

Trans *in the* South

**A GUIDE TO
RESOURCES + SERVICES**

WWW.SOUTHERNEQUALITY.ORG/TRANSINTHESOUTH

UPDATED JANUARY 2019

**CAMPAIGN FOR
SOUTHERN
EQUALITY**



Dedication

***Trans in the South* is dedicated to the grassroots warriors who are working to get resources to their friends, family, and community members. To the ones who are building their networks of support from the ground up.**

This book is for the folks who thought transition would never be an option for them. For the ones who have been told they aren't trans enough. For the rural Southern trans kids who feel like they are alone in this world.

This book is for all the trans and gender expansive Southerners who insist on continuing to breathe day after day. The ones who are bold enough to embrace self definition in a world that was not built for us to thrive.

Trans in the South is dedicated to every trans Southerner who persists in growing in this rocky clay soil. We face unique challenges that other folks may never understand, but may we never forget the beauty, strength, and resiliency that lives in each one of us. You are not alone.

Recommended citation: Gibson-Hill, I., J. Beach-Ferrara, C. White, and A. Scott. 2019. "Trans in the South: A Guide to Resources and Services." Third Edition. Campaign for Southern Equality: Asheville, North Carolina

What's Inside:

TRANS IN THE SOUTH:

4 HOW TO USE THIS RESOURCE GUIDE

6 ABOUT THE CAMPAIGN FOR SOUTHERN EQUALITY AND COMMUNITY HEALTH PROGRAM

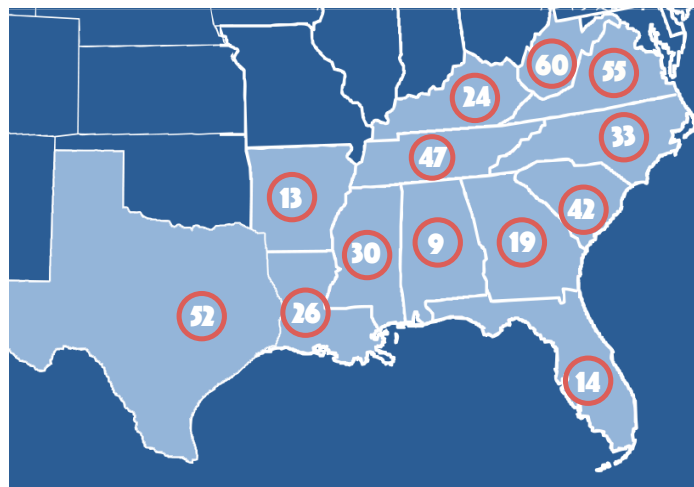
9 RESOURCES IN SOUTHERN STATES

61 RESOURCES FOR FUNDING YOUR TRANSITION

70 GLOSSARY OF TERMS

72 NATIONAL + REGIONAL RESOURCE GUIDES

See resources in each Southern state on these pages:



DISCLAIMER:

This document provides information about acquiring medical or attorney referrals; it is not medical or legal advice. Moreover, due to the rapidly changing nature of the law and our reliance on information provided by outside sources, we make no warranty or guarantee.

Welcome to *Trans in the South: A Guide to Resources and Services*, compiled by the Campaign for Southern Equality.

Our hope is that every trans person in the South can access the services and support they need to be healthy and to thrive. Our goal is that this resource guide is a helpful tool in that journey. In these pages you'll find lists of service providers throughout the South, information about insurance coding, and resources to assist with funding medical transition.

Accessing friendly therapists, medical providers, and legal assistance can be difficult as a trans person in the South, especially if you don't know where to start or who to reach out to. That's why we created this resource guide.

Trans in the South offers resources for trans folks in Alabama, Arkansas, Florida, Georgia, Kentucky, Louisiana, Mississippi, North Carolina, South Carolina, Tennessee, Texas, Virginia and West Virginia. Resources in this guide are divided by type of services offered within each Southern state. So, for example, if you're looking for an endocrinologist in South Carolina, just scroll down to South Carolina and look for the heading "ENDOCRINOLOGY."

For the 2019 update, we made an essential shift in the leadership and process of updating the guide, driven by the knowledge that no one knows the needs and resources in their local areas better than local leaders. This year's guide was expanded by the amazing *Trans in the South* Research and Development Team, made up of trans folks from across the South who each focused on adding more resources from the areas where they live. We cannot thank them enough for all their work to help connect trans folks to the resources they need to lead full and healthy lives! Meet this incredible team on page 7.

We compiled these resources based on input from the Research and Development Team, trans folks who reported having a positive and affirming experience using these services, referrals from trans-friendly providers, and pulling from other resource guides that list these providers as being trans-friendly. To confirm the status of these resources as trans-friendly, we called each provider and spoke with the staff at that agency. We only included providers who report actively working with trans folks in this guide.

Some providers offered additional information about their practice like accepting insurance, charging on a sliding scale, offering Hormone Replacement Therapy, or working with youth. These are marked with icons. We still encourage calling the provider you're interested in and asking about the specific services you're seeking.

This year, we've added a screening for Spanish-speaking providers or providers that offer Spanish interpretation services. We're also piloting an interactive map of all listings, which you can access at www.southernequality.org/transinthesouth.

This edition of *Trans in the South* was published in January 2019 and can be downloaded at www.southernequality.org/transinthesouth. We'll be collecting new resources throughout the year and updating the guide annually. If you have additional resources, questions, or feedback, please email them to me at Ivy@southernequality.org.

Publishing this annual update is an important project at CSE, something we're both proud and honored to do to serve the Southern trans community. Our whole CSE staff team has contributed to this project.

Thanks for accessing *Trans in the South*. I hope you'll find it helpful!

Best Wishes,
Ivy Gibson-Hill
Campaign for Southern Equality
Community Health Program Director

Icons in This Guide

Healthcare providers have shared specific details about their work for inclusion in *Trans in the South: A Guide to Resources and Services*. Our team has confirmed these details with providers, but the absence of icons does not necessarily mean that the provider does not meet one or more of these specifications. Contact providers directly with any questions.



Offers Hormone Replacement Therapy (HRT) - Hormone Replacement Therapy is a big step for many trans folks. The general providers that are marked with this symbol offer HRT in their office. This cuts the step of also finding an endocrinologist.



Writes Letters - Many endocrinologists and surgeons require a letter from a mental health professional before they will move forward with assisting with medical transition. These mental health professionals will write the letters that are required for Hormone Replacement Therapy and/or surgery. If this icon is beside an endocrinologist, it means they will write the necessary letters to change gender markers on legal documents without requiring the patient to undergo surgery.



Doesn't Write Letters - These providers report being trans-friendly; however they won't write the letters folks need to begin HRT, undergo surgery, or change gender markers on legal documentation.



Requires Letters - These providers do not offer treatment with informed consent, but require a letter from a therapist before beginning HRT.



Informed Consent - These providers offer treatment with informed consent and do not require a letter from a mental health professional to begin HRT.



Sees Adolescents - These providers will assist individuals under the age of 18 with their medical transition.



OB/GYN - These providers also offer pelvic exams for trans men.



Planned Parenthood - These providers operate within Planned Parenthood offices. Most Planned Parenthood affiliates offer HRT with informed consent.



Scheduling 6 Months to a Year Out - At the time that we called, these providers reported scheduling 6 months to a year out for new patients.



Doesn't Take Insurance - These providers report that they don't accept any insurance.



Takes Insurance - These providers report accepting insurance.



Charges on a Sliding Scale - These providers report charging on a sliding scale based on need.



Free Sessions Available - Some providers report working with local clinics in order to provide free sessions to the clients who aren't able to make payments even on a sliding scale basis. We encourage calling providers with these icons and asking about the process to take advantage of those free needs-based services.



Veterans Only - These providers only work with veterans.



Serves Spanish-Speaking Populations - These providers offer their services in Spanish.



Student Counseling Services - These providers are trans-friendly, but they are only available to students at their university.



Support Group - These providers also offer peer support groups.

ABOUT US

THE CAMPAIGN FOR SOUTHERN EQUALITY

Based in Asheville, North Carolina, the Campaign for Southern Equality (CSE) promotes full LGBTQ equality - both legal and lived - across the South. Our work is rooted in commitments to equity in race, gender and class.

One third of all LGBTQ Americans live in the South, including more than one third of all trans Americans. Yet across the region, LGBTQ people lack basic legal protections, face robust opposition to our rights and have limited resources for advocacy and direct services. LGBTQ people in our region are also at an elevated risk of poverty and health disparities. Our community meets every definition of political powerlessness, evidenced most recently by the wave of anti-LGBTQ bills sweeping the South and by a lack of elected representation in local, state and federal offices. While national funding to the LGBTQ South is increasing (it has grown from less than 8% to 25% in recent years), the majority goes to large metro areas and large organizations within the South.

At the same time, LGBTQ Southerners live each day with courage and strength. Every day, we hear stories about how the South is changing and how support for equality is growing. Our work starts by asking what a LGBTQ Southerner needs when they are ready to lead equality efforts in their hometown, or ready to access support and services. Responding to this complex mix of urgent needs and entrenched structural issues requires a new approach. Tactically, this requires that we use a range of tools in our work, including direct services, direct action, litigation, grant-making, and long-term organizing strategies to support a new generation of LGBTQ leaders and to build political power.

COMMUNITY HEALTH PROGRAM

Through our Community Health Program, we respond to the acute and widespread need for direct services and resources for LGBTQ Southerners. Current programs include our digital toolkit which provides information about concrete ways LGBTQ Southerners can protect their rights and access support; free Pop-Up clinics that provide direct services and resources on topics such as name changes and family rights; our new Southern LGBTQ Health Initiative, a partnership with Western NC Community Health Services to increase access to LGBTQ-friendly care at Southern Community Health Centers; publishing the Trans in the South guide with annual updates; and providing training and funding to support frontline providers of culturally-competent direct services. Since launching, CSE has run more than 140 free LGBTQ legal and resource clinics across the South, serving more than 4,000 people.

