in their hometown, or ready to access support and services. Responding to this complex mix of urgent needs and entrenched structural issues requires a new approach. Tactically, this requires that we use a range of tools in our work, including direct services, direct action, litigation, grant-making, and long-term organizing strategies to support a new generation of LGBTQ leaders and to build political power.

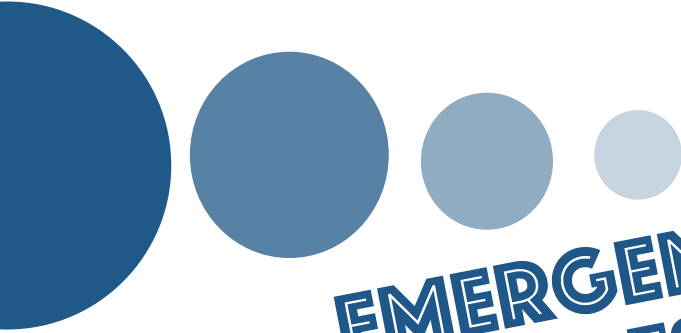
## THE LGBTQ RIGHTS TOOLKIT



**T**hrough our LGBTQ Rights Toolkit, we respond to the acute and widespread need for direct services and resources for LGBTQ Southerners. Current programs include our digital toolkit - [www.lgbtrightstoolkit.org](http://www.lgbtrightstoolkit.org) - which provides information about concrete ways LGBTQ Southerners can protect their rights and access support; publications like the Trans in the South guide; free Pop-Up clinics that provide direct services and resources; and providing training, networking and funding to support front-line providers of culturally-competent direct services.

**VISIT ONLINE AT**

**[WWW.LGBTRIGHTSTOOLKIT.ORG](http://WWW.LGBTRIGHTSTOOLKIT.ORG)**



# EMERGENCY HELP AND RESOURCES

If you are in need of immediate help, please use these resources from anywhere in the country.

- If you are in need of immediate medical assistance or need law enforcement assistance, call 911.
- If you are thinking about hurting yourself, call the National Suicide Prevention Lifeline at 1-800-273-TALK (8255).
- If you are an LGBTQ youth who is thinking about hurting yourself or is in crisis, call The Trevor Project's 24-Hour Suicide Prevention Hotline at 866-488-7386.
- If you are a transgender person in crisis or needing support, call Trans Lifeline at 877-565-8860.
- If you are a college student check out this College Suicide Prevention Guide by Affordable Colleges Online: <https://www.affordablecollegesonline.org/college-resource-center/college-suicide-prevention/>

## ADDITIONAL RESOURCES

### **GLBT National Help Center Hotline**

P: 1-888-843-4564

W: [www.glnh.org](http://www.glnh.org)

Hours: 4 PM – 12 AM, EST

### **GLBT National Youth Talkline**

P: 1-800-246-7743

W: <http://www.glnh.org>

Hours: 4 PM – 12 AM, EST



# ALABAMA



## MENTAL HEALTH



### **Charlar Barnes**

Licensed Professional Counselor

Exceptional Living LLC.  
600 S. Court Street Suite 312  
Montgomery, AL 36104  
334.647.1781  
exceptionalliving14@gmail.com



### **Sarah E. Mulder, PsyD**

Longwood Psychological Center

111 Longwood Drive SW  
Huntsville, AL 35801  
256.469.1949  
www.sarahmulderpsychology.com



### **Jane Brown MA, LPC**

2305 Arlington Ave.  
Birmingham, AL 35205  
205.933.9276  
brownjane@earthlink.net  
www.adultandchilddevelopment.com



### **Michelle Omara**

Online Services

2680 E Main St, #121  
Plainfield, IN 46168  
317.517.0065  
michele@micheleomara.com  
https://micheleomara.com

### **Ashley Garrett**

Garrett Counseling  
1215 Jackson's Way, SW  
Jacksonville, AL 36265  
256.239.5662  
www.garrettcounseling.com



### **Susan E. Riser PhD LPC**

5510 Wares Ferry Rd. Suite U3  
Montgomery, AL 36117  
334.387.2317  
seriser@bellsouth.net



### **David Goldberg PsyD**

400 Office Park Drive #120  
Birmingham, AL 35223  
205.380.6304  
dr.davidgoldberg@gmail.com  
www.drgoldberg.net



### **Angela Stowe, PhD**

Univ. of Alabama  
at Birmingham's Student Health  
and Wellness Center  
1714 9th Ave. South  
Birmingham, AL  
205.934.3581  
www.uab.edu/students/health/health-services



### **Amanda Keller**

Magic City Acceptance Center  
2500 4th Avenue South  
Birmingham, AL 35233  
205.877.8677  
amanda@mcacc-bao.org



### **Nick VanWaggoner, MD**

U of AL at Birmingham's  
Student Health and Wellness Center  
1714 9th Ave. South  
Birmingham, AL  
205.934.3581  
www.uab.edu/students/health/health-services



# ALABAMA

## ENDOCRINOLOGY



**Hussein Abdul-Latif, MD**  
The Childrens Hospital of AL  
University AL • Birmingham  
Department of Pediatrics



1601 4th Avenue South  
Children's Park Place

Birmingham, AL 35233  
205.638.5028

[www.childrensal.org/Endocrinology](http://www.childrensal.org/Endocrinology)



**Morissa Ladinsky, MD**  
The Childrens Hospital of AL  
University AL • Birmingham  
Department of Pediatrics



1601 4th Avenue South  
Children's Park Place

Birmingham, AL 35233  
205.638.5028

[www.childrensal.org/Endocrinology](http://www.childrensal.org/Endocrinology)



**Dr. Huey McDaniel (HRT)**  
*offering changes quarterly*

1700 Spring Hill Ave.  
Mobile, AL 36604  
251.435.1200

## PLANNED PARENTHOOD LOCATIONS

More details on each location are available at:  
[www.plannedparenthood.org/health-center/alabama](http://www.plannedparenthood.org/health-center/alabama)

### Planned Parenthood Mobile

717 Downtowner Loop West  
Mobile, AL 36609  
251.342.6695

### Planned Parenthood Birmingham

1211 27th Place South  
Birmingham, AL 35205  
205.322.2121

## PRIMARY CARE



**Dr. Scott Weisberg**  
Magic City Wellness Center  
2500 4th Avenue South  
Birmingham, AL 35233



205.877.8677

[www.magiccitywellnesscenter.org](http://www.magiccitywellnesscenter.org)



**T. Shane Smith**  
Steel City Law, LLC



3000 Crescent Avenue  
Birmingham, AL 35209

205.607.0225

[ssmith@steelcitylawfirm.com](mailto:ssmith@steelcitylawfirm.com)

## OTHER



**Dr. Stephen R. Steinmetz, M.D., F.A.C.S.**

*(Accepts payment plans; Will advocate for you  
against insurance)*

St. Vincent's Professional Office Building  
2700 Tenth Ave. South, Suite 510  
Birmingham, AL 35205  
205.930.0980  
[www.steinmetzplasticsurgery.com](http://www.steinmetzplasticsurgery.com)



# ALABAMA

## HIV CARE

### **AIDS Alabama -**

*(Counseling Services  
& Housing Assistance)*

3529 7th Avenue S.  
Birmingham, Alabama 35222  
205.324.9822  
www.aidsalabama.org

### **AIDS Alabama South**

4321 Downtowner Loop N.  
Mobile, AL 36609  
251.471.5277  
www.aidsalabamasouth.org

**Albertville Clinic -** *(Free Testing,  
Med Program, Housing Assistance)*

Thrive Alabama  
201 E. McKinney Avenue  
Suite A  
Albertville, AL 35950  
256.660.5127

### **Birmingham AIDS Outreach**

205 32nd Street South  
Birmingham, AL 35233  
205.322.4197  
www.birminghamaidsoutreach.org

### **Dothan AIDS Outreach**

1865-3 Honeysuckle Rd.  
Dothan, AL 36305  
334.673.0494  
www.maoi.org

### **Montgomery AIDS Outreach**

2900 McGehee Road  
Montgomery, AL 36111  
334.280.3349  
www.maoi.org

### **Thrive Alabama**

600 St. Clair Avenue  
Building 3  
Huntsville, AL 35801  
256.536.4700  
www.thrivealabama.org

### **The Hames Clinic -**

*(Free Testing, Counseling,  
Med Program, Housing Assistance)*

Thrive Alabama  
112 S. Pine Street  
Suite 202  
Florence, AL 35630  
256.764.0492  
www.thrivealabama.org

### **Selma AIDS Information & Referral**

102 Park Place  
Selma, AL 36701  
334.872.6795  
www.selmaair.org

### **West Alabama AIDS Outreach**

2720 6th Street  
Tuscaloosa, AL 35401  
205.759.8470  
www.waao.info

## STATE RESOURCE GUIDE

**Association of Lesbian, Gay Bisexual & Transgender  
Issues in Counseling of Alabama (ALGBTICAL)**

[www.algbtical.org/2A%20COUNSELOR%20LIST.htm](http://www.algbtical.org/2A%20COUNSELOR%20LIST.htm)

*Covers entire state*



ARKANSAS

## MENTAL HEALTH

### Michelle Omara

Online Services  
2680 E Main St, #121  
Plainfield, IN 46168  
317.517.0065  
michele@micheleomara.com  
www.micheleomara.com

## HIV CARE

### Arkansas AIDS Foundation

523. S. Louisiana, Suite 404  
Little Rock, AR 72201  
501.376.6299

### Arkansas Department of Health Ryan White Program

Multiple Locations Across the State  
501.661.2408  
www.healthy.arkansas.gov

## PLANNED PARENTHOOD

More details on each location are available at:  
[www.plannedparenthood.org/health-center/arkansas](http://www.plannedparenthood.org/health-center/arkansas)

### Planned Parenthood Fayetteville

3729 North Crossover St.  
Fayetteville, AR 72703  
479.443.7791  
[www.plannedparenthood.org/health-center/arkansas/fayetteville/72703/fayetteville-health-center-2972-90740](http://www.plannedparenthood.org/health-center/arkansas/fayetteville/72703/fayetteville-health-center-2972-90740)

### Planned Parenthood Little Rock

5921 W. 12th Street  
Little Rock, AR 72204  
501.666.7526  
[www.plannedparenthood.org/health-center/arkansas/little-rock/72204/little-rock-health-center-2807-90740](http://www.plannedparenthood.org/health-center/arkansas/little-rock/72204/little-rock-health-center-2807-90740)

## STATE RESOURCE GUIDES

### Arkansas Transgender Equality Coalition

[www.artranscoalition.org/health](http://www.artranscoalition.org/health)  
*Covers entire state*

### Transgender Equality Network

[www.transeqnet.org/resources/arkansas-resources/#.WV1KIVTyIU](http://www.transeqnet.org/resources/arkansas-resources/#.WV1KIVTyIU)  
*Covers entire state*



# FLORIDA




## MENTAL HEALTH

**Coral Schlosberg Arvon  
PhD, LMFT, LCSW**  
2999 NE 191st St. Suite 703  
Aventura, FL 33180  
305.936.8000  
corarv@aol.com

  **Aimee Beardslee**  
Rainbow Counseling  
  4554 Central Avenue  
Suites E & F  
St. Petersburg, FL 33711  
727.314.1864  
www.rainbowcounselingtampabay.com

  **Ieshai Bailey, LMHC, CST**  
Bailey House of Wellness, LLC  
  1881 NE 26th Street, Suite  
202A Wilton Manors, Florida  
33305  
 3190 Post Street  
Jacksonville, FL 32205  
954.903.7611  
www.bhowyou.com  
bhowyou@gmail.com





  **Angela Bulla**  
Solution Counseling Center  
  51 S Main Ave Suite 304  
Clearwater, FL 33765  
727.328.4672  
www.angelabulla.com  
angelabrownbulla@gmail.com


 **Mary G. Davenport PhD**  
1608 Oak St.  
Sarasota, FL 34236  
941.366.3134


**Deborah Huntley PhD**  
1608 Oak St.  
Sarasota, FL 34236  
941.366.2442

 **Adele Kates & Associates PA**  
1 NE 168th St.  
North Miami Beach, FL 33162  
305.651.6442

 **Eric Leever LMHC**  
607 Saint Lucie Crescent  
Suite 106  
Stuart, FL 34994  
772.233.9982  
eric@leevermhc.com  
www.leevermhc.com

  **Felicia Levine, LCSW, CST, LLC**  
23257 State Road 7, Suite #  
  203C, Boca Raton, FL 33428  
954.657.3151  
felicialevinelcsw@aol.com

 **Dr. Lawrence Levy PsyD, PA**  
398 Camino Gardens Blvd.  
Suite 207  
Boca Raton, FL 33432  
561.210.5125  
954.495.8749  
www.levypsychology.com

 **Barbara LoFrisco LMHC, LMFT**  
6811 N Central Ave.  
Tampa, FL 33604  
813.404.9215  
counselorbarb@earthlink.net  
www.counselorbarb.com

