



Trans in the South is dedicated to the grassroots warriors who are working to get resources to their friends, family, and community members. To the ones who are building their networks of support from the ground up.

This book is for the folks who thought transition would never be an option for them. For the ones who have been told they aren't trans enough. For the rural Southern trans kids who feel like they are alone in this world.

This book is for all the trans and gender expansive Southerners who insist on continuing to breathe day after day. The ones who are bold enough to embrace self definition in a world that was not built for us to thrive.

Trans in the South is dedicated to every trans Southerner who persists in growing in this rocky clay soil. We face unique challenges that other folks may never understand, but may we never forget the beauty, strength, and resiliency that lives in each one of us. You are not alone.

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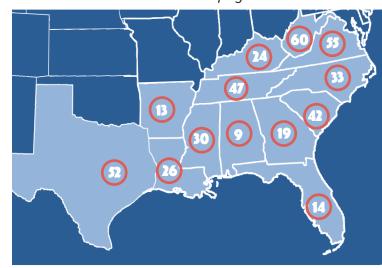


What's Inside:

TRANS IN THE SOUTH:

- **HOW TO USE THIS RESOURCE GUIDE**
- ABOUT THE CAMPAIGN FOR SOUTHERN EQUALITY AND COMMUNITY HEALTH PROGRAM
- **9** RESOURCES IN SOUTHERN STATES
- 61 RESOURCES FOR FUNDING YOUR TRANSITION
- **70** GLOSSARY OF TERMS
- NATIONAL + REGIONAL RESOURCE GUIDES

See resources in each Southern state on these pages:



DISCLAIMER:

This document provides information about acquiring medical or attorney referrals; it is not medical or legal advice. Moreover, due to the rapidly changing nature of the law and our reliance on information provided by outside sources, we make no warranty or guarantee.





Welcome to *Trans in the South: A Guide to Resources and*Services, compiled by the Campaign for Southern Equality.

Our hope is that every trans person in the South can access the services and support they need to be healthy and to thrive. Our goal is that this resource guide is a helpful tool in that journey. In these pages you'll find lists of service providers throughout the South, information about insurance coding, and resources to assist with funding medical transition.

Accessing friendly therapists, medical providers, and legal assistance can be difficult as a trans person in the South, especially if you don't know where to start or who to reach out to. That's why we created this resource guide.

Trans in the South offers resources for trans folks in Alabama, Arkansas, Florida, Georgia, Kentucky, Louisiana, Mississippi, North Carolina, South Carolina, Tennessee, Texas, Virginia and West Virginia. Resources in this guide are divided by type of services offered within each Southern state. So, for example, if you're looking for an endocrinologist in South Carolina, just scroll down to South Carolina and look for the heading "ENDOCRINOLOGY."

For the 2019 update, we made an essential shift in the leadership and process of updating the guide, driven by the knowledge that no one knows the needs and resources in their local areas better than local leaders. This year's guide was expanded by the amazing *Trans in the South* Research and Development Team, made up of trans folks from across the South who each focused on adding more resources from the areas where they live. We cannot thank them enough for all their work to help connect trans folks to the resources they need to lead full and healthy lives! Meet this incredible team on page 7.

We compiled these resources based on input from the Research and Development Team, trans folks who reported having a positive and affirming experience using these services, referrals from trans-friendly providers, and pulling from other resource guides that list these providers as being trans-friendly. To confirm the status of these resources as trans-friendly, we called each provider and spoke with the staff at that agency. We only included providers who report actively working with trans folks in this guide.

Some providers offered additional information about their practice like accepting insurance, charging on a sliding scale, offering Hormone Replacement Therapy, or working with youth. These are marked with icons. We still encourage calling the provider you're interested in and asking about the specific services you're seeking.

This year, we've added a screening for Spanish-speaking providers or providers that offer Spanish interpretation services. We're also piloting an interactive map of all listings, which you can access at www.southernequality.org/transinthesouth.

This edition of *Trans in the South* was published in January 2019 and can be downloaded at *www.southernequality.org/transinthesouth*. We'll be collecting new resources throughout the year and updating the guide annually. If you have additional resources, questions, or feedback, please email them to me at Ivy@southernequality.org.

Publishing this annual update is an important project at CSE, something we're both proud and honored to do to serve the Southern trans community. Our whole CSE staff team has contributed to this project.

Thanks for accessing *Trans in the South.* I hope you'll find it helpful!

Best Wishes, Ivy Gibson-Hill Campaign for Southern Equality Community Health Program Director



Icons in This Guide

Healthcare providers have shared specific details about their work for inclusion in *Trans in the South: A Guide to Resources and Services*. Our team has confirmed these details with providers, but the absence of icons does not necessarily mean that the provider does not meet one or more of these specifications. Contact providers directly with any questions.



Offers Hormone Replacement Therapy (HRT)

- Hormone Replacement Therapy is a big step for many trans folks. The general providers that are marked with this symbol offer HRT in their office. This cuts the step of also finding an endocrinologist.



Writes Letters - Many endocrinologists and surgeons require a letter from a mental health professional before they will move forward with assisting with medical transition. These mental health professionals will write the letters that are required for Hormone Replacement Therapy and/or surgery. If this icon is beside an endocrinologist, it means they will write the necessary letters to change gender markers on legal documents without requiring the patient to undergo surgery.



Doesn't Write Letters - These providers report being trans-friendly; however they won't write the letters folks need to begin HRT, undergo surgery, or change gender markers on legal documentation.



Requires Letters - These providers do not offer treatment with informed consent, but require a letter from a therapist before beginning HRT.



Informed Consent - These providers offer treatment with informed consent and do not require a letter from a mental health professional to begin HRT.



Sees Adolescents - These providers will assist individuals under the age of 18 with their medical transition.



OB/GYN - These providers also offer pelvic exams for trans men.



Planned Parenthood - These providers operate within Planned Parenthood offices. Most Planned Parenthood affiliates offer HRT with informed consent.



Scheduling 6 Months to a Year Out - At the time that we called, these providers reported scheduling 6 months to a year out for new patients.



Doesn't Take Insurance - These providers report that they don't accept any insurance.



Takes Insurance - These providers report accepting insurance.



Charges on a Sliding Scale - These providers report charging on a sliding scale based on need.



Free Sessions Available - Some providers report working with local clinics in order to provide free sessions to the clients who aren't able to make payments even on a sliding scale basis. We encourage calling providers with these icons and asking about the process to take advantage of those free needs-based services.



Veterans Only - These providers only work with veterans.



Serves Spanish-Speaking Populations - These providers offer their services in Spanish.



Student Counseling Services - These providers are trans-friendly, but they are only available to students at their university.



Support Group - These providers also offer peer support groups.



About Us

THE CAMPAIGN FOR SOUTHERN EQUALITY

Based in Asheville, North Carolina, the Campaign for Southern Equality (CSE) promotes full LGBTQ equality - both legal and lived - across the South. Our work is rooted in commitments to equity in race, gender and class.

One third of all LGBTQ Americans live in the South, including more than one third of all trans Americans. Yet across the region, LGBTQ people lack basic legal protections, face robust opposition to our rights and have limited resources for advocacy and direct services. LGBTQ people in our region are also at an elevated risk of poverty and health disparities. Our community meets every definition of political powerlessness, evidenced most recently by the wave of anti-LGBTQ bills sweeping the South and by a lack of elected representation in local, state and federal offices. While national funding to the LGBTQ South is increasing (it has grown from less than 8% to 25% in recent years), the majority goes to large metro areas and large organizations within the South.

At the same time, LGBTQ Southerners live each day with courage and strength. Every day, we hear stories about how the South is changing and how support for equality is growing. Our work starts by asking what a LGBTQ Southerner needs when they are ready to lead equality efforts in their hometown, or ready to access support and services. Responding to this complex mix of urgent needs and entrenched structural issues requires a new approach. Tactically, this requires that we use a range of tools in our work, including direct services, direct action, litigation, grant-making, and long-term organizing strategies to support a new generation of LGBTQ leaders and to build political power.

COMMUNITY HEALTH PROGRAM

Through our Community Health Program, we respond to the acute and widespread need for direct services and resources for LGBTQ Southerners. Current programs include our digital toolkit which provides information about concrete ways LGBTQ Southerners can protect their rights and access support; free Pop-Up clinics that provide direct services and resources on topics such as name changes and family rights; our new Southern LGBTQ Health Initiative, a partnership with Western NC Community Health Services to increase access to LGBTQ-friendly care at Southern Community Health Centers; publishing the Trans in the South guide with annual updates; and providing training and funding to support frontline providers of culturally-competent direct services. Since launching, CSE has run more than 140 free LGBTQ legal and resource clinics across the South, serving more than 4,000 people.

LEARN MORE ONLINE: WWW.SOUTHERNEQUALITY.ORG



Research & Development

The *Trans in the South* guide is for the trans community and created by the trans community. No one knows what local folks need better than local leaders. Meet the team of amazing trans leaders from across the South who helped lead efforts to identify more resources and help connect trans folks with those resources.

Kayla Gore

Pronouns: She/her/hers

Kayla Gore is an incredible leader in the trans community based in Memphis, Tennessee. Kayla has an extensive history in advocating for the trans community. From working to end chronic homelessness in the trans community to advocating for just treatment for trans people by law enforcement to building supportive community spaces through her work with OUT Memphis - Kayla is a powerhouse advocate for trans Southerners, and we are so honored to have had her help with the 2019 edition of *Trans in the South!*

Quentin Bell

Pronouns: He/him/his

Quentin Bell is the founder and Executive Director of The Knights and Orchids Society in Selma, Alabama. Que is doing amazing and innovative work in Alabama to increase trans folks' access to competent care, and through their Project FAITH (Fair Access in Transgender Health) Que and the TKO team are connecting folks with HIV testing and other resources for health at LGBTQ night clubs in Alabama. He is a dynamic leader for equity, and a true agent for change. We are so grateful for all of Quentin's hard work on this year's update!