**LEARN MORE ONLINE:
WWW.SOUTHERNEQUALITY.ORG**



Research & Development

The *Trans in the South* guide is for the trans community and created by the trans community. No one knows what local folks need better than local leaders. Meet the team of amazing trans leaders from across the South who helped lead efforts to identify more resources and help connect trans folks with those resources.

Kayla Gore

Pronouns: She/her/hers

Kayla Gore is an incredible leader in the trans community based in Memphis, Tennessee. Kayla has an extensive history in advocating for the trans community. From working to end chronic homelessness in the trans community to advocating for just treatment for trans people by law enforcement to building supportive community spaces through her work with OUT Memphis - Kayla is a powerhouse advocate for trans Southerners, and we are so honored to have had her help with the 2019 edition of *Trans in the South*!

KC Buchanan, MSW

Pronouns: They/them/their

KC Buchanan is an amazing advocate for trans and queer southerners. Their work includes co-founding OUT in the High Country, a grassroots advocacy and education group in Boone, North Carolina. KC is a systems-oriented social worker and is driven by a passion for creating access, equity, and justice across the South. We are so grateful for KC's help in adding more providers from rural areas across the South to this year's update!

Quentin Bell

Pronouns: He/him/his

Quentin Bell is the founder and Executive Director of The Knights and Orchids Society in Selma, Alabama. Que is doing amazing and innovative work in Alabama to increase trans folks' access to competent care, and through their Project FAITH (Fair Access in Transgender Health) Que and the TKO team are connecting folks with HIV testing and other resources for health at LGBTQ night clubs in Alabama. He is a dynamic leader for equity, and a true agent for change. We are so grateful for all of Quentin's hard work on this year's update!

Jaymeson Rivers

Pronouns: He/him/his

Jaymeson has been an advocate for the trans community for over 5 years. From serving on the leadership team for Gender Benders to serving in leadership of the Greenville Tech GSA and beyond, Jaymeson is a fierce advocate for trans folks in the South. Jaymeson is now based in Richmond, Virginia, where he's continuing his advocacy work for trans Southerners. We were honored to have his help in expanding *Trans in the South*!

Emergency Help and Resources

If you are in need of immediate help,
please use these resources from
anywhere in the country.

- ▶ If you are thinking of hurting yourself, call the **National Suicide Prevention Lifeline** at:

English: 1-800-273-TALK (8255)
Spanish: 1-888-628-9454
Options for Deaf and Hard of Hearing:
1-800-799-4889

- ▶ For the **Trans Lifeline**, please call 877-565-8860.

- ▶ For **The Trevor Project**, call 1-866-488-7386 for 24/7 crisis support for LGBTQ Youth. Or text START to 678678 for support via text messaging 24/7. Online chat support available 7 days a week from 3PM to 10 PM ET here: <https://www.thetrevorproject.org/get-help-now>

- ▶ **MORE RESOURCES:**
<https://suicidepreventionlifeline.org/talk-to-someone-now/>

VISIT ONLINE AT

- ▶ **GLBT National Help Center Hotline**
P: 1-888-843-4564
W: www.glnh.org
Hours: 4 PM – 12 AM, EST

- ▶ **GLBT National Youth Talkline**
P: 1-800-246-7743
W: www.glnh.org
Hours: 4 PM – 12 AM, EST

Alabama



MENTAL HEALTH



Charlar Barnes

600 S Court St Ste 312
Montgomery, AL 36104

334.647.1781
exceptionalliving14@gmail.com



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Adult & Child Development
Professionals, LLC
2305 Arlington Ave. S
Birmingham, AL 35205

205.933.9276
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www.adultandchilddevelopment.com



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205.877.8677
Amanda@birminghamaidsoutreach.org



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Longwood Psychological Center
111 Longwood Drive SW.
Huntsville, AL 35801

256.469.1949
www.sarahmulderpsychology.com



**Susan E. Riser,
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A Better Way, LLC
5510 Wares Ferry Rd
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334.387.2317
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www.montgomerytherapist.com



**Angela Stowe,
Ph.D**

UAB Student Counseling Services
1714 9th Ave S.
Birmingham, AL 35294

205.934.3581
counseling@uab.edu
www.uab.edu/students/counseling/



**Nick
VanWaggoner,
MD**

UAB Student Health
and Wellness Center
619 19th St S
Birmingham, AL 35233

205.934.1917



HIV CARE



Glen Archibald MD

AIDS Alabama
3529 7th Ave. South
Birmingham, AL 35222

205.324.9822
nathan.salter@aidsalabama.org
www.aidsalabama.org



Albertville Clinic

201 East McKinney Ave, Ste A
Albertville, AL 35950

256.660.5127
www.thrivealabama.org



AIDS Alabama

3529 7th Ave S.
Birmingham, AL 35222

205.324.9822
www.aidsalabama.org



AIDS Alabama South

4321 Downtowner Loop N.
Mobile, AL 36609

251.471.5277
www.aidsalabamasouth.org



Birmingham AIDS Outreach

205 32nd Street South
Birmingham, AL 35233

205.322.4197
www.birminghamaidsoutreach.org



Dothan AIDS Outreach

1865-3 Honeysuckle Road, Suite 2
Dothan, AL 36305

334.673.0494
www.maoi.org



The Hames Clinic

112 S. Pine Street, Suite 202
Florence, AL 35630

256.764.0492
www.thrivealabama.org



Montgomery AIDS Outreach

2900 McGehee Rd Suite A
Montgomery, AL 36111

334.280.3349
www.maoi.org



Selma AIDS Information & Referral

Steel City Law, LLC
3000 Crescent Avenue
Homewood, AL 35209

205.607.0225
ssmith@steelcitylawfirm.com



Thrive Alabama

600 St. Clair Avenue, Building 3
Huntsville, AL 35801
201 E McKinney Ave
Albertville, AL 35950
112 S Pine St.
Florence, AL 35630

www.thrivealabama.org
256.536.4700
256.660.5127
256.764.0492



West Alabama AIDS Outreach

2720 6th Street
Tuscaloosa, AL 35401

205.759.8470
www.waao.info



ENDOCRINOLOGY



Dr. Deepti Bahl

The Kirklin Clinic
2000 6th Avenue South
Kirklin Clinic, 4th floor
Birmingham, AL 35233

205.996.3636

www.uab.edu/medicine/endocrinology



Dr. Ron Banerjee

The Kirklin Clinic
2000 6th Avenue South
Kirklin Clinic, 4th floor
Birmingham, AL 35233

205.996.3636

www.uab.edu/medicine/endocrinology



Hussein Abdul-Latif, MD

Endocrinology Department
of Children's of Alabama
Park Place 1601 4th Avenue S
Birmingham, AL 35233

205.638.9107

www.childrensal.org/Endocrinology



Morissa Jean Ladinsky, MD

Children's of Alabama
1600 7th Avenue South
McWane Building
Birmingham, AL 35233

205.638.9585

www.childrensal.org



Dr. Huey McDaniel

Diagnostic & Medical Clinic
1700 SpringHill Ave #100
Mobile, AL 36604

251.435.1200

www.diagnosticandmedical.com/



Dr. Anish Patel

The Kirklin Clinic
2000 6th Avenue South
Kirklin Clinic, 4th floor
Birmingham, AL 35233

205.996.3636

www.uab.edu/medicine/endocrinology



Dr. Amy Warriner

The Kirklin Clinic
2000 6th Avenue South
Kirklin Clinic, 4th floor
Birmingham, AL 35233

205.996.3636

www.uab.edu/medicine/endocrinology

PRIMARY CARE



Dr. Scott Weisberg

Magic Center Wellness Center
2500 4th Ave S
Birmingham, AL 35233

205.877.8677

mcwc@mcwc-bao.org

www.magiccitywellnesscenter.org



PLANNED PARENTHOOD



**Birmingham
Health Center**

1211 27th Pl S
Birmingham, AL 35205

205.322.2121



**Planned
Parenthood
Mobile**

717 Downtowner Loop West,
Mobile, AL 36609

251.342.6695

LEGAL RESOURCES



**T. Shane
Smith**

Steel City Law, LLC
3000 Crescent Ave
Birmingham, AL 35209

205.607.0225
ssmith@steelcitylawfirm.com
www.steelcitylawfirm.com

OTHER RESOURCES



**Steven R.
Steinzmetz,
MD, FACS**

Steinzmetz Plastic Surgery
2700 10th Avenue S,
Birmingham, AL

205.930.0980
www.steinmetzplasticsurgery.com

STATE RESOURCE GUIDE

**Association of Lesbian, Gay Bisexual & Transgender
Issues in Counseling of Alabama (ALGBTICAL)**

www.algbtical.org/2A%20COUNSELOR%20LIST.htm

Covers entire state

Arkansas



HIV CARE



**Arkansas
Department of
Health Ryan
White Program**

4815 W. Markham,
Little Rock, AR 72205

501.661.2408
www.healthy.arkansas.gov

**Arkansas AIDS
Foundation**

523 S Louisiana St. Ste 303.
Little Rock, AR 72201

501.376.6544
info@arkansasaidsfoundation.org

PLANNED PARENTHOOD



**Planned
Parenthood
Fayetteville**

3729 North Crossover St.
Fayetteville, AR 72703

479.443.7791



**Planned
Parenthood
Little Rock**

5921 W. 12th Street
Little Rock, AR 72204

501.666.7526

STATE RESOURCE GUIDES

**Arkansas Transgender
Equality Coalition**

www.artranscoalition.org/health
Covers entire state

Transgender Equality Network

transeqnet.org/resources/arkansas-resources/
Covers entire state

Florida



MENTAL HEALTH



**Ieshai Bailey,
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398 Communal Gardens Blvd,
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www.levypsychology.com