# FLORIDA

## MENTAL HEALTH



### Stephany Mahaffey

Authentic Life Transitions, LLC



3001 Aloma Ave, Winter Park, FL 32792

321.420.6095

[www.authenticlifetransitions.com](http://www.authenticlifetransitions.com)

[stephanymahaffey@gmail.com](mailto:stephanymahaffey@gmail.com)



### Lisa J. Moore LMHC

1732 Kingsley Ave. Suite 1

Orange Park, FL 32073

904.269.2931



### Anagloria Mora, PhD, LMHC, CCS

6861 SW 51st St., Miami, FL 33155

305.333.2263

[dranagloriamora@aol.com](mailto:dranagloriamora@aol.com)

[www.dranagloriamora.com](http://www.dranagloriamora.com)



### Bonnie R. Saks MD

3333 W Kentucky Blvd.

Tampa, FL 33609

813.354.9444



### Dr. Kristie Overstreet

Therapy Department

18821 Delaware St Suite 208

Huntington Beach, CA 92648



904.566.9256

[www.TherapyDepartment.com](http://www.TherapyDepartment.com)



### Heather Stambaugh

Lakeland LGBT Therapy

2033 E. Edgewood Drive, Suite 4

Lakeland, FL 33803

863.271.2001

[www.lakelandlgbttherapy.com](http://www.lakelandlgbttherapy.com)

[heather@lakelandfltherapy.com](mailto:heather@lakelandfltherapy.com)



### David B. Wohlsifer, PhD, LCSW

370 W Camino Gardens Blvd,

Suite 117, Boca Raton, FL 33432

561.409.9701 ext 1



[www.drdauidw.com](http://www.drdauidw.com)

[drwohlsifer@gmail.com](mailto:drwohlsifer@gmail.com)

## ENDOCRINOLOGY



### Dr. Christopher Estes

1611 NW 12th Ave.

Miami, FL 33136

305.243.3000



### Brenda M. Barry

930 Lake Baldwin Ln.

Orlando, FL. 32814

407.898.1500 Ext. 10

[WomenCare@cfl.rr.com](mailto:WomenCare@cfl.rr.com)



### Dr. Sadaf Jeelani

4340 W. Newberry Rd. Suite 301

Gainesville, FL 32607

352.372.9414

## STATE RESOURCE GUIDES

### Equality Florida

[http://www.eqfl.org/sites/default/files/.images/TransGuide\\_041517.pdf](http://www.eqfl.org/sites/default/files/.images/TransGuide_041517.pdf)

*Covers entire state*


### Trans Florida


<http://transflorida.tumblr.com/hrt>


*Covers entire state*


# FLORIDA


## PRIMARY CARE


 **Ft. Myers Health Center**  
8595 College Parkway Suite 250  
Ft. Myers, FL 33919  
239.481.9999


 **Gainesville Health Center**  
914 NW 13th St.  
Gainesville, FL 32601  
352.377.0881


 **Dr. Michael Horseman**  
4410 W. Newberry Rd. Suite B  
Gainesville, FL 32607  
352.372.7800


 **Immokalee Center**  
419 N First St.  
Immokalee, FL 34142  
239.262.0301


 **Jacksonville Health Center**  
3850 Beach Blvd.  
Jacksonville, FL 32207  
904.399.2800


 **Lakeland Health Center**  
2250 E. Edgewood Dr.  
Lakeland, FL 33803  
863.665.5735


 **Manatee Health Center**  
1105 53rd Ave. East Suite 201  
Bradenton, FL 34203  
941.567.3800


 **Naples Center**  
1425 Creech Rd.  
Naples, FL 34103  
239.262.0301

 **Orlando-Eastside Clinic**  
11500 University Blvd. Suite B  
Orlando, FL 32817  
321.235.5513

 **Orlando-Westside Clinic**  
726 South Tampa Ave.  
Orlando, FL 32805  
407.246.1788

 **Pinellas Health Center**  
8950 Dr. Martin Luther  
King Jr St. N #102  
St. Petersburg, FL 33702  
727.898.8199

 **The Sally Bellamy Health Center**  
2121 W. Pensacola St. Suite B2  
Tallahassee, FL 32304  
850.574.7455

 **Sarasota Health Center**  
736 Central Ave.  
Sarasota, FL 34236  
941.953.4060

  **Christopher Salgado, M.D.**  
LGBTQ Center for Wellness,  
Gender and Sexual Health  
University of Miami Hospital, 1400  
NW 12th Avenue, Miami, FL 33136  
866.GENDRUM  
[www.umiamihospital.com/lgbtq-services](http://www.umiamihospital.com/lgbtq-services)  
[MiamiTransgender@med.miami.edu](mailto:MiamiTransgender@med.miami.edu)

## HIV CARE

### Care Resource Ft. Lauderdale

871 West Oakland Park Blvd.  
Ft Lauderdale, FL 33311  
954.567.7141  
www.careresource.org

### Care Resource Miami

3510 Biscayne Blvd., Miami, FL 33137  
305.576.1234  
www.careresource.org

### Care Resource Little Havana

1901 SW 1st St, Miami, FL 33135  
305.203.5230

### Care Resource Miami Beach

1701 Meridian Avenue, Suite 400  
Miami Beach, FL 33139  
305.673.3555

### Care Resource Miami Beach

1680 Michigan Avenue, Suite 912  
Miami Beach, FL 33139  
305.534.0503

### Hope & Help Center of Central Florida

Main Office  
707 Mendham Blvd, Suite 104  
Orlando, FL 32825  
407.645.2577  
www.hopeandhelp.org

### Hope & Help Center of Central Florida, Kissimmee

600 N Thacker Ave, Ste A27  
Kissimmee, FL 32741  
407.994.2825  
<https://www.hopeandhelp.org>

### Hope & Help Center of Central Florida, South Orange Blossom Trail

750 South Orange Blossom Trail #268  
Orlando, FL 32805  
407.645.2577  
www.hopeandhelp.org

### Miracle of Love Administrative Office

741 W. Colonial Dr.  
Orlando, FL 32804  
407.843.1760  
www.miracleofloveinc.org

### Miracle of Love Lake County Office

4400 N Hwy 19A Unit 10, Mt Dora, FL 32757  
352.357.6341  
www.miracleofloveinc.org

### Miracle of Love Osceola County Office

600 North Thaker Ave., Kissimmee, FL 32741  
Ryan White Program: 407.994.2995  
www.miracleofloveinc.org

### Miracle of Love The Stafford House

711 Seminole Ave., Orlando, FL 32804  
407.532.0070  
www.miracleofloveinc.org



### Christopher Salgado, M.D.

LGBTQ Center for Wellness,



Gender and Sexual Health

University of Miami Hospital

1400 NW 12th Avenue, Miami, FL 33136

866.GENDRUM

[www.umiamihospital.com/lgbtq-services](http://www.umiamihospital.com/lgbtq-services)

[MiamiTransgender@med.miami.edu](mailto:MiamiTransgender@med.miami.edu)

# FLORIDA

## PLANNED PARENTHOOD LOCATIONS

More details on each location are available at:  
<https://www.plannedparenthood.org/health-center/florida/>

### **Boca Raton**

8177 Glades Rd.  
Boca Raton, FL 33434  
561.226.4116



### **Bradenton**

1105 53rd Ave East  
Suite 201  
Bradenton, FL 34203  
941.567.3800



### **Fort Meyers**

8595 College Parkway  
Suite 250  
Fort Myers, FL 33919  
239.481.9999

### **Gainesville**

914 NW 13th Street  
Gainesville, FL 32601  
352.377.0881



### **Immokalee**

419 N. First Street  
Immokalee, FL 34142  
239.262.0301



### **Jacksonville**

5978 Powers Avenue  
Jacksonville, FL 32217  
904.399.2800



### **Kissimmee**

610 Oak Commons Blvd.  
Kissimmee, FL 34741  
407.246.1788



### **Lakeland**

2250 E Edgewood Drive  
Lakeland, FL 33803  
863.665.5735



### **Miami**

11440 SW 88th Street  
Suite 109  
Miami, FL 33176  
786.263.0001

### **Miami**

3119A Coral Way,  
Miami, FL 33145  
305.285.5535

### **Miami**

585 N.W. 161 St. Suites 200-  
300,  
Miami, FL 33169  
305.830.4111



### **Naples**

1425 Creech Road  
Naples, FL 34103  
239.262.0301



### **Orlando**

11500 University Blvd  
Orlando, FL 32817  
407.246.1788



### **Orlando**

726 South Tampa Ave  
Orlando, FL 32805  
407.246.1788



### **Pembroke Pines**

263 North University Drive  
Pembroke Pines, FL 33024  
954.989.5747



### **Saint Petersburg**

33 6th Street South  
Saint Petersburg,  
FL 33701  
727.898.8199



### **Sarasota**

736 Central Avenue  
Sarasota, FL 34236  
941.953.4060



### **Stuart**

1322 NW Federal Hwy.  
Emerald Plaza  
Stuart, FL 34994  
772.692.2023

### **Tallahassee**

2121 W Pensacola Street,  
Tallahassee, FL 32304  
850.574.7455



### **Tampa**

8068 North 56th St.  
Tampa, FL 33617  
813.980.3555



### **Wellington**

10111 Forest Hill Blvd Suite  
340  
Wellington, FL 33414  
561.296.4919


### **West Palm Beach**


931 Village Blvd.  
Suite 904  
West Palm Beach, FL 33409  
561.683.0302









## MENTAL HEALTH



  **Anna Baxter, LAPC**  
 Wellspring Counseling Center  
  700 Old Roswell Lakes Pkwy  
 Suite 300 Roswell, Georgia 30076  
 678.446.8653  
[anna@lovepositivecounseling.com](mailto:anna@lovepositivecounseling.com)  
[www.lovepositivecounseling.com](http://www.lovepositivecounseling.com)


 **Eli Budd PhD, Psych**  
 2300 Cheshire Bridge Rd.  
 Unit 101  
 Atlanta, GA 30324  
 404.873.5517  
[www.bebuddPhD.com](http://www.bebuddPhD.com)



 **Anna Lisa Derenthal LPC, NCC**  
 11285 Elkins Rd. Suite D4  
 Roswell, GA 30076  
 678.431.3901  
[annalisdarenthal@gmail.com](mailto:annalisdarenthal@gmail.com)  
[www.annalisdarenthal.com](http://www.annalisdarenthal.com)

  **Melissa L. Dickinson**  
 Wellspring  
  Counseling Center  
 321 W Hill Street, Suite 2D,  
 Decatur, GA 30030  
 404.969.5139  
[melissadickinsonlpc@gmail.com](mailto:melissadickinsonlpc@gmail.com)  
[www.melissadickinson.com](http://www.melissadickinson.com)





  **Tana Hall, LPC**  
 204 Church St  
  Decatur, GA 30030  
 404.496.8262  
[www.tanahall.com](http://www.tanahall.com)

  **Dr. Sally Herbert**  
**Psychiatrist**  
 41 Lenox Point  
 North East Atlanta, GA 30324  
 404.842.0070

 **Karuna Counseling**  
 1945 Mason Mill Rd. Suite 100  
 Decatur, GA 30033  
 404.321.4307  
[www.karunacounseling.com](http://www.karunacounseling.com)

  **Metropolitan**  
**Counseling Services**  
 *(Sliding Scale as low as \$25. If going through Health Initiative you can receive 8 free sessions.)*  
 2801 Buford Hwy. Suite 470  
 Atlanta, GA 30329  
 404.321.1794  
[www.mcsatlanta.org](http://www.mcsatlanta.org)

  **Michelle Omara**  
 Online Services  
 2680 E Main St, #121  
 Plainfield, IN 46168  
 317.517.0065  
[michele@micheleomara.com](mailto:michele@micheleomara.com)  
<https://micheleomara.com>

  **Dr. Kristie Overstreet**  
 Therapy Department  
  18821 Delaware St Suite 208  
 Huntington Beach, CA 92648  
 904.566.9256  
[www.TherapyDepartment.com](http://www.TherapyDepartment.com)

# GEORGIA

## MENTAL HEALTH



### Erin Swenson

1708 Peachtree St.  
NW Atlanta, GA 30309  
404.312.5677  
erin@erinswen.com  
www.erinswen.com



### GA Tech Counseling Center

353 Ferst Dr NW  
Atlanta, GA 30313  
404.894.9179



### Equality Clinic



987 St. Sebastian Way  
Augusta, GA 30901  
762.218.2226



### Wellspring Counseling Center



321 W. Hill St, Decatur, GA  
30032 & 700 Old Roswell Lakes  
Pkwy, Suite 300, Roswell, GA  
30076 (on Sundays)  
678.667.1522  
AmariahLove.com  
love.counseling17@gmail.com

## ENDOCRINOLOGY



### Dr. Vin Tangpricha

1365 Clifton Rd.  
Emory Clinic Bldg A  
Atlanta, GA 30322  
404.778.3280



### Trans Health Initiative

1924 Cliff Valley Way  
Atlanta, GA 30329  
404.728.7900 or 404.929.1742  
transhealth@feministcenter.org  
www.transhealthinitiative.org



