## TEB REPORT OB THE 2018



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## A PROJECT OF THE SOUTHERN LGBTO HEALTH INITIATIVE



Western North Carolina
Community Health Services

# The Report of the 2019 SOUTHERN LGBTQ HEALTH SURVEY 

## November 2019

This report was produced by the Campaign for Southern Equality in partnership with Western NC Community Health Services as a part of our Southern LGBTQ Health Initiative.

## Recommended Citation

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## Campaign for Southern Equality

The Campaign for Southern Equality (CSE) is based in Asheville, North Carolina, and works across the South to promote full LGBTQ equality - both legal and lived. Our work is rooted in commitments to empathy and to equity in race, class, and gender.

## Western North Carolina Community Health Services

Western North Carolina Community Health Services, Inc. (WNCCHS) is a federally-qualified health center that provides primary healthcare, HIV/AIDS care, and transgender healthcare to residents of Western North Carolina.

## Southern LGBTO Health Initative

The Southern LGBTQ Health Initiative is a collaboration between CSE and WNCCHS that works to achieve health equity for LGBTQ Southerners by increasing access to LGBTQ-friendly primary care, HIV prevention and treatment, transgender health care and support services. Learn more about the initiative at: www.southernlgbtqhealthinitiative.org.

## Press Inquiries

For media and other inquiries, contact Adam Polaski, Communications Director at the Campaign for Southern Equality, by phone (610-306-7956) or email (adam@southernequality.org).

## AMTNOWNIDCEENUS

We owe a debt of gratitude to the 5,617 LGBTQ people who shared their experiences and time in taking the Southern LGBTQ Health Survey. We also want to thank our community partners, listed below. This research would not be possible without these organizations and their community leaders, who are building a strong network of LGBTQ people across the South. This project was also made possible by the collaborative efforts of a dedicated team of researchers, project staff and consultants, and Survey Ambassadors.

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AIDS Services Coalition
Asheville Gay Men's Chorus
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Birmingham AIDS Outreach
Central Alabama Pride
El Centro Hispano
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Equality North Carolina
Gender Benders
ImpactOUT
Nelwat Ishkamewe
Latinos in the Deep South
Mississippi Rising Coalition
The Montrose Center
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POZ-Empowerment
Queer Appalachia
Relationship Unleashed
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Transcend Charlotte
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## Thank You

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## When our teams at the Campaign for Southern Equality (CSE) and at Western North Carolina Community Health Services (WNCCHS)

made our initial plans for the Southern LGBTQ Health Survey in early 2018, we thought that maybe 500 people would take the time to sit down and answer 59 questions about their health.

Six months later, when we closed the survey, we were thrilled that the final number of respondents was 5,617more than ten times higher than our estimate. Collectively, respondents spent 655 hours - an average of 7 minutes per person - answering intimate questions about their health histories, telling us about their lives, and sharing their perspectives on how Southern healthcare providers can better serve LGBTQ people.

We credit some of that high response rate to our amazing network of community partners and the innovative approaches of our talented Survey Ambassadors. But more broadly, the high number of responses is a testament to how passionate and concerned LGBTQ Southerners are about our health equity. A lot is at stake, and our community knows that.

Over the past eight years at CSE and twenty-four years at WNCCHS, we have listened to thousands of LGBTQ folks talk about their lives across the South, and invariably, at some point their health comes up. Few things are as foundational as being able to get the care you need, in the way that you need it, when you need it. That is true for all people.

For LGBTQ Southerners, there is often an additional layer to the conversation about health because it is inextricable from the discrimination and othering that too many of us have faced. The trauma that we have experienced is so frequently centered on our bodies. We have experienced discrimination or exclusion for our differences in gender presentation or because of how we show up in and move through the world.

All people's health and healthcare is deeply personal, but for LGBTQ people, there has often been a unique requirement for individual exploration and self-education. We have had to fill in the gaps during grade school health classes that have failed to see us. We must seek
specific resources to navigate our community's disproportionate rates of HIV, mental health diagnoses, and suicidal ideation. We are confronted with the challenge of educating our own providers about our identities and differences.

In the pages of this report, you'll read more about each of those barriers, illuminated by quantitative data from across the South and qualitative responses from individual participants. You'll see the ways that these data reflect experiences that have often haunted LGBTQ Southerners.
ff This surver tells the story of 5,677 individual people with their own lives and their unique experiences accessing health services. But taken together, it tells a powerful shared story."

You'll also see that there is incredible hope in this region - and that LGBTQ Southerners are feeling empowered to take their care into their own hands, create their own systems, and work toward change in their own lives and in healthcare systems. You'll see people expressing pride in who they are and clarity about the health care they need.

We're inspired to read the stories of affirmation and inclusion in these pages the doctor who proactively asks for a patient's pronouns, the community health program that has helped connect someone to a needed service, the therapist who does not assume the gender of a client's partner.

This survey is one of the largest samples ever of LGBTQ Southerners talking specifically about their health, their bodies, and their lives. It tells the story of 5,617 people's individual experiences with health and health care. And taken together, the data tell a powerful shared story.

It is a chapter of a broader story about what it's like in 2019 to live as an LGBTQ Southerner. There are ongoing challenges, and these need to be named and better understood so we can confront them head-on. There are also new opportunities for transformation in the region, and many positive cultural shifts are already underway. To sustain and strengthen this movement, we must shine a light on the challenges and celebrate this progress.

The Southern LGBTQ Health Survey is about doing all of this - and then continuing to push forward, toward our ultimate vision of a South where all people have equal opportunities to thrive. We're tremendously hopeful about what's possible.

Thank you,

Rev. Jasmine Beach-Ferrara
Executive Director
Campaign for Southern Equality

Kim Wagenaar, MSN
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## - Enitoveruion

Quality health care is a basic human right, one that everyone deserves and should be able to access within their hometowns.

Health care matters because our health matters - it's a foundational part of all of our lives. How we care for our own and our loved ones' physical, mental, and spiritual well-being is a driving force in so many of our decisions and the ways that we structure our lives. Experiences with health, illness, wellness, and mortality are often among a person's most significant and defining experiences.

For lesbian, gay, bisexual, transgender, and queer (LGBTQ) people, these universal experiences can take on additional resonance because of the ways that health is connected to our bodies and to our sexual and gender identities. Often, our very first understanding of ourselves as LGBTQ people is mediated through a bodily experience, and we express our identities, in part, through our bodies. Like the bodies of other minority communities, ours have been politicized, celebrated, contested, loved, targeted, diagnosed (and misdiagnosed), pathologized, cared for, and turned away from care. These experiences are encoded in how LCBTQ people talk about their health and healthcare experiences.

## 4 <br> Quality health care is a basic

 human right, one that everyone deserves and should be able to access within their hometowns."
## Barriers to Health Care and Health Disparities Among LGBTO People Nationwide

Nationwide, LGBTQ people face barriers to quality health care that non-LGBTQ people do not face. Some of these barriers relate to the different types of stigma that LGBTQ people experience, which the Institute of Medicine describes in its 2011 report The Health of Lesbian, Gay, Bisexual, and Transgender People: Building a Foundation for Better Understanding:?

- Enacted stigma - outright discrimination, violence, or disparagement people experience because of an actual or perceived LGBTQ identity
- Felt stigma - an awareness of difference that can lead LGBTQ people to adapt their behaviors to protect themselves from the possibility of discrimination, violence, or disparagement
- Internalized stigma - an LGBTQ person's own conscious or unconscious acceptance of negative views about LGBTQ people

Some of the barriers that LGBTQ people face are related primarily to a lack of knowledge and training among healthcare providers and their clinical and administrative staff. LGBTQ people have unique health care needs and concerns, and care must be administered with careful consideration of these identities. For example, advice on sexual health that is appropriate for a man who has sex with women may not be appropriate for a man who has sex with

[^0]
## 44 A 2015 study from Stanford University School of Medicine found that $67.3 \%$ of medical students in schools across the United States and Canada rated their schools' LCBTQ-related curriculum as fair or worse.'

men. Similarly, medical guidance that addresses the needs of a cisgender woman may not apply to a transgender woman.

Unfortunately, the lack of LGBTQspecific training for health professional students remains a real gap, according to medical students themselves: A 2015 study from Stanford University School of Medicine found that 67.3\% of medical students in schools across the United States and Canada rated their schools' LGBTQ-related curriculum as fair or worse. ${ }^{2}$ Dr. Madeline Deutsch, director of the Transgender Care program at the University of California, San Francisco, provided more context in 2019, saying, "There's not really a consistent curriculum that exists around this content. Sexual and gender minorities have historically been not viewed as a key population, and that's unfortunate because of the size of the population, and because of the extent of the disparities that the population faces. The health of 'disparity populations' is something that really should be the focus of health professional students." ${ }^{3}$

Other structural barriers include a lack of policies that prioritize the health and well-being of LGBTQ people, and a lack of

[^1]nondiscrimination protections for LGBTQ patients.

The combined barriers that LGBTQ people face lead to worse health outcomes in various areas. Some disparities relate to poor self-rated physical health among LGBTQ people. ${ }^{4}$ Other disparities include a higher prevalence of both acute and chronic illnesses, from headaches and sore throats to asthma and some types of cancer.5,6,7 Due in large part to LGBTQ people's exposure to minority stressors, ${ }^{8,9}$ studies routinely show that they are at greater risk of poor mental health outcomes, including substance use disorders ${ }^{10}$ and mood disorders. ${ }^{11}$ A 2019 study published in the Journal of Public Health Dentistry reveals that these disparities extend to oral health as well, as lesbian, gay, and bisexual adults experience worse oral health and more barriers to dental care than their heterosexual counterparts. ${ }^{12}$

## Health Disparities in Southern States

States in the American South consistently rank the lowest in the nation when it comes to residents' health and wellness. In the United Health Foundation's America's Health Rankings report, which combines 30 metrics to capture a snapshot of a

[^2]Fig. a: Distribution of adults in the United States who are LGBTQ segmented by region ${ }^{18}$

state population's health, nine out of the bottom ten states are in the South. ${ }^{13}$

A 2016 study from the Kaiser Family Foundation found that 20\% of adults in the South report fair or poor health status, four points higher than the $16 \%$ of adults in the Midwest and Northeast who rated their health similarly. The study also found that Southerners have higher rates of chronic illnesses, diabetes, obesity, and infant mortality. ${ }^{14}$

A Centers for Disease Control on early death data from 2008-2010 found that the Southeast has the highest number of preventable deaths (diseases of the heart, cancer, chronic lower respiratory diseases, stroke, and unintentional injuries) when compared to other regions in the United States. ${ }^{15}$ Further, in a 2019 issue brief, the CDC reported that "Southern states bear the highest burden of HIV, accounting for

[^3]52\% of new HIV diagnoses." ${ }^{16}$
Factors like high poverty rates and a disproportionately low number of medical service providers per capita in Southern states likely contribute to these health disparities across the region. ${ }^{17}$

## Health Disparities Among LGBTO Southerners

The South is home to an estimated 5.1 million LGBTQ people. According to data from the Williams Institute, an estimated $4.5 \%$ - or 14.8 million people - are LGBTQ across the country, and an estimated $35 \%$ live in the South. ${ }^{18,19}$ The Southern LGBTQ population includes more than 507,000 transgender adults, comprising more than $36 \%$ of the total U.S. transgender population. ${ }^{20}$ Our community is also diverse in race: An estimated $22 \%$ of LGBTQ Southerners are Black or African American, 59\% are white, $16 \%$ are Latinx, $1 \%$ are Asian/Pacific Islander, and 2\% identify as other races. ${ }^{21}$

LGBTQ people nationally and Southerners regardless of sexuality or gender identity each face disproportionate barriers to positive health outcomes. For LGBTQ Southerners, these two identities intersect to create an experience that is unique, different from that of non-LGBTQ Southerners and of non-Southern LGBTQ people. It is important to consider the ways that race, ethnicity, gender, and class intersect with these experiences as well.

[^4]Despite the number of LGBTQ people who call the South home and the specificity of our experience, to date there has been a significant lack of research on health and healthcare experiences for LGBTQ Southerners. With this report, we are honored to contribute to an emerging effort to fill this information gap regarding the lived experiences of LGBTQ Southerners.

For example, in 2019 the Transgender Law Center and Southerners On New Ground released the findings of a communitybased survey to better understand issues that Southern transgender individuals prioritize. The LGBTQ Institute at the National Center for Civil and Human Rights released a 2018 report that examined and described the life circumstances and lived experiences of LGBTQ Southerners, including insights into health issues. ${ }^{22,23}$ The Williams Institute ${ }^{24}$ and Funders for LGBTQ Issues ${ }^{25}$ have also published significant research on the LGBTQ South in recent years.

## The Role of the Southern LGBTO Health Initiative

Achieving LGBTQ health equity in the South is the mission of the Southern LGBTQ Health Initiative, a collaboration between the Campaign for Southern Equality and Western NC Community Health Services. Through a data-driven, evidence-based program that centers the experiences of LGBTQ Southerners, the Initiative aims to imagine and create accessible and affirming pathways to health for Southern LGBTQ people.

[^5]Read the Report of the 2018 Southern Trans Health Focus Group Project

www.southernequality.org/FocusGroup

Along with many others, we are working to create a South in which LGBTQ people can get the healthcare they need in their hometowns.

In 2018, we completed our first data collection project: the 2018 Southern Trans Health Focus Group Project. A series of focus groups with trans and non-binary Southerners across six states, this project identified widespread barriers to care for transgender and non-binary Southerners and pointed to the transformative power of grassroots activism in the lives of marginalized people. The full report is accessible at www.southernequality.org/FocusGroup.