**Eric Leever,
LMHC**

Change of Mind Mental
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314 NW Bethany Dr.
Port St. Lucie, FL 34986

772.284.6030
eric@leevermhc.com
www.mychangeofmind.com

Florida



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www.authenticlifetransitions.com



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Heart Connection
249 Bimini St. NE
Lake Placid, FL 33852

305.333.2263
dranagloriamora@gmail.com
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Saks, MD**

Bonnie R. Saks & Associates
3333 West Kennedy Boulevard
Ste 106
Tampa Bay, FL 33609

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**Coral
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2630 NE 203 Street, Ste 103
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305.936.8000
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www.arvonandassociates.com



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Lakeland LGBT Therapy
2033 E Edgewood Dr #4
Lakeland, FL 33803

863.271.7972
heather@lakelandfltherapy.com
www.lakelandlgbttherapy.com

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370 Camino Gardens Blvd #117
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561.409.9701
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www.drdavidw.com



HIV CARE



Care Resource Ft. Lauderdale

871 West Oakland Park Blvd.
Ft. Lauderdale, FL 33311

954.567.1234
www.careresource.org



Care Resource Little Havana

1901 S.W. 1st Street - 3rd Fl.
Miami, FL 33135

305.203.5230
www.careresource.org/new-location-little-havana

Care Resource Meridian Ave Office

1701 Meridian Ave #400
Miami Beach, FL 33139

305.673.3555
www.careresource.org



Care Resource Miami

3801 Biscayne Blvd.
Miami, FL 33137

305.576.1234
www.careresource.org



Care Resource Miami Beach Office

1680 Michigan Ave STE 912D
Miami Beach, FL 33139

305.534.0503
www.careresource.org



Hope & Help Center of Central Florida, Kissimmee

231 Ruby Ave.
Kissimmee, FL 34741

407.994.2825
info@hopeandhelp.org
www.hopeandhelp.org



Hope & Help Center of Central Florida

707 Mendham Blvd Suite 104
Orlando, FL 32825

407.645.2577
info@hopeandhelp.org
www.hopeandhelp.org



Miracle of Love Lake County Office

4400 North Highway
19A Mt Dora, FL 32757

352.357.6341
www.miracleofloveinc.org



Miracle of Love The Stafford House

711 Seminole Ave.
Orlando, FL 32804

407.532.0070
info@miracleofloveinc.org
www.miracleofloveinc.org/staffordhouse



Miracle of Love

Osceola County Office
600 North Thacker Ave.
Kissimmee, FL 32741

407.994.2995
www.miracleofloveinc.org



PRIMARY CARE



**Michael
Horseman MD**

Family Practice Associates
4410 W Newberry Rd.
Gainesville FL 32607

352.372.7800
www.fpagainesville.com



**Dr. Christopher
J. Salgado, MD**

LGBTQ Center for Wellness,
Gender and Sexual Health
1120 NW 14th St.
Miami, FL 33136

305.689.5511
MiamiTransgender@med.miami.edu
www.umiamihospital.com/lgbtq-services

ENDOCRINOLOGY



**Brenda M.
Barry, MD**

Women Care of Baldwin Park
930 Lake Baldwin Ln
Orlando, FL 32814

305.243.4530
www.jacksonhealth.org



**Christopher
Estes MD**

Jackson Memorial Hospital
1611 NW 12th Ave # 233
Miami, FL 33136

407.898.1500
womencare@cfl.rr.com
www.brendabarrymd.com



**Sadaf
Jeelani M.D**

Accent Endocrinology
4340 W Newberry Rd #103
Gainesville, FL 32607

352.372.9414
www.accentmd.com/florida-endocrinology/jeelani.html

OTHER RESOURCES



**Adele Kates &
Associates PA**

1 NE 168th St.
North Miami Beach, FL 33162

305.651.6442

STATE RESOURCE GUIDES

Equality Florida
www.eqfl.org
Covers entire state

Trans Florida
<http://transflorida.tumblr.com/hrt>
Covers entire state



PLANNED PARENTHOOD

	Boca Raton Health Center	8177 Glades Rd. Boca Raton, FL 33434	561.226.4116
	Downtown Orlando Health Center	726 S Tampa Ave Orlando, FL 32805	407.246.1788
	East Orlando Health Center	11500 University Blvd Orlando, FL 32817	407.246.1788
	Fort Myers Health Center	8595 College Parkway, Ste 250 Fort Myers, FL 33919	239.481.9999
	Gainesville Health Center	914 NW 13th Street Gainesville, FL 32601	352.377.0881
	Golden Glades Health Center	585 NW 161st St #200-300 Miami, FL 33169	305.830.4111
	Jacksonville Health Center	5978 Powers Avenue Jacksonville, FL 32217	904.399.2800
	Kendall Health Center	11440 SW 88th St. Miami, FL 33176	786.263.0001
	Kissimmee Health Center	610 Oak Commons Blvd. Kissimmee, FL 34741	407.246.1788
	Lakeland Health Center	2250 E. Edgewood Drive Lakeland, FL 33803	863.665.5735
	Manatee Health Center	1105 53rd Ave E Bradenton, FL 34203	941.567.3800
	Martin County Health Center	Emerald Plaza 1322 NW Federal Hwy Stuart, FL 34994	772.692.2023
	Naples Health Center	1425 Creech Road Naples, FL 34103	239.262.0301
	Pembroke Pines Planned Parenthood	263 North University Drive Pembroke Pines, FL 33024	954.989.5747
	St. Petersburg Health Center	33 6th Street South Saint Petersburg, FL 33701	727.898.8199
	The Sally Bellamy Health Center	2618 W Tennessee St. Tallahassee, FL 32304	850.574.7455
	Sarasota Health Center	736 Central Ave Sarasota, FL 34236	941.953.4060
	Tampa Health Center	8068 North 56th St. Tampa, FL 33617	813.980.3555
	Wellington Health Center	10111 Forest Hill Blvd, Ste 340 Wellington, FL 33414	561.296.4919
	West Palm Beach Health Center	931 Village Blvd, Ste 904 West Palm Beach, FL 33409	561.683.0302

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www.lnfy.org



Metropolitan Counseling Services

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Skyland Trail

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East Atlanta Health Center

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Gwinnett Health Center

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**Lost-n-Found
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STATE RESOURCE GUIDES

Atlanta Gender Explorations

<https://www.facebook.com/atlantagenderexplorations/>
Covers Atlanta

Georgia Equality

<https://georgiaequality.org/wp-content/uploads/2015/08/GA-Trans-Resource-Guide-DIGITAL-1.pdf>
Covers Primarily Atlanta

Feminist Women's Health Center

<https://www.feministcenter.org/trans-health-initiative/>

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**Louisville Health
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STATE RESOURCE GUIDE

TransKentucky

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Covers Entire State

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**Baton Rouge
Planned
Parenthood**

3825 Government St.
Baton Rouge, LA 70806

225.387.1167



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www.batonrougeaidsociety.org



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Robbyclass@yahoo.com
www.class-cenla.org



HIV/AIDS Alliance for Region 2

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Baton Rouge, LA 70806

225.927.1269
www.haartinc.org



Philadelphia Center

2020 Centenary Blvd.
Shreveport, LA 71104

318.222.6633
www.philadelphiacenter.org



Southwest Louisiana AIDS Council

425 Kingsley St.
Lake Charles, LA 70605

337.439.5861
www.slac.org

STATE RESOURCE GUIDE

Louisiana Trans Advocates

www.latransadvocates.org/
*Statewide list of providers
and support groups*

Mississippi



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Jackson, MS 39216

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Millsaps College Counseling Services

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Jackson, MS 39202

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www.millsaps.edu/student-life/
counseling.php



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PLANNED PARENTHOOD



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100 S Boylan Ave.
Raleigh, NC 27603

919.833.7526



Wilmington Health Center

1925 Tradd Court.
Wilmington, NC 28401

910.762.5566



Winston-Salem Health Center

3000 Maplewood Ave., Ste. 112
Winston-Salem, NC 27103

336.768.2980



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57 South Main St.
Marion, NC 28752

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Marion Groat

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168 S Liberty St.
Asheville, NC 28801

828.581.9LAW



Hart Law Group

93 Church St.
Asheville, NC 28801

828.271.4278
www.thehartlawgroup.com



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513 Market St.
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910.815.4066
www.kohut.pro



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301 East Park Avenue
Charlotte, NC 28203

704.338.1220
www.tinfulton.com



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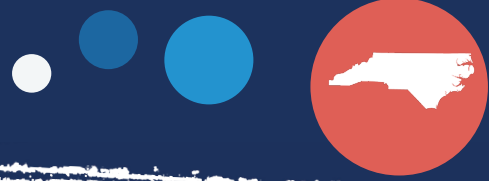


Connie J. Vetter

1208 The Plaza
Charlotte, NC 28205

704.333.4000
www.cjvlaw.com

North Carolina



HIV CARE



**Infectious Diseases
Clinic (Clinic B)
Wake County
Health Department**

10 Sunnybrook Rd.
Raleigh, NC 27610

919.250.3999



**Dr. Claire Farel,
Dr. Heidi Swygard,
Dr. Lisa Hightow-
Weidman**

Trans Health Program (PrEP Services) 984.974.7198
UNC Infectious Diseases Clinic
130 Mason Farm Rd.
Chapel Hill, NC 27514