KC Buchanan, MSW

Pronouns: They/them/their

KC Buchanan is an amazing advocate for trans and queer southerners. Their work includes co-founding OUT in the High Country, a grassroots advocacy and education group in Boone, North Carolina. KC is a systems-oriented social worker and is driven by a passion for creating access, equity, and justice across the South. We are so grateful for KC's help in adding more providers from rural areas across the South to this year's update!

Jaymeson Rivers

Pronouns: He/him/his

Jaymeson has been an advocate for the trans community for over 5 years. From serving on the leadership team for Gender Benders to serving in leadership of the Greenville Tech GSA and beyond, Jaymeson is a fierce advocate for trans folks in the South. Jaymeson is now based in Richmond, Virginia, where he's continuing his advocacy work for trans Southerners. We were honored to have his help in expanding *Trans in the South*!



Emergency Help and Resources

If you are in need of immediate help, please use these resources from anywhere in the country.

If you are thinking of hurting yourself, call the National Suicide Prevention Lifeline at:

English: 1-800-273-TALK (8255) Spanish: 1-888-628-9454

Options for Deaf and Hard of Hearing:

1-800-799-4889

For the **Trans Lifeline**, please call 877-565-8860.

For **The Trevor Project,** call 1-866-488-7386 for 24/7 crisis support for LGBTQ Youth. Or text START to 678678 for support via text messaging 24/7. Online chat support available 7 days a week from 3PM to 10 PM ET here: https://www.thetrevorproject.org/get-help-now

MORE RESOURCES:

https://suicidepreventionlifeline.org/talk-to-someone-now/

VISIT ONLINE AT

GLBT National Help Center Hotline

P: 1-888-843-4564 W: www.glnh.org Hours: 4 PM – 12 AM, EST

GLBT National Youth Talkline

P: 1-800-246-7743 W: www.glnh.org Hours: 4 PM – 12 AM, EST



Alabama

AL HEALTH



Charlar Barnes



Jane Brown MA,

600 S Court St Ste 312 Montgomery, AL 36104

Adult & Child Development Professionals, LLC

2305 Arlington Ave. S Birmingham, AL 35205 334.647.1781 exceptionalliving14@gmail.com

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susan@montgomerytherapist.com www.montgomerytherapist.com



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counseling@uab.edu

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Ph.D

Birmingham, AL 35294

205.934.1917



VanWaggoner,

UAB Student Health and Wellness Center 619 19th St S Birmingham, AL 35233





Alabama •

HIV CARE



Glen Archibald

AIDS Alabama 3529 7th Ave. South Birmingham, AL 35222 205.324.9822 nathan.salter@aidsalabama.org www.aidsalabama.org



Albertville Clinic

201 East McKinney Ave, Ste A Albertville, AL 35950 256.660.5127 www.thrivealabama.org



AIDS Alabama

3529 7th Ave S. Birmingham, AL 35222 205.324.9822 www.aidsalabama.org



AIDS Alabama South 4321 Downtowner Loop N. Mobile, AL 36609

251.471.5277

www.aidsalabamasouth.org



Birmingham AIDS Outreach

205 32nd Street South Birmingham, AL 35233 205.322.4197

www.birminghamaidsoutreach.org



Dothan AIDS Outreach 1865-3 Honeysuckle Road, Suite 2 Dothan, AL 36305

334.673.0494 www.maoi.org



The Hames Clinic

112 S. Pine Street, Suite 202 Florence, AL 35630 256.764.0492

www.thrivealabama.org



Montgomery AIDS Outreach

2900 McGehee Rd Suite A Montgomery, AL 36111 334.280.3349 www.maoi.org



Selma AIDS Information & Referral

Steel City Law, LLC 3000 Crescent Avenue Homewood, AL 35209 205.607.0225 ssmith@steelcitylawfirm.com



Thrive Alabama 600 St. Clair Avenue, Building 3 Huntsville, AL 35801

Huntsville, AL 35801 201 E McKinney Ave Albertville, AL 35950

112 S Pine St . Florence, AL 35630 www.thrivealabama.org

256.536.4700 256.660.5127

256.764.0492



West Alabama AIDS Outreach 2720 6th Street Tuscaloosa, AL 35401 205.759.8470 www.waao.info



Alabama •

ENDOCRINOLOGY



Dr. Deepti Bahl

The Kirklin Clinic 2000 6th Avenue South Kirklin Clinic, 4th floor Birmingham, AL 35233 205.996.3636

www.uab.edu/medicine/endocrinology



Dr. Ron Baneriee The Kirklin Clinic 2000 6th Avenue South Kirklin Clinic, 4th floor Birmingham, AL 35233

205.996.3636

www.uab.edu/medicine/endocrinology



Hussein Abdul-Latif, MD Endocrinology Department of Children's of Alabama Park Place 1601 4th Avenue S Birmingham, AL 35233 205.638.9107

www.childrensal.org/Endocrinology



Morissa Jean Ladinsky, MD Children's of Alabama 1600 7th Avenue South McWane Building Birmingham, AL 35233

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www.childrensal.org



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251.435.1200

www.diagnosticandmedical.com/



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Dr. Amy Warriner The Kirklin Clinic

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PRIMARY CARE



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PLANNED PARENTHOOD



1211 27th Pl S Birmingham, AL 35205 205.322.2121



717 Downtowner Loop West, Mobile, AL 36609

251.342.6695

LEGAL RESOURCES







Steel City Law, LLC 3000 Crescent Ave Birmingham, AL 35209 205.607.0225 ssmith@steelcitylawfirm.com www.steelcitylawfirm.com

OTHER RESOURCES



Steinzmetz Plastic Surgery 2700 10th Avenue S, Birmingham, AL

205.930.0980 www.steinmetzplasticsurgery.com

STATE RESOURCE GUIDE

Association of Lesbian, Gay Bisexual & Transgender Issues in Counseling of Alabama (ALGBTICAL) www.algbtical.org/2A%20COUNSELOR%20LIST.htm Covers entire state





HIV CARE



Arkansas Department of Health Ryan White Program 4815 W. Markham, Little Rock, AR 72205 501.661.2408 www.healthy.arkansas.gov

Arkansas AIDS Foundation

523 S Louisiana St. Ste 303. Little Rock, AR 72201 501.376.6544 info@arkansasaidsfoundation.org

PLANNED PARENTHOOD



Planned Parenthood Fayetteville 3729 North Crossover St. Fayetteville, AR 72703

479.443.7791



Planned Parenthood Little Rock 5921 W. 12th Street Little Rock, AR 72204 501.666.7526

STATE RESOURCE GUIDES

Arkansas Transgender
Equality Coalition

www.artranscoalition.org/heal

www.artranscoalition.org/health Covers entire state **Transgender Equality Network**

transequet.org/resources/arkansas-resources/ Covers entire state







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Bailey House of Wellness, LLC 1881 NE 26th Street, Suite 202A Wilton Manors, Florida 33305 3190 Post Street Jacksonville, FL 32205 **Rainbow Counseling** 898 85th Avenue N

904.495.7749 bhowyou@gmail.com



Aimee **Beardslee** St. Petersburg, FL 33702

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2109 E. Palm Avenue Suite 201 Tampa, FL 33605

813.419.7793 www.garyhowellpsyd.com



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941.366.2442 www.deborahhuntley.com



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398 Communal Gardens Blvd, Ste 207 Boca Raton, FL 33432

561.210.5125 drlevy@levypsychology.com www.levypsychology.com



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Florida •





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David B. Wohlsifer, Ph.D, LCSW 370 Camino Gardens Blvd #117 Boca Raton, FL 33432 561.409.9701 drwohlsifer@gmail.com www.drdavidw.com



Florida



Care Resource Ft. Lauderdale

871 West Oakland Park Blvd. Ft. Lauderdale, FL 33311

954.567.1234 www.careresource.org





Care Resource Little Havana

1901 S.W. 1st Street - 3rd Fl. Miami, FL 33135

305.203.5230

www.careresource.org/new-locationlittle-havana

Care Resource **Meridian Ave** Office

1701 Meridian Ave #400 Miami Beach, FL 33139

305.673.3555

www.careresource.org



Care Resource Miami

3801 Biscayne Blvd. Miami, FL 33137

305.576.1234

www.careresource.org



Care Resource Miami Beach Office

1680 Michigan Ave STE 912D Miami Beach, FL 33139

305.534.0503

www.careresource.org



Hope & Help Center of Central Florida, Kissimmee

231 Ruby Ave. Kissimmee, FL 34741

407.994.2825 info@hopeandhelp.org

www.hopeandhelp.org





Hope & Help Center of **Central Florida** 707 Mendham Blvd Suite 104 Orlando, FL 32825

407.645.2577

info@hopeandhelp.org www.hopeandhelp.org





Miracle of Love Lake County

4400 North Highway 19A Mt Dora, FL 32757 352.357.6341

www.miracleofloveinc.org



Miracle of Love The Stafford House

711 Seminole Ave. Orlando, FL 32804

407.532.0070

info@miracleofloveinc.org www.miracleofloveinc.org/staffordhouse



Miracle of Love

Osceola County Office 600 North Thacker Ave. Kissimmee, FL 32741

407.994.2995 www.miracleofloveinc.org





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PRIMARY CARE



Michael Horseman MD



Family Practice Associates 4410 W Newberry Rd. Gainesville FL 32607

LGBTQ Center for Wellness, Gender and Sexual Health 1120 NW 14th St. Miami, FL 33136 352.372.7800 www.fpagainesville.com

305.689.5511 MiamiTransgender@med.miami.edu www.umiamihospital.com/lgbtq-services

ENDOCRINOLOGY



Brenda M. Barry, MD





Women Care of Baldwin Park 930 Lake Baldwin Ln Orlando, FL 32814

Jackson Memorial Hospital 1611 NW 12th Ave # 233 Miami, FL 33136

Accent Endocrinology 4340 W Newberry Rd #103 Gainesville, FL 32607 305.243.4530 www.jacksonhealth.org