The 2019 Southern LGBTQ Health Survey is the second data collection project of the Southern LGBTQ Health Initiative, conducted to improve public knowledge about the health and health care

## 4 This report tells us that it is possible for LGBTQ people to get quality health care in the South. Positive change is happening - but it needs to happen faster, and it needs to reach everyone."

experiences of LGBTQ Southerners. In the report, we identify overarching trends in LGBTQ health experiences, paying close attention to the ways that intersecting experiences of social difference - race and ethnicity, socioeconomic status, rurality impact the health and wellness of LGBTQ Southerners.

A total of 5,617 respondents completed the Southern LGBTQ Health Survey, the largest known sample to date of respondents to a survey specifically on LGBTQ health and healthcare in the South.

This report captures information about the many barriers and challenges that LGBTQ Southerners face when it comes to their health. It also captures the reality that many Southerners have positive experiences accessing health care, mostly people with privileges related to race, gender, or class.

This tells us that it is possible for LGBTQ people to get quality health care in the South. Positive change is happening - but
it needs to happen faster, and it needs to reach everyone.

The Southern LGBTQ Health Initiative is working to accelerate this change. This is why we're training primary health care providers in affirming care. This is why we're providing direct funding to grassroots groups working on the frontlines of the intersections between HIV/AIDS, transgender health, and racial equity. And this is why we're conducting community-based research like this survey to shine a light on the specific experiences of LGBTQ Southerners.

As we discuss the concept of "health" throughout this report, we're not just talking about a lack of illness. Rather, we're focused on the World Health Organization's definition of health: "A state of complete physical, mental, and social well-being, and not merely the absence of disease or infirmity." ${ }^{26}$

Every LGBTQ person across the South deserves to be healthy and to have access to quality health care. Together, we can push forward and realize that vision. This survey report is one step in that work.

We welcome your comments on and engagement with this report, as well as specific topics you would like to see examined in future research from the Southern LGBTQ Health Initiative. Learn how to contact us at www.SouthernEquality.org/Survey.

26 World Health Organization. (2019). Frequently Asked Questions. Retrieved on October 16, 2019 from https://www.who.int/about/ who-we-are/frequently-asked-questions

## RISEABMEFUHOS

# Overview 

The Southern LGBTQ Health Survey was developed in 2018 with the goal of understanding the health status and healthcare experiences of LGBTQ Southerners. Data collection began in the Summer of 2018 and concluded in the Winter of 2019. The Southern LGBTQ Health Survey combined both quantitative survey questions and in-depth qualitative short answers. The survey consisted of 59 questions divided into eight sections: (1) Health Insurance, (2) Health Experiences, (3) Overall Health Rating, (4) Mental Health, (5) HIV/ AIDS, (6) Gender-Affirming Hormone Therapy (GAHT), (7) Qualitative Health Experiences, and (8) Demographics. Using an English and Spanish version of the instrument, the survey was self-administered through an online survey platform and on paper at LGBTQ events throughout the South.

A convenience/snowball sampling method was used to gather responses. Various LGBTQ and allied advocacy groups were recruited as community partners to help disseminate the survey to more LGBTQ Southerners. Digital graphics and physical flyers promoting the survey were created for community partners to share with their networks, and paid advertisements were used on social media. The survey was administered through an online survey platform, where participants could access a link to the survey. Additionally, paper versions of the survey were distributed during community events across the South to help increase engagement. The data from the paper surveys were then entered by project staff into the online database. Throughout the data collection, demographics of the responses were monitored to help ensure as representative of a sample as possible. An incentive of a $\$ 25$ dollar VISA gift card was offered to 15 participants,
who were chosen randomly. Additionally, the community partner who referred the most survey participants was eligible to receive a $\$ 500$ grant from the Southern Equality Fund, the Campaign for Southern Equality's grantmaking program.

## Survey Ambassadors

A team of Survey Ambassadors played a key leadership role in sharing the survey. This team of 12 received training and support to do survey outreach, inviting friends and people in their communities to complete the survey. The team was led by Kayla Gore, who provided coaching to Ambassadors. Each Ambassador received a stipend to compensate them for the time they worked on recruitment. Through the collective efforts of the Survey Ambassador team, the overall number of survey respondents and the racial and geographic diversity of respondents increased.

## Southern Leadership

From the start, every aspect of this project was led by LGBTQ Southerners. This includes the team that designed, coordinated, and analyzed the survey; a team of Survey Ambassadors who did intensive outreach within their communities and networks across the South; and 25 community partners, who promoted the survey through their memberships.

## Statement of Independence and Objectivity

The Southern LGBTQ Health Initative is committed to rigorous, independent research. We did not alter our findings and conclusions to accommodate funders, other organizations, government bodies or officials.

# Data Cleaning E. Analysis 

## Quantitative Data

To prepare the data for the report, we first removed duplicate and inappropriate responses. ${ }^{27}$ Out of the initial 5,646 participants in English and 70 participants in Spanish, we removed 99 sets of responses, bringing us to a total of 5,617 responses. We then translated the Spanish responses to English and recoded the necessary variables for analysis within the statistical program SPSS. In some instances, we grouped self-reported qualitative responses into categories. For instance, we chose to only provide a text box for gender identity, from which we coded the responses originally into 10 categories, then reduced to four categories for statistical strength. We similarly provided "Other, please specify $\qquad$ "
options throughout the survey, to which we were sometimes able to place more specific responses into the listed answer choices or new answer choices if there were enough responses. As a result, while some respondents might not ultimately agree with our categorization of their answers, we attempted to group our respondents within analytical categories while respecting the identity of the respondents. In rare instances, due to low response rates, we had to maintain that the response be classified as "other" for statistical strength.

We first ran frequencies of the data to examine overall trends in the data. From there, we cross tabulated the variables by demographics, including sexuality, gender presentation, transgender identity, income, and age.

[^6]
## Qualitative Data

In order to analyze the open-ended responses to the survey, our research team conducted a qualitative content analysis. ${ }^{28}$ Using textmining software in RStudio, commonly used words (e.g., the, an, a) were removed from the data. Once removed, the software identified the most commonly used words across all responses. Once these commonly used words were identified, our research team used an iterative categorization process ${ }^{29}$ to code the responses, according to thematic content. The thematic categories were defined and refined until saturation was met with no new themes emerging.

## Missing Data

Not all respondents answered each question presented in the survey, either because they skipped the question or because the question did not apply to them. Analysis of the data was completed for those who completed the question, with the noted limitation that generally only those respondents for whom the question was applicable were included in the tabulation. For instance, when analyzing respondents' experiences with HIV, the analysis was limited to those who answered the questions and also reported living with HIV.

[^7]
# Limitations 

## Data Collection and Recruitment Methods

The use of a self-administered online survey as the main data collection tool posed certain limitations. Interviewers were not present to ensure every participant answered each question and that they fully understood each question. This can lead to missing data and response errors. Distribution techniques for the survey, which relied on the reach of the organizational network, also posed a limitation. While we attempted to increase participation and representation from underrepresented communities and areas, response rates from particular groups and geographic regions were higher than others. While the survey was offered in Spanish and on-paper at in-person events, future efforts should work towards making the online survey more accessible to those who speak different languages, have a lack of access to reliable internet, and other barriers to taking online surveys.

## Unrepresentative Sample

Due to these limitations noted above, we note that our sample is not representative. Our sample skews disproportionately young and white. More focused research around the experiences of LGBTQ people of color, particularly among those who are Hispanic or Latinx, Asian or Asian American, Pacific Islander, or Indigenous, is needed. Furthermore, due to the disproportionate rates of respondents between states, we cannot compare LGBTQ individuals' experiences in one state to another.

## Question Format

In reflecting back on the construction of our survey, a few data points ended up providing more limits in our analysis than initially expected, including not allowing for the selection of multiple racial identities, not asking about urgent care as a source of health care, not asking about disability status, and not discerning between needle use for illicit drug use or medication. We note these limitations throughout the text and encourage further research to examine these relationships.

## Cisgender and Heterosexual Respondents

Additionally, 31 respondents identified as cisgender and heterosexual, which is not the population of interest for this survey. We included this population in our analysis because we believed that it was possible that respondents made an error in inputting their demographic information or that there was another reason why they felt like their participation was necessary. The number of these respondents is small enough that it does not significantly affect our results.

## How to Read This Report

Findings in this report are presented in two formats: (1) Text with accompanying charts and (2) Tables corresponding with these findings in Appendix C. Contact us through www.southernequality.org/Survey to request the full tables.

In each section of the report, we discuss respondents' answers to questions about their health care, followed by additional discussion about intersectional differences in the data. Throughout our findings, whenever
experiences using quotes and findings from the qualitative data.

Throughout this report, we offer cross tabulations of multiple variables. Cross tabs do not suggest causation. Cross tabs give us an idea of the strength of the relationship between two variables.

The majority of the reported percentages in our cross tabulations throughout the report are column percentages, unless otherwise noted. They will total to 100\% based on the column variable.

To read this, for example, on page 24 , Figure 1c ("Gender, Segmented by Cis/Trans Identity"), the total percentage is based on the column variable: transgender identity. Therefore, out of those who identified as transgender, a certain percentage are of a particular gender presentation. Respondents were able to select more than one sexual
identity; therefore, when our sexuality variable is run as the row variable, the column percentages will not total 100\%.

This is a comprehensive survey with a large sample size. However, the findings documented within this report cannot be generalized to the entire LGBTQ population in the South, the national LGBTQ population, or all Southern healthcare. Due to the large sample size, group differences often are found to be statistically significant, even when the differences are small and, therefore, not particularly meaningful for interpretation. Therefore, we do not report statistical significance levels throughout the report. Throughout this report, we occasionally use terms such as "correlate," "significant," and "compare" that trained researchers might interpret to mean that we ran statistical tests; rather, we use these terms in the way that a lay person uses such terminology. However, the research team considered other measures when pointing out meaningful differences among groups, and these tests can be made available upon request.

Finally, because the term "LGBTQ" is expansive and does not encompass a singular identity, our analysis examines the experiences of sexuality and gender separately. We also recognize that individuals may identify as both LGBQ and trans; therefore, when discussing these intersections, we will note this and use "LGBTQ."

## - Ri3ITMNES

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> A majority of respondents rated their PHYSICAL HEALTH as generally positive, but pronounced disparities exist for transgender individuals and those with lower incomes.

LGBTQ Southerners reported generally positive overall physical health, with the majority saying that their physical health is either excellent or good, that they generally have experienced good quality of care, and that they feel that their healthcare needs are being met. When asked about experiences with physical health providers, such as specialists or emergency room doctors, a majority of respondents said that they always or often have positive interactions.

However, transgender individuals and individuals with lower incomes reported higher rates of fair or poor physical health and
more negative experiences with accessing physical health care.

This stratification of experience suggests that LGBTQ-friendly healthcare is available in the South but is not universally available, and those living at the intersections of multiple marginalized identities face the most significant barriers in accessing this care.

Read more about this finding in section 2 on page 34.

Respondents reported higher rates of LIVING WITH HIV when compared to the general population; rates are significantly higher for respondents who are Black or African American, older, gay men, or transgender women of color.

The South is the modern-day epicenter of the HIV crisis in the United States, and our respondents reported disproportionately high rates of living with HIV. Of our full sample, $5.0 \%$ of respondents reported that they are living with HIV, four points higher than the general U.S. population, less than 1\% of which is living with HIV.

HIV rates were significantly higher among Black or African American respondents (22\% who are living with HIV); respondents ages 45 and older (9.6\%); gay respondents (13.9\%; 90.0\% of which are gay men), and transgender women of color (90.9\% of women who report living with HIV are trans women of color).

Read more about this finding in section 6 on page 68.

Respondents reported significantly high rates of poor MENTAL HEALTH, with pronounced disparities for individuals who are bisexual+, transgender, 18-24 years old, or those with lower incomes.

LGBTQ people are at an increased risk of negative mental health outcomes due to their exposure to stigma and discrimination. In the South, these minority stressors may be more pronounced. ${ }^{30,31}$ More than one-half of respondents in the total sample reported fair or poor mental health (50.1\%).

Several subsets of the sample were significantly more likely to report worse mental health experiences. These include bisexual, pansexual, and queer respondents; transgender respondents; respondents ages 18-24; and respondents with lower incomes.

Rates this high speak to significant pain and struggle in the lives of many LGBTQ Southerners, across demographic identities. These findings merit significant attention and focused efforts to increase access to quality, affirming mental health services, mental health screenings in primary care settings, and additional research about this topic.

Read more about this finding in section 3 on page 40 .

A quarter of all respondents in our survey said they have experienced suicidal thoughts, and one-fifth said they have practiced self-harming behaviors. These rates are twice as high as the 13.5\% of all Americans who have experienced suicidal ideation in their lifetime.

[^8]The rates of suicidal ideation are even higher among transgender and non-binary respondents, bisexual+ respondents, and respondents with lower incomes.

> Read more about this finding in section 3 on page 49.

Respondents reported alarmingly high rates of DEPRESSION AND ANXIETY diagnoses and symptom experiences, with the rates especially high for respondents who are bisexual+, ${ }^{1}$ transgender, non-binary, or who have lower incomes.

More than half of respondents (54.5\%) said they have experienced or been diagnosed with depression, while just under half (46.1\%) say they have experienced or been diagnosed with an anxiety disorder. These rates are disproportionately high when compared to the general population; according to the 2018 National Survey on Drug Use and Health (NSDUH), 6.9\% of the general population have experienced a depressive episode, while $18.1 \%$ have experienced anxiety.