Dr. Heidi Swygard

Wake County Health
Department (PrEP Services)
1011 Rock Quarry Rd
Raleigh NC 27610

919.833.3111
[www.advancechc.org/
providers/heidi-swygard-md/](http://www.advancechc.org/providers/heidi-swygard-md/)



**Transgender Health
Program**

WNC Community Health Services
285 Biltmore Ave. (PrEP Services)
Asheville, NC 28801

828.285.0622 Ext. 2303

STATE RESOURCE GUIDES

LGBT Center of Raleigh

www.bit.ly/LGBTCenterofRaleigh
Covers Triangle Area

Charlotte Transgender Healthcare Group

www.cthcg.org/
Covers Charlotte Area

LGBT Center of Durham

www.bit.ly/LGBTQCenterofDurham
Covers Triangle Area

Gender and Sexuality Diversity Initiative

www.bit.ly/CarolinaPartners
Covers Entire State



OTHER RESOURCES



Kevin Dorman

Sees patients online
and in person

Prismatic Speech
3407 W. Wendover Ave.
Greensboro, NC 27405

336.609.6258
kevin@prismaticspeech.com
www.prismaticspeech.com

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Clyde, NC 28721

828.713.8338
resilientpelvichealing@gmail.com



Excellase Noushi Haeussler Laser Treatment

Excellase
614 W Peace St.
Raleigh, NC 27605

919.833.8484
www.excellase.com

Wendy Flynn

Willow Therapeutic Massage
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Weaverville, NC 28787

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willowtherapeuticmassage@gmail.com
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534 Biltmore Ave
Asheville, NC 28801

828.213.0850



Our Voice

35 Woodfin St.
Asheville, NC 28801

828.252.0562
www.ourvoicenc.org

Evan Quirk- Garvan, AIF

Natural Investments, LLC
Evan QG

828.367.7669
www.moneywithamission.com



Reach of Haywood County, Inc.

627 N. Main St.
Waynesville, NC 28786

828.456.7898
www.reachofhaywood.org



Dr. Gerald Truesdale

Greensboro Plastic
Surgical Associates
2716 Henry Street
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primary-care/family-medicine/
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Greenville, SC 29607

864.676.9211



**Jerah
Sowinski, LLC**

3E Cleveland Court
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864.406.6464
hello@therapywithjerah.com
www.therapywithjerah.com

HIV CARE



AID Upstate

13 S Calhoun St.
Greenville, SC

864.250.0607
www.aidupstate.org



**Lowcountry
AIDS Services**

3547 Meeting Street Road
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843.747.2273
information@aids-services.com
www.aids-services.com



**Palmetto
Community
Care**

3547 Meeting Street Rd.
North Charleston, SC 29405

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information@aids-services.com
www.aids-services.com



**Palmetto AIDS
Life Support
Services**

2638 Two Notch Rd # 108
Columbia, SC 29204

803.779.7257
www.palss.org



**Piedmont
Care**

101 N Pine St # 200
Spartanburg, SC 29302

864.582.7773
www.piedmontcare.org



**SC HIV/AIDS
Council**

1813 Laurel St.
Columbia, SC 29201

803.254.6644
www.schivaidsCouncil.org

**Sexual Trauma
Services**

3830 Forest Dr #201
Columbia, SC 29204

803.790.8208

South Carolina



PLANNED PARENTHOOD



**Charleston
Planned
Parenthood**

200 Rutledge Ave.
Charleston, SC 29403

843.628.4380



**Columbia
Planned
Parenthood**

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ENDOCRINOLOGY



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OTHER RESOURCES



**Mishaal's
Electrolysis
Center, LLC**

5825 Glenridge Dr NE, Unit 1
Atlanta, GA 30328

404.843.9993
mecatlanta.com

STATE RESOURCE GUIDES

Gender Benders' Resource Page

www.genderbenders.org/resources.html

We Are Family *(Covers Low Country)*

[www.wearefamilycharleston.org/
tlf/south-carolina-resources/](http://www.wearefamilycharleston.org/tlf/south-carolina-resources/)

CATS *(Covers Charleston Area)*

www.chasareatsupport.org/links

Tennessee



HIV CARE



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Connectus Health at Vine Hill
601 Benton Avenue
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615.292.9770
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**Chattanooga
Cares**

1000 E 3rd St.
Chattanooga, TN 37403

423.265.2273
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Primary Care
Center/Cempa
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CHOICES**

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Friends for Life

43 N. Cleveland Street
Memphis, TN 38104

901.272.0855
www.friendsforlifecorp.org



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www.interfaithhealthclinic.org



Nashville Cares

633 Thompson Lane
Nashville, TN 37204

615.259.4866
www.nashvillecares.org



Street Works

1225 9th Ave. North
Nashville, TN 37208

615.259.7676
www.street-works.org

**Vanderbilt
Program for
LGBTQ Health**

1000 E 3rd St.
Chattanooga, TN 37403

615.936.3879
www.vanderbilthealth.com/
lgbtqhealthprogram/



MENTAL HEALTH



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Dan Dumont, MSSW

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1704 Charlotte Avenue www.oasiscenter.org
Suite 200
Nashville, TN 37203

Dr. Terry Edwards

397 Wallace Rd Suite C305 615.791.3449
Nashville, TN 37211



ETSU Counseling Center

Beth Evelyn 423.439.3333
339 South Dossett Dr. barberbe@etsu.edu
Johnson City, TN 37604



Beth Evelyn

East Tennessee State 423.439.3333
University Counseling Center barberbe@etsu.edu
339 S Dossett Dr
Johnson City, TN 37614



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South Nashville, TN 37212



Kathleen Puckett, MA, LADC

A View From Within 865.724.4923
Distance Counseling avfwcc@yahoo.com
www.aviewfromwithindistancecounseling.com



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Hope and Healing 615.269.0525 ext. 5
2125 Belcourt Ave. support@healnashville.com
Nashville, TN 37212 www.healnashville.com



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Med Center**

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ENDOCRINOLOGY



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917 W Walnut St.
Johnson City, TN 37604

423.439.6464
info@etsu.edu
www.etsu.edu/com/familymed/clinics/
jcclinic.php

PLANNED PARENTHOOD



**Knoxville Health
Center**

710 North Cherry St,
Knoxville, TN 37914

865.694.7155



**Memphis Health
Center**

835 Virginia Run Cove
Memphis, TN 38122

901.725.1717



**Memphis Health
Center**

2430 Poplar Avenue
Memphis, TN 38112

901.725.1717



**Nashville
Health Center**

412 Dr. D.B. Todd Jr. Blvd,
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PRIMARY CARE



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**Vanderbilt
Comprehensive
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for Transgender
Health**

Vanderbilt Primary Care Bellevue
7069-B Highway 70 South
Nashville, TN 37221

615.538.3668
[www.vanderbilthealth.com/
transgenderhealth/](http://www.vanderbilthealth.com/transgenderhealth/)

Tennessee



LEGAL RESOURCES



**Southeast TN
Legal Services**

29 Patten Parkway
Chattanooga, TN 37402

615.756.0128
www.selegal.org

OTHER RESOURCES



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Hendersonville Electrolysis
1042 Parsons Way
Hendersonville, TN 37075

615.681.0778
laurabomar@gmail.com
www.ensoelectrolysis.com



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for Reproductive
Health**

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Memphis, TN 38104

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lgbti.health@vanderbilt.edu

STATE RESOURCE GUIDES

My Trans Navigator

mytransnavigator.org/tennessee
Covers Entire State

Tennessee Vals

www.tvals.org/medical-resources/
Covers Nashville Area

Out Memphis

www.outmemphis.org/resources/

University of Tennessee Knoxville

cflgbt.utk.edu/transgender-non-binary-resource-guide/
Covers Knoxville Area

Texas



MENTAL HEALTH



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ENDOCRINOLOGY





















Legacy Community Health

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Houston, TX 77006

832.548.5000
www.legacycommunityhealth.org



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  	 Addison Health Center	5290 Belt Line Rd Addison, TX 75254	972.991.1424
	 Arlington Health Center	3701 S Cooper St. Arlington, TX 76015	817.472.8196
	 Austin Health Centers	201 E Ben White Blvd Bldg. B Austin, TX 78704	512.276.8000
		1823 E 7th St • 78702	512.477.5846
		9041 Research Blvd • 78758	512.331.1288
	 Bedford Health Center	2824 Central Dr Bedford, TX 76021	817.545.0077
	 Brownsville Health Center	870 E Alton Gloor Blvd Brownsville, TX 78526	956.546.4571
	 Cedar Hill Health Center	140 W FM1382 Ste 160 Cedar Hill, TX 75104	972.709.0081
	 Dallas Health Center	9100 N Central Expy #169 Dallas, TX 75231	214.368.1485
  	 Denton Health Center	2436 South I-35, Suite 340 Denton, TX 76205	940.891.0737
	 Fort Worth Health Centers	6464 John Ryan Dr Suite B Fort Worth, TX 76132	817.276.8063
		3863 Miller Ave • 76119	817.536.4942
	 Harlingen Health Center	712 N 77 Sunshine Strip Ste. 18 Harlingen, TX 78550	956.423.8584
	 Houston Health Centers	9919 N Fwy Service Rd Suite 107 Houston, TX 77037	713.514.1106
		13169 Northwest Fwy Suite 115 Houston, TX 77040	713.514.1107
		5800 Bellaire Blvd Building 1B Suite 120 Houston, TX 77081	713.541.5372
	 Lewisville Health Center	1356 W Main St. Lewisville, TX 75067	972.221.7644
	 Mesquite Health Center	1220 N Town E Blvd #240 Mesquite, TX 75150	972.613.0915