407.898.1500 womencare@cfl.rr.com www.brendabarrymd.com

352.372.9414 www.accentmd.com/floridaendocrinology/jeelani.html

OTHER RESOURCES



Adele Kates & Associates PA

1 NE 168th St. North Miami Beach, FL 33162 305.651.6442

STATE RESOURCE GUIDES

Equality Floridawww.eqfl.org
Covers entire state

Trans Floridahttp://transflorida.tumblr.com/hrt *Covers entire state*



Florida

Boca Raton Health Center	8177 Glades Rd. Boca Raton, FL 33434	561.226.4116
Downtown Orlando Health Center	726 S Tampa Ave Orlando, FL 32805	407.246.1788
East Orlando Health Center	11500 University Blvd Orlando, FL 32817	407.246.1788
Fort Myers Health Center	8595 College Parkway, Ste 250 Fort Myers, FL 33919	239.481.9999
Gainesville Health Center	914 NW 13th Street Gainesville, FL 32601	352.377.0881
Golden Glades Health Center	585 NW 161st St #200-300 Miami, FL 33169	305.830.4111
Jacksonville Health Center	5978 Powers Avenue Jacksonville, FL 32217	904.399.2800
Kendall Health Center	11440 SW 88th St. Miami, FL 33176	786.263.0001
Kissimmee Health Center	610 Oak Commons Blvd. Kissimmee, FL 34741	407.246.1788
Lakeland Health Center	2250 E. Edgewood Drive Lakeland, FL 33803	863.665.5735
Manatee Health Center	1105 53rd Ave E Bradenton, FL 34203	941.567.3800
Martin County Health Center	Emerald Plaza 1322 NW Federal Hwy Stuart, FL 34994	y772.692.2023
Naples Health Center	1425 Creech Road Naples, FL 34103	239.262.0301
Pembroke Pines Planned Parenthood	263 North University Drive Pembroke Pines, FL 33024	954.989.5747
St. Petersburg Health Center	33 6th Street South Saint Petersburg, FL 33701	727.898.8199
The Sally Bellamy Health Center	2618 W Tennessee St. Tallahassee, FL 32304	850.574.7455
Sarasota Health Center	736 Central Ave Sarasota, FL 34236	941.953.4060
Tampa Health Center	8068 North 56th St. Tampa, FL 33617	813.980.3555
Wellington Health Center	10111 Forest Hill Blvd, Ste 340 Wellington, FL 33414	561.296.4919
West Palm Beach Health Center	931 Village Blvd, Ste 904	561.683.0302



West Palm Beach, FL 33409





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Georgia Tech Counseling Center

353 Ferst Dr NW Atlanta, GA 30313 404.894.2575

www.counseling.gatech.edu

Tana Hall, LPC

204 Church St. Decatur, GA 30030 404.496.8262

www.tanahall.com



Dr. Sarah E. Herbert, MD 41 Lenox Pointe NE Ste A Atlanta, GA 30324

404.842.0070



Karuna Counseling 1945 Mason Mill Road - Suite 100 Decatur, GA 30033

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Georgie



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Lost-n-Found Youth

2585 Chantilly Drive NE. Atlanta, GA 30324

678.856.7824 or 678.856.7825 (hotline) www.lnfy.org



Metropolitan Counseling Services

2801 Buford Hwy NE #470 Atlanta, GA 30329

404.321.1794 www.mcsatlanta.org



Skyland Trail

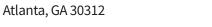
1961 North Druid Hills Road NE Atlanta, GA 30329

866.504.4966 www.skylandtrail.org

Erin Swenson

659 Auburn Ave NE APT 105

404.312.5677



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Wellspring Counseling Center

700 Old Roswell Lakes Pkwy #300 Roswell, GA 30076

770.587.4736 www.wellspringlife.com

321 W Hill St #2D Decatur, GA 30030



Cobb Health Center

220 Cobb Pkwy N Suite 500 Marietta, GA 30062

404.688.9300



East Atlanta Health Center 440 Moreland Avenue SE Atlanta, GA 30316

404.688.9300

Center

Gwinnett Health 798 Lawrenceville-Suwanee Rd. Lawrenceville, GA 30043

404.688.9300

Savannah **Health Center** 720 E 71st St Savannah, GA 31405 912.351.0116



ENDOCRINOLO



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Equality Clinic

997 St Sebastian Way Augusta, GA 30901

762.218.2226 equalityclinicaugusta@gmail.com www.equalityclinicaugusta.squarespace.

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1924 Cliff Valley Way NE Atlanta, GA 30329

404.728.7900 transhealth@feministcenter.org www.feministcenter.org



1365 Clifton Rd

404.778.2270 www.emoryhealthcare.org/physicians/t/

Georgia •

PRIMARY CARE



Absolute Care
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2140 Peachtree Rd. NW Suite 232 Atlanta, GA 30309 404.231.4431

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STATE RESOURCE GUIDES

Atlanta Gender Explorations

https://www.facebook.com/atlantagenderexplorations/ Covers Atlanta

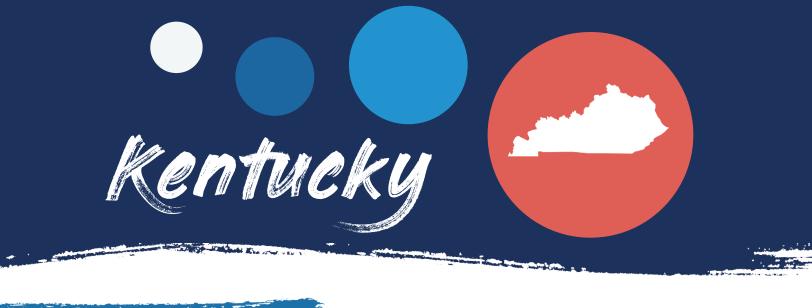
Georgia Equality

https://georgiaequality.org/wp-content/uploads/2015/08/GA-Trans-Resource-Guide-DIGITAL-1.pdf *Covers Primarily Atlanta*

Feminist Women's Health Center

https://www.feministcenter.org/trans-health-initiative/





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Lexington, KY 40503

800.230.7526



Louisville Health 842 S 7th St Center

Louisville KY 40203

800.230.7526

STATE RESOURCE GUIDE

TransKentucky

www.transkentucky.com/directory/ Covers Entire State





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Louisiana

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Louisiana

HIV CARE



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Central Louisiana AIDS **Support Services**

1785 Jackson St. Alexandria, LA 71301 318.442.1010 Robbyclass@yahoo.com www.class-cenla.org



HIV/AIDS Alliance for Region 2

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225.927.1269 www.haartinc.org



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Center

425 Kingsley St. Lake Charles, LA 70605 337.439.5861 www.slac.org





Southwest Louisiana AIDS

STATE RESOURCE GUIDE

Louisiana Trans Advocates

www.latransadvocates.org/ Statewide list of providers and support groups



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Mississippi Center for Justice Indianola

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www.mscenterforjustice.org



Mississippi Center for **Justice Jackson** 5 Old River Pl # 203 Jackson, MS 39202 601.352.2269

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North Carolina





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Carrboro **Pediatrics &** Internal Medicine

27 Fidelity St. Carrboro, NC 27510 919.933.8381 www.carrboropediatrics.com

Community **Family Practice** 260 Merrimon Avenue, Suite 200

Asheville, NC 28801

828.254.2444

Duke Child and Adolescent **Gender Care**

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Wilmington, NC 28401

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Charlotte Health Center	4822 Albemarle Road, Ste 103, 104, 106 Charlotte, NC 28205	704.536.7233
Durham Health Center	105 Newsom Street, Ste. 101 Durham, NC 27704	919.286.2872
Fayetteville Health Center	4551 Yadkin Rd. Fayetteville, NC 28303	866.942.7762
Greensboro Health Center	1704 Battleground Ave. Greensboro, NC 27408	336.373.0678
Raleigh Health Center	100 S Boylan Ave. Raleigh, NC 27603	919.833.7526
Wilmington Health Center	1925 Tradd Court. Wilmington, NC 28401	910.762.5566
Winston-Salem Health Center	3000 Maplewood Ave., Ste. 112 Winston-Salem, NC 27103	336.768.2980





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Vetter







HIV CARE



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919.250.3999



Dr. Claire Farel, Dr. Heidi Swygard, Dr. Lisa Hightow-Weidman

Trans Health Program (PrEP Services) 984.974.7198

UNC Infectious Diseases Clinic

130 Mason Farm Rd. Chapel Hill, NC 27514



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providers/heidi-swygard-md/



Transgender Health **Program**

WNC Community Health Services 285 Biltmore Ave. (PrEP Services)

Asheville, NC 28801

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STATE RESOURCE GUIDES

LGBT Center of Raleigh

www.bit.ly/LGBTCenterofRaleigh Covers Triangle Area

LGBT Center of Durham

www.bit.ly/LGBTQCenterofDurham Covers Triangle Area

Charlotte Transgender Healthcare Group

www.cthcg.org/ Covers Charlotte Area

Gender and Sexuality Diversity Initiative

www.bit.ly/CarolinaPartners

Covers Entire State





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Excellase Noushi ExcelLase Haeussler Laser **Treatment**

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www.ghs.org/healthcareservices/ primary-care/family-medicine/ center-for-family-medicine/



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96 Jonathan Lucas St. # 316 Charleston, SC 29425

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bowlbyd@musc.edu health.usnews.com/doctors/ deborah-bowlby-521179



Columbia Health Center 2712 Middleburg Dr., Suite 107 Columbia, SC 29204

803.256.4908



Charleston **Health Center** 200 Rutledge Ave. Charleston, SC 29403 843.628.4380



Gweneth B .azenby MD Medical University of South Carolina 96 Jonathan Lucas St. Charleston, SC 29425

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www.education.musc.edu/MUSCApps/ facultydirectory/Lazenby-Gweneth