### Equality Clinic



987 St. Sebastian Way  
Augusta, GA 30901  
762.218.2226

## PRIMARY CARE



### Dr. Mark Earhart

1612 Mars Hill Rd. Suite B  
Watkinsville, GA 30677  
706.769.1100



### Dr Isabel Lowell



Emory Healthcare  
Multiple Locations  
404.778.7777

www.emoryhealthcare.org



### Equality Clinic



987 St. Sebastian Way  
Augusta, GA 30901  
762.218.2226



### Dr. Scott Parry

2215 Cheshire Bridge Rd NE  
Atlanta, GA 30324  
404.541.0944  
www.intownprimarycare.com



### Maria Holder

Intown Primary Care-Cheshire Bridge  
730 Ponce De Leon Place, Unit B  
Atlanta, GA 30306 and  
2215 Cheshire Bridge Rd NE  
Atlanta, GA 30324  
404.541.0944  
www.intownprimarycare.com/about/



### Dr. Joseph Smiddy

1700 Briarcliff Rd.  
NE Atlanta, GA 30306  
404.228.2648



### Trans Health Initiative

1924 Cliff Valley Way  
Atlanta, GA 30329  
404.728.7900

# GEORGIA

## PLANNED PARENTHOOD LOCATIONS

More details on each location are available at:  
[www.plannedparenthood.org/health-center/georgia/](http://www.plannedparenthood.org/health-center/georgia/)

### Lawrenceville

798 Lawrenceville  
Suwanee Road,  
Lawrenceville, GA 30043  
404.688.9300

### Marietta

220 Cobb Parkway North.  
Suite 500  
Marietta, GA 30062  
404.688.9300

### Savannah

720 East 71st St.  
Savannah, GA 31405  
912.351.0116

## LEGAL RESOURCES

### Dana P Shaffner

1842 Independence Square  
Atlanta, GA 30338  
770.551.9366



### Equality Clinic

987 St. Sebastian Way  
Augusta, GA 30901  
762.218.2226



## OTHER



### Brittany Garner, MSW

Lost-N-Found Youth  
2585 Chantilly Dr NE  
Atlanta, GA 30324  
678.856.7825  
brittany@lost-n-found.org  
www.lnfy.org

## STATE RESOURCE GUIDES

### Atlanta Gender

[atlagender.org/professionals.html](http://atlagender.org/professionals.html)  
*Covers Atlanta*

### Reddit

[www.reddit.com/r/transhealth/comments/320gvc/looking\\_for\\_a\\_trans\\_friendly\\_endo\\_in\\_georgia/#bottom-comments](http://www.reddit.com/r/transhealth/comments/320gvc/looking_for_a_trans_friendly_endo_in_georgia/#bottom-comments)  
*Covers Primarily Atlanta*

### Georgia Equality

[www.georgiaequality.org/wp-content/uploads/2015/08/GA-Trans-Resource-Guide-DIGITAL-1.pdf](http://www.georgiaequality.org/wp-content/uploads/2015/08/GA-Trans-Resource-Guide-DIGITAL-1.pdf)  
*Covers Primarily Atlanta*

### Feminist Women's Health Center

[www.feministcenter.org/assets/pdfs/THI\\_Resource\\_Guide.pdf](http://www.feministcenter.org/assets/pdfs/THI_Resource_Guide.pdf)  
*Covers Atlanta*

### Trans Georgia

[www.transgeorgia.org](http://www.transgeorgia.org)  
*Covers entire state*

### Therapist Tana Hall's resource guide:

[www.docs.google.com/document/d/1VsKNyaZ3P4pptqb-Fk1-3etlrYO-hHydxxKdah4ntJz8](http://www.docs.google.com/document/d/1VsKNyaZ3P4pptqb-Fk1-3etlrYO-hHydxxKdah4ntJz8)  
*Covers Primarily Atlanta*



# KENTUCKY



## MENTAL HEALTH



### **Mona Gallo, Ed. D., L.P.C.C.**

Counseling in Lexington



207 E. Reynolds Rd  
Lexington, KY 40517

859.312.0901

mona@counselinginlexington.com



### **Dave Harmon & Associates**

3934 Dixie Highway #510

Louisville, KY 40207

502.896.8006



### **Natasha Lacey**

New Life Counseling Services



1099 S. Broadway, Ste. 280 & 260  
Lexington, KY 40504



859.309.2384

newlifecounselingsvc@gmail.com



### **Susan S. Mathews-Duvall PhD**

2220 Executive Dr. #103

Lexington, KY 40505

859.227.9998

drmathewsduvall@gmail.com



### **Michelle Omara**

Online Services

2680 E Main St, #121

Plainfield, IN 46168

317.517.0065

michele@micheleomara.com

www.micheleomara.com

### **Sanders and Associates**

160 N. Broadway, Lexington, KY 40507

859.266.6786

sandersandassociatespllc@gmail.com



### **Janet Vessels, LCSW**

Center for Child and



Family Counseling

1315 W. Main Suite A

Lexington, KY 40508

859.554.6028

janetvessels@yourcounselor.org



## ADDITIONS?

Email Ivy Gibson-Hill at  
the Campaign for  
Southern Equality at [ivy@  
southernequality.org](mailto:ivy@southernequality.org)

# KENTUCKY

## PLANNED PARENTHOOD LOCATIONS

More details on each location are available at:  
[www.plannedparenthood.org/health-center/kentucky/](http://www.plannedparenthood.org/health-center/kentucky/)

### Lexington

268 Southland Drive, Lexington, KY 40503  
859.252.8494

### Louisville

842 South 7th Street, Louisville, KY 40203  
502.584.2473

## PRIMARY CARE



### Joanne Brown

UK University Health Service  
(UK Students only)  
University Health Service  
Building  
830 S. Limestone



Lexington KY 40536-0582  
859.323.2778 & 859.323.4636  
[www.uky.edu/lgbtq/transform-health](http://www.uky.edu/lgbtq/transform-health)



### Dr. Clayton Smith

Internal Medicine at UofL Physi-  
cians Outpatient Center 401 E. Chestnut St.  
Suite 370 Louisville, KY 40202  
502.588.4500  
[www.uoflphysicians.com/1235371840-clayton-smith](http://www.uoflphysicians.com/1235371840-clayton-smith)

### Keisa Fallin-Bennett, MD/MPH

UK Department of  
Family & Community Medicine  
2195 Harrodsburg Rd Suite 125  
Lexington, KY 40504-3504  
859.323.6371  
[keisa.bennett@uky.edu](mailto:keisa.bennett@uky.edu)  
[www.uky.edu/lgbtq/transform-health](http://www.uky.edu/lgbtq/transform-health)

## SUPPORT GROUP



### Trans Health Advocates

502.694.2227  
[www.kentuckyhealthjusticenetwork.org/trans-health.html](http://www.kentuckyhealthjusticenetwork.org/trans-health.html)

## STATE RESOURCE GUIDE

### TransKentucky

[www.transkentucky.com/directory/](http://www.transkentucky.com/directory/)  
*Covers Entire State*



# LOUISIANA

## MENTAL HEALTH



**Carlos Cuneo**

3080 Teddy Dr. Ste A  
Baton Rouge, LA 70809  
225.923.8255



**Dr. Jen Chandler**

5208 Magazine St Ste 138. New  
Orleans, LA 70115  
General: 504.708.493  
Therapy & Medical: 504.278.4006  
nolamedpsych@gmail.com  
drjchandler@yahoo.com  
www.drjchandler.com/



**Bobby Kizer PhD**

300 B Codifer Blvd.  
Metairie, LA 70005  
504.390.5782  
kizer.bobby@gmail.com  
www.bobbykizer.com



**Kelley Massengale, LCSW, BACS**

7474 Highland Road  
Baton Rouge, LA 70808  
225.246.2359  
kmassengale01@gmail.com  
www.counselingbatonrouge.com



**Dr. Kristie Overstreet**



Therapy Department  
18821 Delaware St Suite 208  
Huntington Beach, CA 92648  
904.566.9256  
www.TherapyDepartment.com



**Joan Ellen Young LPC, NCC**

New Orleans, LA  
504.810.1450

## PRIMARY CARE



**Jamie Buth**

1555 Poydras St. #405  
New Orleans, LA 70112  
504.558.3637



**Jennifer Garrett**

1315 Antonine St  
New Orleans, LA 70115  
504.891.4015



**Michele McCarthy Larzelere PhD**

200 W. Esplanade Ave. #412  
Kenner, LA 70065  
504.471.2750  
mlarze@lsuhsc.edu



**Michelle Simoneaux**

711 N. Broad St.  
New Orleans, LA 70119  
504.988.3000



**Dr. Ryan Pasternak**



Crescent Care Family Care Ser-  
vices Center  
Family Services Center, 4640 S.  
Carrollton Ave., Suite 120, New  
Orleans, LA 70119  
504.378.0427



rpaste@lsuhsc.edu

www.crescentcarehealth.org/



**Rachana Sus**

4770 S I-10 Service Road W #110  
New Orleans, LA  
504.988.8050

# LOUISIANA

## PLANNED PARENTHOOD LOCATIONS

More details on each location are available at:  
[www.plannedparenthood.org/health-center/louisiana/](http://www.plannedparenthood.org/health-center/louisiana/)

### Baton Rouge

3955 Government Street, Ste. 2  
Baton Rouge, LA 70806  
225.387.1167

### New Orleans

4636 S Claiborne Ave  
New Orleans, LA 70125  
504.897.9200

## GENERAL PEDIATRIC CARE



### Dr. Ryan Pasternak

Kids First Tiger Care  
Adolescent Clinic  
1661 Canal St.  
New Orleans, LA 70112  
504.299.9980  
rpaste@lsuhsc.edu

[www.crescentcarehealth.org/](http://www.crescentcarehealth.org/)



### Children's Hospital New Orleans

Adolescent Health Specialty  
Clinic and Gender Health Clinic  
200 Henry Clay Ave.,  
Ambulatory Care Center,  
New Orleans, LA 70118

504.896.2888

## ENDOCRINOLOGY



### Mary Melissa Albritton

2449 Hospital Dr.  
Bossier City, LA 71111  
318.212.7902

### Brandy A. Panunti

610 John Churchill Chase, Loft 10  
New Orleans, LA 70130  
504.842.3000

## HIV CARE

### Baton Rouge AIDS Society

4560 North Blvd. Suite 100  
Baton Rouge, LA 70806  
225.923.AIDS(2437)  
[www.batonrougeaidsociety.org](http://www.batonrougeaidsociety.org)  
AIDS102@aol.com

### Philadelphia Center

2020 Centenary Blvd Shreveport, LA 71104  
& the Mercy Center at 740 Austin Place  
Shreveport, LA 71101  
318.222.6633  
[www.philadelphiacenter.org](http://www.philadelphiacenter.org)

### Central Louisiana AIDS Support Services

1785 Jackson St. Alexandria, LA 71301  
318.442.1010  
[www.class-cenla.org](http://www.class-cenla.org)

### Southwest Louisiana AIDS Council

425 Kingsley St, Lake Charles, LA 70601  
337.439.5861  
[www.slac.org/](http://www.slac.org/)

### HIV/AIDS Alliance for Region 2

4560 North Boulevard  
Baton Rouge, LA 70806  
225.927.1269  
[www.haartinc.org](http://www.haartinc.org)

## LEGAL RESOURCE

### Louisiana Civil Justice Center

Hotline: 1.800.310.7029  
*Free legal advice*  
[laciviljustice.org](http://laciviljustice.org)

## STATE RESOURCE GUIDE

### Louisiana Trans Advocates

[www.latransadvocates.org/](http://www.latransadvocates.org/)  
*Statewide list of providers  
and support groups*





# MISSISSIPPI



## MENTAL HEALTH



### G Beals

Delta State University  
DSU Box 3142 Ewing 345,  
Cleveland, MS 38733



662.846.4362  
gbeals@deltastate.edu



### Patricia Brawley PhD, LPC

McComb, MS

601.564.0174



### John A. "Tony" Caldwell, LCSW



Caldwell Counseling  
501 Heritage Dr., Oxford, MS 38655

662.625.4639  
tonycaldwelllcsw@yahoo.com



### Starke Farrell LCSW

Farrell Family Counseling Center



118 N Commerce Street  
Ripley, MS 38663

662.993.9024  
Text: 662.576.1078

### LGBT Mental Health Center

#### University of Mississippi

#### Med. Center

2500 North State Street

Jackson, MS 39216

601.984.6925

## PRIMARY CARE



### Arti Barnes University of Mississippi Med. Center

2500 North State Street

Jackson, MS 39216

601.984.5560

www.oahcc.org



### Millsaps College Counseling Services

1701 N State St.

Jackson, MS 39202

601.974.1206

www.millsaps.edu/student\_life/counseling\_individual.php

### Open Arms Healthcare Center

500 E Woodrow Wilson Ave

Jackson, MS 39216

601.500.7660

www.oahcc.org



### Dr. Ty Stafford

Mississippi State University



Student Counseling Services

76 Magruder Street 115C

Hathorn Hall Mississippi State

Starkville, MS 39762

662.325.2091

tstafford@saffairs.msstate.edu

www.health.msstate.edu/scs/

# MISSISSIPPI

## ENDOCRINOLOGY



### **Arti Barnes University of Mississippi Med. Center**

2500 North State Street  
Jackson, MS 39216  
601.984.5560  
www.oahcc.org

## LEGAL RESOURCES

**Bear Atwood** (*Name change;  
Gender Marker Change*)  
360 Comet Drive, Jackson, MS 39206  
601.940.3195  
Bear@BearAtwoodAttorney.com