Rates of depression or anxiety are even higher among bisexual+ respondents, transgender or non-binary respondents, and respondents with lower incomes. Respondents who reported experiencing physical or emotional violence due to their LGBTQ identity also reported higher rates of depression or anxiety.

Read more about this finding in section 3 on page 46 . Many respondents DELAY SEEKING CARE because of out-ofpocket expenses or because of their LGBTQ identity.

When respondents were asked if they ever delay seeking care due to the out-of-pocket cost of services, almost 70\% reported that they always, often, or sometimes did, which is slightly higher than what national data show. A national October 2018 survey showed that 54\% of Americans have delayed care for themselves in the past year because of cost. ${ }^{33}$

[^9]More than 10\% of respondents separately said that they always or often delay care because of their LGBTQ status, with the rate significantly higher for transgender than cisgender respondents.

> Read more about this finding in section 5 on page 64.

## Being LGBTQ in the South uniquely informs respondents' COMFORT seeking health care in their local communities.

More than half of all respondents said they feel that being in the South makes it harder to access quality medical care for LGBTQ individuals, and many respondents said they don't feel comfortable seeking medical care in their community.

Transgender respondents were much more likely than cisgender respondents to report discomfort seeking care or say that being in the South makes accessing care harder.

Read more about this finding in section 5 on page 60.

> Where you live matters: Respondents in more RURAL AREAS face significant health disparities.

There's a tendency to think about the LGBTQ Southern experience primarily through the lens of state lines. Findings from our survey suggest that an additional factor informing your experience is whether you live in a rural or urban area. Across state lines, respondents living in more rural areas show significant disparities across multiple health issues, while those in urban areas show slight disparities around a different set of health issues.

People who live in more rural areas, for example, rated their overall physical and mental health lower than respondents living in urban areas and reported less access to quality medical care; less
comfort seeking medical care within their community; higher rates of depression, anxiety, suicidal thoughts, and selfharming behaviors; and lower rates of feeling that their health care needs are being met. In urban areas, there is a higher prevalence of HIV and slightly higher rates of LGBTQ-related physical violence and emotional abuse.

This suggests a need for robust new strategies and resources focused specifically on LGBTQ rural experiences across Southern states and also suggests that targeted interventions should be developed to address variations between rural and urban experience.

Read more about this finding in section 8 on page 87.

A total of 5,617 respondents completed the Southern LGBTQ Health Survey, the largest known sample to date of respondents to a survey specifically on LGBTQ health and healthcare in the South.


| Annual Household Income ( $n=3951$ ) |  |  |
| :---: | :---: | :---: |
| Under \$15,000 | 657 | 16.6\% |
| \$15,000-29,999 | 762 | 19.3\% |
| \$30,000-49,999 | 844 | 21.4\% |
| \$50,000-74,999 | 695 | 17.6\% |
| \$75,000-99,999 | 389 | 9.8\% |
| \$100,000-149,999 | 389 | 9.8\% |
| Over \$150,000 | 215 | 5.4\% |
| Highest Level of Educational Attainment (n=4042) |  |  |
| Less than high school | 82 | 2.0\% |
| High school diploma or GED | 379 | 9.4\% |
| Some college | 1061 | 26.2\% |
| Technical/Trade License or Degree | 100 | 2.5\% |
| Associates Degree | 274 | 6.8\% |
| Bachelors Degree | 1104 | 27.3\% |
| Masters Degree | 745 | 18.4\% |
| Doctoral Degree | 200 | 4.9\% |
| Professional Degree | 97 | 2.4\% |
| Age ( $n=4047$ ) |  |  |
| Under 18 | 43 | 1.1\% |
| 18-24 | 1125 | 27.8\% |
| 25-34 | 1290 | 31.9\% |
| 35-44 | 600 | 14.8\% |
| 45-54 | 467 | 11.5\% |
| 55-64 | 351 | 8.7\% |
| 65 and Over | 171 | 4.2\% |
| State of Residency ( $n=4032$ ) |  |  |
| Alabama | 386 | 9.6\% |
| Arkansas | 59 | 1.5\% |
| Florida | 187 | 4.6\% |
| Georgia | 366 | 9.1\% |
| Kentucky | 94 | 2.3\% |
| Louisiana | 99 | 2.5\% |
| Mississippi | 366 | 9.1\% |
| North Carolina | 927 | 23.0\% |
| South Carolina | 404 | 10.0\% |
| Tennessee | 552 | 13.7\% |
| Texas | 179 | 4.4\% |
| Virginia | 385 | 9.5\% |
| West Virginia | 28 | 0.7\% |

[^10]
## Gender Identity

Using a two-step method, we asked our respondents to write their gender identity using a text box and then asked whether or not they identify as transgender. Many times, respondents reported more than one gender and may or may not have identified as transgender, such as "genderqueer/ ftm-spectrum" or "cisgender woman who identifies as genderqueer." This suggests the expansiveness of trans as an identity category and the rich diversity of gendered experiences among trans people. Where more than one gender was reported, we categorized the respondent into the first category named.

Out of our respondents, nearly half (48.0\%) self-identify as women, female, or feminine. This categorization includes those who reported any form of feminine identity, including nonbinary femmes. A third (36.4\%) of our respondents identify as men, male, or masculine. Fifteen percent of our respondents identify beyond these categories, including non-binary (7.3\%), genderqueer (2.6\%), genderfluid (1.2\%), and less than $1 \%$ of each: agender, demigender, and gender nonconforming. Other respondents (2.5\%) identify as genders that had fewer than 10 responses, such as two-spirit, various sexualities, ${ }^{34}$ cis or trans (with no indication of masculine or feminine presentation), or questioning.

34 Note: As Valentine finds in Imagining Transgender (2007), sexuality and gender categories are often understood within one another, rather than separate. As such, rather than reclassifying these identities as sexualities, we felt it important to keep as gender identities.

Fig. 1a: Gender Presentation in the total sample


For descriptions of what these identity terms mean, turn to Appendix A on page 111 and reference the Glossary of Terms.

When asked whether or not the respondent identifies as transgender, gender non-conforming (GNC), or non-binary, 30.2\% of our population responded yes, while 69.8\% responded no. Of those who identify as trans, gender non-conforming, or nonbinary, almost one-fourth identify as men or masculine (25.7\%). Further, of our trans respondents, 27.7\% identify as women or feminine, and $24.3 \%$ identify as non-binary. These three categories represent over three fourths of respondents who identity as transgender. The remaining 25\% of trans respondents identify as agender, demigender, genderfluid, non-conforming, genderqueer or some other gender identity, which are combined into a general "Other" category.

Fig. 1b: "Do you identify as transgender (transgender, gender non-conforming, or gender nonbinary)?" in the total sample


Fig. 1c: Gender, segmented by cis/trans identity


## Sexuality

Respondents were provided a list of sexual identity categories and given the option to select as many sexualities as they identified with. The survey form also provided the option to add additional sexualities that were not listed. Therefore, the reported numbers may include a singular respondent more than once and may total over 100\%.

Unlike with gender, where we found that a majority of respondents identify within a binary, respondents reported a wider range of sexual identities. Gay (20.9\%), lesbian (18.6\%), bisexual (14.9\%), and queer (14.6\%) were the most frequently selected sexualities. Respondents also identify as pansexual or panromantic (8.8\%) at a relatively high rate. Only a few respondents identify as heterosexual or straight
(2.7\%), which we continued to include in the sample because they either identify with a secondary sexuality or with a non-cisgender identity. ${ }^{35}$ Three percent of our total sample reported other sexual orientations, including asexual spectrum, demi or omnisexual, fluid, polysexual or polyamorous, questioning, or other identities, which are classified under "other sexualities" in further analysis.

More than one-quarter (27.6\%) of our total respondents identify as both non-heterosexual and transgender, while a majority (69.1\%) identify as non-heterosexual and cisgender. In other words, of the $30 \%$ of respondents who identify as transgender, $91.6 \%$ are identified as non-heterosexual. Of all respondents who are identified as non-heterosexual, 28.6\% are transgender.

35 Note: 31 respondents indicated that they were both cisgender and heterosexual. We included their data in our analysis because we trust their understanding of themselves as members of the LGBTQ community.

Fig. 1d: Sexuality in the total sample


## Race

Respondents were given the following options for race: White or Caucasian; Black or African American; Hispanic or Latinx; Asian or Asian American, American Indian or Alaska Native; Native Hawaiian or Pacific Islander; and an additional text box, Other. ${ }^{36}$ Based on the additional responses provided in the other box, we added a Multiracial and Middle Eastern category to our analysis.

The majority of our respondents identify as white or Caucasian (80.2\%). Half of the remaining $20 \%$ of respondents of color identify as Black or African American (10.2\% of total sample). Four percent of all respondents identify as Hispanic or Latinx (and $4.9 \%$ of these completed the Spanish version of the survey). ${ }^{37}$ Multiracial respondents comprise 2.3\% of the sample, while $1.3 \%$ of respondents identify as Asian or Asian American. Our smallest racial groups include American Indian or Alaska Native (0.9\%), Native Hawaiian or Pacific Islander (0.1\%), and Other ( $0.9 \%$ ), which are combined into a general "Other" category in subsequent analysis.

[^11]Fig. 1e: Race in the total sample


Asian or Asian American Black or African American Hispanic or Latino Multiracial
White or Caucasian American Indian or Alaska Native Native Hawaiian or Pacific Islander

Middle Eastern Other or N/A

For full demographic breakdowns in table format, turn to Appendix C on page 123 and reference the Tables.

Of those who identify as nonheterosexual, $81.1 \%$ are white, while $18.9 \%$ are people of color.

Of those who identify as trans, 23.2\% are people of color and $76.8 \%$ are white. Within communities of color specifically, 33.3\% of Asian or Asian American, 32.3\% of Black or African American, 36.4\% of Hispanic or Latinx, and 44.10\% of respondents of who selected "other" identify as transgender.

Cisgender, non-heterosexual, white people comprised the majority of respondents in our sample (56.6\%). ${ }^{38}$ Trans, non-heterosexual, white people make up the second largest subgroup at $21.8 \%$, followed by cisgender, nonheterosexual people of color (12.5\%). Less than 10\% of respondents are part of each of the remaining groups: trans non-heterosexual people of color (5.8\%), trans heterosexual people of color (1.2\%), and trans heterosexual white people (7.3\%).

[^12]Fig. 1f: People of color or white in the total sample


Fig. 1g: People of color or white, segmented by transgender or cisgender identity


## Income

Our sample features a wide distribution when it comes to income. Over half of our respondents (57.3\%) reported incomes of less than \$50K annually, including $16.6 \%$ of the total sample whose reported incomes are less than \$15K per year. More than a quarter (25.1\%) of our respondents have incomes of $\$ 75 \mathrm{~K}$ or more.

When we break the numbers down further, we see that in our sample there are important relationships between respondents' socioeconomic status, race, and gender identity. In general, people of color and transgender people are less likely to have higher incomes. For instance, of the respondents who identify as transgender, 70.1\% have incomes lower than \$50K, compared to 51.7\% of cisgender respondents. Similarly, $71.5 \%$ of respondents of color have incomes lower than \$50K, compared to $53.6 \%$ of white respondents.

This disparity is especially telling for Black or African American respondents: 33.0\% of Black or African American respondents in our sample have incomes below $\$ 15 \mathrm{~K}$, but only $0.8 \%$ have incomes over \$150K. Among white respondents, we see that $13.8 \%$ have incomes below \$15K and $5.8 \%$ have incomes over \$150K. Of trans respondents of color, $80.3 \%$ have incomes less than \$50K, compared to $66.9 \%$ of white trans respondents and 48.2\% of white cisgender respondents.

Fig. 1h: Income in the total sample

Over \$150K

For full demographic breakdowns in table format, turn to Appendix C on page 123 and reference the Tables.

Fig. 1i: Income segmented by people of color or white


While national reports suggest that LGBTQ people have incomes rougly 9-10\% more than their heterosexual peers, this trend does not hold true for LGBTQ people living in the South. ${ }^{39}$

LGBTQ people in the South experience a higher number of structural and institutional barriers that impede economic mobility when compared to their heterosexual and cisgender peers, such as workplace discrimination, lower rates of employment, and a lack of nondiscrimination protections. When compared to their heterosexual Southern peers, LGBTQ individuals are more likely

[^13]Fig. 1j: Income segmented by transgender identity

to have incomes of less than $\$ 24 \mathrm{~K}$ a year and report higher rates of food insecurity. Southern LGBTQ individuals are less likely to have health insurance when compared to other parts of the country, which creates a barrier when accessing health care. ${ }^{40}$

These disparities are even more pronounced among transgender individuals; a national survey found that transgender individuals were more likely to report significantly lower income when compared to cisgender indviduals. ${ }^{41}$

[^14]
## Education

Among respondents, 27.3\% hold a bachelor's degree, and an additional $25.7 \%$ hold some type of advanced postsecondary degree. In our sample, $2 \%$ of respondents have less than a high school diploma, and 9.4\% have a high school diploma or GED equivalent. The remaining $28.7 \%$ of respondents have some college or hold a technical degree or an associate's degree.

Respondents with lower levels of education have disproportionately lower incomes. For those who have less than a high school education, for example, 41.6\% have incomes of less than $\$ 15 \mathrm{~K}$ annually, whereas of those with a Bachelor's Degree or an advanced degree (Master's, Doctoral, or Professional), between 40\% and 79.2\% have incomes of over \$50K.