Texas



	Paris Health Center	1735 17th St NE Paris, TX 75460	903.784.1301
	Plano Health Center	600 N Central Expressway #601 Plano, TX 75074	972.424.6311
	San Antonio Health Centers	8725 Marbach Rd Ste. 215 San Antonio, TX 78227	210.674.2222
		2346 E Southcross • 78223	210.333.5454
		2140 Babcock Rd • 78229	210.736.2262
		920 San Pedro Ave • 78212	210.736.2475
		11514 Perrin Beitel Rd • 78217	210.590.0202
	Spring Health Center	4747 Louetta Rd Spring, TX 77388	713.514.1102
	Tyler Health Center	601 Turtle Creek Dr Tyler, TX 75701	903.581.8277
	Waco Health Center	700 W Hwy 6 Suite B Waco, TX 76712	254.759.5750

PRIMARY + HIV CARE

	Legacy Community Health	1415 California St. Houston, TX 77006	832.548.5000 www.legacycommunityhealth.org

LEGAL RESOURCES

	Kelsey Snapp	Texas RioGrande Legal Aid 1111 N. Main Ave. San Antonio, TX 78212	888.988.9996

STATE RESOURCE GUIDES

Gender Infinity
resource.genderinfinity.org

University of Texas Medical Branch
www.utmb.edu/health-resource-center/lgbtq-resources

Trans Name and Gender Marker Change
www.law.utexas.edu/probono/projects/special-projects/trans-legal-name-gender-marker-project/

Virginia



PRIMARY CARE



Capital Area Health Network

2809 North Ave.
Richmond, VA 23222

804.780.0840
www.capitalareahealthnetwork.org



Catherine Casey MD

University of Virginia Family
Medicine and Specialty Care
375 Four Leaf Ln #103,
Charlottesville, VA 22903

434.243.0700
cc5ds@virginia.edu
www.uvahealth.com/locations/profile/family-medicine-specialty-care-crozet



Chippenham Family Medicine

500 Hioaks Rd Ste B
Richmond, VA 23225

804.233.9661



Jenn Gallienne

Health Brigade
1010 N Thompson St.
Richmond, VA 23230

804.358.6343
jgallienne@healthbrigade.org

Dr. Patel

Carilion Clinic
3 Riverside Circle,
Roanoke, VA 24016

540.266.6000
direct@carilionclinic.org
www.carilionclinic.org



Julia Taylor, MD

UVA Teen & Young Adult
Health Center
1215 Lee St,
Charlottesville, VA 22908

434.924.2203
www.uvahealth.com/locations/profile/teen-health-center



Whitman-Walker Health

1525 14th St., NW
Washington, DC 20005

202.745.7000
www.whitman-walker.org



MENTAL HEALTH



Capital Area Health Network

2709 Byron St.
Richmond, VA 23223

804.780.0840
www.capitalareahealthnetwork.org



Sarah Charbonneau, LCSW

Discovery Counseling & Consulting
4118 E Parham Rd. Suite A
Richmond, VA 23228

804.591.0002 ext. 2004
scharbonneau@vadcc.com
www.vadcc.com



Dr. Chiappinelli

2217 Princess Anne St #322
Fredericksburg, VA 22401

703.895.5208
info@gpccva.com
www.gpccva.com



Maggie Chubb, LCSW

930 Redgate Ave.
Norfolk, VA 23507

757.626.3733
Maggie.Chubb@gmail.com

Eleanor Criswell

312 S. Washington St. #3B
Alexandria, VA 22314

703.748.4900
info@drclriswell.com



Anne Edwards, PsyD (specializes in eating disorders)

Raise Your Wellness
7019 Backlick Court
Springfield, VA 22151

703.509.6753
draledwards@raisemewell.com
www.raiseyourwellness.com/



Gainesville Professional Counseling Center

7450 Heritage Village Plaza
Suite 101
Gainesville, VA 20155

703.895.5208
info@gpccva.com
www.gpccva.com



Heather Kay

Clearwater Counseling and Wellness Services
530 East Main Street, Suite #1012
Richmond, VA 23219

804.382.6546
clearwatercounselingvra@gmail.com



David Lewis

Regionten Child Care Clinic
100 Burnett Street
Charlottesville, VA 22902

434.970.1266
david.lewis@regionten.org
www.regionten.org



LGBT Life Center

3309 Granby Street
Norfolk, VA 23517

757.200.9198
info@lgbtlifecenter.org
www.lgbtlifecenter.org



Lisa Griffin, Ph.D

Pride Inside, 3026A W. Cary St.
Richmond, VA 23221

704.458.0433
info@drlisagriffin.com
www.drlisagriffin.com

Virginia



**Chris McClure,
MA, LPC**

Life Transitions Counseling
9254 Moseby St., Suite B
Manassas, VA 20110

703.895.5208
chris@transitions.life
www.transitions.life

**Joan Picket
CSAC**

1485 Chain Bridge Rd # 203
McLean, VA 22101

703.749.7928



**Dr. Shawn
Rubin Psy.D**

Life Transitions Counseling
9254 Moseby St., Suite B
Manassas, VA 20110

703.895.5208
chris@transitions.life
www.transitions.life

Amy Rugh, LPC

8608 Pepperdine Dr.
Vienna, VA 22180

510.725.7600



**Lauren E.
Tancyus**

Outpatient Behavioral
Health Services at Augusta Health
79 N Medical Park Dr.
Fishersville, VA 22939

540.941.2525
ltancyus@augustahealth.com



**Kimberly
Thrasher, LCSW**

Peace of My Heart
133 W Boscawen St Suite 5
Winchester, VA 22601

540.247.6308
peaceofmyheartcounseling@gmail.com
www.facebook.com/Peace-of-My-Heart-
Counseling-1974163932816649/



**Carrie J. Walker,
LPC, RPT-S**

Richmond Creative
Counseling, LLC
1900 Byrd Ave. Suite 200
Richmond, VA 23230
1525 14th St., NW
Washington, DC 20005

804.592.6311
carriewalkerlpc@gmail.com
www.richmondcreativecounseling.com



**Whitman-Walker
Health**

202.745.7000
www.whitman-walker.org



Lauren Woolfolk

Richmond Creative
Counseling, LLC
1900 Byrd Ave. Suite 200
Richmond, VA 23230

804.592.6311
laurenwoolfolkkrcc@gmail.com
www.richmondcreativecounseling.com

HIV CARE

**ACCESS AIDS
Care**

LGBT Center
247 W. 25th St.
Norfolk, VA 23517

757.200.9198
www.accessaids.org



**LGBT Life
Center**

248 W 24th St, Norfolk, VA
23517 & 3309 Granby St,
Norfolk, VA 23504 &
1001 Monticello Ave #100,
Norfolk, VA 23510

757.640.0929
info@lgbtlifecenter.org
www.lgbtlifecenter.org



**Health
Brigade**

1010 N Thompson St.
Richmond, VA 23230

804.358.6343
www.healthbrigade.org



PLANNED PARENTHOOD



Charlottesville

2964 Hydraulic Rd
Charlottesville, VA 22901

434.296.1000



Hampton

403 Yale Dr.
Hampton, VA 23666

757.826.2079



Richmond

201 N Hamilton Street
Richmond, VA 23221

804.355.4358



Roanoke

2207 Peters Creek Rd
Roanoke, VA 24017

540.562.3457



Virginia Beach

515 Newtown Road
Virginia Beach, VA 23462

757.499.7526

ENDOCRINOLOGY

Alan Kauppi, MD

Medical Associates
of Central Virginia
2215 Landover Pl.
Lynchburg, VA 24501

434.947.3944
alan.kauppi@macvmd.com



Keri



Fan Free Clinic
1010 North Thompson St.
Richmond, VA 23230

804.358.6343
kabrams@fanfreeclinic.org
www.fanfreeclinic.org

STATE RESOURCE GUIDES

Equality Virginia

www.equalityvirginia.org/resources/transgenderresources/

Transgender Health

Alliance of Central Virginia

www.thacva.org/providers.html

Side by Side

www.sidebysideva.org/partners/

Transgender Inclusion Shelter Project

www.diversityrichmond.org/what-we-offer/education-and-advocacy/tisp.html

Virginia Department of Health

www.vdh.virginia.gov/content/uploads/sites/10/2016/12/TransRRList.pdf



OTHER RESOURCES



Bermuda Medical Center

2740 Bensley Commons Blvd.
North Chesterfield, VA 23237

804.780.0840
www.capitalareahealthnetwork.org



Capital Area Health Network

Northside Medical Center
2809 North Ave.
Richmond, VA 23222

804.780.0840
www.capitalareahealthnetwork.org



Fulton Medical Center

1718 Williamsburg Rd.
Richmond, VA 23223

804.780.0840
www.capitalareahealthnetwork.org



Manchester (Southside) Medical Center

101 Cowardin Ave, Suite 102
Richmond, VA 23224

804.780.0840
www.capitalareahealthnetwork.org



Glenwood Medical & Dental Center

2711 Byron St.
Richmond, VA 23223

804.780.0840
www.capitalareahealthnetwork.org



Maureen Schantz (electrolysis)

Alternative Health Associates
215 North Washington St.
Alexandria, VA 22314 and
423 Church Street NE
Vienna, VA 22180

703.683.5736
maureenschantz@gmail.com
www.althealthassociates.com



Vernon J. Harris Medical Center

719 N. 25th St.
Richmond, VA 23223

804.780.0840
www.capitalareahealthnetwork.org



Cheryl Ware, MEd., CCC-SLP

8306 University Pl,
Richmond, VA 23229

804.387.3806
cah1963@gmail.com
www.promptinstitute.com/members/?id=37672647



John W. Zinsser MD

Zinsser Plastic Surgery 1501
Maple Ave #101B
Richmond, VA 23226

804.474.9805

West Virginia



HIV CARE



**Charleston Area
Medical Center
Ryan White
Program**

3200 MacCorkle Ave., SE
Charleston, WV 25304

304.388.8106
www.camc.org/ryanwhite

MENTAL HEALTH

**Jeffrey
Hammond, Ph.D**

1286 Suncrest Towne Centre Drive
Morgantown, WV 26505

304.381.4168
drj.psychasso@comcast.net

**Jessica Talley,
MD**

3200 MacCorkle Ave SE Fl 5
Charleston, WV 25304

304.388.1000
jtalley@hsc.wvu.edu

PLANNED PARENTHOOD



Vienna

22 Grand Central Ave.
Vienna, WV 26105

304.295.3331

STATE RESOURCE GUIDE

Free HIV Testing through Charleston Area Medical Center
<http://www.camc.org/freetestinglocations>

If you've found the doctor you're looking for, but you don't know how you're going to pay for your transition, then you're in the right place! This section of the guide is all about **how to fund your transition.**

We know that evaluating the expenses involved in medical transition can feel really overwhelming, especially for a segment of the population that faces such high rates of under and unemployment. That's why we included this section in the *Trans in the South* guide, and we hope you'll find it helpful on your journey!