**Dana Baumgartner**  
727 W. 5th St., Laurel, MS 39440  
601.422.8898  
dana@bumgardnerlawoffice.com

**Hays Burchfield** (*Name change;  
Gender Marker Change*)  
Burchfield Law Firm, PLLC  
15 N. Dunn St., P.O. Box 733  
Eupora, MS 39744  
662.258.6633

**Amanda Daniels**  
The Law Office of Amanda Todd Daniels  
204 N. Spring Street, Tupelo, MS 38804  
662.678.8009

## HIV CARE

**AIDS Services Coalition**  
Hattiesburg, MS • 601.450.4286  
asc@megagate.com

**Mississippi Center for Justice Jackson**  
(*Legal services for HIV+ individuals*)  
5 Old River Place, Suite 203 (39202)  
P.O. Box 1023  
Jackson, MS 39215-1023  
601.352.2269

**Mississippi Center for Justice Biloxi**  
963 Division Street, Biloxi, MS 39530  
228.435.7284  
www.mscenterforjustice.org

## PLANNED PARENTHOOD

**Hattiesburg**  
214 South 27th Avenue  
Hattiesburg, MS 39401  
251.342.6695  
www.plannedparenthood.org/health-center/mississippi/

**Mississippi Center for Justice**  
(*Legal services for HIV+ individuals*)  
5 Old River Place, Suite 203 (39202)  
P.O. Box 1023  
Jackson, MS 39215-1023  
601.352.2269

**Carey Reid Varnado**  
Montague, Pittman and Varnado, P.A.  
Hattiesburg, MS  
601.544.1234  
cvarnado@mpvlaw.com

**Robert McDuff and Sibyl Byrd**  
(*Name Change*)  
McDuff and Byrd  
767 N Congress St.  
Jackson, MS 39202  
601.969.0802

**Mississippi Center for Justice Indianola**  
120 Court Avenue, Indianola, MS 38751  
662.887.6570  
http://www.mscenterforjustice.org

**Open Arms Healthcare Center**  
500 E Woodrow Wilson Ave  
Jackson, MS 39216  
601.500.7660  
www.oahcc.org

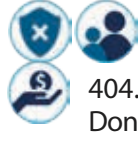


# NORTH CAROLINA

## MENTAL HEALTH



**Nicole M. Armbrust, LCSW**  
70 Woodfin Pl. Suite 217 Asheville NC 28801  
828.348.0527  
OPTNicole@gmail.com



**Donna Clausen**  
Red Bird Counseling  
404.808.6701  
Donnaclausen@redbirdcounseling.org  
Redbirdcounseling.org



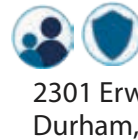
**Luce Beagle, LPC**  
Empowered Transitions Counseling  
5 Ravenscroft Dr. Asheville, NC 28801  
828.231.9337  
empoweredtransitionsasheville@gmail.com



**Daymark Recovery Services**  
1400 Willow Lane  
North Wilkesboro NC 28659  
336.667.5151 ext. 4831  
abliving@daymarkrecovery.org  
daymarkrecovery.org



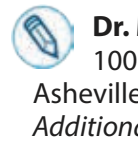
**Heather Branham, LCSW**  
263 Haywood Street, Suite 206, Asheville, NC 28801  
678.313.8747  
heather.branham@gmail.com  
www.heatherbranhamlcsw.com



**Duke Child and Adolescent Gender Care**  
2301 Erwin Rd.  
Durham, NC 27701  
919.684.8361  
www.dukehealth.org



**Jamie Brazell, M.Ed., LMFT Licensed Therapist, Trained Sexologist**  
Out of the Woods



**Dr. Mary Ellen Griffin**  
100 Central Ave  
Asheville NC • 828.331.8100  
Additional Office: 11 Schulman St.  
Sylva, NC • 828.331.8100

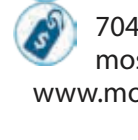
Therapeutic Counseling, PLLC  
96 Central Avenue  
Asheville, NC 28801  
828.290.2347  
jamie@outofthewoodstherapy.com



**Beverly L. Moss, LPC**  
Moss Counseling Services  
4921 Albemarle Rd, Suite 108,  
Charlotte, NC 28205  
704.493.8535  
mosscounseling@gmail.com  
www.mosscounseling.com



**Kristin Carswell, MA, LPCS**  
383 Merrimon Ave. Suite C  
Asheville, NC 28801  
828.670.1275  
kristin.carswell@gmail.com  
www.manifestcounseling.com



# NORTH CAROLINA

## MENTAL HEALTH



**Peyton Kinnaid  
MA, LPCS**

383 Merrimon Ave. Suite C  
Asheville, NC 28801 • 828.775.5535  
peytonkinnaid@gmail.com  
www.manifestcounseling.com



**Holly Mackin, MA  
LMFT AASECT Certified**

PsychloTherapy  
133 W Catawba Ave.  
Mt. Holly, NC 28120  
and 13420 Reese Blvd West,  
Huntersville, NC 28078  
704.266.0479 & 704.689.5075  
holly.mackin@gmail.com  
www.hollymackintherapy.com



**Steve Muff, MD**

Transgender Treatment Team  
Salisbury NC VA hospital  
docstephanmuff@gmail.com  
704.638.9000 ext 13006



**Abby Nardo, Ph.D.**

Downtown Psychology  
416 Morson St, Raleigh NC 27601  
919.816.2411  
nardo@downtownpsychology.com  
www.downtownpsychology.com



**Jen Oman**

Asheville, NC 28806 • 480.351.0276

**Chandra Passero**

2 S. Main St. Suite 28  
Weaverville, NC 28787  
828.337.2716



**Joe Pope, MS, LPC, LCAS, CRC**

Eastover Psychological  
& Psychiatric Group, P.A.  
3303 Latrobe Dr. Charlotte, NC 28211  
704.362.2663 x126 dial 0  
jpope@eastpsych.com



**Sarah B. Raines**

Sarah B. Raines Counseling  
390 Merrimon Ave, Asheville, NC 28801  
828.280.6391  
sarahbrainescounseling@gmail.com  
www.sarahbrainescounseling.com



**Will Ray**

Caring for Children  
50 Reddick Rd., Asheville, NC 28805  
828.298.0186  
will.ray@caring4children.org  
www.caring4children.org



**Jenny Shealy**

Crossing Point Counseling  
67 Charlotte St, Asheville, NC 28801  
828.279.5369  
crossingpointcounseling.com  
shealy.jenny@gmail.com



**Crystal Smith,  
BA, MACC, LPC-A**

Counseling And Support Associates At Lake Norman  
1835 Davie Avenue, Suite 411  
Statesville, NC 28677 • 828.244.5725  
crystaldsmith@yahoo.com



**Tanya Stiers**

168 S. Liberty St.  
Asheville, NC 28801 • 828.713.7804



**Jocie Sweeney, PhD**

Sweeney Psych  
801 East Morehead Street  
Suite 304 Charlotte, NC 28215  
980.236.073  
drsweeney@sweeneypsych.com 4



**Transgender Health Program**

WNC Community Health Services  
285 Biltmore Ave.  
Asheville, NC 28801  
828.285.0622 Ext. 2144  
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**John W Hall, PhD**

Transgender Treatment Team  
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John.Hall7@va.gov  
704.638.9000 ext 13037





**Lisa Wolfe, LPC**

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# NORTH CAROLINA

## ENDOCRINOLOGY

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919.876.7692


 **Shannon Hopson, MD**  
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Gastonia, NC 28054  
704.671.6400

 **Craig Speiser, MD**  
200 Medical Parks Dr.  
Suite 460  
Concord, NC 28025  
704.403.1311


 **Dr. Thomas Marlowe**  
Charlotte Transgender  
Healthcare Group  
400 Clarice Ave.  
Charlotte, NC 28204  
704.348.4000


 **Dr. Deanna Adkins**  
Duke Child and  
Adolescent Gender Care  
2301 Erwin Rd.  
Durham, NC 27701  
919.684.8361  
[www.dukehealth.org](http://www.dukehealth.org)


## PRIMARY CARE

 **Dr. Jennifer Abbott**  
Transgender Health Program,  
WNC Community Health Services  
285 Biltmore Ave.  
Asheville, NC 28801  
828.285.0622 Ext 2116


 **Dr. Rhett Brown**  
Charlotte Transgender  
Healthcare Group  
335 N. Caswell Rd.  
Charlotte, NC 28204  
704.384.7980

 **Carrboro Community  
Health Center**  
Piedmont Health  
301 Lloyd St.  
Carrboro, NC 27510  
919.942.8741


 **Carrboro Pediatrics  
& Internal Medicine**  
27 Fidelity St.  
Carrboro, NC 27510  
919.933.8381  
[www.carrboropediatrics.com](http://www.carrboropediatrics.com)

 **Chapel Hill Health Center**  
1765 Dobbins Dr.  
Chapel Hill, NC 27514  
919.942.7762

**Community Family Practice**  
260 Merrimon Avenue, Suite 200  
Asheville, NC 28801  
828.254.2444

 **Charlotte Health Center**  
4822 Albermarle Rd.  
Suite 103 & 104  
Charlotte, NC 28205  
704.536.7233

 **Duke Child and  
Adolescent Gender Care**  
2301 Erwin Rd.  
Durham NC, 27701  
919.684.8361  
[www.dukehealth.org](http://www.dukehealth.org)

 **Durham Health Center**  
105 Newsom St. Suite 101  
Durham, NC 27704  
919.286.2872

 **Fayetteville Health  
Center**  
4551 Yadkin Rd.  
Fayetteville, NC 28303  
866.942.7762

 **Aleece Fosnight, MSPAS, PA-  
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Pisgah Urology  
87 Medical Park Drive, St A  
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828.883.5858  
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[www.mission-health.org](http://www.mission-health.org)



# NORTH CAROLINA



## PRIMARY CARE



**Dr. Deanna C. Jones** *(Not taking new patients)*  
1242 S 5th St. Suite C  
Mebane, NC 27302  
919.563.3007


 **Dr. Grace Ivins** • Living Well WNC  
40 North Merrimon Avenue, Suite 305  
Asheville, NC 28804  
828.575.9562


  **Dr. Lauren Livingston**  
Asheville's Community Family Practice  
260 Merrimon Avenue, Suite 200  
Asheville, NC 28801  
828.254.2444  
[www.communityfamilyonline.com](http://www.communityfamilyonline.com)


  **Steve Muff, MD**  
Transgender Treatment Team  
Salisbury NC VA hospital  
[docstephanmuff@gmail.com](mailto:docstephanmuff@gmail.com)  
704.638.9000 ext 13006

   **Planned Parenthood  
Asheville Health Center**  
68 McDowell St., Asheville, NC 28801  
828.252.7928



  **Raleigh Health Center**  
100 S. Boylan Ave.  
Raleigh, NC 27603 • 919.833.7526



 **Dr. Lisa Reed**  
MAHEC Family Health  
Center at Newbridge  
218 Elkwood Avenue  
Asheville, NC 28804 • 828.257.4747  
[www.mahec.net/?/patient-information/family-health/newbridge](http://www.mahec.net/?/patient-information/family-health/newbridge)

 **Student Health Services, University  
of North Carolina at Asheville**  
118 W. T. Weaver Boulevard  
Asheville, NC 28804  
828.251.6520

 **Dr. Heidi Swygard**  
CAPUS Clinic  
Wake County Health Department  
1011 Rock Quarry Rd, Raleigh NC  
919.833.3111  
[www.advancechc.org/providers/heidi-swygard-md/](http://www.advancechc.org/providers/heidi-swygard-md/)


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  **Transgender Health Program**  
WNC Community  
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285 Biltmore Ave.  
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828.285.0622 Ext. 2144  
[astyan@wncchs.org](mailto:astyan@wncchs.org)



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Student Health Service**  
336.758.5218  
[shs@wfu.edu](mailto:shs@wfu.edu)  
[www.shs.wfu.edu/](http://www.shs.wfu.edu/)

  **Wilmington  
Health Center**  
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  **Winston-Salem  
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3000 Maplewood Ave.  
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# NORTH CAROLINA

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www.brazilburkelaw.com

### **Frank Goldsmith**

Goldsmith, Goldsmith,  
and Dews, P.A.  
Marion, NC  
828.652.3000  
www.goldsmithdews.com