Fig. 1k: Education in the total sample


Fig. 1l: Income, segmented by education


Our sample includes a majority of younger respondents, with over 60\% under the age of 34 and the average age for the sample in the mid30s. Further research is needed to know whether the difference in age between our respondents and the population as a whole is a result of our research methods (especially the use of an online survey), reflects differing experiences of gender and sexual identity among different generations, or is impacted by some other factor.

People who are under the age of 35 were more likely to report being bisexual and/or queer. Of respondents ages 18-24, 29.4\% identified as bisexual, while $24.6 \%$ identified as queer. Respondents older than 45 were more likely to identify as gay or lesbian, with 74\% of respondents ages 45-54, $82.6 \%$ of respondents ages 55-64, and $84.2 \%$ of respondents older than 65 identifying as either gay or lesbian.

Younger respondents were more likely than older respondents to identify as transgender, with 38.4\% of respondents ages 18-24 and $32.4 \%$ of respondents 25-34 identifying as transgender. In comparison, $14.7 \%$ of respondents ages 55-64 and 16.1\% of respondents older than 65 identify as transgender.

Respondents under 35 reported higher rates of gender non-binary or nonconforming presentation, with 20.4\% of respondents ages $18-24$ and $16.7 \%$ of respondents ages 25-34 identifying as gender non-binary or non-conforming. In comparison, 1.6\% of respondents ages 55-64 and $1.5 \%$ of respondents older than 65 identify as gender nonbinary or non-conforming.

Fig. 1m: Age in the total sample


## For full demographic breakdowns in table format, turn to Appendix C on page 123 and reference the Tables.

## Location

Respondents reported both their state of residency and their zip code for this survey.

The geographic distribution of respondents is not representative of the demographics of each state's LGBTQ population as a whole; response rates for each state are a result of both the location and networks of the Campaign for Southern Equality and Western North Carolina Community Health Services. We attempted to obtain more representative samples in other states through the recruiting efforts of our Survey Ambassadors and partners, by running online ads targeted at individuals in these states, and by sending recruitment emails to other LGBTQ organizations and LGBTQ student groups at university campuses in the South.

The largest number of respondents reside in North Carolina (23.0\%), followed by Tennessee (13.7\%), South Carolina (10.0\%), Alabama (9.6\%), Virginia (9.5\%), Georgia (9.1\%), and Mississippi (9.1\%). The states with the lowest representation are Arkansas (1.5\%), Florida (4.6\%), Kentucky (2.3\%), Louisiana (2.5\%), Texas (4.4\%), and West Virginia (0.7\%).


Zip codes were used to determine whether a respondent lives in a rural or urban area. To determine regionality, we used the Index of Relative Rurality, a measure developed by Waldorf and Kim (2015). The index ranges between $O$ (least rural - i.e., urban) and 1 (most rural), taking population size, density, network distance, and the ratio of urban area as a part of total land area into account. Our respondents live in a wide range of regions across the South, from relatively urban (0.10 on the IRR scale) to mid-rural ( 0.59 on the IRR scale), with the average respondent living in a suburban setting ( 0.35 mean on IRR scale). For example, Hyde County, NC is considered a 0.59 on the IRR scale, while Chesapeake, VA is considered a 0.30, and Atlanta (Fulton County), GA registers as a 0.13. For respondents in our sample, $13.1 \%$ live in the most urban areas, 8.9\% live in mostly rural areas, and 30.2\% live in the mid-range (0.30-0.39).

Fig. 10: Regionality in the total sample


## Voting

Finally, we asked respondents about their voting status and behaviors. The majority of respondents (91.6\%) reported that they are registered to vote. About a third of all respondents (34.1\%) said they feel that voting has a positive impact on social and political issues, while $45.6 \%$ feel that it has a somewhat positive impact. Along with this question, we provided a link so that those who were not registered to vote but were eligible to do so could sign up.

Of those who are registered to vote, a majority feel that voting has a positive (35.5\%) or somewhat positive impact (46.6\%). Among unregistered respondents, $47.1 \%$ said that voting does not have a positive impact, compared to only $18.4 \%$ of registered respondents who felt this way.

Fig. 1p: "Are you registered to vote?" in the total sample


Fig. 1q: "When you vote, do you feel it has a positive impact?" segmented by voter registration


[^15]
# Physical Health Ratings 

The majority of respondents to the 2019 Southern LGBTQ Health Survey reported generally positive experiences about their overall health, with 69.9\% of respondents reporting their physical health to be either excellent (15.2\%) or good (54.7\%). Less than $30 \%$ of respondents said that their physical health is fair (25.4\%) or poor (4.7\%).

We cross-tabulated respondents' overall health ratings by sexuality and gender, as well as by race, income level, and age. Overall, physical health ratings did not vary significantly by race, with roughly equal proportions of white respondents and respondents of color choosing either excellent or good health (70.4\% and $69.9 \%$, respectively). Our sample's responses across age also did not vary significantly.

## Physical Health Ratings by Sexuality

A majority of respondents, regardless of sexuality, reported generally positive physical health. Gay respondents reported the most positive health ratings, with $22.10 \%$ choosing excellent and 54.8\% indicating good health, closely followed by lesbian respondents (14.5\% excellent and 57.0\% good, respectively). Pansexual (7.5\%), bisexual (11.6\%), and queer ( $13.1 \%$ ) respondents were least likely to indicate excellent health.

Fig. 2a: Reported physical health ratings in the total sample


Fig. 2b: Reported physical health ratings, segmented by sexuality


## Physical Health Ratings by Cis/Trans Identity and Gender

Transgender respondents reported less positive physical health than cisgender respondents. Nearly $40 \%$ of trans respondents rated their physical health as either fair or poor, compared to 26\% of cisgender respondents. Nonbinary respondents had the highest response rate of fair or poor physical health (43.1\%), compared to 25.2\% of men or masculine respondents and $29.2 \%$ of woman or feminine respondents who reported fair or poor health.

## Physical Health Ratings by

 IncomeRespondents with higher incomes reported significantly better physical health than those with lower incomes. Of respondents with incomes above \$150K, for example, nearly 90\% reported good or excellent health, compared to 81.0\% with incomes between $\$ 50 \mathrm{~K}$ and \$75K and only 44.2\% with incomes less than \$15K. And while 20\% or less of respondents with incomes higher than \$75K described their physical health as fair or poor, 55.8\% of respondents with incomes of less than $\$ 15 \mathrm{~K}$ and $41.8 \%$ of respondents in the $\$ 15 \mathrm{~K}-\$ 30 \mathrm{~K}$ bracket did.

These findings are consistent with the health findings of the LGBTQ Institute's Southern Survey. Participants of that survey reported generally positive levels of overall health. However, respondents of that survey who are transgender reported lower rates of excellent or good health when compared to cisgender respondents. ${ }^{42}$

[^16]Fig. 2c: Reported physical health ratings, segmented by cis/trans identity


Fig. 2d: Reported physical health ratings, segmented by gender


Fig. 2e: Reported physical health ratings, segmented by income


## Quality of Care

A majority of respondents (68.2\%) said that, overall, they generally have experienced good (49.4\%) or excellent (18.8\%) quality of care and feel that their healthcare needs are being met ( $47.3 \%$ yes, $39.9 \%$ somewhat, $12.8 \%$ no).

When asked about experiences with physical health providers such as specialists or emergency room doctors, $64.3 \%$ of respondents said that they always or often have positive interactions, while only 6.4\% rarely or never have positive interactions.

Respondents who are gay, cisgender, men or masculine, or older, and respondents with higher incomes reported more positive quality of care, having their needs met, and positive interactions in physical health providers.

Fig. 2f: "How would you rate your overall quality of medical care?" in the total sample


Fig. 2g: "Do you feel your health care needs are being met?" in the total sample


Fig. 2h: "My experience with physical health providers has been positive" in the total sample


## Quality of Care by Cis/ Trans Identity

However, the numbers dropped sharply for transgender respondents. While one-quarter (25.2\%) of cisgender respondents rated their overall medical care as fair (20.2\%) or poor (5.0\%), nearly half (46.8\%) of transgender respondents chose fair (35.9\%) or poor (10.9\%). Nearly one-fifth of transgender respondents said they do not feel that their healthcare needs are being met (20.6\%), compared to $9 \%$ of cisgender respondents who said the same. Around $12 \%$ of trans respondents also indicated that they rarely or never have positive experiences with physical health providers (compared to $3.8 \%$ of cisgender respondents).

## Quality of Care by Sexuality

Pansexual and queer respondents disproportionately described their overall quality of care as poor (12.3\% and 10.8\%, respectively), compared to $4.8 \%$ of gay and $3.9 \%$ of heterosexual respondents who said the same.

Fig. 2i: "Do you feel your health care needs are being met?" by cis/trans identity


Fig. 2j: "How would you rate your overall quality of medical care?" by cis/trans identity


Fig. 2k: "How would you rate your overall quality of medical care?" by sexuality


## Quality of Care by Race

Respondents of color were more likely to report always having positive interactions with health providers (27.4\%) compared to white respondents (17.2\%), though the sample features a wider distribution of responses among people of color, with 8.0\% of respondents of color reporting rarely or never having positive experiences, compared to $5.9 \%$ of white respondents.

## Quality of Care by Income

Respondents with incomes of less than \$30K per year were more likely to report poor quality of care (10.9\% of respondents with incomes between \$15K-\$30K and $16.7 \%$ for those with incomes under $\$ 15 \mathrm{~K}$, compared to between 1-2\% for those with incomes higher than \$75K). Of respondents in the lowest income groups, 26.9\% feel that their healthcare needs are not being met, compared to $2.8 \%$ in the highest income group.

## Quality of Care by Age

Older respondents generally reported more positive responses about the quality of their care. For example, 38.1\% of respondents ages 18-24 said their needs are being met, while 66.4\% of respondents 55-64 said the same. The majority of respondents over 65 years indicated good or excellent healthcare (87.7\%), compared to 62.9\% who are 18-24.

Fig. 21: "How would you rate your overall quality of medical care?" by race


Fig. 2m: "How would you rate your overall quality of medical care?" by income


Fig. 2n: "Do you feel your health care needs are being met?" by age


## IN THEIR OWN WORDS

## Qualitative Responses from the Survey on

## Physical Health

"All of my doctors are aware of my sexual identity; my husband and I both use the same care teams. They do not appear to treat us any differently than they would a couple who is not same-sex. Same applies to our dentist. We feel like we are treated equally and as well as anyone who might walk into their practices."
"I often have medical providers conflate every concern with my transgender identity, and often get misinformation about the effects of my HRT on various health concerns."
"I've been able to find queer/trans/ polyamory-friend physical health providers, but they are few and far between! They often have wait lists or are not very responsive as a result of being overbooked. This is especially true for folks who do sliding scale/low-income services for folks without insurance."
"I remember a time when a heterosexual primary care doctor acknowledged that being queer can be emotionally stressful and he asked if I knew where to get mental health services if I felt like I needed them.

He did this as a part of a general check-up, and it came across very sincerely and sympathetically. I really appreciated it."

## Mental Health Ratings

LGBTQ people are at an increased risk of negative mental health outcomes due to their exposure to stigma and discrimination. In the South, these minority stressors may be more pronounced. ${ }^{43,44}$ More than one-half of respondents in the total sample reported fair or poor mental health (50.1\%).

Rates this high speak to significant emotional pain and mental health struggles in the lives of many LGBTQ Southerners, across demographic identities. These findings merit significant attention and focused efforts to increase access to quality, affirming mental health services, mental health screenings in primary care settings, and additional research about this topic.

## Mental Health Ratings by Sexuality

Bisexual, pansexual and queer respondents were significantly more likely to report worse mental health experiences, with 62.1\%, 73.5\%, and 63.8\% respectively describing their mental health as fair or poor. These rates are around 20 points higher than the $35.6 \%$ of gay respondents, $43.6 \%$ of lesbian respondents, and 42.7\% of heterosexual respondents who described their mental health as fair or poor.

[^17]Fig. 3a: Reported mental health in the total sample


Fig. 3b: Reported mental health, segmented by sexuality


## Mental Health Ratings by Cis/ Trans Identity

Transgender respondents were significantly more likely to report worse mental health than their cisgender peers: 66.5\% of trans people described their mental health as fair or poor, compared to 42.6\% of cisgender respondents. Three-quarters of non-binary respondents rated their mental health as fair or poor.

## Mental Health Ratings by

 IncomeIn the lower income brackets (under \$15K and \$15K-\$3OK), $64.8 \%$ and $62.5 \%$ rated their mental health care as fair or poor. For respondents with midrange income (\$50K-\$75K), 42.5\% chose fair or poor. And the trend continued linearly, with $32.7 \%$ of people making \$100K-\$150K choosing fair or poor.

## Mental Health Ratings by Age

Younger respondents reported their mental health as fair or poor at a much higher rate than older respondents: 69.5\% in the 18-24 range compared to $29.3 \%$ of ages 45-54 and $22.6 \%$ of ages 55-65.

## Mental Health Ratings by Race

Respondents of color were more likely than white respondents to report excellent mental health (18.7\% compared to 11.7\%); Black or African American respondents were the most likely of all racial groups to report excellent mental health (23.2\%).