MENTAL HEALTH



Henry DB Anderson Highest Heights 3523 Pelham Road, Suite B Greenville, SC 29615 864.345.0193 highestheights73@gmail.com www.highest-heights.com



Landa M. Basham Skylyn Counseling 503 W. 2nd Street Spartanburg, SC 29301 864.585.5010 landa@skylyncounseling.com www.skylyncounseling.com



Rachel Chiu Restore Therapy of Greenville, SC 864.214.5742 4108 East North Street rachelchiu.m Greenville, SC 29615 www.restoret

rachelchiu.mft@gmail.com www.restoretherapysc.com



Charlton Hall

Stress Management Center 1115 Dunlap Road Anderson, SC 29621 864.384.2388 chuck@traumalearningcenter.org mindfulecotherapy.org



Lindsay K. Hill, M.Ed., LPC-I Travelers Rest Counseling Associates 128 S Main Street Travelers Rest, SC 29690 864.525.4790 lindsay@travelersrestcounseling.com www.travelersrestcounseling.com



Ana Kelley Next Generation Counseling 101 North Pine Street, Ste 315 Spartanburg, SC 29302 864.580.6777 anakelley@nextgenerationcounseling.com www.nextgenerationcounseling.com

Shawna Kirby, Ph.D Midlands Neurobehavioral Services, LLC 160 Medical Cir Suite E West Columbia, SC 29169 803.339.9178 drkirby@midlandsneuro.com www.midlandsneuro.com



Kathleen May 214 Keowee Trail Clemson, SC 29631

864.654.0813



Hadley Mullen Compass of Carolina 1100 Rutherford Road Greenville, SC 29609 864.467.3434 mullenh@compassofcarolina.org www.compassofcarolina.org



Jacob Parsons-Wells, MMFT, LMFT Lumos Counseling Services 300 Plaza Circle, Suite A Clinton, SC 29325

864.939.8224 jacob@lumoscounselingservices.com







Elizabeth Pratt

Trinity Place 236 Union St Suite 2 Spartanburg, SC 29302 864.649.6272



Sabrina Richardson. **LMFT**

269 S Church St Ext #310 Spartanburg, SC 29302

864.464.9029



Dr. Jeffrey Smith

Piedmont Psychiatric Services 2094 Woodruff Rd. Greenville, SC 29607

864.676.9211



Jerah Sowinski, LLC 3E Cleveland Court Greenville, SC 29607

864.406.6464 hello@therapywithjerah.com www.therapywithjerah.com





AID Upstate

13 S Calhoun St. Greenville, SC

864.250.0607 www.aidupstate.org



Lowcountry AIDS Services

3547 Meeting Street Road

843.747.2273



Charleston, SC 29405

information@aids-services.com

www.aids-services.com





Palmetto Community

3547 Meeting Street Rd. North Charleston, SC 29405 843.747.2273



information@aids-services.com www.aids-services.com

Services



Palmetto AIDS Life Support

2638 Two Notch Rd # 108 Columbia, SC 29204

803.779.7257 www.palss.org





101 N Pine St # 200 Spartanburg, SC 29302 864.582.7773 www.piedmontcare.org





1813 Laurel St. Columbia, SC 29201 803.254.6644 www.schivaidscouncil.org



3830 Forest Dr #201 Columbia, SC 29204 803.790.8208



PLANNED PARENTHOOD



Charleston Planned Parenthood 200 Rutledge Ave. Charleston, SC 29403 843.628.4380



Columbia Planned **Parenthood** 2712 Middleburg Drive, Ste 107 Columbia, SC 29204

803.256.4908

ENDOCRINOLOGY



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Molly Benedum

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864.455.7800 www.ghs.org/healthcareservices/ primary-care/family-medicine/ center-for-family-medicine/



Dr. Beatrice J. Hull. MD

Medical University of South Carolina (North Charleston) janulyt@musc.edu 135 Rutledge Ave. Charleston, SC 29403

843.863.0088

OTHER RESOURCES



Mishael's **Electrolysis** Center, LLC 5825 Glenridge Dr NE, Unit 1 Atlanta, GA 30328

404.843.9993 mecatlanta.com

STATE RESOURCE GUIDES

Gender Benders' Resource Page www.genderbenders.org/resources.html **We Are Family** (Covers Low Country) www.wearefamilycharleston.org/ tlf/south-carolina-resources/

CATS (Covers Charleston Area) www.chasareatsupport.org/links





HIV CARE



Alice Sattler, MSN Connectus Health at Vine Hill 601 Benton Avenue Nashville, TN 37204 615.292.9770 info@connectus.org www.connectus.org/vine-hill

Chattanooga Cares

1000 E 3rd St. Chattanooga, TN 37403 423.265.2273 news@chattanoogacares.org www.chattanoogacares.org

Chattanooga
Primary Care
Center/Cempa
Community Care
CHOICES

1000 E. 3rd St., Suite 300 Chattanooga, TN 37403 423.265.2273 news@chattanoogscares.org www.chattanoogacares.org



1726 Poplar Avenue Memphis, TN 38104 901.274.3550 mpeake@memphischoices.org www.memphischoices.org



Friends for Life

43 N. Cleveland Street Memphis, TN 38104 901.272.0855 www.friendsforlifecorp.org



Dr. Kelly Knight

InterFaith Health Clinic 315 Gill Avenue Knoxville, TN 37917

865.546.7330 info@interfaithhealthclinic.org www.interfaithhealthclinic.org



Nashville Cares

633 Thompson Lane Nashville, TN 37204 615.259.4866 www.nashvillecares.org



Street Works

1225 9th Ave. North Nashville, TN 37208 615.259.7676 www.street-works.org

Vanderbilt Program for LGBTQ Health

1000 E 3rd St. Chattanooga, TN 37403 615.936.3879 www.vanderbilthealth.com/ lgbtqhealthprogram/



HEALTH



Bonnie Benson-Palmgren UT Student Counseling Center 865.974.2196 1800 Volunteer Boulevard

Knoxville, TN 37996

counselingcenter.utk.edu



April M. Broussard, **LCSW**

4529 Red Bark Ct. 615.680.9822

april@aprilbroussardlcsw.com Nashville, TN 37013



Saroj Chand

3105 Essary Dr. Knoxville, TN 37918 865.687.8990

Brandi C Cowan

Tennessee Mental Health Consumers' Association -East Tennessee

901.522.2090

200 W. Fifth Ave, Suite B Knoxville, TN 37917



Dan Dumont, **MSSW**

Dr. Terry

Edwards

Oasis 1704 Charlotte Avenue 615.327.4455

Suite 200

www.oasiscenter.org

BCowan@tmhca-tn.org

Nashville, TN 37203 397 Wallace Rd Suite C305

Nashville, TN 37211

615.791.3449



ETSU Counseling Beth Evelyn Center

423.439.3333

339 South Dossett Dr. barberbe@etsu.edu Johnson City, TN 37604



East Tennessee State **Beth Evelyn**

423.439.3333 University Counseling Center



339 S Dossett Dr Johnson City, TN 37614 barberbe@etsu.edu



Dr. Margot

Margot Feintuch, M.D., PLLC

615.200.6858



Feintuch, M.D.

1507 16th Avenue

South Nashville, TN 37212



Kathleen Puckett, MA, **LADC**

A View From Within **Distance Counseling** 865.724.4923 avfwcc@yahoo.com

www.aviewfromwithindistancecouseling.com



Joan M. Schleicher. Ed.D

Hope and Healing 2125 Belcourt Ave. Nashville, TN 37212

615.269.0525 ext. 5 support@healnashville.com www.healnashville.com



Jennifer Strickland, LPC/MHSP

Momentum Counseling, LLC 211 Donelson Pike, Suite 113 Nashville, TN 37214

615.645.3753

jstricklandlbc@gmail.com





Dr. Tanner - VA **Med Center**

23 Veterans Way Johnson City, TN 37604 423.926.1171



Jennifer Valli, **AASECT**

1384 Cordova Cove, Suite 1 Germantown, TN 38138

901.299.3224 jenvalli@gmail.com www.jennifervalli.com



Carrie Joy Wadman

Carrie Joy Counseling 1501 Boyd Street Knoxville, TN 37921

813.541.0145 carriejoywadman@gmail.com www.carriejoycounseling.com



Dr. Casey

1450 Dowell Springs Blvd. Suite 300

865.637.8812 www.endoconsultants.com



Dr. Terri W. **Jerkins**

310 25th Ave N Suite 201 Nashville, TN 37203

Knoxville, TN 37909

615.329.5029



Jane R. Weinberg, MD 602 W Iris Dr. Nashville, TN 37204 615.383.1995



ETSU Family Medicine Associates 917 W Walnut St. Johnson City, TN 37604

423.439.6464 info@etsu.edu www.etsu.edu/com/familymed/clinics/ jcclinic.php



Center

Knoxville Health 710 North Cherry St, Knoxville, TN 37914

865.694.7155

Center

Memphis Health 835 Virginia Run Cove Memphis, TN 38122

901.725.1717

Memphis Health 2430 Poplar Avenue Center

Memphis, TN 38112

901.725.1717



Nashville Health Center 412 Dr. D.B. Todd Jr. Blvd, Nashville, TN 37203

615.321.7216





Kristen Allen,



Dr. Bradley N. Bullock



Dr. Rodney Carter













Gary J. Smith, M.D.