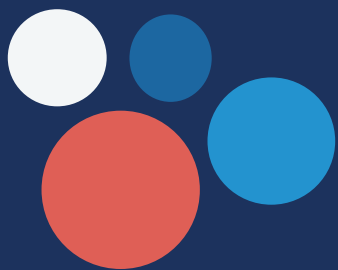
This section of the guide is a compilation of research on grants that are available to assist trans folks with medical transition, helpful things to know about insurance coverage, and tips and tricks to assist with crowdfunding. We would like to express our gratitude to the Jim Collins Foundation, KC Life Scholarship Fund, Rizi Timane Ministries, Point 5 CC Surgery Fund, Trans Love Fund, TUFF, TopSurgery.net, Out 2 Enroll, Kinneil Coltman, Jennifer Abbott, and transguys.com - all of which are working to support the trans community, and created or contributed the information on pages 62-69.

We compiled all of the information found on pages 62 - 66, which was pulled directly from these foundations' websites. We created the information on pages 67 and 68 with the help of Kinneil Coltman of Carolinas Healthcare and Dr. Jennifer Abbott of Western North Carolina Community Health Services. The information found on page 69 was created by the folks over at transguys.com. We are happy to help amplify all of this work in hopes of connecting more trans folks with these vital resources.

Additionally, the Human Rights Campaign maintains a list of employers which offer at least one trans-inclusive healthcare plan; it is called the Corporate Equality Index, and they publish updates to this annually. This has been very helpful for many folks, as you can click through to find employers like Starbucks which offers trans inclusive healthcare plans after only six months of part-time employment.

All information is current in this section, to the best of our knowledge, as of January 2019. If you have additional resources to add, or would like to report out of date information for this funding section of the guide, please email me at Ivy@southernequality.org.

Best Wishes,
Ivy Gibson-Hill



Grants & Funding for Transition Expenses

THE JIM COLLINS FOUNDATION

The Jim Collins Foundation now offers two grant options. General Fund grants cover 100% of the medical fees associated with gender-affirming surgery. Grants from the Krysallis Anne Hem-brough Legacy Fund cover 50% of the medical fees associated with gender-affirming surgery and require each recipient to match each dollar of funds received with a dollar of their own money or other money raised by the recipient. Applicants may only apply once per grant cycle and in their application must choose to be considered for either the General Fund or the Krysallis Anne Hem-brough Legacy Fund.

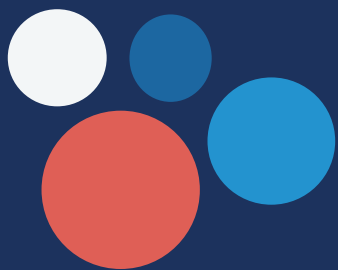
Criteria for the Jim Collins Foundation Grants

Applicant must understand the steps that are currently required to undergo the medical process of transition, and must have completed (or have outlined plans to complete) the following steps:

- Secure a letter of support from a licensed medical or mental health professional, such as a psychologist, psychiatrist, social worker, or therapist.
- Select a surgeon who is knowledgeable in transition-related surgeries. If applicant is chosen, the organization assumes this named surgeon is final.
- Identify who will care for and provide support post-surgery.
- If applicant has not completed all of these steps, but is planning to do so, please include your plans in your application.
- Note: If you are selected for funding, the payment will be made directly to the doctor or hospital facility. You must comply with any and all requirements according to the Standards of Care of the World Professional Association for Transgender Health's (WPATH), formerly known as the Harry Benjamin International Gender Dysphoria Association (HBIGDA), as determined by your selected surgeon.
- Applicant must demonstrate a genuine need for financial assistance.
- Applicant must detail the efforts they have made to fund-raise and the amount of cost that they will be able to cover on their own, if any.

The Jim Collins Foundation makes selections for grants based on a combination of demonstrated financial need and level of preparedness.

*Information quoted from the Jim Collins Foundation
www.jimcollinsfoundation.org*



Grants & Funding for Transition Expenses

CK LIFE SCHOLARSHIP FUND

ONE surgery must be selected per application number (Hysterectomy With GCS will count as one surgery. Multiple FFS which are performed by the same surgeon in one operation will count as ONE surgery.) If you would like to be considered for different types of surgery, you may request a different application number for each type of surgery, but you must complete an entire application for each application number.

Criteria for the CK Life Scholarship Fund

- Cover Page
- Name (Both Legal and Preferred, if different)
- Date of Birth
- Contact Info (Email and/or Telephone)
- Must State which ONE Surgery* you are asking for assistance accessing.
- Name of Surgeon(s) you prefer, along with the surgeon's contact info. An alternate surgeon MUST be named. If no alternate surgeon is listed an explanation must be given.

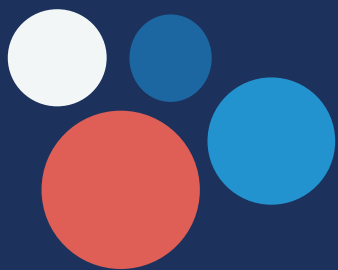
Personal Statement

- Write a personal statement of no more than 1000 words. (Anything beyond 1000 words will NOT be read.)
- Detail what efforts you have made to fund raise or save towards your surgery.
- Please include in this statement who will care for you and provide support post-surgery.
- Include how having surgery will impact your life. (Please be as specific as possible.)
- What will you do to try and afford surgery if you are not granted a scholarship? (Be as specific as possible.)

Professional Letter

- One letter from a Medical OR Mental Health Provider.
- Acceptable Providers: MDs, DOs, PHDs, Nurse Practitioners, Psychiatrists, Social Workers, Therapists, Counselors (if any questions about your provider, email us.)
- Letter must state how long you have been in transition and what steps you have taken/completed in your transition process.
- Note: We understand there is no one way to transition, but applicants must meet WPATH standards of care with regards to being eligible for scholarship approval. For a list of standards, check out the WPATH.

*Information quoted from the CK Life Scholarship Fund
www.cklife.org/scholarship*



Grants & Funding for Transition Expenses

Personal Reference

- From someone you know stating why they think you should be selected for a scholarship.
- Contact information should be included because the individual may be contacted for clarification and/or verification.
- Must be a maximum of 500 words. (Over 500 words Will NOT be read.)

Financial Statement

- State annual income and source of income
- Annual expenses
- Amount saved toward surgery, if any, with a break down (i.e. \$500 for travel saved, \$1,000 toward surgery saved etc.)
- Amount still needed toward surgery
- State whether or not you have insurance. If you have insurance, state what kind and why you are unable to use it for surgery.

All applicants will be given an application number. You can request an application number by emailing scholarshipfund@cklife.org. This number must be included on each page of application materials to help keep track of application.

Any awarded funds MUST be used within 3 months (for all non-genital surgery procedures) or 6 months (for genital surgeries) from the time they are awarded. If there are extenuating circumstances (such as surgeon has a long waiting list) then that time frame may be extended based on the circumstances. If the funds are not used in an appropriate amount of time, then the funds will go back into the pool of money toward the next scholarship cycle.

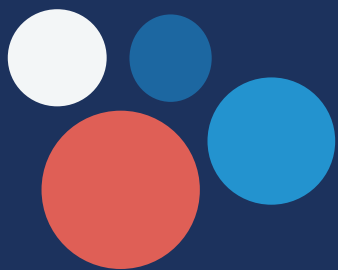
If you have any questions or concerns regarding this application process, please email: scholarshipfund@cklife.org

RIZI TIMANE MINISTRIES

Transgender Hormone Fund has awarded scholarships of \$1,500 to six transgender women to assist with the purchasing of hormones each year. They also provide one surgery grant to a trans* person each year.

Please write a letter of interest and email it to rizi@rizitimaneministries.org for consideration. In the letter, be sure to tell us a bit about yourself (where are you from; are you GNC, FTM, or MTF; how far are you in transition; why do you need this fund; and other pertinent information.)

*Information quoted from the CK Life Scholarship Fund and Rizi Timane Ministries
www.cklife.org/scholarship and www.rizitimane.com/trans-surgery-scholarship-application*



Grants & Funding for Transition Expenses

POINT OF PRIDE

Point of Pride awards money raised from T-shirt sales to go toward one person's gender affirming surgery each year. The grants are awarded in February. No criteria is up on their site currently. This year they awarded just over \$1,200 to one person and had 57 nominations and 103 applications. For more information check out www.pointofpride.org.