Fig. 3c: Reported mental health, segmented by cis/trans identity


Fig. 3d: Reported mental health, segmented by income


Fig. 3e: Reported mental health, segmented by age


Fig. 3f: Reported mental health, segmented by race


# Emotional Abuse and Physical Violence Related to LGBTQ Identity 

Nearly one-quarter of respondents (23.4\%) reported that they have experienced physical violence due to their LGBTQ identity, while a majority (71.1\%) reported that they have experienced emotional abuse due to their LGBTQ identity.

Emotional Abuse and Physical Violence by Transgender Identity

Transgender respondents said they have experienced abuse at significantly higher rates than cisgender respondents: $35.7 \%$ of transgender participants said they have experienced physical violence or abuse (compared to 19.0\% of cisgender respondents), and $82.6 \%$ of transgender respondents said they have experienced emotional harassment or abuse (compared to 67.0\% of cisgender respondents).

Fig. 3g: "Have you ever experienced violence or abuse due to your LGBTQ identity?" in the total sample


Fig. 3h: "Have you ever experienced violence or abuse due to your LGBTQ identity?" segmented by cis/trans identity


## Emotional Abuse and Physical Violence by Gender

Non-binary respondents reported similarly disproportionate rates, with 30.7\% saying they have experienced physical violence or abuse and 84.1\% saying they have experienced emotional harassment or abuse.

## Emotional Abuse and Physical Violence by Race

There are significant differences in experiences with physical violence and emotional abuse for respondents across different racial groups and those with different incomes; smaller differences are evident for those in different age brackets. Respondents of color were more likely to indicate that they have experienced physical violence ( $31.7 \%$ compared to $22.0 \%$ of white respondents), while white respondents were more likely to experience emotional abuse or harassment (73.0\% compared to $65.7 \%$ of respondents of color). More specifically, Black or African American respondents reported the highest rates of physical violence (32.7\%) while white and Hispanic or Latinx respondents reported the highest rates of emotional abuse ( $73.0 \%$ and $72.8 \%$, respectively).

## Emotional Abuse and Physical Violence by Income

Rates of emotional abuse or harassment tend to slightly increase as the respondents' income decreases, with the trend especially striking when it comes to physical violence or abuse: Respondents in lower income brackets (35.5\% of people with incomes lower than $\$ 15 \mathrm{~K}$ ) were twice as likely to experience physical violence as those with higher incomes ( $16.5 \%$ of people with incomes higher than \$100K).

Fig. 3i: "Have you ever experienced violence or abuse due to your LGBTQ identity?" segmented by gender


Fig. 3j: "Have you ever experienced violence or abuse due to your LGBTQ identity?" segmented by race


Fig. 3k: "Have you ever experienced violence or abuse due to your LGBTQ identity?" segmented by income


## Emotional Abuse and Physical Violence by Age

Age does not meaningfully impact rates of physical violence, but it does slightly impact rates of emotional abuse. Older respondents were less likely to report emotional abuse, with 73.6\% of respondents ages 18-24 reporting emotional harassment or abuse, and 66.5\% of respondents ages 55-64 doing the same.

## Fear of Emotional Abuse and Physical Violence

We also asked if respondents are afraid of experiencing physical violence and emotional abuse or harassment due to their LGBTQ identity. Of the total sample, 11.9\% said they are always afraid, $13.6 \%$ said they are often afraid, 29.8\% said they are sometimes afraid, $28.9 \%$ said they are rarely afraid, and $13.5 \%$ said they are never afraid of experiencing physical violence. Generally, respondents said they were more fearful of emotional abuse: Nearly 20\% of all respondents said they are always afraid of emotional abuse, while $22.9 \%$ and $30.8 \%$ said they are often and sometimes, respectively, afraid of emotional abuse.

There is a strong association of a fear of violence among transgender respondents: While 17.3\% of cisgender respondents said they are always or often afraid of experiencing physical violence and $32.0 \%$ said they are always or often afraid of experiencing emotional abuse, $44.2 \%$ of transgender respondents said they are always or often afraid of physical violence, and $62.0 \%$ said they are always or often afraid of emotional abuse.

Fig. 31: "Have you ever experienced violence or abuse due to your LGBTQ identity?" segmented by age


Fig. 3m: "I am afraid of experiencing violence or abuse due to my LGBTQ identity" in the total sample


Fig. 3n: "I am afraid of experiencing violence or abuse due to my LGBTQ identity" by cis/trans identity


## Mental Health Diagnoses

Respondents also reported high rates of being diagnosed with mental health illnesses or disorders.

Respondents reported high rates of diagnoses of Attention Deficit Disorder (ADD) or Attention Deficit Hyperactivity Disorder (ADHD) (14.5\%), Bipolar
Disorder or mania (9.3\%), and Obsessive Compulsive Disorder (8.9\%). All of these rates from our respondents are higher than national studies about the rates of these diagnoses in the general U.S. population. ${ }^{45}$

Participants were also asked to report any mental health diagnoses that were not captured by the close-ended

45 Note: Data from the National Institute of Mental Health (nimh.nih.gov/health) finds that 2.8\% of Americans have bipolar disorder, 4.4\% of American adults and $8.7 \%$ of American adolescents have ADHD, and 2.3\% of Americans have ever had Obsessive Compulsive Disorder (OCD).
responses. In participants' responses to this open-ended question, there was notable mention (1.1\%) of eating disorder-related diagnoses, including both restricted and binge eating, Post-Traumatic Stress Disorder (3.2\%), and Borderline Personality Disorder (1.1\%). The rates of these mental health diagnoses in our sample are consistent and generally in line with national data about the general population. ${ }^{46}$

Next, we discuss the most commonly reported diagnoses: depression, anxiety, and suicidal ideation or selfharming behaviors.

46 National Institute on Mental Health. (2018). Statistics.
Retrieved October 16, 2019 from https://www.nimh.nih.gov/ health/statistics/index.shtml.

Fig. 30: Respondents who have been diagnosed with or have experienced the following, in the total sample


## Depression and Ansiety

More than half of respondents (54.5\%) said they have experienced or been diagnosed with depression, while just under half (46.1\%) say they have experienced or been diagnosed with an anxiety disorder. According to the 2018 National Survey on Drug Use and Health (NSDUH), among the general population $6.9 \%$ of people have experienced a depressive episode, while $18.1 \%$ have experienced anxiety. ${ }^{47}$

These alarming rates of depression and anxiety among survey participants merit increased attention, specific focus, and additional research.

## Depression \& Anxiety by Sexuality

Large majorities of bisexual (75.0\%), pansexual (82.8\%), and queer (79.9\%) respondents said they have experienced or been diagnosed with depression, which is at least 15 percentage points higher than gay respondents (58.4\%). Rates of reported anxiety were also elevated among these respondents.

## Depression \& Anxiety by Cis/Trans Identity

In our sample, 80.7\% of transgender respondents said they have experienced or been diagnosed with depression, and $68.3 \%$ said that they experienced or have been diagnosed with an anxiety disorder. In comparison, 63.8\% and $53.2 \%$ of cisgender respondents said they experienced or have been diagnosed with depression or anxiety, respectively.

[^18]Fig. 3p: Depression and anxiety among respondents and general U.S. population


Fig. 3q: Depression and anxiety, segmented by sexuality


Fig. 3r: Depression and anxiety, segmented by cis/trans identity


## Depression \& Anxiety by Gender

Non-binary individuals reported the highest rates of depression and anxiety when compared to other genders. Among non-binary respondents, $86.0 \%$ said that they have experienced or been diagnosed with depression, while $77.3 \%$ said they have experienced or been diagnosed with anxiety.

## Depression \& Anxiety by Income

In our sample, 77.4\% of respondents with lower incomes (less than \$30K) said they have experienced or been diagnosed with depression, and $65.4 \%$ said that they experienced or have been diagnosed with an anxiety disorder. In comparison, 55.0\% of respondents with incomes of higher than $\$ 75 \mathrm{~K}$ said they have experienced or been diagnosed with depression, and $46.8 \%$ said that they have experienced or been diagnosed with an anxiety disorder.

## Depression \& Anxiety Among Respondents Who Have Experienced Physical Violence or Emotional Abuse

Among respondents who reported physical violence or abuse due to their LGBTQ identity, 79.4\% reported that they have experienced or been diagnosed with depression, and 63.1\% said they have experienced or been diagnosed with an anxiety disorder.

Among those who experienced emotional harassment or abuse related to LGBTQ identity, 74.3\% reported that they experienced or have been diagnosed with depression and $62.7 \%$ reported experiencing or being diagnosed with anxiety.

Fig. 3s: Depression and anxiety, segmented by gender


Fig. 3t: Depression and anxiety, segmented by income


Fig. 3u: Depression and anxiety, segmented by responses to "Have you ever experienced physical abuse or emotional abuse due to your LCBTQ identity?"


## IN THEIR OWN WORDS

## Qualitative Responses from the Survey on

## Depression and Anxiety

"I was having a big bout of depression and anxiety over understanding my gender identity and recognizing that I was trans. I had not told anyone yet but a family friend recommended a local therapist in NC to help with the anxiety/depression. I decided to come out to the therapist in the first session. I expected I would get passed along to another 'specialist.' Instead this therapist had a transgender son and was well educated and was able to be great provider for my mental health and a great resource through the coming out process."
"I have chronic depression and there have been healthcare professionals that told me to pray to get over my "illness" so I wouldn't be depressed."
"When I told my doctor I was severely depressed, he looked at me with real concern and no judgment, and proceeded to treat my mental health as seriously as he would have treated my physical health. That meant I got treatment, and it probably saved my life."

# Suicidal Ideation and Self-Harming Behavior 

A quarter of all survey respondents (26.3\%) said they have experienced suicidal thoughts, and $20.2 \%$ said they have practiced self-harming behaviors. These rates are much higher than national rates, which show that 13.5\% of Americans reported suicidal thoughts and 5\% of American adults reported engaging in self-harming behvaviors. ${ }^{48,49}$

## Suicidal Ideation and SelfHarming Behavior by Cis/ Trans Identity and Gender

More than half - $51.7 \%$ - of transgender Southerners in the survey said they have experienced suicidal ideation. The rate is even higher for nonbinary respondents, with $58.9 \%$ saying they have had suicidal thoughts.

Just over 40\% of transgender respondents and $45.1 \%$ of nonbinary respondents reported self-harming behaviors, more than double the 18.2\% of cisgender respondents who said they have engaged in self harm.

[^19]Fig. 3v: Suicidal ideation among respondents and in the general U.S. population ${ }^{48}$


Fig. 3w: Suicidal ideation and self-harming behaviors, segmented by cis/trans identity


Fig. 3x: Suicidal ideation and self-harming behaviors, segmented by gender


## Suicidal Ideation and Self-Harming Behavior by Sexuality

Bisexual, pansexual, and queer respondents also reported disproportionately high rates of suicidal ideation and selfharming behaviors: More than $40 \%$ of bisexual+ respondents said they have experienced suicidal ideation, while 30.4\% said they have engaged in selfharming behaviors.

In comparison, between 21\% and $27 \%$ of heterosexual, gay and lesbian respondents reported suicidal thoughts and between $11 \%$ and $22 \%$ engaged in self-harming behaviors.

## Suicidal Ideation and

 Self-Harming Behavior byThe same holds true for selfharming behaviors: $34.6 \%$ of respondents with incomes of less than \$15K have engaged in self-harming behaviors, while 7.4\% of respondents
There is a strong relationship between income and suicidal ideation, too. Respondents with lower incomes reported far higher rates of experiencing suicidal thoughts. Nearly 43\% of respondents with incomes of less than \$15K reported experiencing suicidal thoughts, while 13\% of respondents with incomes higher than \$150K did. with incomes higher than \$150K have.

Fig. 3y: Suicidal ideation and self-harming behaviors, segmented by sexuality


Fig. 3z: Suicidal ideation and self-harming behaviors, segmented by income


## IN THEIR OWN WORDS

Qualitative Responses

## from the Survey on

## Suicidal Ideation and Self-Harming Behaviors

"I was in a mental health facility after a suicide attempt, and one of the therapists told me that I needed to 'suck it up' and 'stop throwing a pity party for myself.'"
"I have had many good experiences in recent months, including mental health providers that really stepped up as I have struggled with suicide and anxiety, providing a backstop and making me feel safe."
"When I was younger, I told my mental health provider at the time that I was cutting myself and showed the wounds. They literally shrugged and said, 'Oh well.'"
"A graduate learning student working in the mental health office at my university saved my life during my last year of college. She was attentive and kind, and when I told her that I didn't feel uncomfortable with my sexuality (asexual) or feel that it was contributing to my suicidal ideation, she never brought it up again, even though I was afraid people would assume I was depressed because I was single."

# Mental Health Services 

While the high rates of mental health concerns suggest a high need for LGBTQ-affirming mental health care, respondents also reported they sometimes have difficulty finding such care. Of the total sample, $20.7 \%$ said they always have positive experiences with therapists or mental health counselors, while 26.3\% reported they often have a positive experience. Another 20.1\% indicated they sometimes have positive experiences, $11.4 \%$ rarely or never have a positive experience with mental health providers, and 21.4\% chose Does Not Apply.

## Mental Health

 Experiences by SexualityOnly about 40\% of respondents within each sexualilty category reported either always or often having positive experiences with therapists or counselors.

Mental Health
Experiences by Cis/Trans Identity

There is a five-point difference between cisgender and transgender respondents in positivity of their experiences with mental health care, with cisgender respondents having more positive experiences ( $49.5 \%$ versus 44.5\%).