### **Marion Groat**

Parsons Laws  
168 S. Liberty St.  
Asheville, NC 28801  
828.581.9LAW

### **Hart Law Group**

93 Church St.  
Asheville, NC 28801  
828.271.4278  
www.thehartlawgroup.com

### **Paula Kohut**

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www.kohut.pro

### **Luke Largess**

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### **PJ Roth**

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### **Connie J. Vetter**

Charlotte, NC  
704.333.4000  
www.cjvlaw.com

### **Joan Waldron**

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5624 Executive Center Dr  
#130, Charlotte, NC 28212  
704.444.0057

### **Diane Walton**

*(Name changes; gender marker changes)*  
Walton Law Office  
Asheville, NC  
828.255.1963  
www.waltonlawoffice.com

## STATE RESOURCE GUIDES

### **LGBT Center of Raleigh**

[www.lgbtcenterofraleigh.com/adult-programs/transgender-initiative/transgender-local-resources.html](http://www.lgbtcenterofraleigh.com/adult-programs/transgender-initiative/transgender-local-resources.html)  
*Covers Triangle Area*

### **LGBT Center of Durham**

[www.lgbtqcenterofdurham.org/community-resources.html](http://www.lgbtqcenterofdurham.org/community-resources.html)  
*Covers Triangle Area*

### **Charlotte Transgender Healthcare Group**

[www.cthcg.org/](http://www.cthcg.org/)  
*Covers Charlotte Area*

### **Gender and Sexuality Diversity Initiative**

[www.carolinapartners.com/2017-gs-di-transgender-provider-resource-list/](http://www.carolinapartners.com/2017-gs-di-transgender-provider-resource-list/)  
*Covers Entire State*



# NORTH CAROLINA

## OTHER



### Kevin Dorman

Prismatic speech services  
3407 Suite I W Wendover Ave Greensboro,  
NC 27407  
336.609.6258  
kevin@prismaticspeech.com

### Patricia Handlon

Speech Therapy  
Asheville, NC  
828.213.0850



### Heather Edwards, PT

Resilient Pelvic Healing  
201 Charlotte St, Asheville, NC 28801  
828.713.8338  
resilientpelvichealing@gmail.com  
www.resilientpelvichealing.com



### Michael C. Farmer, DMD, PA

Plaza Midwood Dentistry 1308  
The Plaza Suite F Charlotte, NC 28205  
704.837.8480  
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### Dr Gerald Truesdale

Greensboro Plastic  
Surgical Associates  
2716 Henry Street  
Greensboro NC 27405  
336.954.2633  
www.gpsa.biz

### Excellase Noushi Haeussler

Laser treatment  
2015 Fairview Rd  
Raleigh, NC 27608  
919.833.8484  
www.excellase.com



### Our Voice

35 Woodfin St, Asheville, NC 28801  
828.252.0562  
www.ourvoicenc.org/



### Wendy Flynn

Willow Therapeutic Massage  
2 South Main Street, Suite #29  
Weaverville, NC 28787  
828.989.0125  
www.willowtherapeuticmassage.com  
willowtherapeuticmassage@gmail.com



### REACH of Haywood County, Inc.

627 N Main St, Waynesville, NC 28786  
828.456.7898  
www.reachofhaywood.org



## PLANNED PARENTHOOD LOCATIONS

More details on each location are available at:  
[www.plannedparenthood.org/health-center/nc](http://www.plannedparenthood.org/health-center/nc)



### Asheville

68 McDowell St,  
Asheville, NC 28801  
828.252.7928

### Durham

105 Newsom Street,  
Ste. 101  
Durham, NC 27704  
919.286.2872



### Raleigh

100 S Boylan Ave.,  
Raleigh, NC 27603  
919.833.7526



### Chapel Hill

1765 Dobbins Drive  
Chapel Hill, NC 27514  
919.942.7762

### Fayetteville

4551 Yadkin Rd  
Fayetteville, NC 28303  
866.942.7762



### Wilmington

1925 Tradd Court, Wilming-  
ton, NC 28401  
910.762.5566



### Charlotte

4822 Albemarle Road  
#103 and #104 & 106  
Charlotte, NC 28205  
704.536.7233

### Greensboro

1704 Battleground Ave.  
Greensboro, NC 27408  
336.373.0678

### Winston-Salem

3000 Maplewood Ave  
Ste. 112  
Winston-Salem, NC 27103  
336.768.2980

# NORTH CAROLINA

## HIV CARE

**Dr. Claire Farel, Dr. Heidi Swygard,  
or Dr. Lisa Hightow-Weidman**

Trans Health Program (*PrEP Services*)  
UNC Infectious Diseases Clinic  
101 Manning Drive  
First Floor Memorial Hospital  
Chapel Hill, NC 27514  
984.974.7198



**Dr. Heidi Swygard**

Wake County Health  
Department (*PrEP Services*)  
1011 Rock Quarry Rd, Raleigh NC  
919.833.3111  
[www.advancechc.org/providers/heidi-swygard-md/](http://www.advancechc.org/providers/heidi-swygard-md/)



**Infectious Diseases Clinic  
(Clinic B)**

Wake County Health Department  
General: 919.250.3999  
Case management for people living  
with HIV/AIDS: 919.212.7801



**Transgender Health  
Program, WNC**

**Community Health Services**  
285 Biltmore Ave. (*PrEP Services*)  
Asheville, NC 28801  
828.285.0622 Ext. 2303

## ADDITIONAL RESOURCES IN NORTH CAROLINA

**Charlotte Transgender Health Group** maintains an expansive list of trans-friendly providers in the Charlotte area:

The Charlotte Transgender Healthcare Group (CTHCG) is a multi-disciplinary team of licensed medical and mental health providers who work with gender-diverse individuals of all ages in the Charlotte and surrounding area. They collaborate with one another in order to stay informed about best practices, engage in case consultation, collect resources and referrals for trans-affirming services, communicate about current events, and engage in advocacy efforts.

Below are links to their service provider guides:

- Mental Health Professionals Who Work with Adolescents: [www.cthcg.org/mental/youth](http://www.cthcg.org/mental/youth)
- Mental Health Professionals for Adults: [www.cthcg.org/adult](http://www.cthcg.org/adult)
- Endocrinologists and General Practitioners Who Offer HRT: [www.cthcg.org/medical](http://www.cthcg.org/medical)

**TranzMission** maintains a list of trans-friendly providers in Western North Carolina, including mental health professionals, general practitioners, endocrinologists, and other miscellaneous resources. To report out of date information on TranzMission's resource page or to add additional resources email them at [info@tranzmission.org](mailto:info@tranzmission.org). [www.tranzmission.org/resources.html](http://www.tranzmission.org/resources.html)

**Needle Exchange Programs in NC:** [www.nasen.org](http://www.nasen.org) & [www.harmreduction.org](http://www.harmreduction.org)

**Evan Quirk-Garvan, AIF • Financial Advisor:**

800.563.8301 or 828.367.7669 • [www.MoneyWithAMission.com](http://www.MoneyWithAMission.com)



# SOUTH CAROLINA



## MENTAL HEALTH



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864.585.5010  
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www.skylyncounseling.com



 **Charlton Hall** - *Transitioning to new office in Travelers Rest, SC*  
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Greenville, SC 29615  
864.384.2388


  **Shawna Kirby, PhD**  
Midlands Neurobehavioral Services, LLC  
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www.midlandsneuro.com  
Drkirby@midlandsneuro.com

  **Hadley Mullen**  
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www.compassofcarolina.org

  **Kathleen May**  
214 Keowee Trail  
Clemson, SC 29631  
864.654.0813

  **Jacob Parsons-Wells, MMFT, LMFT**  
Lumos Counseling Services  
300 Plaza Circle, Suite A  
Clinton, SC 29325  
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jacob@lumoscounselingservices.com

  **Elizabeth Pratt**  
236 Union St. #2  
Spartanburg, SC 29302  
864.649.6272

 **Dr. Jeffrey Smith**  
2094 Woodruff Rd.  
Greenville, SC 29607  
864.676.9211

**Joy D. Smith-Dailey, LISW-CP**  
2212 Devine St, Columbia, SC 29205  
803.667.0471


  **Jerah Sowinski, LLC**  
121 Interstate Blvd.  
St. 2-A, Greenville, SC 29615  
864.406.6464  
www.therapywithjerah.com  
hello@therapywithjerah.com


## ENDOCRINOLOGY


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# SOUTH CAROLINA


## PRIMARY CARE


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bowlbyd@musc.edu

 **Molly Benedum**  
Center for Family Medicine  
877 W Ferris Rd.  
Greenville, SC 29605  
864.455.7800

 **Charleston Health Center**  
200 Rutledge Ave.  
Charleston, SC 29403  
843.628.4380


 **Columbia Health Center**  
2712 Middleburg Dr. • Suite 107  
Columbia, SC 29204  
803.256.4908

 **Gweneth Lazenby**  
Medical University of South  
Carolina  
Women's Health at Cannon,  
135 Cannon Street  
Charleston, SC 29425  
Office: 843.792.5300  
Nurse: 843.876.1222  
lazenbgb@musc.edu

 **Ryan White Wellness Center**  
1481 Tobias Gadson Blvd  
Charleston, SC  
843.402.1094  
www.topher.larkin@rsfh.com

## PLANNED PARENTHOOD LOCATIONS


More details on locations available at: <https://www.plannedparenthood.org/health-center/sc>

 **Charleston**  
200 Rutledge Ave.  
Charleston, SC 29403  
843.628.4380

**Columbia**  
2712 Middleburg Drive Suite 107  
Columbia, SC 29204  
803.256.4908

## HIV CARE

**AID Upstate**  
P.O. Box 105, Greenville, SC 29602  
811 Pendleton St Ste 10, Greenville, SC 29601  
864.250.0607  
www.aidupstate.org

 **Ryan White Wellness Center**  
1481 Tobias Gadson Blvd  
Charleston, SC  
843.402.1094  
www.topher.larkin@rsfh.com

**Lowcountry AIDS Services**  
3547 Meeting Street Road  
North Charleston, SC 29405  
843.747.2273 or toll-free at 877.874.0230  
www.aids-services.com  
information@aids-services.com

**South Carolina HIV/AIDS Council**  
1813 Laurel Street, Columbia, SC 29201  
803.254.6644  
www.schivaidsCouncil.org

**Palmetto AIDS Life Support Services**  
2638 Two Notch Road, Suite 108  
Columbia SC 29204 • 803.779.7257  
www.palss.org

**Sexual Trauma Services of the Midlands**  
533C Oxford Street  
Sumter, SC 29150  
and 1530 Main Street, Suite 201  
Newberry, South Carolina 29108  
Hotline: 803.771.7273; 1.800.491.7273  
Office: 803.790.8208

**Piedmont Care**  
101 N Pine St # 200, Spartanburg, SC 29302  
864.582.7773  
www.Piedmontcare.org

# SOUTH CAROLINA

## LEGAL RESOURCES

### Ashley Andrews

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### Sarah E. Brown

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### Edward Hawkins

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### Heather S. Shaw

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www.stringerlaw.us

## STATE RESOURCE GUIDES

### Gender Bender's Resource Page

[www.genderbenders.org/resources.html](http://www.genderbenders.org/resources.html)

**CATS:** <http://www.chasareatsupport.org/links> • Covers Charleston Area

### We Are Family

<http://wearefamilycharleston.org/tlf/south-carolina-resources/>

Covers Low Country



# TENNESSEE

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**Saroj Chand**

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**Brandi C Cowan**

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Consumers' Association - East Tennessee  
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**Dan Dumont, MSSW**

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**Dr. Terry Edwards**

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**Beth Evelyn**

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LPC/MHSP**

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jstricklandlbc@gmail.com



**Dr. Tanner - VA Med Center**

Johnson City, TN 37684  
423.926.1171 Ext. 7709



**Jane R. Weinberg, M.D.**

Center for Integrated Healthcare  
602 West Iris Drive  
Nashville, TN 3204  
615.383.1995



**Jennifer Valli  
AAECT certified therapist**

1384 Cordova Cove Suite 1,  
Germantown, TN 38138  
901.299.3224  
jenvalli@gmail.com  
www.jennifervalli.com



# TENNESSEE

## PRIMARY CARE



### Dr. Bradley N. Bullock

Cool Springs Internal  
Medicine & Pediatrics Clinic, PLLC  
1607 Westgate Cir.  
Brentwood, TN 37025  
615.376.8195  
[www.coolspringsinternalmedicine.com/](http://www.coolspringsinternalmedicine.com/)



### CHOICES (Memphis Center for Reproductive Health)

1726 Poplar Ave  
Memphis, TN 38104  
901.274.3550  
[mpeake@memphischoices.org](mailto:mpeake@memphischoices.org)  
[www.memphischoices.org](http://www.memphischoices.org)