TRANS LOVE FUND

The Trans Love Fund is a program of Alliance for Full Acceptance, an organization dedicated to providing resources, support and leadership development to LGBTQ+ youth. The Trans Love Fund is dedicated to helping the transgender community of South Carolina by providing microgrants to trans identified individuals for medical, legal, and emergency living expenses. Apply through www.wearefamilycharleston.org.

TRANS UNITED WITH FAMILY AND FRIENDS (TUFF)

Founded in 2013, Trans United with Family and Friends (TUFF) aims to provide access to healthcare, transition services, safe housing and education for the underserved transgender population. TUFF offers individualized case management by pairing recipients to programs tailored to their specific needs. By focusing on the healthcare aspect of each recipient, TUFF also helps improve other aspects of their lives. TUFF holistically looks at the needs of each person, and has realized that if one area of someone's life improves, so will others. While most of TUFF's applicants express need with healthcare issues, it is clear that addressing these problems helps to improve other areas of their lives. For example, many of our applicants are unable to become employed because their body does not match their identity.

By being able to transition and receive healthcare, they are suddenly that much more employable. It is clear that people who have been able to transition are much more functional, confident and productive members of society.

At this moment, TUFF gets on average 100 applications per month for funding and resource requests. About a third of the applicants have no other options to find help and access to healthcare, schooling, safety and shelter and are at very high risk of suicide, homelessness and financial distress. TUFF will be at the forefront of this movement by providing resources and options for these individuals.

To apply for a grant download and submit their application form at www.tufforg.wixsite.com/tuffnew.

Information quoted from Point5CC Surgery Fund, Trans Love Fund, and TUFF:
www.point5cc.com/annual-transgender-surgery-fund
www.wearefamilycharleston.org/tlf www.tufforg.wixsite.com/tuff

The medical necessity of GCS has been affirmed by the American Medical Association, American Psychiatric Association, and World Professional Organization for Transgender Health, as well as the insurance company, Aetna.

“Keep in mind that coverage varies between health insurance companies, states, and plans. Don’t assume that one company, state or plan is consistent with their level of coverage. Read your policy completely—not just the summary—and look for the exclusions and limitations section.”

COMMON REQUIREMENTS ¹

“To get top surgery covered by insurance, there are a number of requirements. Some of the hoops you may need to go through include:

- Meeting the insurance company’s basic criteria: legal adult status; Gender Dysphoria diagnosis; support letters from qualified mental health practitioners, your primary care provider and your surgeon.
- Having to pay out-of-pocket for surgery, then getting a reimbursement from the insurance company.
- Having to be evaluated by a board of in-network doctors.
- Finding in-network surgeons who have top surgery experience.

If you live in a state where surgery coverage is not mandated by law, you still might be able to get your top surgery covered via student health insurance or the insurance appeals process.”

THE AFFORDABLE CARE ACT ²

“The Affordable Care Act and The Patient’s Bill of Rights add several important protections in health insurance that affect transgender people:

- **Elimination of coverage denials:** Anyone can apply for health insurance and receive coverage for the care they need, regardless of their gender. (For example, hysterectomy coverage for a trans man.)
- **Pre-existing condition acceptance:** Insurers are no longer able to deny a person coverage based on having what an insurance company considers a pre-existing condition, which has included being transgender.
- **Plan cancellations are now illegal:** Canceling a plan used to be a way for health insurers to cancel coverage when a person’s health needs changed, such as coming out as transgender.”

For more information about trans health insurance coverage, please see state guides from Out2Enroll: <https://out2enroll.org/>

¹ Information quoted directly from FTM Top Surgery Insurance Coverage: What You Need to Know, TopSurgery.net. • www.topsurgery.net/costs/ftm-top-surgery-insurance-coverage.htm.

² Information quoted directly from Out 2 Enroll (<https://out2enroll.org/>).

Insurance Coding Alternatives for Trans Healthcare

This fact sheet provides information about ICD-10 insurance codes and corresponding diagnoses and treatments for those codes. This document is intended to assist trans people in advocating for themselves with their healthcare providers and insurance companies. This information can help guide providers about insurance codes for trans healthcare that are commonly accepted and rejected.

If coverage is denied you can appeal that decision to your insurance company. Once you appeal a denial three times the appeal goes to an outside agency, and is often accepted. Ask your insurance provider about your specific appeals process. This fact sheet does not guarantee coverage from insurance providers. The best way to get information about your specific plan coverage is to speak with your insurance company.

CODES THAT ARE COMMONLY REJECTED BY INSURANCE PROVIDERS

CODE	CONDITION	COMMENTS
F64	Gender Dysphoria/Gender Identity Disorder	Rarely covered in North Carolina but employers can request expansion.
Q56.3	Intersex code requires chromosomal documentation	Typically diagnosed in childhood and allow for full spectrum of gender surgery

**A note about F64: Some insurance providers will require this code for gender affirming surgeries. It is also often required for adolescents to get hormone interventions covered.*

CODES THAT ARE COMMONLY ACCEPTED BY INSURANCE PROVIDERS

CODE	CONDITION	COMMENTS
E34.9	Endocrine disorder, unspecified	Hormone replacement therapy
Z79.899	Other long term (current) drug therapy	Labs related to hormone therapy including potassium, kidney and liver function, and blood counts
N62	Breast hypertrophy	Breast reduction/mastectomy
N64.4	Mastodynia	Mastectomy
N65	Deformity of reconst. Br	Mastectomy or reconstruction
N94.1	Dyspareunia (pain with sex)	Hysterectomy
N92.6	Irregular menses	Hysterectomy/IUD
N94.6	Painful menses	Hysterectomy/Hormonal therapies/IUD
N83.2	Ovarian cyst	Removal of ovaries
R10.2	Pelvic pain	Hysterectomy/removal of ovaries
N90.89	Hypertrophy of the clitoris	Clitoroplasty
N90.69	Labial hypertrophy	Labiaplasty
N94.819.2	Vulvar pain	Vulvoplasty
N50.819	Orchialgia	Orchiectomy

Campaign for Southern Equality has created this fact sheet to assist trans and gender diverse people seeking medical interventions in advocating for ourselves with our healthcare providers and insurance companies. Questions about coverage and specific plans should always be directed to insurance providers. The Campaign for Southern Equality gives special thanks to Kinneil Coltman of Carolinas Healthcare and Dr. Jennifer Abbott of Western North Carolina Community Health Services for their assistance with compiling this information.

Additional Information for Insurance Coding Appeals



“The patient’s specific insurance plan has a transgender care exclusion in their coverage. Most insurers have an exclusion of coverage for transition-related coverage as their standard language and do not remove it unless a state has issued guidance that says that exclusions of trans care are illegal, or the plan receives federal funds to pay for premiums (or payment for a third party administer), such as a federal or state marketplace plan, Medicare or Medicaid programs (many states are out-of-compliance with the federal rules for their Medicaid programs). This is the most common, and most folks don’t know they have an exclusion until they are told where to look. This does not mean that it is impossible to get care covered, but the appeals process is much harder.



Coverage for specific procedures: Some coverage is categorically excluded because they are viewed as cosmetic (i.e. breast augmentation, body contouring, facial feminization procedures) - generally speaking, these are hard to appeal and clearly delineate why they are medically necessary to meet the insurer’s standards. Some ‘subprocedures’ are also not covered, even if the main procedure is covered (i.e. double mastectomy is covered for transgender men, but not nipple reconstruction; phalloplasty may be covered, but the testicular implants are not, often citing cosmetic purposes) – when this occurs, the service is easier to appeal, because most of these procedures are available to cisgender people, and the case can be made that the ‘cosmetic ruling’ is being applied to trans people for the sake of denying care (i.e. sex discrimination).

Coverage issues can occur when someone is getting a ‘sex-specific procedure’ such as a pap smear or a PSA testing for prostate exams, this is typically related to what gender marker the patient currently has on their health insurance account. While this discrimination is illegal, this happens with some frequency, but can be fixed using KX or 45 modifier. This is more of an educational issue to medical providers, but most do not know that they can code in this fashion to assure that their patient’s care gets covered.”

www.cms.gov/medicare/coverage/determinationProcess/downloads/Kalra_comment_01022016.pdf
transline.zendesk.com/hc/en-us/articles/229372908-Coding-for-Transition-Related-Care

This information is pulled directly from “Gender Reassignment Surgery Model National Coverage Determination,” a toolkit created by the Transgender Medicine Model National Coverage Determination Working Group with the assistance of Nick Gorton, MD of Lyon-Martin in San Francisco. The Campaign for Southern Equality gives special thanks to Kinneil Coltman of Carolinas Healthcare and Dr. Jennifer Abbott of Western North Carolina Community Health Services for their assistance with compiling this information.

crowdfunding for Transition

PLANNING YOUR CAMPAIGN

- “Write an honest letter to your would-be funders about why you need the funds. Ask for what you need and not more.
- Keep in mind that running and publicizing a crowdfunding campaign can be quite time consuming. Delay your campaign if you’re overworked, burned out, etc.
- Have realistic expectations: more than half of Kickstarter campaigns fail to make their goal. Assume that only 1% of your contacts will contribute.
- The currency of crowdfunding is relationships, so get your target audience right. If all your friends are broke and also saving for surgery, you’ll need to re-think your plans.
- Make a great video promoting your campaign and put it on your donation page. Be creative, entertaining and honest. Solicit an emotional response.
- If you’re offering rewards / backer levels, structure them carefully and budget the cost of fulfillment. While the average donation amount will probably be under \$50, use your creativity to create attractive “upper end” rewards as well.
- Study successful campaigns and try to reverse-engineer their path to success.”