/anderbilt

Care Clinic

Cool Springs Internal **Medicine and Pediatrics** 1607 Westgate Circle, Suite 200 Brentwood, TN 37027 Internal Medicine & Pediatrics 1607 Westgate Circle, Ste 200 Brentwood, TN 37027

LeConte Family Practice 1148 Wagner Dr #101 Sevierville, TN 37862 1726 Poplar Avenue Memphis, TN 38104

9221 Middlebrook Pike # 102 Knoxville, TN 37931

Rager Adolescent Health 330 23rd Avenue North, Suite 550 Nashville, TN 37203

Connect Us Health at Vine Hill 601 Benton Avenue Nashville, TN 37204

Saint Thomas Health 7640 Highway 70 South, Suite 201 Nashville, TN 37221

One Hundred Oaks **Shopping Center** 719 Thompson Lane, Suite 37189 Nashville, TN 37204

for Transgender Health

Comprehensive

Vanderbilt Clinic Vanderbilt Primary Care Bellevue 7069-B Highway 70 South Nashville, TN 37221

615.376.8195 www.coolspringsinternalmedicine.com

615.376.8195 www.coolspringsinternalmedicine.com

865.453.2806

901.274.3550

mpeake@memphischoices.org www.memphischoices.org

865.539.2873

615.933.0173

www.rageradolescenthealth.com

615.292.9770 info@connectus.org www.connectus.org/vine-hill

615.646.8098

615.875.5115 www.vanderbilthealth.com/ comprehensivecare/

615.538.3668 www.vanderbilthealth.com/ transgenderhealth/



LEGAL RESOURCES



29 Patten Parkway Chattanooga, TN 37402 615.756.0128 www.selegal.org

OTHER RESOURCES



Laura Bomar, LE, Hendersonville Electrolysis 1042 Parsons Way Hendersonville, TN 37075

615.681.0778 laurabomar@gmail.com www.ensoelectrolysis.com



CHOICES -Memphis Center Memphis, TN 38104 for Reproductive Health

1726 Poplar Ave.

901.274.3550 mpeake@memphischoices.org www.memphischoices.org

Program for LGBTI Health at Vanderbilt **Medical Center**

1211 Medical Center Drive Nashville, TN 37232

615.936.5194 lgbti.health@vanderbilt.edu

STATE RESOURCE GUIDES

My Trans Navigator

mytransnavigator.org/tennessee Covers Entire State

Out Memphis

www.outmemphis.org/resources/

Tennessee Vals

www.tvals.org/medical-resources/ Covers Nashville Area

University of Tennessee Knoxville

cflgbt.utk.edu/transgender-nonbinary-resource-guide/ Covers Knoxville Area





MENTAL HEALTH



Tricia Blewitt, LPC

Tricia Blewitt Counseling & Sex Therapy 930 S. Bell Blvd Suite 402 Cedar Park, TX 78613 512.547.9704 tmblewitt@hotmail.com www.triciablewittcounseling-sextherapy.com



Montrose Center 401 Branard Street Houston, TX 77006 713.529.0037 www.montrosecenter.org



Natalie Love, LPC, LMFT 5902 Laird Dr. Austin, TX 78757 512.850.4059 nataliejlove@gmail.com www.nataliejanelove.com



The Practice ATX

3811 Bee Cave Road Suite 204

Austin, TX, 78746

512.861.4131 info@thepracticeatx.com www.thepracticeatx.com



Savannah Stoute, LPC Savannah Stoute Counseling 1007 Mopac Circle Suite 202 Austin, TX 78746 512.270.9683

SavannahStouteLPC@gmail.com www.savannahstoutecounseling.com

ENDOCRINOLOGY









Legacy Community Health 1415 California St. Houston, TX 77006

832.548.5000 www.legacycommunityhealth.org



Texas •



PLANNED PARENTHOOD

THE PERSON NAMED IN

	Addison Health Center	5290 Belt Line Rd Addison, TX 75254	972.991.1424
OB/GYN	Arlington Health Center	3701 S Cooper St. Arlington, TX 76015	817.472.8196
	Austin Health Centers	201 E Ben White Blvd Bldg. B Austin, TX 78704	512.276.8000
		1823 E 7th St • 78702	512.477.5846
		9041 Research Blvd • 78758	512.331.1288
	Bedford Health Center	2824 Central Dr Bedford, TX 76021	817.545.0077
	Brownsville Health Center	870 E Alton Gloor Blvd Brownsville, TX 78526	956.546.4571
	Cedar Hill Health Center	140 W FM1382 Ste 160 Cedar Hill, TX 75104	972.709.0081
	Dallas Health Center	9100 N Central Expy #169 Dallas, TX 75231	214.368.1485
ES OB/GYN	Denton Health Center	2436 South I-35, Suite 340 Denton, TX 76205	940.891.0737
	Fort Worth Health Centers	6464 John Ryan Dr Suite B Fort Worth, TX 76132	817.276.8063
		3863 Miller Ave • 76119	817.536.4942
	Harlingen Health Center	712 N 77 Sunshine Strip Ste. 18 Harlingen, TX 78550	956.423.8584
	Houston Health Centers	9919 N Fwy Service Rd Suite 107 Houston, TX 77037	713.514.1106
		13169 Northwest Fwy Suite 115 Houston, TX 77040	713.514.1107
		5800 Bellaire Blvd Building 1B Suite 120 Houston, TX 77081	713.541.5372
	Lewisville Health Center	1356 W Main St . Lewisville, TX 75067	972.221.7644
	Mesquite Health Center	1220 N Town E Blvd #240 Mesquite, TX 75150	972.613.0915



Texas





Paris Health Center

1735 17th St NE Paris, TX 75460

903.784.1301

Plano Health Center

600 N Central Expressway #601 Plano, TX 75074

972.424.6311

San Antonio

Health Centers

8725 Marbach Rd Ste. 215 San Antonio, TX 78227

210.674.2222

2346 E Southcross • 78223

210.333.5454

2140 Babcock Rd • 78229

210.736.2262

920 San Pedro Ave • 78212

210.736.2475

11514 Perrin Beitel Rd • 78217

210.590.0202

Spring Health Center

4747 Louetta Rd

713.514.1102

Tyler Health

Spring, TX 77388 601 Turtle Creek Dr

903.581.8277

Center

Tyler, TX 75701

Waco Health

700 W Hwy 6 Suite B Waco, TX 76712

254.759.5750

+ HIV CARE



Community Health

1415 California St. Houston, TX 77006 832.548.5000

www.legacycommunityhealth.org

LEGAL RESOURCES



Texas RioGrande Legal Aid 1111 N. Main Ave. San Antonio, TX 78212

888.988.9996

STATE RESOURCE GUIDES

Gender Infinity

resource.genderinfinity.org

University of Texas Medical Branch www.utmb.edu/health-resourcecenter/lgbtq-resources

Trans Name and Gender Marker Change

www.law.utexas.edu/probono/ projects/special-projects/ trans-legal-name-gendermarker-project/





PRIMARY CARE



Capital Area Health Network Richmond, VA 23222

2809 North Ave.

804.780.0840 www.capitalareahealthnetwork.org



Catherine Casey MD University of Virginia Family 434.243.0700 Medicine and Specialty Care cc5ds@virginia.edu 375 Four Leaf Ln #103, Charlottesville, VA 22903

www.uvahealth.com/locations/profile/ family-medicine-specialty-care-crozet



Chippenham Family Medicine

500 Hioaks Rd Ste B Richmond, VA 23225 804.233.9661



Jenn Gallienne Health Brigade 1010 N Thompson St. Richmond, VA 23230

804.358.6343 igallienne@healthbrigade.org

Dr. Patel

Carilion Clinic 3 Riverside Circle, Roanoke, VA 24016 540.266.6000

direct@carilionclinic.org www.carilionclinic.org



Julia Taylor, MD UVA Teen & Young Adult **Health Center** 1215 Lee St,

Charlottesville, VA 22908

434.924.2203

www.uvahealth.com/locations/profile/

teen-health-center



Whitman-**Walker Health** 1525 14th St., NW Washington, DC 20005

202.745.7000

www.whitman-walker.org



Virginia

MENTAL HEALTH



Capital Area Health Network 2709 Byron St. Richmond, VA 23223 804.780.0840 www.capitalareahealthnetwork.org



Sarah Charbonneau, **LCSW**

Discovery Counseling & Consulting 4118 E Parham Rd. Suite A Richmond, VA 23228

804.591.0002 ext. 2004 scharbonneau@vadcc.com

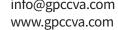




Dr. Chiappinelli

2217 Princess Anne St #322 Fredericksburg, VA 22401

703.895.5208 info@gpccva.com





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Maggie.Chubb@gmail.com



312 S. Washington St. #3B Alexandria, VA 22314

703.748.4900 info@drcriswell.com



Anne Edwards, **PsyD** (specializes in eating disorders)

Raise Your Wellness 7019 Backlick Court Springfield, VA 22151 703.509.6753 draledwards@raisemewell.com

www.raiseyourwellness.com/



Gainesville **Professional** Counseling Center Gainesville, VA 20155 **Heather Kay**

7450 Heritage Village Plaza

Suite 101

703.895.5208 info@gpccva.com www.gpccva.com



804.382.6546

and Wellness Services

530 East Main Street, Suite #1012

Richmond, VA 23219

clearwatercounselingvra@gmail.com



David Lewis

Regionten Child Care Clinic

100 Burnett Street Charlottesville, VA 22902 david.lewis@regionten.org www.regionten.org



LGBT Life Center

3309 Granby Street Norfolk, VA 23517

Richmond, VA 23221

757.200.9198 info@lgbtlifecenter.org www.lgbtlifecenter.org



Lisa Griffin, Ph.D

Pride Inside, 3026A W. Cary St.