### Dr. Rodney Carter

1017 Middle Creek Rd.  
Sevierville, TN 37862  
865.453.2806



### Dr. Laura Travers

Maryville, TN  
865.681.0103



### Donna McCormick NP

9221 Middlebrook Pike Suite 102  
Knoxville, TN 37931  
865.539.2873



### Kristin Rager, M.D., M.P.H.

Rager Adolescent Health  
2201 Murphy Avenue, Suite 310  
Nashville, TN  
615.933.0173  
[www.rageradolescenthealth.com/](http://www.rageradolescenthealth.com/)



### Alice Sattler, MSN

Vinehill Clinic  
601 Benton Avenue, Nashville, TN 37204  
615.292.9770  
[www.connectus.org/vine-hill](http://www.connectus.org/vine-hill)



### Gary J. Smith, M.D.

Saint Thomas Health  
7640 Highway 70 South,  
Suite 201 Nashville, TN 37221  
615.646.8098

## ENDOCRINOLOGY



### Dr. Terri W. Jerkins

2010 Church St. Suite 410  
Nashville, TN 37203  
615.329.5029

## LEGAL RESOURCES

### Southeast TN Legal Services

423.756.0128  
[www.selegal.org](http://www.selegal.org)

## OTHER RESOURCES

### Laura Bomar, LE, CPE, CCE

Hendersonville Electrolysis  
Hendersonville, TN 37075  
615.681.0778  
[laurabomar@gmail.com](mailto:laurabomar@gmail.com)

### Evan Quirk-Garvan, AIF

Financial Advisor  
800.563.8301 or 828.367.7669  
[www.MoneyWithAMission.com](http://www.MoneyWithAMission.com)



### Vanderbilt Trans Buddy Program

[lgbti.health@vanderbilt.edu](mailto:lgbti.health@vanderbilt.edu)



# TENNESSEE

## HIV CARE

### Chattanooga Cares

1000 East 3rd Street Suite 300  
Chattanooga, TN 37403 • 423.265.2273  
news@chattanooga-cares.org  
www.chattanooga-cares.org

### Friends for Life

43 N Cleveland, Memphis, TN 38104  
901.272.0855  
www.friendsforlifecorp.org

### Nashville Cares

633 Thompson Lane, Nashville, TN 37204  
HEARTline: 1.800.845.4266  
Office: 615.259.4866  
www.nashvillecares.org

### Street Works

520 Sylvan St  
Nashville, TN 37206  
615.259.7676  
www.street-works.org

### Vanderbilt Comprehensive Care Clinic

Vanderbilt University Medical Center,  
1211 Medical Center Drive  
Nashville, TN 37232  
615.875.5111  
www.vanderbilthealth.com/comprehensive-care/

## PLANNED PARENTHOOD LOCATIONS

Details on locations available at: [www.plannedparenthood.org/health-center/tennessee](http://www.plannedparenthood.org/health-center/tennessee)



### Knoxville

710 North Cherry St.,  
Knoxville, TN 37914  
865.694.7155

### Memphis

2430 Poplar Avenue  
Memphis, TN 38112  
901.725.1717



### Greater Memphis Region

2430 Poplar Ave  
Memphis, TN 38112  
Phone: 901.725.1717



### Nashville

412 Dr. D.B. Todd Jr. Blvd.  
Nashville, TN 37203  
615.321.7216



### Memphis

835 Virginia Run Cove  
Memphis, TN 38122  
901.725.1717

## STATE RESOURCE GUIDES

### My Trans Navigator

[www.mytransnavigator.com/tennessee](http://www.mytransnavigator.com/tennessee)  
Covers Entire State

### Out Central

[www.outcentral.org/category/health-wellness](http://www.outcentral.org/category/health-wellness)  
Covers Nashville Area

### Out Memphis

[www.outmemphis.org/resources/](http://www.outmemphis.org/resources/)

### Tennessee Vals

[www.tvals.org/medical-resources/](http://www.tvals.org/medical-resources/)  
Covers Nashville Area

### Program for LGBTI Health at Vanderbilt Medical Center

Vanderbilt University Medical Center  
1211 Medical Center Drive  
Nashville, TN 37232  
615.936.5194  
lgbti.health@vanderbilt.edu

### University of Tennessee Knoxville

[www.cflgbt.utk.edu/transgender-non-binary-resource-guide/](http://www.cflgbt.utk.edu/transgender-non-binary-resource-guide/)  
Covers Knoxville Area



# TEXAS

## PLANNED PARENTHOOD LOCATIONS

Details on locations available at: [www.plannedparenthood.org/health-center/texas](http://www.plannedparenthood.org/health-center/texas)

### Addison

5290 Beltline Road #134  
Addison, TX 75254  
972.991.1424

### Arlington

3701 South Cooper Street #235  
Arlington, TX 76015  
817.472.8196

### Austin

201 E. Ben White Blvd. - Bldg. B,  
Austin, TX 78704  
512.276.8000



9041 Research #250  
Austin, TX 78758  
512.331.1288

1823 E 7th Street  
Austin, TX 78702  
512.477.5846

### Bedford

2824 Central Drive  
Bedford, TX 76021  
817.545.0077

### Brownsville

870 E. Alton Gloor Blvd.  
Brownsville, TX 78526  
956.546.4571

### Cedar Hill

140 W FM 1382, Ste 160  
Cedar Hill, TX 75104  
972.709.0081

### Dallas

9100 N. Central Expwy, #169  
Dallas, TX 75231  
214.368.1485

### Denton

2436 S IH-35 E #340  
Denton, TX 76205  
940.891.0737

### Fort Worth

6464 John Ryan Drive - Suite B,  
Fort Worth, TX 76132  
817.276.8063

### Harlingen

3863 Miller Ave.  
Fort Worth, TX 76119  
817.536.4942

### Houston

712 N 77 Sunshine Strip, Ste. 18,  
Harlingen, TX 78550  
956.423.8584

### Houston

9919 North Freeway Service Rd  
Suite 107, Houston, TX 77037  
713.514.1106

13169 Northwest Freeway,  
Houston, TX 77040  
713.514.1107

5800 Bellaire Blvd.,  
Houston, TX 77081  
713.541.5372

### Lewisville

1356 W. Main Street  
Lewisville, TX 75067  
972.221.7644

### Mesquite

1220 North Town East Blvd.  
#240, Mesquite, TX 75150  
972.613.0915

### Paris

1735 17th Street NE  
Paris, TX 75460  
903.784.1301



### Plano

600 North Central Expressway,  
Plano, TX 75074  
972.424.6311

### San Antonio

8725 Marbach Rd., Ste. 215,  
San Antonio, TX 78227  
210.674.2222

2346 E. Southcross Blvd.  
San Antonio, TX 78223  
210.333.5454

2140 Babcock Rd  
San Antonio, TX 78229  
210.736.2262

920 San Pedro Ave.,  
San Antonio, TX 78212  
210.736.2475

11514 Perrin Beitel Rd  
San Antonio, TX 78217  
210.590.0202

### Spring

4747 Louetta Road  
Spring, TX 77388  
713.514.1102

### Tyler

3500 South Broadway Ave.  
Ste E, Tyler, TX 75701  
903.581.8277

### Waco

1121 Ross Avenue Suite B,  
Waco, TX 76706  
254.759.5750

*Unless otherwise marked, all locations do not offer HRT, and all services are available at discounted rate, with no sliding scale*

## STATEWIDE RESOURCE GUIDES

### Gender Infinity

[www.resource.genderinfinity.org/](http://www.resource.genderinfinity.org/)

### University of Texas Medical Branch

[www.utmb.edu/health-resource-center/lgbtq-resources](http://www.utmb.edu/health-resource-center/lgbtq-resources)

### Trans Name and Gender Marker Change

[www.law.utexas.edu/probono/projects/special-projects/trans-legal-name-gender-marker-project/](http://www.law.utexas.edu/probono/projects/special-projects/trans-legal-name-gender-marker-project/)



# VIRGINIA



## MENTAL HEALTH



### Capital Area Health Network

2809 North Avenue #206  
Richmond, Virginia 23222  
804.780.0840  
www.cahealthnet.org



### Dr. Chiappinelli

601 George St.  
Fredricksberg, VA 22401  
540.370.4344



### Maggie Chubb LCSW

930 Redgate Ave.  
Norfolk, VA 23507  
757.626.3733  
Maggie.Chubb@gmail.com



### Thomas Coughlin

1633 Q St. NW #210  
Washington, DC 20009  
202.643.5675  
tcoughlinlpc@comcast.net



### Eleanor Criswell

312 S. Washington St. #3B  
Alexandria, VA 22314  
703.748.4900  
info@drcriswell.com  
www.drcriswell.com



### Anne L. Edwards PsyD

7019 Backlick Ct.  
Springfield, VA 22151  
703.509.6753



### Lisa Griffin PhD

14 S. Auburn Ave.  
Richmond, VA 23221  
704.458.0433  
info@drlisagriffin.com  
www.drlisagriffin.com



### Heather Kay



Clearwater  
Counseling & Wellness Services  
530 E. Main St. Suite 1012;  
Richmond, VA 23219  
804.382.6546  
clearwatercounselingva.com  
clearwatercounselingva@gmail.com

### David Lewis

Region Ten, Child & Family  
500 Old Lynchburg Rd  
Charlottesville, VA 22903  
434.970.1266  
David.Lewis@RegionTen.org  
RegionTen.org



### Pamela E. Marcus RN, MS, CS-P

14460 Old Mill Rd. #201  
Upper Marlboro, MD 20772  
301.952.9286  
marcusRN@aol.com



### Chris McClure MA, LPC

7450 Heritage Village Plaza #101  
Gainesville, VA 20155  
703.895.5208  
www.gpccva.com

### Joan Picket CSAC

1485 Chain Bridge Rd. #203  
McLean, VA 22101  
703.749.7928



### Dr. Shawn Rubin Psy.D

2700 Dorr Ave Fairfax, VA 22031  
501.725.7600

# VIRGINIA

## MENTAL HEALTH



**Michael G. Tancus**  
LCSW, DCSW

79 N. Medical Park Dr.  
Fishersville, VA 22939  
540.941.2508



**Lauren E. Tancus**

Augusta Behavioral Health



79 Medical Park Drive  
Fishersville, VA 22939

540.941.2525  
LTancus@augustahealth.com



**Carrie J Walker, LPC, RPT-S**

Richmond Creative Counseling, LLC



1900 Byrd Ave Suite 200  
Richmond, VA 23230

804.592.6311  
carriewalkerlpc@gmail.com  
www.richmondcreativecounseling.com



**Lauren Woolfolk**

Richmond Creative Counseling



1900 Byrd Ave Richmond VA, 23230  
804.592.6311

www.richmondcreativecounseling.com  
laurenwoolfolkcc@gmail.com

## ENDOCRINOLOGY



**Fan Free Clinic**

Transgender Clinic

(Contact Keri)

1010 North Thompson Street  
Richmond, VA 23230

804.358.6343  
kabrams@fanfreeclinic.org  
www.fanfreeclinic.org

## PRIMARY CARE



**Capital Area Health Network**

2809 North Avenue #206

Richmond, VA 23222  
804.780.0840  
www.cahealthnet.org



**Catherine Casey MD**

University of Virginia

375 Four Leaf Ln Suite 103  
Charlottesville, VA 22903  
434.243.0700  
cc5ds@virginia.edu  
<https://uvahealth.com/locations/profile/uva-family-medicine-and-specialty-care-crozet>



**Chippenham Family Medicine**

681 Hioaks Road

Richmond, VA 23225  
804.233.9661



**Jenn Gallienne**

Health Brigade



1010 N Thompson St.  
Richmond, VA 23230



804.358.6343  
jgallienne@healthbrigade.org

www.healthbrigade.org



**Dr. Patel**

Carilion Clinic



3 Riverside Circle, Roanoke, VA 24016  
540.266.6000

direct@carilionclinic.org



**Julia Taylor, MD**

UVA Teen & Young Adult Health  
Center



1204 W. Main St.



Charlottesville, VA 22903  
434.982.0090

# VIRGINIA

## PLANNED PARENTHOOD LOCATIONS

### Charlottesville

2964 Hydraulic Road  
Charlottesville, VA 22901  
434.296.1000



### Hampton

403 Yale Drive  
Hampton, VA 23666  
757.826.2079



### Richmond

201 N Hamilton Street  
Richmond, VA 23221  
804.355.4358



### Roanoke

2207 Peters Creek Road  
Roanoke, VA 24017  
540.562.3457



### Vienna

522 Grand Central Ave.  
Vienna, WV 26105  
304.295.3331

### Virginia Beach

515 Newtown Road  
Virginia Beach, VA 23462  
757.499.7526

## ENDOCRINOLOGY



### Fan Free Clinic

Transgender Clinic  
(Contact Keri)

1010 North Thompson Street  
Richmond, VA 23230  
804.358.6343  
kabrams@fanfreeclinic.org  
www.fanfreeclinic.org

## OTHER



### LGBT Life Center

Multiple Locations



757.640.0929

info@lgbtlifecenter.org

www.lgbtlifecenter.org



### Cheryl Ware, MEd., CCC-SLP

8306 University Place

Richmond, VA 23229

804.387.3806

cah1963@gmail.com

## STATEWIDE RESOURCE GUIDES

### Equality Virginia

[www.equalityvirginia.org/resources/transgenderresources/](http://www.equalityvirginia.org/resources/transgenderresources/)