Fig. 3aa: "My experience with mental health providers has been positive" in the total sample


Fig. 3ab: "My experience with mental health providers has been positive" by sexuality


Fig. 3ac: "My experience with mental health providers has been positive" by cis/trans identity


## Mental Health Experiences by Race

Across races, respondents reported generally consistent experiences with mental health providers.
Asian or Asian American respondents reported the highest rates of always or often having positive experiences (56.6\%). Hispanic or Latinx respondents reported the highest rates of rarely or never having positive experiences with mental health providers (14.2\%).

## Mental Health Experiences by Income

Respondents in lower income brackets were even more likely to say that their experiences with mental health providers have rarely or never been positive: 18.9\% in the under \$15K bracket and $16.0 \%$ in the \$15K-\$30K bracket answered this way, while $7.4 \%$ in the \$50K-\$75K bracket, 7.4\% in the \$75K-\$100K bracket, and 4.6\% in the \$100K-\$150K bracket chose rarely or never.

## Mental Health

Experiences by Age
Among respondents ages 18-24, 15.3\% reported rarely or never having positive experiences with mental health providers, while 8.2\% of ages 45-54 reported the same. Older respondents were also more likely to select Does Not Apply.

Fig. 3ad: "My experience with mental health providers has been positive" by race


Fig. 3ae: "My experience with mental health providers has been positive" by income


Fig. 3af: "My experience with mental health providers has been positive" by age


## IN THEIR OWN WORDS

## Qualitative Responses from the Survey on

## Mental Health Care

"[I have been] told that my being trans and bisexual was due to mental health issues."
"I had a mental health provider who was excellent at using the correct pronouns for myself and my partner and navigating complicated or new terms for gender and for relationship dynamics. Even though it didn't seem second nature for him, he made every effort while we were in sessions."
"After discussing my mental health with my doctor today, she listened, agreed to change medications, and even gave me a hug before I left the appointment. I felt listened to and cared for, but other providers have not provided that."
"I am more worried about seeking mental health help than physical health help. My physical health is not directly (in any way that is obvious to me) affected by my being a lesbian, but I do have concerns about how mental health practitioners would approach it."

#  

We asked all respondents about their current health insurance coverage, offering nine options to choose from. The majority of respondents said they have health insurance through their own employer (34.1\%) or their parent's employer (20.7\%). The next largest group of respondents said they are uninsured (14.2\%). Nearly equal percentages of respondents said they have insurance through the government marketplace (6.6\%), Medicaid (5.7\%), Medicare (6.6\%), or their partner's employer (6.1\%). The smallest percentage of respondents said they have their own private insurance (3.4\%) or have insurance through school (2.6\%).

Most respondents (85.8\%) reported having some type of coverage, slightly lower than findings from the LGBTQ Institute Southern Survey (90.6\%) and the overall rate of insurance coverage in the general U.S. population (91.2\%). ${ }^{50}$

## Insurance by Sexuality

Gay, lesbian, and queer respondents were more likely to have insurance coverage, while approximately 17\% of heterosexual and pansexual respondents each reported having no insurance.

## Insurance by Cis/Trans Identity

Around $17 \%$ of transgender respondents reported having no insurance, compared to $11 \%$ of cisgender respondents.

[^20]Fig. 4a: Health insurance in the total sample


- Uninsured
- Private Insurer
- HealthCare.Gov marketplace
- Medicaid
- Medicare
- Employer

Parent/guardian's employer

- Partner's employer
- School

Fig. 4b: Health insurance segmented by sexuality


Fig. 4c: Health insurance by cis/trans identity


## Insurance by Gender

Non-binary, gender nonconforming, and people who chose "other" as their gender were significantly more likely to report being uninsured than other groups (15.9\% and 26.4\%, respectively, compared to $10.8 \%$ and $11.9 \%$ for men or masculine respondents and women or feminine respondents, respectively).

## Insurance by Race

Certain communities of color were significantly less likely to have health insurance, especially Black or African American and Hispanic or Latinx respondents (21.2\% and $19.6 \%$ who reported not having insurance, respectively).

## Insurance by Income

Respondents with lower incomes are also significantly more likely to report being uninsured (32.1\% of respondents making less than \$15K and 20.3\% of respondents making \$15K-\$25K, compared to $5.5 \%$ or less of respondents making more than \$50K). Respondents in lower income brackets are also more likely to have healthcare through the government (HealthCare.gov, Medicaid, or Medicare) than those in higher income brackets (33.6\% of respondents making less than \$15K and 28.1\% of respondents making \$15K-\$25K, compared to 12\% or less of respondents making more than \$50K).

Fig. 4d: Health insurance segmented by gender


Fig. 4e: Health insurance segmented by race


Fig. 4f: Health insurance segmented by income


## Understanding Coverage of Insurance Benefits

We asked respondents if they understood what services were covered by their plan. Only 41.5\% of the total respondents said that they do understand their insurance benefits. Nearly half (47.2\%) said that they only somewhat understand their coverage, while $11.3 \%$ said that they do not know.

This pattern is generally consistent across groups, though transgender, non-binary, and bisexual+ respondents reported slightly less confidence in knowing what their insurance coverage provides.

Fig. 4h: "Do you know what services are covered by your health insurance plan?" by cis/trans identity


Fig. 4i: "Do you know what services are covered by your health insurance plan?" by gender


Fig. 4g: "Do you know what services are covered by your health insurance plan?" in the total sample


Fig. 4j: "Do you know what services are covered by your health insurance plan?" by sexuality


## Fear of Losing Coverage

Finally, we asked respondents whether or not they worried about losing their health insurance coverage, with loss of coverage a result of either unemployment, nonpayment, or a number of other life circumstances. Overall, 56.1\% of respondents said they are worried about losing their health insurance, while 43.9\% said they are not worried about losing coverage.

Between a quarter and a third of respondents across all sexualities and genders in our sample reported being afraid of losing their coverage, though transgender, pansexual, and queer respondents each indicated higher rates of worry (70-72\% worried or somewhat worried).

Fig. 41: "Do you worry about losing your health insurance coverage?" by cis/trans identity


Fig. 4m: "Do you worry about losing your health insurance coverage?" by gender


Fig. 4k: "Do you worry about losing your health insurance coverage?" in the total sample


Fig. 4n: "Do you worry about losing your health insurance coverage?" by sexuality


## IN THEIR OWN WORDS

## Qualitative Responses from the Survey on

## Health Insurance

"Being LGBTQ+ affects my health insurance because I am under my parents' insurance. I have always had a strained relationship with my parents; however it because significantly worse after I came out and began dating my girlfriend. I have an extensive mental health history (depression, anxiety, anorexia/bulimia, and PTSD) and currently do not have medication or therapy because of fear of putting these services on my parents' insurance and them relating it back to my sexual orientation and trying to force me to no longer be in my relationship."
"I am a trans man who has been without testosterone for over a year because I am uninsured and can't afford to pay out-of-pocket for blood work. There are no resources available to me in my area and being without hormone therapy has made me isolate myself from friends, family and the world outside. I want to work so that I can have health insurance, but I find it too difficult to do the necessary things in order to get a job with adequate health coverage because of my lack of HRT and its effects on my physical, emotional and psychological health. It's a vicious cycle."
"I worry that I would lose my health insurance coverage if I lost my job, and there are no employment nondiscrimination laws in this state."
"I recognize the many inherent privileges I have as a white gay cis-male with adequate health insurance living in a progressive community in the South."
"I want to get a prescription to PrEP; but I am hesitant because I am on my parents' health insurance."

## Comfort Seeking Care

Among the overall sample, only slightly more than half of respondents generally feel comfortable seeking medical care within their community. Nearly 30\% of respondents said they are always comfortable, closely followed by $26.2 \%$ of respondents who often feel comfortable. Another 28.7\% of respondents only sometimes feel comfortable seeking care, and 14.9\% said that they rarely or never feel comfortable seeking medical care within their community.

## Comfort Seeking Care by Sexuality

A majority of gay (65.6\%), lesbian (64\%), and bisexual (53.5\%) respondents said they are always or often comfortable seeking care.

A minority of pansexual (39.7\%), queer (38.7\%), and heterosexual (44.1\%) respondents said they are always or often comfortable seeking care. At least one-fifth of respondents with these sexualities said that they rarely or never feel comfortable seeking care ( $23.8 \%$ pansexual, 20.6\% queer, 29.6\% heterosexual), compared to $14 \%$ or less of gay, lesbian, and bisexual respondents.

Fig. 5a: "I am comfortable seeking medical care within my community" in the total sample


- Always
- Often
- Sometimes
- Rarely
- Never
- Does Not Apply

Fig. 5b: "I am comfortable seeking medical care within my community" by sexuality


## Comfort Seeking Care by Cis/ Trans Identity

Transgender respondents in general reported not feeling comfortable seeking care in their communities, with $12.6 \%$ indicating that they always feel comfortable and more than a quarter of respondents (26.5\%) indicating that they rarely or never feel comfortable.

## Comfort Seeking Care by Gender

Non-binary or non-conforming respondents were far less likely to say they always feel comfortable seeking care (7.7\%) and slightly more likely to say they rarely or never feel comfortable (25.7\%).

## Comfort Seeking Care by Race

Black or African American respondents reported a higher rate of always feeling comfortable seeking care (36.1\%), but they also reported the highest rate of rarely or never feeling comfortable (16.6\%). Meanwhile, Hispanic or Latinx respondents reported the lowest rate of always feeling comfortable (24.1\%) as well as the lowest rate of rarely or never feeling comfortable (11.4\%).

## Comfort Seeking Care by Income

Respondents with incomes higher than \$150K were more than twice as likely to report always feeling comfortable (54.0\%) than those with incomes lower than \$15K (21.1\%). Conversely, respondents with incomes less than \$15K were five times as likely to report rarely or never feeling comfortable (26.5\%) than those with incomes higher than $\$ 150 \mathrm{~K}$ (5.6\%).

Fig. 5c: "I am comfortable seeking medical care within my community" by cis/trans identity


Fig. 5d: "I am comfortable seeking medical care within my community" by gender


Fig. 5e: "I am comfortable seeking medical care within my community" by race


Fig. 5f: "I am comfortable seeking medical care within my community" by income


# Dental Care 

Just under a majority of respondents in the total sample (48.7\%) said they always have access to dental care within their community. The remaining 51.3\% who do not always have access indicated that they only often (17.4\%), sometimes (13.2\%), rarely (8.3\%), or never (10.3\%) have access to dental care.

## Dental Care by Income

The best predictor of whether a respondent has access to dental care is their income: Respondents with higher incomes report higher rates of always being able to access dental care and lower rates of never being able to access. The reverse is true for respondents with lower incomes.

## Dental Care by Cis/Trans Identity

Transgender respondents are 11 points more likely than cisgender respondents to report rarely or never being able to access dental care within their communities (26.6\% compared to 15.2\%, respectively).

## Dental Care by Race

Respondents also revealed a racial disparity in access to dental care, with only 36.5\% of Hispanic or Latinx respondents and $44.4 \%$ of Black or African American respondents saying they can always access dental care, compared to $50.7 \%$ of white respondents and $58.5 \%$ of Asian or Asian American respondents.

Fig. 5g: "I have access to dental care within my community" in the total sample


- Always
- Often
- Sometimes
- Rarely
- Never
- N/A

Fig. 5h: "I have access to dental care within my community" segmented by income


Fig. 5i: "I have access to dental care within my community" by cis/trans identity


Fig. 5j: "I have access to dental care within my community" segmented by race


## Educating Medical Providers

We asked respondents if they have to educate medical providers about their healthcare needs; $8.2 \%$ of respondents said they a/ways have to educate their providers, while 16.0\% chose often, $32.9 \%$ sometimes, 20.5\% rarely, and 18.4\% never.

We also asked respondents if they have to educate medical providers about their LGBTQ identity, and $26.9 \%$ of respondents said they always or often have to do so.

## Educating Medical Providers by Cis/Trans Identity and Gender

Transgender respondents were much more likely to report having to educate their providers about their needs and identity: 41.3\% of trans respondents reported always or often having to educate their providers about their health care needs. Nearly half (47.5\%) of trans respondents said they always or often have to educate medical providers about their LGBTQ identity. Similarly, $40.4 \%$ and $48.8 \%$ of nonbinary respondents said they always or often have to educate medical providers about their health care needs or LGBTQ identity, respectively.

## Educating Medical Providers by Race

Respondents of color were twice as likely than white respondents to say that they always need to educate their medical providers about their health care needs ( $13.3 \%$ compared to $7.1 \%$, respectively). Responses were more consistent across race when it came to educating providers about LGBTQ identities.

Fig. 5k: "I have to educate medical providers about..." in the total sample


Fig. 51: "I have to educate medical providers about..." by cis/trans identity


Fig. 5m: "I have to educate medical providers about..." by people of color or white


# Delaying Care 

## Rates of Delaying Care for Financial Reasons

When respondents were asked if they ever delay seeking care due to the out-of-pocket cost of services, almost 70\% reported that they always (22.3\%), often (21.2\%), or sometimes (25.9\%) delay care.

These findings are slightly higher than what national data show. A national October 2018 survey showed that 54\% of Americans have delayed care for themselves in the past year because of cost. ${ }^{51}$ Since 2006, Gallup has consistently tracked that around one-third of Americans delay care due to cost. ${ }^{52}$

A majority of transgender respondents (54.2\%) said they always or often delay care due to cost, higher than the 38.2\% of cisgender respondents who said the same.