CROWDFUNDING SERVICES

“Before you pick a crowdfunding service, consider: Do you really need one? These services take a commission on the funds raised (examples below.) Many people have had good success using a self-hosted donation page (hosted on their websites or on WordPress.com/Blogspot/etc.) with a form integrated with PayPal or WePay, where fees hover around 3%. Here are some popular services and their fee schedules, as of September 2016:”

- DonationTo: 5% + PayPal or Wepay fees (typically 2.9% plus \$.30 per transaction). 0% Paid accounts also available.
- Fundly 7.9%
- FundRazr 5% + PayPal fees (typically 2.9% plus \$.30 per transaction)
- GiveForward* 7% - **Specifically for medical fundraising**
- GoFundMe 7.9% + 0.30
- GoGetFunding: 4% + PayPal fees (typically 2.9% + \$0.30 per transaction)
- Indiegogo: 4%-9%
- RocketHub: 8% – 12%
- You Caring: \$0 + PayPal or Wepay fees (typically 2.9% plus \$.30 per transaction)

*Information quoted from Comprehensive Guide To Surgery Fundraising, TransGuys.com.
<https://transguys.com/features/surgery-fundraising#crowdfunding>*

Glossary of Terms

CISGENDER

A term for someone whose gender identity corresponds with the sex they were assigned at birth; not transgender.

DRAG KING

A person who is expressing hyper masculinity through performance art.

DRAG QUEEN

A person who is expressing hyper femininity through performance art.

GENDER

A socially constructed system for classifying people into categories. Different cultures use different systems for this classification.

GENDER CONFIRMATION SURGERY

Any form of surgical procedure performed on a transgender or gender nonconforming person in order to make their primary or secondary sex characteristics better reflect their gender identity. This may include different types of “top surgery”, “bottom surgery”, or other procedures. Contrary to popular belief, there is not one surgery; in fact there are many different surgeries. Not all transgender or gender nonconforming people desire gender confirmation surgery and each person’s pathway to medical transition is unique. “Gender Confirmation Surgery” is preferable to the previously used term “Gender Reassignment Surgery”, and many consider “sex change surgery” derogatory.

GENDER EXPRESSION

Refers to the ways in which we each manifest masculinity, femininity, both, or neither. Gender expression may or may not align with someone’s gender identity. This visible expression of gender includes hairstyles, clothing choices, body language, etc.

GENDER IDENTITY

One’s innermost concept of self as it relates to gender. How individuals experience gender personally. One’s gender identity can be the same or different from their sex assigned at birth. Gender identity cannot be seen from looking at a person.

GENDERING

The act of assigning a gender to another person. Incorrectly assigning a gender to another person is called misgendering.

GENDER NON- CONFORMING

A term for individuals whose gender identity or expression falls outside the gender binary of man and woman. Some examples of gender non-conforming identities include genderqueer, agender, bigender, gender fluid, etc.

INTERSEX

A general term used for a variety of conditions in which someone’s body doesn’t seem to fit the typical definitions of male and female. We often associate intersex with conditions seen at birth, but there are many conditions that aren’t seen at birth, such as androgen insensitivity syndrome, for example.

Glossary of Terms

PRONOUN

The words used to refer to someone instead of using their name. He is a masculine pronoun; she is a feminine pronoun; they is a neutral pronoun. Pronouns are the most common way that we gender people.

QUEER

An umbrella term used to refer to sexual and gender minorities that are not cisgender or heterosexual.

SEX

The categorization of people based on external physical characteristics (e.g., hip to shoulder ratio, facial and body hair, vocal pitch, muscle mass, genital configuration, etc.)

SEXUAL ORIENTATION

A person's sexual identity in relation to the gender or sex they are attracted to.

TRANSGENDER

An umbrella term for people whose gender identity differs from the sex assigned to them at birth. Transgender is often shortened to "trans", and is inclusive of gender nonconforming identities.

TRANSGENDER MAN

A person who was assigned the sex of female or intersex at birth and identifies as male.

TRANSGENDER WOMAN

A person who was assigned the sex of male or intersex at birth and identifies as female.

TRANSITION

The period during which a person begins to live as their true gender. Transitioning may include changing one's name, changing their presentation, taking hormones, having surgery, or changing legal documents to reflect their true gender. Or transition may not include any of those things, depending on what that person wants or doesn't want.

INFORMED CONSENT

A provider who prescribes hormones with informed consent does not require a letter from a therapist to prescribe hormones.

ENDO- CRINOLOGIST

A doctor who specializes in issues related to hormones. These doctors may oversee medical transition in terms of Hormone Replacement Therapy (HRT).

HRT (HORMONE REPLACEMENT THERAPY)

The process in which hormones and hormonal treatments are administered. HRT is not sought out by all transgender individuals, nor is it a requirement for transitioning.

GCS (GENDER CONFIRMATION SURGERY)

Surgical procedures in which a person's body is altered to change their gender expression. GCS is not sought out by all transgender individuals, nor is it a requirement for transitioning.

National + Regional Resources



RESOURCE GUIDES

- ▶ **Campaign for Southern Equality's *Trans in the South* Resources**
www.southernequality.org/transinthesouth
- ▶ **Locally Trans**
locallytrans.com
- ▶ **Trans Bucket**
www.transbucket.com
- ▶ **RAD Remedy**
www.radremedy.org/
- ▶ **GLAAD's Trans Resource Page**
www.glaad.org/transgender/resources
- ▶ **HRC's Safer Sex for Trans Bodies Guide**
www.hrc.org/resources/safer-sex-for-trans-bodies
- ▶ **My Trans Health**
www.mytranshealth.com
- ▶ **Trans Youth Equality Foundation**
www.transyouthequality.org

PRIMARY CARE

- ▶ **Queer Med**
Affirming telemedicine for kids, teens and adults. Serves Southeast, requires 1 in person visit.
info@queermed.com
404-445-0350
www.queermed.com/

CRISIS SUPPORT

- ▶ **Trans LifeLine**
24/7 Peer Support
877-565-8860

National + Regional Resources



LEGAL RESOURCES

- ▶ **Southern Poverty Law Center**
334-956-8200
www.splcenter.org
- ▶ **Lambda Legal, Southern Office**
1-866-542-8336
www.lambdalegal.org/help/
- ▶ **National Center for Lesbian Rights (NCLR)**
1-800-528-6257 (ask for the “Legal Hotline;” open 9 AM -5 PM PST)
www.nclrights.org/
- ▶ **Transgender Law Center**
415.865.0176 x306
www.transgenderlawcenter.org
- ▶ **Immigration Equality**
212.714.2904 or 202.347.0002
www.immigrationequality.org
- ▶ **American Civil Liberties Union (ACLU):**
Use the search function at www.aclu.org to find your local chapter.
- ▶ **National Center for Transgender Equality’s ID Documents Center:**
www.transequality.org/documents
- ▶ **Transcend Legal:**
Legal support to help people get transgender-related health care covered under insurance
www.transcendlegal.org/
- ▶ **Campaign for Southern Equality:** Support accessing legal resources and assistance
828.242.1559
info@southernequality.org
www.southernequality.org
- ▶ **Bifrost Health Advocate Services**
Andrea Smith
bifrosthealthadvocateservices@gmail.com
- ▶ **Trans LifeLine Microgrants**
Support in changing legal name and updating your government identification documents. Advocates can assist with the processes and cost of updating the following documents:
 - Passport
 - Driver’s License and State ID
 - Court Order Name Change
 - Immigration Documents877-565-8860
www.translifeline.org/microgrants



Acknowledgments

Thank you for checking out *Trans in the South:* *A Guide to Resources and Services!*

We are grateful to those who maintain other resource guides to make it easier for trans people to access competent medical care. Some of these resource guides include Trans Bucket, RAD Remedy, Funding your transition: A Resource Guide, Southeastern Trans Resource Guide, Charlotte Transgender Healthcare Group, TranzMission, LGBT Patient Care Collaborative in Upstate SC, and HRC's Safer Sex for Trans Bodies. And of course none of this would be possible without the thousands of trans folks living across the South who share resources with each other.

We'd also like to thank providers who have shared information and resources, including Dr. Claire Farel, Kinneil Coltman, and the Transgender Health Program at WNCCHS. Compiling this resource guide was a labor of love and would not have been possible without the help of the Research and Development Team, and the entire Campaign for Southern Equality team, including designer Adam Polaski.

If you have additional resources to add to *Trans in the South*, or you want to report out-of-date information, please email me at ivy@southernequality.org.

I hope this guide improves your experience accessing services. We give many thanks to the providers who are listed here and to the organizations and agencies working every day to ensure that trans folks in the South have access to resources, services, and support.

Best wishes,
Ivy Gibson-Hill
Community Health Program Director
Campaign for Southern Equality

CAMPAIGN FOR
**SOUTHERN
EQUALITY**

Trans in the South

**A GUIDE TO
RESOURCES + SERVICES**

In the pages of *Trans in the South* you'll find lists of trans-friendly service providers – from doctors to attorneys to counselors – across the South, as well as resources that assist with funding medical transition. This information has been collected and vetted by the Campaign for Southern Equality. We hope this resource guide helps people access the services they need to survive and to thrive.

New data from the Williams Institute shows that more than 500,000 trans folks call the South home. Too often, they face a lack of resources and support. We often hear stories of people going without medical care or traveling hours to reach a doctor who will treat them with respect. That's got to change.

We're grateful to the many providers and agencies listed in this guide and to partner groups in the South and nationally that also put out resource guides. We've done our best to curate this updated guide to be as thorough and accurate as possible about trans-friendly services across the South.

WWW.SOUTHERNEQUALITY.ORG/TRANSINTHESOUTH