### Psychology Today

[www.psychiatrists.psychologytoday.com/rms/prof\\_results.php?state=VA&spec=187](http://www.psychiatrists.psychologytoday.com/rms/prof_results.php?state=VA&spec=187)

### Side by Side

[www.sidebysideva.org/partners/](http://www.sidebysideva.org/partners/)

### Transgender Inclusion Shelter Project

[www.diversityrichmond.org/what-we-offer/education-and-advocacy/tisp.html](http://www.diversityrichmond.org/what-we-offer/education-and-advocacy/tisp.html)

### Transgender Health

#### Alliance of Central Virginia

[www.thacva.org/providers.html](http://www.thacva.org/providers.html)

### Virginia Department of Health

[www.vdh.virginia.gov/content/uploads/sites/10/2016/12/TransRRLList.pdf](http://www.vdh.virginia.gov/content/uploads/sites/10/2016/12/TransRRLList.pdf)



# WEST VIRGINIA

## MENTAL HEALTH

**Jeffrey Hammond, PhD**  
1286 Suncrest Towne Centre  
Morgantown, WV 26505  
304.381.4168  
drj.psychasso@comcast.net  
www.psychassociatespllc.com

## HIV CARE

**Charleston Area Medical Center -  
Ryan White Program**  
CAMC Memorial Hospital  
3200 MacCorkle Ave SE  
Charleston, WV 25304  
304.388.8106 or 304.388.9337  
www.camc.org



## ADDITIONS?

Email Ivy Gibson-Hill at  
the Campaign for  
Southern Equality at [ivy@  
southernequality.org](mailto:ivy@southernequality.org)

## STATEWIDE RESOURCE GUIDES

**Free HIV Testing through Charleston Area Medical Center**  
<http://www.camc.org/freetestinglocations>





# RESOURCES FOR FUNDING YOUR TRANSITION

**H**i! So, you found the doctor you're looking for, but you don't know how you're going to pay for it? You're in the right place! This section of the guide is all about how to fund your transition.

This is a compilation of research on grants that are available to assist trans folks with medical transition, helpful things to know about insurance coverage, and tips and tricks to assist with crowd-funding. All information contained herein is current, to the best of our knowledge, as of October 2017.

If you have additional resources to add, or would like to report out of date information for this funding section of the guide, please email me at [Ivy@southernequality.org](mailto:Ivy@southernequality.org).

Additionally the Human Rights Campaign maintains a list of employers which offer at least one trans inclusive healthcare plan; it can be found in the Corporate Equality Index, which they publish annually at [www.hrc.org/resources/corporate-equality-index-list-of-businesses-with-transgender-inclusive-health](http://www.hrc.org/resources/corporate-equality-index-list-of-businesses-with-transgender-inclusive-health). This has been very helpful for many folks, as you can find employers like Starbucks which offer trans inclusive healthcare plans after only six months of part-time employment.

I know looking at the expenses involved in medical transition can feel really overwhelming, especially for a segment of the population that faces the high rates of under and unemployment that we face. That's why I created this guide, and I hope you'll find it helpful on your journey!

Best Wishes,

Ivy Gibson-Hill  
LGBTQ Rights Toolkit Coordinator  
Campaign for Southern Equality

# GRANTS & FUNDING FOR TRANSITION EXPENSES

## THE JIM COLLINS FOUNDATION

The Jim Collins Foundation now offers two grant options. General Fund grants cover 100% of the medical fees associated with gender-affirming surgery. Grants from the Krysallis Anne Hembrough Legacy Fund cover 50% of the medical fees associated with gender-affirming surgery and require each recipient to match each dollar of funds received with a dollar of their own money or other money raised by the recipient. Applicants may only apply once per grant cycle and in their application must choose to be considered for either the General Fund or the Krysallis Anne Hembrough Legacy Fund.

### Criteria for the Jim Collins Foundation Grants

Applicant must understand the steps that are currently required to undergo the medical process of transition, and must have completed (or have outlined plans to complete) the following steps:

- Secure a letter of support from a licensed medical or mental health professional, such as a psychologist, psychiatrist, social worker, or therapist.
- Select a surgeon who is knowledgeable in transition-related surgeries. If applicant is chosen, the organization assumes this named surgeon is final.
- Identify who will care for and provide support post-surgery.
- If applicant has not completed all of these steps, but is planning to do so, please include your plans in your application.
- Note: If you are selected for funding, the payment will be made directly to the doctor or hospital facility. You must comply with any and all requirements according to the Standards of Care of the World Professional Association for Transgender Health's (WPATH), formerly known as the (Harry Benjamin International Gender Dysphoria Association, HBGDA), as determined by your selected surgeon.
- Applicant must demonstrate a genuine need for financial assistance.
- Applicant must detail the efforts they have made to fund-raise and the amount of cost that they will be able to cover on their own, if any.

The Jim Collins Foundation makes selections for grants based on a combination of demonstrated financial need and level of preparedness.

# GRANTS & FUNDING

## FOR TRANSITION EXPENSES

### CK LIFE SCHOLARSHIP FUND

ONE surgery must be selected per application number (Hysterectomy With GCS will count as one surgery. Multiple FFS which are performed by the same surgeon in one operation will count as ONE surgery.) If you would like to be considered for different types of surgery, you may request a different application number for each type of surgery, but you must complete an entire application for each application number.

#### Criteria for the CK Life Scholarship Fund

- Cover Page
- Name (*Both Legal and Preferred, if different*)
- Date of Birth
- Contact Info (*Email and/or Telephone*)
- Must State which ONE Surgery\* you are asking for assistance accessing.
- Name of Surgeon(s) you prefer, along with the surgeon's contact info. An alternate surgeon MUST be named. If no alternate surgeon is listed an explanation must be given.

#### Personal Statement

- Write a personal statement of no more than 1000 words. (*Anything beyond 1000 words will NOT be read.*)
- Detail what efforts you have made to fund raise or save towards your surgery.
- Please include in this statement who will care for you and provide support post-surgery.
- Include how having surgery will impact your life. (*Please be as specific as possible.*)
- What will you do to try and afford surgery if you are not granted a scholarship? (*Be as specific as possible.*)

#### Professional Letter

- One letter from a Medical OR Mental Health Provider.
- Acceptable Providers: MDs, DOs, PHDs, Nurse Practitioners, Psychiatrists, Social Workers, Therapists, Counselors (*if any questions about your provider, email us.*)
- Letter must state how long you have been in transition and what steps you have taken/completed in your transition process.
- Note: We understand there is no one way to transition, but applicants must meet WPATH standards of care with regards to being eligible for scholarship approval. For a list of standards, check out the WPATH.

# GRANTS & FUNDING FOR TRANSITION EXPENSES

## Personal Reference

- From someone you know stating why they think you should be selected for a scholarship.
- Contact information should be included because the individual may be contacted for clarification and/or verification.
- Must be a maximum of 500 words. (*Over 500 words Will NOT be read.*)

## Financial Statement

- State annual income and source of income
- Annual expenses
- Amount saved toward surgery, if any, with a break down (*i.e. \$500 for travel saved, \$1,000 toward surgery saved etc.*)
- Amount still needed toward surgery
- State whether or not you have insurance. If you have insurance, state what kind and why you are unable to use it for surgery.

All applicants will be given an application number. You can request an application number by emailing [scholarshipfund@ccklife.org](mailto:scholarshipfund@ccklife.org). This number must be included on each page of application materials to help keep track of application.

Any awarded funds MUST be used within 3 months (for all non-genital surgery procedures) or 6 months (for genital surgeries) of time they are awarded. If there are extenuating circumstances (such as surgeon has a long waiting list) then that time frame may be extended based on the circumstances. If the funds are not used in an appropriate amount of time, then the funds will go back into the pool of money toward the next scholarship cycle.

If you have any questions or concerns regarding this application process, please email: [scholarshipfund@ccklife.org](mailto:scholarshipfund@ccklife.org)

## TRANS LOVE FUND

The Trans Love Fund is a program of We Are Family, an organization dedicated to providing resources, support and leadership development to LGBTQ+ youth. The Trans Love Fund is dedicated to helping the transgender community of South Carolina by providing microgrants to trans identified individuals for medical, legal, and emergency living expenses. Apply through [www.wearefamilycharleston.org](http://www.wearefamilycharleston.org).

## POINT 5CC SURGERY FUND

Point 5cc Surgery Fund awards money raised from T-shirt sales to go toward one person's gender affirming surgery each year. The grants are awarded in February. No criteria is up on their site currently. This year they awarded just over \$1,200 to one person and had 57 nominations and 103 applications. For more information check out [www.point5cc.com](http://www.point5cc.com)

# GRANTS & FUNDING FOR TRANSITION EXPENSES

## RIZI TIMANE MINISTRIES

Transgender Hormone Fund has awarded scholarships of \$1,500 to 6 transgender women to assist with the purchasing of hormones each year. They also provide one surgery grant to a trans\* person each year.

Please write a letter of interest and email it to [rizi@rizitimaneministries.org](mailto:rizi@rizitimaneministries.org) for consideration. In the letter, be sure to tell us a bit about yourself (where are you from; are you GNC, FTM, or MTF; how far are you in transition; why do you need this fund; and other pertinent information.)

## TUFF

Founded in 2013, Trans United with Family and Friends (TUFF) aims to provide access to healthcare, transition services, safe housing and education for the underserved transgender population. TUFF offers individualized case management by pairing recipients to programs tailored to their specific needs. By focusing on the healthcare aspect of each recipient, TUFF also helps improve other aspects of their lives. TUFF holistically looks at the needs of each person, and has realized that if one area of someone's life improves, so will others. While most of TUFF's applicants express need with healthcare issues, it is clear that addressing these problems helps to improve others areas of their lives. For example, many of our applicants are unable to become employed because their body does not match their identity.

By being able to transition and receive healthcare, they are suddenly that much more employable. It is clear that people who have been able to transition are much more functional, confident and productive members of society.

At this moment, TUFF get on average 100 applications per month for funding and resource requests. About a third of the applicants have no other options to find help and access to healthcare, schooling, safety and shelter and are at very high risk of suicide, homelessness and financial distress. TUFF will be at the forefront of this movement by providing resources and options for these individuals.

To apply for a grant download and submit their application form at [www.tufforg.wixsite.com/tuffnew](http://www.tufforg.wixsite.com/tuffnew).

# THINGS TO KNOW ABOUT INSURANCE COVERAGE

**T**he tides are turning: more and more insurance companies in the United States are accepting the medical necessity of FTM chest surgery and covering this procedure for transgender men.

Additionally, there are a number of states that now prohibit discrimination and legally require insurance companies to provide transgender health coverage.

The medical necessity of GCS has been affirmed by the American Medical Association, American Psychiatric Association, and World Professional Organization for Transgender Health, as well as the insurance company, Aetna.

Keep in mind that coverage varies between health insurance companies, states, and plans. Don't assume that one company, state or plan is consistent with their level of coverage. Read your policy completely—not just the summary—and look for the exclusions and limitations section.

## COMMON REQUIREMENTS

To get top surgery covered by insurance, there are a number of requirements. Some of the hoops you may need to go through include:

- Meeting the insurance company's basic criteria: legal adult status; Gender Dysphoria diagnosis; support letters from qualified mental health practitioners, your primary care provider and your surgeon.
- Having to pay out-of-pocket for surgery, then getting a reimbursement from the insurance company.
- Having to be evaluated by a board of in-network doctors.
- Finding in-network surgeons who have top surgery experience.

If you live in a state where surgery coverage is not mandated by law, you still might be able to get your top surgery covered via student health insurance or the insurance appeals process.

# THINGS TO KNOW ABOUT INSURANCE COVERAGE

## THE AFFORDABLE CARE ACT

The Affordable Care Act and The Patient's Bill of Rights add several important protections in health insurance that affect transgender people:

- **Elimination of coverage denials:** Anyone can apply for health insurance and receive coverage for the care they need, regardless of their gender. (For example, hysterectomy coverage for a trans man.)
- **Pre-existing condition acceptance:** Insurers are no longer able to deny a person coverage based on having what an insurance company considers a pre-existing condition, which has included being transgender.
- **Plan cancellations are now illegal:** Canceling a plan used to be a way for health insurers to cancel coverage when a person's health needs changed, such as coming out as transgender.

For more information about trans health insurance coverage in 2017, please see state guides from Out2Enroll: <https://out2enroll.org/2017-cocs/>



# INSURANCE CODING ALTERNATIVES FOR TRANS HEALTHCARE

This fact sheet provides information about ICD-10 insurance codes and corresponding diagnoses and treatments the codes are related to. This document is intended to assist trans people in advocating for themselves with their healthcare providers and insurance companies. This information can help guide providers about insurance codes for trans healthcare that are commonly accepted and rejected.