704.458.0433

434.970.1266

info@drlisagriffin.com www.drlisagriffin.com





Virginia





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Life Transitions Counseling 9254 Moseby St., Suite B Manassas, VA 20110

703.895.5208 chris@transitions.life www.transitions.life

Joan Picket **CSAC**

1485 Chain Bridge Rd # 203 McLean, VA 22101

703.749.7928

Dr. Shawn **Rubin Psy.D** Life Transitions Counseling 9254 Moseby St., Suite B Manassas, VA 20110

703.895.5208 chris@transitions.life www.transitions.life

Amy Rugh, LPC

8608 Pepperdine Dr. Vienna, VA 22180

510.725.7600



Lauren E. **Tancyus**

Outpatient Behavioral

Health Services at Augusta Health

79 N Medical Park Dr. Fishersville, VA 22939

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804.592.6311

peaceofmyheartcounseling@gmail.com www.facebook.com/Peace-of-My-Heart-

Counseling-1974163932816649/



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1525 14th St., NW Washington, DC 20005

Richmond Creative

carriewalkerlpc@gmail.com www.richmondcreativecounseling.com

202.745.7000

www.whitman-walker.org



Whitman-Walker Health

Richmond Creative

804.592.6311

laurenwoolfolkrcc@gmail.com www.richmondcreativecounseling.com



Lauren Woolfolk

Counseling, LLC 1900 Byrd Ave. Suite 200 Richmond, VA 23230

ACCESS AIDS Care

LGBT Center 247 W. 25th St. Norfolk, VA 23517 757.200.9198 www.accessaids.org



LGBT Life Center

248 W 24th St, Norfolk, VA 23517 & 3309 Granby St. Norfolk, VA 23504 & 1001 Monticello Ave #100, Norfolk, VA 23510

757.640.0929 info@lgbtlifecenter.org www.lgbtlifecenter.org



Health Brigade 1010 N Thompson St. Richmond, VA 23230

804.358.6343 www.healthbrigade.org



Virginia •

PLANNED PARENTHOOD

Charlottesville	2964 Hydraulic Rd	434.296.1000
	Charlottesville, VA 22901	

Hampton 403 Yale Dr. 757.826.2079
Hampton, VA 23666

Richmond 201 N Hamilton Street 804.355.4358 Richmond, VA 23221

Roanoke 2207 Peters Creek Rd 540.562.3457 Roanoke, VA 24017

Virginia Beach 515 Newtown Road 757.499.7526 Virginia Beach, VA 23462

ENDOCRINOLOGY

Alan Kauppi, Medical Associates 434.947.3944

MD of Central Virginia alan.kauppi@macvmd.com

2215 Landover Pl.
Lynchburg, VA 24501

Fan Free Clinic 804.358.6343
1010 North Thompson St. kabrams@fanfreeclinic.org
Richmond, VA 23230 www.fanfreeclinic.org

STATE RESOURCE GUIDES

Equality Virginia

www.equalityvirginia.org/resources/ transgenderresources/

Transgender Health Alliance of Central Virginiawww.thacva.org/providers.html

Side by Side www.sidebysideva.org/partners/

Transgender Inclusion Shelter Project www.diversityrichmond.org/what-we-offer/education-and-advocacy/tisp.html

Virginia Department of Health www.vdh.virginia.gov/content/uploads/ sites/10/2016/12/TransRRList.pdf



Virginia •

OTHER RESOURCES



Bermuda Medical Center 2740 Bensley Commons Blvd. North Chesterfield, VA 23237 804.780.0840 www.capitalareahealthnetwork.org



Capital Area Health Network Northside Medical Center 2809 North Ave. Richmond, VA 23222 804.780.0840 www.capitalareahealthnetwork.org



Fulton Medical Center 1718 Williamsburg Rd. Richmond, VA 23223

804.780.0840

www.capitalareahealthnetwork.org



Manchester (Southside) Medical Center 101 Cowardin Ave, Suite 102 Richmond, VA 23224 804.780.0840

www.capitalareahealthnetwork.org



Glenwood Medical & Dental Center

2711 Byron St. Richmond, VA 23223 804.780.0840

www.capitalareahealthnetwork.org



Maureen Schantz Alternative Health Associates (electrolysis) 215 North Washington St.

Alternative Health Associates 215 North Washington St. Alexandria, VA 22314 and 423 Church Street NE Vienna, VA 22180 703.683.5736

maureenschantz@gmail.com www.althealthassociates.com



Vernon J. Harris Medical Center 719 N. 25th St. Richmond, VA 23223 804.780.0840

www.capitalareahealthnetwork.org



Cheryl Ware, MEd., CCC-SLP 8306 University Pl, Richmond, VA 23229 804.387.3806

cah1963@gmail.com

www.promptinstitute.com/members/

?id=37672647



John W. Zinsser MD Zinsser Plastic Surgery 1501 Maple Ave #101B Richmond, VA 23226 804.474.9805







Charleston, WV 25304

304.388.8106 www.camc.org/ryanwhite

Jeffrey Hammond, Ph.D 1286 Suncrest Towne Centre Drive 304.381.4168

Morgantown, WV 26505 drj.psychasso@comcast.net

Jessica Talley, MD

3200 MacCorkle Ave SE Fl 5 Charleston, WV 25304

304.388.1000 jtalley@hsc.wvu.edu

PARENTHOOD



22 Grand Central Ave. Vienna, WV 26105

304.295.3331

STATE RESOURCE GUIDE

Free HIV Testing through Charleston Area Medical Center http://www.camc.org/freetestinglocations





If you've found the doctor you're looking for, but you don't know how you're going to pay for your transition, then you're in the right place! This section of the guide is all about how to fund your transition.

We know that evaluating the expenses involved in medical transition can feel really overwhelming, especially for a segment of the population that faces such high rates of under and unemployment. That's why we included this section in the *Trans in the South* guide, and we hope you'll find it helpful on your journey!

This section of the guide is a compilation of research on grants that are available to assist trans folks with medical transition, helpful things to know about insurance coverage, and tips and tricks to assist with crowdfunding. We would like to express our gratitude to the Jim Collins Foundation, KC Life Scholarship Fund, Rizi Timane Ministries, Point 5 CC Surgery Fund, Trans Love Fund, TUFF, TopSurgery.net, Out 2 Enroll, Kinneil Coltman, Jennifer Abbott, and transguys.com - all of which are working to support the trans community, and created or contributed the information on pages 62-69.

We compiled all of the information found on pages 62 - 66, which was pulled directly from these foundations' websites. We created the information on pages 67 and 68 with the help of Kinneil Coltman of Carolinas Healthcare and Dr. Jennifer Abbott of Western North Carolina Community Health Services. The information found on page 69 was created by the folks over at transguys.com. We are happy to help amplify all of this work in hopes of connecting more trans folks with these vital resources.

Additionally, the Human Rights Campaign maintains a list of employers which offer at least one trans-inclusive healthcare plan; it is called the Corporate Equality Index, and they publish updates to this annually. This has been very helpful for many folks, as you can click through to find employers like Starbucks which offers trans inclusive healthcare plans after only six months of part-time employment.

All information is current in this section, to the best of our knowledge, as of January 2019. If you have additional resources to add, or would like to report out of date information for this funding section of the guide, please email me at lvy@southernequality.org.

Best Wishes, Ivy Gibson-Hill



THE JIM COLLINS FOUNDATION

The Jim Collins Foundation now offers two grant options. General Fund grants cover 100% of the medical fees associated with gender-affirming surgery. Grants from the Krysallis Anne Hembrough Legacy Fund cover 50% of the medical fees associated with gender-affirming surgery and require each recipient to match each dollar of funds received with a dollar of their own money or other money raised by the recipient. Applicants may only apply once per grant cycle and in their application must choose to be considered for either the General Fund or the Krysallis Anne Hembrough Legacy Fund.

Criteria for the Jim Collins Foundation Grants

Applicant must understand the steps that are currently required to undergo the medical process of transition, and must have completed (or have outlined plans to complete) the following steps:

- Secure a letter of support from a licensed medical or mental health professional, such as a psychologist, psychiatrist, social worker, or therapist.
- Select a surgeon who is knowledgeable in transition-related surgeries. If applicant is chosen, the organization assumes this named surgeon is final.
- Identify who will care for and provide support post-surgery.
- If applicant has not completed all of these steps, but is planning to do so, please include your plans in your application.
- Note: If you are selected for funding, the payment will be made directly to the doctor or hospital facility. You must comply with any and all requirements according to the Standards of Care of the World Professional Association for Transgender Health's (WPATH), formerly known as the Harry Benjamin International Gender Dysphoria Association (HBIGDA), as determined by your selected surgeon.
- Applicant must demonstrate a genuine need for financial assistance.
- Applicant must detail the efforts they have made to fund-raise and the amount of cost that they will be able to cover on their own, if any.

The Jim Collins Foundation makes selections for grants based on a combination of demonstrated financial need and level of preparedness.

Information quoted from the Jim Collins Foundation www.jimcollinsfoundation.org



CK LIFE SCHOLARSHIP FUND

ONE surgery must be selected per application number (Hysterectomy With GCS will count as one surgery. Multiple FFS which are performed by the same surgeon in one operation will count as ONE surgery.) If you would like to be considered for different types of surgery, you may request a different application number for each type of surgery, but you must complete an entire application for each application number.

Criteria for the CK Life Scholarship Fund

- Cover Page
- Name (Both Legal and Preferred, if different)
- Date of Birth
- Contact Info (Email and/or Telephone)
- Must State which ONE Surgery* you are asking for assistance accessing.
- Name of Surgeon(s) you prefer, along with the surgeon's contact info. An alternate surgeon MUST be named. If no alternate surgeon is listed an explanation must be given.

Personal Statement

- Write a personal statement of no more than 1000 words. (Anything beyond 1000 words will NOT be read.)
- Detail what efforts you have made to fund raise or save towards your surgery.
- Please include in this statement who will care for you and provide support post-surgery.
- Include how having surgery will impact your life. (Please be as specific as possible.)
- What will you do to try and afford surgery if you are not granted a scholarship? (Be as specific as possible.)

Professional Letter

- One letter from a Medical OR Mental Health Provider.
- Acceptable Providers: MDs, DOs, PHDs, Nurse Practitioners, Psychiatrists, Social Workers, Therapists, Counselors (if any questions about your provider, email us.)
- Letter must state how long you have been in transition and what steps you have taken/completed in your transition process.
- Note: We understand there is no one way to transition, but applicants must meet WPATH standards of care with regards to being eligible for scholarship approval. For a list of standards, check out the WPATH.