Respondents with lower incomes reported even higher frequency of delayed care due to cost. Nearly 60\% of those with incomes less than $\$ 30 \mathrm{~K}$ said they always or often delay care due to cost, versus less than $20 \%$ of respondents with incomes greater than $\$ 75 \mathrm{~K}$. Even among those in the second highest income bracket (\$100K - $\$ 150 \mathrm{~K}$ ), $19.5 \%$ said that they always or often delay care due to costs.

## Rates of Delaying Care Because of LGBTO Identity

Among all respondents, $10.8 \%$ said that they always or often delay seeking care because of their LGBTQ status. 25.8\% of transgender respondents agreed that they delay care because of their LGBTQ identity, while less than $5 \%$ of cisgender respondents reported similar rates.

[^21]Fig. 5n: "I delay seeking medical care..." in the total sample


Fig. 50: "I delay seeking medical care..." by cis/trans identity
...Due to High Out-of-Pocket Costs

...Because of my LGBTQ Identity


# LGBTQ Identity in Care 

We asked respondents how their LGBTQ identity affected their treatmentseeking behavior and their interactions with providers. Overall, 43.7\% of respondents reported that they always or often think that doctors in their community are able to provide affirming care for LGBTQ patients.

The percentage of respondents who fear anti-LGBTQ mistreatment is slightly higher than the percentage of respondents who actually experience anti-LGBTQ mistreatment. Nearly 11\% of respondents said they always or often delay seeking care due to their LGBTQ identity, and 7.4\% of respondents said they always or often deal with mistreatment in care due to their LGBTQ identity.

Just over 36\% of respondents reported feeling that being LGBTQ always or often changed how a medical professional interacts with them.

More than half - 51.5\% of respondents said they feel that being in the South makes it always or often harder to access quality medical care for LGBTQ individuals.

Fig. 5p: "I think doctors in my community are able to provide quality medical care to LGBTQ individuals" in the total sample


Fig. 5q: Experiences with and fears about antiLGBTQ mistreatment in the total sample

I delay seeking medical care because of my LGBTQ identity


I deal with mistreatment due to my LGBTQ identity in order to get medical care


Fig. 5r: "I think being LGBTQ changes how a medical professional interacts with me" in the total sample


Fig. 5s: "Being in the South makes it harder for LCBTQ individuals to access quality medical care" in the total sample


## LGBTO Identity in Care by Sexuality

Pansexual, queer, and heterosexual respondents were least likely to believe doctors in their communities could provide quality care for members of the LGBTQ community, with $29.4 \%, 29.2 \%$, and $27.2 \%$, respectively, saying that doctors rarely or never could provide such care to LGBTQ patients.

## LGBTO Identity in Care by Cis/Trans Identity

The percentage of transgender respondents who always or often deal with mistreatment due to their identity is 14 points higher than that of cisgender respondents. Transgender respondents were three times as likely as cisgender respondents to say that being LGBTQ always changes how a medical professional interacts with them (30.1\% compared to $10.8 \%$ ). And nearly threefourths (72.7\%) of all trans respondents said being in the South always or often makes accessing quality care harder.

## LGBTO Identity in Care by Income

Respondents with lower incomes were more likely to agree that being in the South makes it harder for LGBTQ people to access quality care, with $25.9 \%$ of respondents with incomes lower than \$15K choosing always (compared to $7.0 \%$ of those with incomes higher than \$150K).

Fig. 5t: "I think doctors in my community are able to provide quality medical care to LGBTQ individuals" by sexuality


Fig. 5u: Accessing care by trans/cis identity
Being LGBTQ changes how a medical professional interacts with me


Being in the South makes it harder for LCBTQ individuals to access quality medical care


Fig. 5v: "Being in the South makes it harder for LCBTQ individuals to access quality medical care" by income


## IN THEIR OWN WORDS

## Qualitative Responses from the Survey on

## Health Care Behaviors and Experiences

"I've had a few doctors who made me feel very uncomfortable as a bisexual individual with the obvious judgmental body language when I answered questions about my sexual activity (as I had recently within the past few months been with a man and a woman). From that point on in the appointment, it was more about getting me out the door than actually treating me."
"I haven't had many issues but mainly because I keep my identity hidden. The fear, despite having little to no first hand abuse from being LCBT, is strong in the South. I'm especially afraid to talk about mental health in the South."
"I stay closeted and use my deadname to avoid the risk of harassment and denial of care. I don't let myself consider the possibility of any medical transition. I have no idea what l'm going to do when l'm kicked off my parents' health insurance in less than a year."
"Even when I am able to find a medical professional that I am comfortable with, almost always the office support staff and nursing staff treats me with disrespect and makes me feel my health information is at risk because I am LGBTQ."

# National Data on HIV 

We asked all respondents a series of questions regarding HIV status, prevention, and testing and then asked an additional set of questions regarding medication for respondents who indicated living with HIV.

The South is the modern-day epicenter of the HIV crisis in the United States. In September 2019, the Centers for Disease Control (CDC) wrote, "The South now experiences the greatest burden of HIV infection, illness, and deaths of any U.S. region, and lags far behind in providing quality HIV prevention and care to its citizens. Closing these gaps is essential to the health of people in the region and to our nation's long-term success in ending the HIV epidemic. ${ }^{\text {"53 }}$ According to 2016-2017 CDC data, one-half of all HIV diagnoses occur in the South, 47\% of HIV related deaths happened in the South, and $46 \%$ of people living with HIV live in the South. Furthermore, people in Southern states were less likely than people in other regions to know their HIV status. ${ }^{54,55}$

[^22]Fig. 6a: Rates of new HIV diagnoses in the United States in 2017, segmented by geographic region ${ }^{54}$


Regionally, the South accounts for the majority of Blacks newly diagnosed with HIV ( $63 \%$ in 2017) and Blacks living with an HIV diagnosis at the end of 2016 (58\%), according to a 2019 report from the Kaiser Family Foundation. ${ }^{56}$ Approximately half of all trans people who received an HIV diagnosis from 2009 to 2014 lived in the South, and half of all trans people who were diagnosed with HIV were Black. ${ }^{57}$ Furthermore, 23\% of new HIV diagnoses in the South are in non-metro areas - a higher rate than in any other region in the country. ${ }^{58}$ "The South's larger and more geographically dispersed population of people living with HIV creates unique challenges for prevention and treatment," the CDC notes in a report on HIV and regionality. ${ }^{57}$

[^23]
## Rates of Living with HIV

Of our full sample, 5.0\% of respondents reported that they are living with HIV, compared to 0.3\% people in the general U.S. population who are iving with HIV..$^{59}$

More than 10\% of survey respondents reported that they did not know their HIV status. At the same time, nearly 40\% of respondents said that they have never been tested. This suggests that some participants reported being HIV-positive or HIV-negative while also reporting that they have never been tested. Some research shows that gay males' self-perception of their HIV risk influences their rate and tendency to get tested. If an individual perceives their risk of HIV as low, then they may be less likely to get tested. ${ }^{60}$ We recommend additional research in this area focused on the entire LGBTQ community.

## Rates of Living with HIV by Race

Black or African American respondents reported the highest rate of living with HIV among racial groups. More than $22 \%$ of Black or African American respondents reported living with HIV, compared to $6.3 \%$ of Hispanic or Latinx, 5.9\% Asian or Asian American, 3.0\% of white respondents, and 4.5\% respondents who selected other as a racial identity.

[^24]Fig. 6b: HIV status in the total sample


Fig. 6c: Rates of living with HIV among respondents and in the general population


Fig. 6d: Rates of living with HIV, segmented by race


## Rates of Living with HIV by Age

Older respondents reported higher rates of living with HIV than younger respondents: nearly $10 \%$ of respondents within each age category above 45 (45-54, 55-64, 65+) reported living with HIV, compared to 0.9\% of respondents ages 18-24. It's important to note, however, that among 18-24 year olds, 19\% reported not knowing their status (compared to $10 \%$ of the total survey sample).

## Rates of Living with HIV by Sexuality

Thirteen percent of gay respondents reported living with HIV, which is comparable to rates among heterosexual respondents and the highest rate when compared to respondents of other non-heterosexual sexualities, who reported rates no higher than 5\%.

## Rates of Living with HIV by Cis/Trans Identity

Overall, transgender respondents reported living with HIV at a rate of $4.6 \%$, while cisgender respondents reported at a rate of $5.5 \%$. However, $13.2 \%$ of trans respondents do not know their status, compared to $8.6 \%$ of cis respondents.

## Rates of Living with HIV by Income

Survey participants with lower incomes reported higher rates of living with HIV (7.0\% under \$15K, $6.8 \%$ between $\$ 15 \mathrm{~K}-30 \mathrm{~K}$ ).

Fig. 6e: Rates of living with HIV, by age


Fig. 6f: Rates of being living with HIV, segmented by sexuality


Fig. 6g: Rates of being living with HIV, segmented by cis/trans identity


Fig. 6h: Rates of living with HIV, by income


# Demographics of Respondents Who Report Living with HIV 

## Racial Demographics of Respondents Living with HIV

Of all respondents who reported living with HIV, 45.9\% are white, 44.0\% are Black or African American, $4.8 \%$ are Hispanic or Latinx, 1.4\% Asian or Asian American, and $3.9 \%$ are other racial identities.

## Sexuality

Demographics of Respondents Living with HIV

Of respondents who are living with HIV, 73.3\% identified as gay.

Among gay respondents who are living with HIV, $90.0 \%$ identify as men or masculine.

Among gay male respondents who are living with HIV, 59.3\% are white and $31.9 \%$ are Black or African American.

Fig. 6i: Respondents who report living with HIV, segmented by race


Fig. 6k: Respondents who report living with HIV and being gay, segmented by race


Black or African American Hispanic or Latinx
White or Caucasian Other Race

Fig. 6j: Respondents who report living with HIV, segmented by sexuality


Fig. 6I: Respondents who report living with HIV and being gay, segmented by gender


Man or Masculine Woman or Feminine Non-binary or Non-Conforming Other Gender

## Cis/Trans Identity of Respondents Living with HIV

Of respondents who reported living with HIV, the majority are cisgender (73.6\%), compared to the 26.4\% of respondents who reported living with HIV who are transgender.

A majority, 74.5\%, of transgender people who reported living with HIV are female identified, with the remaining 25\% identifying as non-binary or other gender. The vast majority of any women who reported living with HIV in this sample are transgender women of color (90.9\%); within the subsample of women who are living with HIV, 81.8\% are Black or African American, 6.1\% are Hispanic or Latinx, and $3.0 \%$ identify as other racial identities. Of respondents who said they are living with HIV and men or masculine, 100\% are cisgender, meaning that zero transgender men from this survey sample reported living with HIV.

Of all trans respondents who reported living with HIV, 67.9\% identify as Black or African American; among cisgender respondents who report living with HIV, 35.3\% identify as Black or African American.

Fig. 6m: Respondents who report living with HIV, segmented by cis/ trans identity


Fig. 60: Race of respondents who report living with HIV, segmented by cis/trans identity


Fig. 6p: Respondents who report living with HIV and being men or masculine, segmented by race**


## HIV Knowledge and Prevention

A majority of respondents in the total sample reported excellent (46.5\%) or good (37.3\%) knowledge about HIV testing and prevention. Only 3.7\% reported having poor knowledge about HIV testing and prevention.

Respondents who reported living with HIV were generally more knowledgeable about prevention than respondents who reported being HIVnegative, with $96.4 \%$ and 86.3\%, respectively, reporting excellent or good knowledge about HIV prevention. Of those who did not know their status, 57.0\% reported excellent or good knowledge about prevention.

## Knowledge about HIV prevention by race

The majority of all respondents, regardless of race, indicated that they felt knowledgeable about HIV prevention. Black or African American respondents reported the highest rates of knowledge, with $90.6 \%$ indicating that they had excellent or good knowledge about prevention, closely followed by 84.0\% of white respondents and 72.8\% of Hispanic or Latinx respondents.

Fig. 6r: "How would you rate your knowledge about HIV prevention?" in the total sample


- Excellent
- Good
- Fair
- Poor

Fig. 6s: "How would you rate your knowledge about HIV prevention?" by HIV status


Fig. 6t: "How would you rate your knowledge about HIV prevention?" segmented by race


## Knowledge about HIV prevention by sexuality

Gay respondents who said they are living with HIV also reported high rates of knowledge (90.0\% excellent and good). Around 70\% of respondents with sexual identities other than gay indicated the same level of knowledge.

## Knowledge about HIV prevention by cis/trans identity

A majority of transgender and cisgender respondents said they are knowledgeable about HIV prevention, with 78.7\% and $86.3 \%$ respectively reporting excellent or good knowledge.

However, transgender respondents were somewhat less likely than cisgender respondents to report excellent knowledge (38.8\% compared to 49.8\%).

## Knowledge about HIV prevention by gender

Those who identified or presented as masculine reported slightly higher rates of knowledge (88.8\% excellent or good). Over one-fourth of non-binary respondents, however, said they have fair or poor knowledge about prevention.

Fig. 6u: "How would you rate your knowledge about HIV prevention?" by sexuality


Fig. 6v: "How would you rate your knowledge about HIV prevention?" by cis/trans identity


Fig. 6w: "How would you rate your knowledge about HIV prevention?" by gender


## HIV Testing $\mathcal{\&}$ Prevention

## Frequency of HIV Testing

Over half of respondents reported never or rarely (less than every 3 years) getting tested for HIV. Almost 40\% of respondents have never been tested for HIV, while 23.2\% are tested for HIV about every 3-5 years. The remaining respondents are either tested yearly (19.4\%), once every six months (17.4\%), or monthly (2.1\%).