If coverage is denied you can appeal that decision to your insurance company. Once you appeal a denial three times the appeal goes to an outside agency, and is often accepted. Ask your insurance provider about your specific appeals process. This fact sheet does not guarantee coverage from insurance providers. The best way to get information about your specific plan coverage is to speak with your insurance company.

## CODES THAT ARE COMMONLY REJECTED BY INSURANCE PROVIDERS

CODE	CONDITION	COMMENTS
F64	Gender Dysphoria/Gender Identity Disorder	Rarely covered in North Carolina but employers can request expansion.
Q56.3	Intersex code requires chromosomal documentation	Typically diagnosed in childhood and allow for full spectrum of gender surgery

*\*A note about F64: Some insurance providers will require this code for gender affirming surgeries. It is also often required for adolescents to get hormone interventions covered.*

## CODES THAT ARE COMMONLY ACCEPTED BY INSURANCE PROVIDERS

CODE	CONDITION	COMMENTS
E34.9	Endocrine disorder, unspecified	Hormone replacement therapy
Z79.899	Other long term (current) drug therapy	Labs related to hormone therapy including potassium, kidney and liver function, and blood counts
N62	Breast hypertrophy	Breast reduction/mastectomy
N64.4	Mastodynia	Mastectomy
N65	Deformity of reconst. Br	Mastectomy or reconstruction
N94.1	Dyspareunia (pain with sex)	Hysterectomy
N92.6	Irregular menses	Hysterectomy/IUD
N94.6	Painful menses	Hysterectomy/Hormonal therapies/IUD
N83.2	Ovarian cyst	Removal of ovaries
R10.2	Pelvic pain	Hysterectomy/removal of ovaries
N90.89	Hypertrophy of the clitoris	Clitoroplasty
N90.69	Labial hypertrophy	Labiaplasty
N94.819.2	Vulvar pain	Vulvoplasty
N50.819	Orchialgia	Orchiectomy

Campaign for Southern Equality has created this fact sheet to assist trans and gender diverse people seeking medical interventions in advocating for ourselves with our healthcare providers and insurance companies. Questions about coverage and specific plans should always be directed to insurance providers.

# ADDITIONAL INFORMATION FOR INSURANCE CODING APPEALS PROCESS

This information is pulled directly from “Gender Reassignment Surgery Model National Coverage Determination,” a toolkit created by the Transgender Medicine Model National Coverage Determination Working Group with the assistance of Nick Gorton, MD of Lyon-Martin in San Francisco:



“The patient’s specific insurance plan has a transgender care exclusion in their coverage. Most insurers have an exclusion of coverage for transition-related coverage as their standard language and do not remove it unless a state has issued guidance that says that exclusions of trans care are illegal, or the plan receives federal funds to pay for premiums (or payment for a third party administrator), such as a federal or state marketplace plan, Medicare or Medicaid programs (many states are out-of-compliance with the federal rules for their Medicaid programs). This is the most common, and most folks don’t know they have an exclusion until they are told where to look. This does not mean that it is impossible to get care covered, but the appeals process is much harder.

Coverage for specific procedures: Some coverage is categorically excluded because they are viewed as cosmetic (i.e. breast augmentation, body contouring, facial feminization procedures) - generally speaking, these are hard to appeal and clearly delineate why they are medically necessary to meet the insurer’s standards. Some “sub-procedures” are also not covered, even if they main procedure is covered (i.e. double mastectomy is covered for transgender men, but not nipple reconstruction; phalloplasty may be covered, but the testicular implants are not, often citing cosmetic purposes) - when this occurs, the service is easier to appeal, because most of these procedures are available to cisgender people, and the case can be made that the “cosmetic ruling” is being applied to trans people for the sake of denying care (i.e. sex discrimination).

Coverage issues can occur when someone is getting a “sex-specific procedure” such as a pap smear or a PSA testing for prostate exams, this is typically related to what gender marker the patient currently has on their health insurance account. While this discrimination is illegal, this happens with some frequency, but can be fixed using KX or 45 modifier. This is more of an educational issue to medical providers, but most do not know that they can code in this fashion to assure that their patient’s care gets covered.”

*The Campaign for Southern Equality gives special thanks to Kinneil Coltman of Carolinas Healthcare and Dr. Jennifer Abbott of Western North Carolina Community Health Services for their assistance with compiling this information.*

**Sources:**

[www.cms.gov/medicare/coverage/determinationProcess/downloads/Kalra\\_comment\\_01022016.pdf](http://www.cms.gov/medicare/coverage/determinationProcess/downloads/Kalra_comment_01022016.pdf)  
[www.transline.zendesk.com/hc/en-us/articles/229372908-Coding-for-Transition-Related-Care](http://www.transline.zendesk.com/hc/en-us/articles/229372908-Coding-for-Transition-Related-Care)

# CROWDFUNDING FOR TRANSITION

## PLANNING YOUR CAMPAIGN

- Write an honest letter to your would-be funders about why you need the funds. Ask for what you need and not more.
- Keep in mind that running and publicizing a crowdfunding campaign can be quite time consuming. Delay your campaign if you're overworked, burned out, etc.
- Have realistic expectations: more than half of Kickstarter campaigns fail to make their goal. Assume that only 1% of your contacts will contribute.
- The currency of crowdfunding is relationships, so get your target audience right. If all your friends are broke and also saving for surgery, you'll need to re-think your plans.
- Make a great video promoting your campaign and put it on your donation page. Be creative, entertaining and honest. Solicit an emotional response.
- If you're offering rewards / backer levels, structure them carefully and budget the cost of fulfillment. While the average donation amount will probably be under \$50, use your creativity to create attractive "upper end" rewards as well.
- Study successful campaigns and try to reverse-engineer their path to success.

## CROWDFUNDING SERVICES

Before you pick a crowdfunding service, consider: Do you really need one? These services take a commission on the funds raised (examples below.) Many people have had good success using a self-hosted donation page (hosted on their websites or on WordPress.com/Blogspot/etc.) with a form integrated with PayPal or WePay, where fees hover around 3%. Here are some popular services and their fee schedules, as of September 2016:

- DonationTo: 5% + PayPal or Wepay fees (typically 2.9% plus \$.30 per transaction). 0% Paid accounts also available.
- Fundly 7.9%
- FundRazr 5% + PayPal fees (typically 2.9% plus \$.30 per transaction)
- GiveForward\* 7% - \*\*Specifically for medical fundraising\*\*
- GoFundMe 7.9% + 0.30
- GoGetFunding: 4% + PayPal fees (typically 2.9% + \$0.30 per transaction)
- Indiegogo: 4%-9%
- RocketHub: 8% – 12%
- You Caring: \$0 + PayPal or Wepay fees (typically 2.9% plus \$.30 per transaction)

# GLOSSARY OF TERMS

## CISGENDER

A term for someone whose gender identity corresponds with the sex they were assigned at birth; not transgender.

## DRAG KING

A person who is expressing hyper masculinity through performance art.

## DRAG QUEEN

A person who is expressing hyper femininity through performance art.

## GENDER

A socially constructed system for classifying people into categories. Different cultures use different systems for this classification.

## GENDER CONFIRMATION SURGERY

Any form of surgical procedure performed on a transgender or gender nonconforming person in order to make their primary or secondary sex characteristics better reflect their gender identity. This may include different types of “top surgery”, “bottom surgery”, or other procedures. Contrary to popular belief, there is not one surgery; in fact there are many different surgeries. Not all transgender or gender nonconforming people desire gender confirmation surgery and each person’s pathway to medical transition is unique. “Gender Confirmation Surgery” is preferable to the previously used term “Gender Reassignment Surgery”, and many consider “sex change surgery” derogatory.

## GENDER EXPRESSION

Refers to the ways in which we each manifest masculinity, femininity, both, or neither. Gender expression may or may not align with someone’s gender identity. This visible expression of gender includes hairstyles, clothing choices, body language, etc.

## GENDER IDENTITY

One’s innermost concept of self as it relates to gender. How individuals experience gender personally. One’s gender identity can be the same or different from their sex assigned at birth. Gender identity cannot be seen from looking at a person.

## GENDERING

The act of assigning a gender to another person. Incorrectly assigning a gender to another person is called misgendering.

# GLOSSARY OF TERMS

## **GENDER NON-CONFORMING**

A term for individuals whose gender identity or expression falls outside the gender binary of man and woman. Some examples of gender non-conforming identities include genderqueer, agender, bigender, gender fluid, etc.

## **INTERSEX**

A general term used for a variety of conditions in which someone's body doesn't seem to fit the typical definitions of male and female. We often associate intersex with conditions seen at birth, but there are many conditions that aren't seen at birth, such as androgen insensitivity syndrome, for example.

## **PRONOUN**

The words used to refer to someone instead of using their name. He is a masculine pronoun; she is a feminine pronoun; they is a neutral pronoun. Pronouns are the most common way that we gender people.

## **QUEER**

An umbrella term used to refer to sexual and gender minorities that are not cisgender or heterosexual.

## **TRANSGENDER**

An umbrella term for people whose gender identity differs from the sex assigned to them at birth. Transgender is often shortened to "trans", and is inclusive of gender nonconforming identities.

## **SEX**

The categorization of people based on external physical characteristics (e.g., hip to shoulder ratio, facial and body hair, vocal pitch, muscle mass, genital configuration, etc.)

## **SEXUAL ORIENTATION**

A person's sexual identity in relation to the gender or sex they are attracted to.

## **TRANSGENDER MAN**

A person who was assigned the sex of female or intersex at birth and identifies as male.

## **TRANSGENDER WOMAN**

A person who was assigned the sex of male or intersex at birth and identifies as female.

## **TRANSITION**

The period during which a person begins to live as their true gender. Transitioning may include changing one's name, changing their presentation, taking hormones, having surgery, or changing legal documents to reflect their true gender. Or transition may not include any of those things, depending on what that person wants or doesn't want.

# GLOSSARY OF TERMS

## **INFORMED CONSENT**

A provider who prescribes hormones with informed consent does not require a letter from a therapist to prescribe hormones.

## **ENDOCRINOLOGIST**

A doctor who specializes in issues related to hormones. These doctors may oversee medical transition in terms of Hormone Replacement Therapy (HRT).

## **HRT (HORMONE REPLACEMENT THERAPY)**

The process in which hormones and hormonal treatments are administered. HRT is not sought out by all transgender individuals, nor is it a requirement for transitioning.

## **GCS (GENDER CONFIRMATION SURGERY):**

Surgical procedures in which a person's body is altered to change their gender expression. GCS is not sought out by all transgender individuals, nor is it a requirement for transitioning.



# NATIONAL RESOURCE GUIDES

## **LGBTQ Rights Toolkit: Resources for the South**

Campaign for Southern Equality  
[www.lgbtrightstoolkit.org](http://www.lgbtrightstoolkit.org)

## **Locally Trans**

[www.locallytrans.com/](http://www.locallytrans.com/)

## **Trans Bucket**

[www.transbucket.com](http://www.transbucket.com)

## **RAD Remedy**

[www.radremedy.org/](http://www.radremedy.org/)

## **GLAAD's Trans Resource Page**

[www.glaad.org/transgender/resources](http://www.glaad.org/transgender/resources)

## **HRC's Safer Sex for Trans Bodies Guide**

[www.hrc.org/blog/hrc-foundation-and-whitman-walker-health-release-comprehensive-transge](http://www.hrc.org/blog/hrc-foundation-and-whitman-walker-health-release-comprehensive-transge)

## **My Trans Health**

[www.mytranshealth.com](http://www.mytranshealth.com)

## **Trans Youth Equality Foundation**

[www.transyouthequality.org](http://www.transyouthequality.org)

# ACKNOWLEDGEMENTS

Thank you for checking out *Trans in the South: A Guide to Resources and Services!*

We are grateful to those who maintain other resources guides to make it easier for trans people to access competent medical care. Some of these other resource guides include Trans Bucket, RAD Remedy, Funding your transition: A Resource Guide, Southeastern Trans Resource Guide, Charlotte Transgender Healthcare Group, TranzMission, LGBT Patient Care Collaborative in Upstate SC, HRC's Safer Sex for Trans Bodies. And of course none of this would be possible without the thousands of trans folks living across the South who share resources with each other.

We'd also like to thank providers who have shared information and resources, including Dr. Claire Farel, Kinneil Coltman, and the Transgender Health Program at WNCCHS. Compiling this resource guide was a labor of love, and would not have been possible without the help of Jasmine Beach-Ferrara, Brennan Lewis, Fletcher Page, Adam Polaski, and Quentin Bell.

If you have additional resources to add to *Trans in the South*, or you want to report out-of-date information, please email me at [ivy@southernequality.org](mailto:ivy@southernequality.org).

I hope this guide improves your experience accessing services. We give many thanks to the providers who are listed here and to the organizations and agencies working every day to ensure that trans folks in the South have access to resources, services, and support.

Best wishes,  
Ivy Gibson-Hill  
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