Information quoted from the CK Life Scholarship Fund www.cklife.org/scholarship



Personal Reference

- From someone you know stating why they think you should be selected for a scholarship.
- Contact information should be included because the individual may be contacted for clarification and/or verification.
- Must be a maximum of 500 words. (Over 500 words Will NOT be read.)

Financial Statement

- State annual income and source of income
- Annual expenses
- Amount saved toward surgery, if any, with a break down (i.e. \$500 for travel saved, \$1,000 toward surgery saved etc.)
- Amount still needed toward surgery
- State whether or not you have insurance. If you have insurance, state what kind and why you are unable to use it for surgery.

All applicants will be given an application number. You can request an application number by emailing scholarshipfund@cklife.org. This number must be included on each page of application materials to help keep track of application.

Any awarded funds MUST be used within 3 months (for all non-genital surgery procedures) or 6 months (for genital surgeries) from the time they are awarded. If there are extenuating circumstances (such as surgeon has a long waiting list) then that time frame may be extended based on the circumstances. If the funds are not used in an appropriate amount of time, then the funds will go back into the pool of money toward the next scholarship cycle.

If you have any questions or concerns regarding this application process, please email: scholarshipfund@cklife.org

RIZI TIMANE MINISTRIES

Transgender Hormone Fund has awarded scholarships of \$1,500 to six transgender women to assist with the purchasing of hormones each year. They also provide one surgery grant to a trans* person each year.

Please write a letter of interest and email it to rizi@rizitimaneministries.org for consideration. In the letter, be sure to tell us a bit about yourself (where are you from; are you GNC, FTM, or MTF; how far are you in transition; why do you need this fund; and other pertinent information.)

Information quoted from the CK Life Scholarship Fund and Rizi Timane Ministries www.cklife.org/scholarship and www.rizitimane.com/trans-surgery-scholarship-application



POINT 5CC SURGERY FUND

Point 5cc Surgery Fund awards money raised from T-shirt sales to go toward one person's gender affirming surgery each year. The grants are awarded in February. No criteria is up on their site currently. This year they awarded just over \$1,200 to one person and had 57 nominations and 103 applications. For more information check out www.point5cc.com.

TRANS LOVE FUND

The Trans Love Fund is a program of Alliance for Full Acceptance, an organization dedicated to providing resources, support and leadership development to LGBTQ+ youth. The Trans Love Fund is dedicated to helping the transgender community of South Carolina by providing microgrants to trans identified individuals for medical, legal, and emergency living expenses. Apply through www.wearefamilycharleston.org.

TRANS UNITED WITH FAMILY AND FRIENDS (TUFF)

Founded in 2013, Trans United with Family and Friends (TUFF) aims to provide access to healthcare, transition services, safe housing and education for the underserved transgender population. TUFF offers individualized case management by pairing recipients to programs tailored to their specific needs. By focusing on the healthcare aspect of each recipient, TUFF also helps improve other aspects of their lives. TUFF holistically looks at the needs of each person, and has realized that if one area of someone's life improves, so will others. While most of TUFF's applicants express need with healthcare issues, it is clear that addressing these problems helps to improve other areas of their lives. For example, many of our applicants are unable to become employed because their body does not match their identity.

By being able to transition and receive healthcare, they are suddenly that much more employable. It is clear that people who have been able to transition are much more functional, confident and productive members of society.

At this moment, TUFF gets on average 100 applications per month for funding and resource requests. About a third of the applicants have no other options to find help and access to healthcare, schooling, safety and shelter and are at very high risk of suicide, homelessness and financial distress. TUFF will be at the forefront of this movement by providing resources and options for these individuals.

To apply for a grant download and submit their application form at www.tufforg.wixsite.com/tuffnew.

Information quoted from Point5CC Surgery Fund, Trans Love Fund, and TUFF:
www.point5cc.com/annual-transgender-surgery-fund
www.wearefamilycharleston.org/tlf www.tufforg.wixsite.com/tuff





The medical necessity of GCS has been affirmed by the American Medical Association, American **Psychiatric Association, and World Professional** Organization for Transgender Health, as well as the insurance company, Aetna.

"Keep in mind that coverage varies between health insurance companies, states, and plans. Don't assume that one company, state or plan is consistent with their level of coverage. Read your policy completely—not just the summary—and look for the exclusions and limitations section."

COMMON REQUIREMENTS ¹

"To get top surgery covered by insurance, there are a number of requirements. Some of the hoops you may need to go through include:

- Meeting the insurance company's basic criteria: legal adult status; Gender Dysphoria diagnosis; support letters from qualified mental health practitioners, your primary care provider and your surgeon.
- Having to pay out-of-pocket for surgery, then getting a reimbursement from the insurance company.
- Having to be evaluated by a board of in-network doctors.
- Finding in-network surgeons who have top surgery experience.

If you live in a state where surgery coverage is not mandated by law, you still might be able to get your top surgery covered via student health insurance or the insurance appeals process."

THE AFFORDABLE CARE ACT 2

"The Affordable Care Act and The Patient's Bill of Rights add several important protections in health insurance that affect transgender people:

- **Elimination of coverage denials:** Anyone can apply for health insurance and receive coverage for the care they need, regardless of their gender. (For example, hysterectomy coverage for a trans man.)
- **Pre-existing condition acceptance:** Insurers are no longer able to deny a person coverage based on having what an insurance company considers a pre-existing condition, which has included being transgender.
- Plan cancellations are now illegal: Canceling a plan used to be a way for health insurers to cancel coverage when a person's health needs changed, such as coming out as transgender."

For more information about trans health insurance coverage, please see state guides from Out2Enroll: https://out2enroll.org/

- Information quoted directly from FTM Top Surgery Insurance Coverage: What You Need to Know, TopSurgery.net. • www.topsurgery.net/costs/ftm-top-surgery-insurance-coverage.htm.
- Information quoted directly from Out 2 Enroll (https://out2enroll.org).



Insurance Coding Alternatives for Trans Healthcare

This fact sheet provides information about ICD-10 insurance codes and corresponding diagnoses and treatments for those codes. This document is intended to assist trans people in advocating for themselves with their healthcare providers and insurance companies. This information can help guide providers about insurance codes for trans healthcare that are commonly accepted and rejected.

If coverage is denied you can appeal that decision to your insurance company. Once you appeal a denial three times the appeal goes to an outside agency, and is often accepted. Ask your insurance provider about your specific appeals process. This fact sheet does not guarantee coverage from insurance providers. The best way to get information about your specific plan coverage is to speak with your insurance company.

CODES THAT ARE COMMONLY REJECTED BY INSURANCE PROVIDERS

CODE	CONDITION	COMMENTS
F64	Gender Dysphoria/Gender Identity Disorder	Rarely covered in North Carolina but employers can request expansion.
Q56.3	Intersex code requires chromosomal documentation	Typically diagnosed in childhood and allow for full spectrum of gender surgery

^{*}A note about F64: Some insurance providers will require this code for gender affirming surgeries. It is also often required for adolescents to get hormone interventions covered.

CODES THAT ARE COMMONLY ACCEPTED BY INSURANCE PROVIDERS

CODE	CONDITION	COMMENTS
E34.9	Endocrine disorder, unspecified	Hormone replacement therapy
Z79.899	Other long term (current) drug therapy	Labs related to hormone therapy including potassium, kidney and liver function, and blood counts
N62	Breast hypertrophy	Breast reduction/mastectomy
N64.4	Mastodynia	Mastectomy
N65	Deformity of reconst. Br	Mastectomy or reconstruction
N94.1	Dyspareunia (pain with sex)	Hysterectomy
N92.6	Irregular menses	Hysterectomy/IUD
N94.6	Painful menses	Hysterectomy/Hormonal therapies/IUD
N83.2	Ovarian cyst	Removal of ovaries
R10.2	Pelvic pain	Hysterectomy/removal of ovaries
N90.89	Hypertrophy of the clitoris	Clitoroplasty
N90.69	Labial hypertrophy	Labiaplasty
N94.819.2	Vulvar pain	Vulvoplasty
N50.819	Orchialgia	Orchiectomy

Campaign for Southern Equality has created this fact sheet to assist trans and gender diverse people seeking medical interventions in advocating for ourselves with our healthcare providers and insurance companies. Questions about coverage and specific plans should always be directed to insurance providers. The Campaign for Southern Equality gives special thanks to Kinneil Coltman of Carolinas Healthcare and Dr. Jennifer Abbott of Western North Carolina Community Health Services for their assistance with compiling this information.



Additional Information for Insurance Coding Appeals



"The patient's specific insurance plan has a transgender care exclusion in their coverage. Most insurers have an exclusion of coverage for transition-related coverage as their standard language and do not remove it unless a state has issued guidance that says that exclusions of trans care are illegal, or the plan receives federal funds to pay for premiums (or payment for a third party administer), such as a federal or state marketplace plan, Medicare or Medicaid programs (many states are out-of-compliance with the federal rules for their Medicaid programs). This is the most common, and most folks don't know they have an exclusion until they are told where to look. This does not mean that it is impossible to get care covered, but the appeals process is much harder.



Coverage for specific procedures: Some coverage is categorically excluded because they are viewed as cosmetic (i.e. breast augmentation, body contouring, facial feminization procedures) - generally speaking, these are hard to appeal and clearly delineate why they are medically necessary to meet the insurer's standards. Some 'subprocedures' are also not covered, even if the main procedure is covered (i.e. double mastectomy is covered for transgender men, but not nipple reconstruction; phalloplasty may be covered, but the testicular implants are not, often citing cosmetic purposes) – when this occurs, the service is easier to appeal, because most of these procedures are available to cisgender people, and the case can be made that the 'cosmetic ruling' is being applied to trans people for the sake of denying care (i.e. sex discrimination).

Coverage issues can occur when someone is getting a 'sex-specific procedure' such as a pap smear or a PSA testing for prostate exams, this is typically related to what gender marker the patient currently has on their health insurance account. While this discrimination is illegal, this happens with some frequency, but can be fixed using KX or 45 modifier. This is more of an educational issue to medical providers, but most do not know that they can code in this fashion to assure that their patient's care gets covered."

www.cms.gov/medicare/coverage/determinationProcess/downloads/Kalra_comment_01022016.pdf transline.zendesk.com/hc/en-us/articles/229372908-Coding-for-Transition-Related-Care

This information is pulled directly from "Gender Reassignment Surgery Model National Coverage Determination," a toolkit created by the Transgender Medicine Model National Coverage Determination Working Group with the assistance of Nick Gorton, MD of Lyon-Martin in San Francisco. The Campaign for Southern Equality gives special thanks to Kinneil Coltman of Carolinas Healthcare and Dr. Jennifer Abbott of Western North Carolina Community Health Services for their assistance with compiling this information.



· Crowdfunding for Transition

PLANNING YOUR CAMPAIGN

- "Write an honest letter to your would-be funders about why you need the funds. Ask for what you need and not more.
- Keep in mind that running and publicizing a crowdfunding campaign can be quite time consuming. Delay your campaign if you're overworked, burned out, etc.
- Have realistic expectations: more than half of Kickstarter campaigns fail to make their goal. Assume that only 1% of your contacts will contribute.
- The currency of crowdfunding is relationships, so get your target audience right. If all your friends are broke and also saving for surgery, you'll need to re-think your plans.
- Make a great video promoting your campaign and put it on your donation page. Be creative, entertaining and honest. Solicit an emotional response.
- If you're offering rewards / backer levels, structure them carefully and budget the cost of fulfillment. While the average donation amount will probably be under \$50, use your creativity to create attractive "upper end" rewards as well.
- Study successful campaigns and try to reverse-engineer their path to success."

CROWDFUNDING SERVICES

"Before you pick a crowdfunding service, consider: Do you really need one? These services take a commission on the funds raised (examples below.) Many people have had good success using a self-hosted donation page (hosted on their websites or on WordPress.com/Blogspot/etc.) with a form integrated with PayPal or We-Pay, where fees hover around 3%. Here are some popular services and their fee schedules, as of September 2016:"

- DonationTo: 5% + PayPal or Wepay fees (typically 2.9% plus \$.30 per transaction). 0% Paid accounts also available.
- Fundly 7.9%
- FundRazr 5% + PayPal fees (typically 2.9% plus \$.30 per transaction)
- GiveForward* 7% **Specifically for medical fundraising**
- GoFundMe 7.9% + 0.30
- GoGetFunding: 4% + PayPal fees (typically 2.9% + \$0.30 per transaction)
- Indiegogo: 4%-9%
- RocketHub: 8% 12%
- You Caring: \$0 + PayPal or Wepay fees (typically 2.9% plus \$.30 per transaction)

Information quoted from Comprehensive Guide To Surgery Fundraising, TransGuys.com. https://transguys.com/features/surgery-fundraising#crowdfunding





CISGENDER

A term for someone whose gender identity corresponds with the sex they were assigned at birth; not transgender.

DRAG KING

A person who is expressing hyper masculinity through performance art.

DRAG QUEEN

A person who is expressing hyper femininity through performance art.

GENDER

A socially constructed system for classifying people into categories. Different cultures use different systems for this classification.

GENDER
CONFIRMATION
SURGERY

Any form of surgical procedure performed on a transgender or gender nonconforming person in order to make their primary or secondary sex characteristics better reflect their gender identity. This may include different types of "top surgery", "bottom surgery", or other procedures. Contrary to popular belief, there is not one surgery; in fact there are many different surgeries. Not all transgender or gender nonconforming people desire gender confirmation surgery and each person's pathway to medical transition is unique. "Gender Confirmation Surgery" is preferable to the previously used term "Gender Reassignment Surgery", and many consider "sex change surgery" derogatory.

GENDER EXPRESSION

Refers to the ways in which we each manifest masculinity, femininity, both, or neither. Gender expression may or may not align with someone's gender identity. This visible expression of gender includes hairstyles, clothing choices, body language, etc.

GENDER IDENTITY

One's innermost concept of self as it relates to gender. How individuals experience gender personally. One's gender identity can be the same or different from their sex assigned at birth. Gender identity cannot be seen from looking at a person.

GENDERING

The act of assigning a gender to another person. Incorrectly assigning a gender to another person is called misgendering.

GENDER NON-CONFORMING A term for individuals whose gender identity or expression falls outside the gender binary of man and woman. Some examples of gender non-conforming identities include genderqueer, agender, bigender, gender fluid, etc.

INTERSEX

A general term used for a variety of conditions in which someone's body doesn't seem to fit the typical definitions of male and female. We often associate intersex with conditions seen at birth, but there are many conditions that aren't seen at birth, such as androgen insensitivity syndrome, for example.





PRONOUN

The words used to refer to someone instead of using their name. He is a masculine pronoun; she is a feminine pronoun; they is a neutral pronoun. Pronouns are the most common way that we gender people.

QUEER

An umbrella term used to refer to sexual and gender minorities that are not cisgender or heterosexual.

SEX

The categorization of people based on external physical characteristics (e.g., hip to shoulder ratio, facial and body hair, vocal pitch, muscle mass, genital configuration, etc.)

SEXUAL ORIENTATION

A person's sexual identity in relation to the gender or sex they are attracted to.

TRANSGENDER

An umbrella term for people whose gender identity differs from the sex assigned to them at birth. Transgender is often shortened to "trans", and is inclusive of gender nonconforming identities.

TRANSGENDER Man A person who was assigned the sex of female or intersex at birth and identifies as male.

TRANSGENDER
WOMAN
TRANSITION

A person who was assigned the sex of male or intersex at birth and identifies as female.

The period during which a person begins to live as their true gender. Transitioning may include changing one's name, changing their presentation, taking hormones, having surgery, or changing legal documents to reflect their true gender. Or transition may not include any of those things, depending on what that person wants or doesn't want.

INFORMED CONSENT

A provider who prescribes hormones with informed consent does not require a letter from a therapist to prescribe hormones.

ENDO-CRINOLOGIST A doctor who specializes in issues related to hormones. These doctors may oversee medical transition in terms of Hormone Replacement Therapy (HRT).

HRT (HORMONE REPLACEMENT THERAPY)

The process in which hormones and hormonal treatments are administered. HRT is not sought out by all transgender individuals, nor is it a requirement for transitioning.

GCS (GENDER CONFIRMATION SURGERY)

Surgical procedures in which a person's body is altered to change their gender expression. GCS is not sought out by all transgender individuals, nor is it a requirement for transitioning.



National + Regional Resources

RESOURCE GUIDES

- Campaign for Southern Equality's

 Trans in the South Resources

 www.southernequality.org/transinthesouth
- Locally Trans locallytrans.com
- Trans Bucket
 www.transbucket.com
- RAD Remedy www.radremedy.org/
- GLAAD's Trans Resource Page
 www.glaad.org/transgender/resources

- HRC's Safer Sex for Trans Bodies Guide www.hrc.org/resources/safer-sex-for-trans-bodies
 - **My Trans Health** www.mytranshealth.com
- Trans Youth
 Equality Foundation
 - www.transyouthequality.org

PRIMARY CARE

Queer Med

Affirming telemedicine for kids, teens and adults. Serves Southeast, requires 1 in person visit. info@queermed.com
404-445-0350
www.queermed.com/

CRISIS SUPPORT

Trans LifeLine24/7 Peer Support
877-565-8860



National + Regional Resources

LEGAL RESOURCES

- Southern Poverty Law Center 334-956-8200 www.splcenter.org
- Lambda Legal, Southern Office 1-866-542-8336 www.lambdalegal.org/help/

National Center for

- Lesbian Rights (NCLR)

 1-800-528-6257 (ask for the "Legal Hotline;" open 9 AM -5 PM PST)

 www.nclrights.org/
- Transgender Law Center
 415.865.0176 x306
 www.transgenderlawcenter.org
- Immigration Equality
 212.714.2904 or 202.347.0002
 www.immigrationequality.org
- American Civil Liberties Union (ACLU):
 Use the search function at www.aclu.org to find your local chapter.
- National Center for Transgender Equality's ID Documents Center: www.transequality.org/documents

- Transcend Legal:
 - Legal support to help people get transgender-related health care covered under insurance www.transcendlegal.org/
- Campaign for Southern Equality: Support accessing legal resources and assistance 828.242.1559 info@southernequality.org www.southernequality.org
- Bifrost Health Advocate Services
 Andrea Smith
 bifrosthealthadvocateservices@gmail.com
- Trans LifeLine Microgrants

Support in changing legal name and updating your government identification documents. Advocates can assist with the processes and cost of updating the following documents:

- Passport
- Driver's License and State ID
- Court Order Name Change
- Immigration Documents
 877-565-8860
 www.translifeline.org/microgrants





Thank you for checking out *Trans in the South:*A Guide to Resources and Services!

We are grateful to those who maintain other resource guides to make it easier for trans people to access competent medical care. Some of these resource guides include Trans Bucket, RAD Remedy, Funding your transition: A Resource Guide, Southeastern Trans Resource Guide, Charlotte Transgender Healthcare Group, TranzMission, LGBT Patient Care Collaborative in Upstate SC, and HRC's Safer Sex for Trans Bodies. And of course none of this would be possible without the thousands of trans folks living across the South who share resources with each other.

We'd also like to thank providers who have shared information and resources, including Dr. Claire Farel, Kinneil Coltman, and the Transgender Health Program at WNCCHS. Compiling this resource guide was a labor of love and would not have been possible without the help of the Research and Development Team, and the entire Campaign for Southern Equality team, including designer Adam Polaski.

If you have additional resources to add to *Trans in the South*, or you want to report out-of-date information, please email me at ivy@southernequality.org.

I hope this guide improves your experience accessing services. We give many thanks to the providers who are listed here and to the organizations and agencies working every day to ensure that trans folks in the South have access to resources, services, and support.

Best wishes, Ivy Gibson-Hill Community Health Program Director Campaign for Southern Equality