The lack of regular testing is concerning because the South experiences higher rates of HIV compared to the rest of the nation. ${ }^{61}$ According to the CDC, individuals should get tested annually, with some considerations for LGBTQ people to get tested every 3-6 months. This issue is further complicated by the fact that 1 in 7 individuals who are living with HIV are unaware of their diagnosis. ${ }^{62}$

## Frequency of Testing by HIV Status

This differed significantly by HIV status - those who reported not knowing their status said they are tested least frequently, with $91.8 \%$ saying they are tested never or every 3 - 5 years. Almost 20\% of respondents who are HIV-negative are tested at least once very six months.

## Frequency of HIV Testing by Gender

Among non-binary respondents, over $63.9 \%$ said they get tested either every $3-5$ years or never. Women and feminine respondents get tested the least frequently, with $46.4 \%$ never being tested.

[^25]Fig. 6x: "How often do you get tested for HIV?" in the total sample


- Never

About every 3-5 years

- Yearly

Once every 6 months

Monthly

Fig. 6y: "How often do you get tested for HIV?" segmented by HIV status


Fig. 6z: "How often do you get tested for HIV?" segmented by gender


# Frequency of Testing by Race 

Black or African American respondents reported getting tested for HIV at more frequent rates when compared to other survey respondents; Black or African American respondents were two times more likely to be tested every one to six months than Asian or Asian American respondents, Hispanic or Latinx respondents, and respondents of other racial minorities - and three times more likely to be tested every one to six months than white respondents.

## Access to HIV Testing and Prevention-Related Services and Care

Despite the relative infrequency of testing among respondents, the majority of all respondents said they feel comfortable getting tested and can easily access testing in their community. For both questions, over 40\% of all respondents indicated always (41.2\% comfortable getting tested, 41.4\% access to testing) and over 15\% indicated often (14.2\% comfortable, $16.3 \%$ access).

Similarly, 40.3\% of respondents said they always know where to access HIV treatment, and $11.8 \%$ said they often know. That leaves 13.5\% of respondents who said they rarely or never feel comfortable being tested, and 11.6\% who said they rarely or never can access testing in their community.

Fig. 6aa: "How often do you get tested for HIV?" segmented by race


Fig. 6ab: "I feel comfortable getting tested for HIV" segmented by HIV status


Fig. 6ac: "I can easily access HIV testing in my community" segmented by HIV status


Fig. 6ad: "I know where to access HIV treatment in my community" by HIV status


## Comfort Talking to Providers About HIV

Among all respondents, $22.7 \%$ said that they always and $13 \%$ said that they often feel comfortable talking with their medical provider about HIV-related prevention needs.

## Access to Safe-Sex

 ResourcesWe asked respondents about access to safesex resources. Most respondents said they are always (56.0\%) or often (11.0\%) able to easily access condoms.

## Access to Safe Needles

We also asked participants about their ability to access clean needles ${ }^{63}$ for either illicit or prescription drug injection, and onequarter of all respondents reported that this question is applicable to them. Of those who reported the question is applicable to them, 46.7\% said they can always access safe needles, while about one-third (32.3\%) said they can rarely or never access safe needles.

63 Note: Please note that the term "safe" is preferred to the term "clean" by advocates in the field of harm reduction because it reduces stigma. For this reason, although we used the term "clean needles" in the survey question, we will use "safe needles" throughout our report.

Fig. 6ae: "I feel comfortable talking with my medical provider about my needs related to HIV prevention" segmented by HIV status


Fig. 6af: "I can easily access condoms" segmented by HIV status


Fig. 6ag: "I can easily access clean needles" in the total sample


Fig. 6ah: "I can easily access clean needles" in the total sample, excluding those who chose N/A


# Knowledge and Experiences of Respondents Living with HIV 

In this section, we discuss the specific HIV-related experiences of the $5 \%$ of our sample that reported living with HIV.

Over half of respondents who are living with HIV are tested once every six months (50.9\%), while nearly 30\% never get tested.

Most said that they always or often feel comfortable talking with their medical care provider (56.5\% always, $10.8 \%$ often) and know where to access treatment (73.8\% always, 8.9\% often).

Most can always easily access condoms (74.7\%). Regarding access to safe needles, 69.2\% selected Does Not Apply and 15.6\% indicated they can easily access safe needles ( $55.0 \%$ of those to whom it did apply indicated always or often having access).

## Experiences of Respondents Living with HIV by Sexuality

Almost all gay respondents who are living with HIV (97.5\%) reported excellent or good knowledge about HIV, while $68.9 \%$ said they are always or often comfortable talking about prevention with their doctor. A majority said that they know where to access treatment (83.7\%), know where to access condoms (82.4\%), and know where to access safe needles (13.9\%, with $74.5 \%$ selecting Does Not Apply).

Fig. 6ai: "How would you rate your knowledge about HIV prevention?" among respondents living with HIV


Fig. 6aj: Experiences among respondents who report living with HIV


Fig. 6ak: Experiences among respondents who report living with HIV, segmented by cis/trans identity

Transgender Respondents Living with HIV
Cisgender Respondents Living with HIV


Always

I know where
to access HIV to access HIV
treatment in my community

I can easily access condoms I can easily access clean needles imes

Rarely

Never
Does not apply

## Experiences of Respondents Living with HIV by Cis/Trans Identity

Cisgender respondents who reported living with HIV generally reported slightly more positive experiences accessing HIVrelated care than transgender respondents who are living with HIV. Respondents who are living with HIV and are cisgender reported higher rates than those who are transgender of excellent or good knowledge (98.0\% compared to 92.7\%), comfort talking about prevention with their doctor (69.7\% compared to 61.1\%), and knowledge on where to access treatment (83.6\% compared to 81.8\%). In two questions, transgender respondents who reported living with HIV rated their experiences more highly than cisgender respondents who reported living with HIV. Knowledge about accessing condoms (83.7\% for trans respondents compared to $82.4 \%$ for cis respondents) and knowledge on where to access safe needles ( $24.1 \%$ compared to $12.5 \%$, with $53.7 \%$ and $75.8 \%$, respectively, selecting Does Not Apply).

## Experiences of Respondents Living with HIV by Income

While most respondents who are living with HIV, regardless of income, reported positive experiences, a significant

Fig. 6al: " I feel comfortable talking with my health care provider about HIV prevention" among respondents living with HIV, segmented by income

difference emerged when looking at how comfortable respondents were talking about prevention. Respondents with higher incomes reported lower rates of feeling always or often comfortable than respondents with lower incomes, with the exception of those earning more than $\$ 150 K$. Respondents in lower income brackets (under \$30K) ranged between $64.4 \%$ and $68.7 \%$ of feeling always or often comfortable, while 53\% of those with incomes between $\$ 100 \mathrm{~K}$ and $\$ 150 \mathrm{~K}$ reported always or often feeling comfortable.

## Experiences of Respondents Living with HIV by Race

Black or African American and white respondents who are living with HIV reported generally positive experiences regarding HIV-related knowledge and access, while Hispanic or Latinx respondents reported less-thanpositive experiences. For example, while 97.7\% of Black or African American respondents who are living with HIV indicated excellent or good knowledge about prevention, Hispanic or Latinx respondents were nearly 18 points behind, at 80\%.

Similarly, a majority of Black or African American respondents who reported living with HIV always or often felt comfortable talking about prevention with their doctor (74.4\%), knew where to access treatment (82.4\%), and could easily access condoms and safe needles ( $87.9 \%$ for condoms and $26.4 \%$ for safe needles, with $58.2 \%$ indicating that the question about needles Does Not Apply). White respondents living with HIV reported slightly lower rates of satisfaction, with 61.7\% always or often feeling comfortable talking about HIV prevention, $82.1 \%$ knowing where to access treatment, $79.0 \%$ able to access condoms, and $6.4 \%$ able to access to safe needles (with $85.1 \%$ choosing Does Not Apply).

Fig. 6am: "How would you rate your knowledge about HIV prevention?" among respondents living with HIV, segmented by race


Fig. 6an: "I feel comfortable talking with my health care provider about HIV prevention" among respondents living with HIV, segmented by race


# Medication for HIV 

Finally, we asked respondents who are living with HIV about their medication experiences. The majority of respondents living with HIV take medication prescribed by their doctor (88.0\%). Five percent of respondents living with HIV have taken but are not currently taking medication prescribed by their doctor. Around 3\% of respondents have taken medication not prescribed by their doctor (including 0.9\% who are currently doing so and $2.2 \%$ who have done so in the past). Nearly 3\% of respondents who are living with HIV have never taken any medication.

The majority of respondents living with HIV, regardless of sexuality, trans identity, race, or class, access their medication as prescribed by their doctor, with slight variations across groups.

## Medication by Sexuality and Cis/ Trans Identity

Across sexualities, $90.5 \%$ of heterosexual, $90.3 \%$ of gay, $100.0 \%$ of lesbian, $75.0 \%$ of bisexual, $87.5 \%$ of pansexual, $66.7 \%$ of queer, and $66.7 \%$ of respondents with other sexualities reported taking medication prescribed by their doctor. Similarly, the majority of cisgender (92.2\%) and transgender respondents (80.0\%) take medications prescribed by their doctor, though a larger percentage of trans respondents have taken medication by their doctor in the past but not currently (12.7\%).

## Medication by Race

Across racial groups, we found that Black or African American respondents who are living with HIV have more varied medication experiences, with $8.8 \%$ having taken medication prescribed by their doctor in the past but not currently, 2.2\% taking medication not prescribed by their doctor, $2.2 \%$ having taken medication not prescribed by their doctor in the past but not currently, and 4.4\% never having taken medication. The majority of white respondents who report living with HIV take medication prescribed by their doctor (93.7\%).

## Medication by Income

Income plays a significant role in how people who are living with HIV take medication - those with lower incomes reported higher rates of finding nonmedically prescribed methods to take medications or not taking medications at all, compared to respondents with higher incomes. Between 93\% and $100 \%$ of respondents who report living with HIV and have incomes higher than $\$ 75 \mathrm{~K}$ take medication prescribed by their doctor to treat their HIV. Comparatively, around $87 \%$ of respondents across income levels below $\$ 75 \mathrm{~K}$ do the same. There is more variation in medication experiences among groups with lower incomes: Between 2\% and 8\% have taken but do not currently take medication prescribed by their doctor; and between $2 \%$ and $4 \%$ have taken or currently take medication not prescribed by their doctor. Over 4\% of those in the lowest income category who reported living with HIV have never taken medication.

## IN THEIR OWN WORDS

## Qualitative Responses from the Survey on

## HIV Status, Prevention, Testing and Treatment

"Almost every time l've gone to a [doctor at a drop-in clinic], I've had to explain my PrEP usage. They have asked if it is for HIV, mental health, and even heart problems. Aside from that, there's a lot of stigma surrounding PrEP usage and sexual health in general. Most providers that l've experienced do not have the bedside manner or do not exhibit the proper behavior towards myself or other LGBTQ folks when seeking treatment and having to simply explain our bodies, medications, etc."
"When I was diagnosed with HIV, the staff at [an HIV/ AIDS organization] were amazingly helpful, supportive, and involved. They helped me get connected to treatment and offered help getting connected to mental health resources."
"Telling a doctor at a walk in clinic that my partner was HIVpositive and the doctor refusing to touch me because I might be contagious."
"I've had [doctors] refuse to see me because of my HIV-positive status. I've had nurses refuse to care for me in the hospital."


We asked respondents a series of questions about their experiences accessing Gender-Affirming Hormone Therapy (GAHT). Of the total sample, $13.8 \%$ of respondents said they are currently using GAHT - $91.9 \%$ who identify as transgender and the remaining 8.1\% who identify as cisgender.

Among respondents who identify as transgender, $43.4 \%$ said they are using GAHT. Trans respondents who are white (73.8\%), have lower incomes (68.8\% under \$50K), are between the ages of 25-34 (32.1\%), or identify as women or present femininely (42.0\%) reported higher rates of using GAHT than the total sample. Further, $92.5 \%$ of trans respondents who said they take GAHT reported knowing how to safely administer their hormone therapy. This was consistent across racial and income groups.

In a previous report from the Southern LGBTQ Health Initiative, we focused on the healthcare experiences of transgender people across the South. One major finding from that report suggested that normative assumptions of transgender experiences led providers to overemphasize GAHT for their transgender patients, which consequently emphasized stereotypical ideals of masculinity and femininity.

Fig. 7a: "Are you currently taking hormones or undergoing hormone replacement therapy (HRT)?" in the total sample


Fig. 7c: Respondents who take hormones and are transgender, segmented by race


Fig. 7b: "Are you currently taking hormones or undergoing hormone replacement therapy (HRT)?" among trans respondents


Fig. 7d: Respondents who take hormones and are transgender, segmented by gender


## Hormone Access

Of the 43.4\% of trans respondents who said they use GAHT, just over 75\% reported being under the supervision of a medical professional for their treatment. The largest percentage of trans respondents (46.4\%) said they were prescribed GAHT by a doctor who specializes in LGBTQ or transgender health, and $12.3 \%$ said they were prescribed GAHT by an endocrinologist who specializes in transgender health. Nearly half of the respondents, however, said they were not prescribed GAHT from specialists in LGBTQ or transgender care: $27.4 \%$ percent of respondents said they were prescribed GAHT by a doctor who does not specialize in transgender health, and $10.7 \%$ by an endocrinologist who does not specialize in transgender health. The remaining respondents said they were either prescribed GAHT by another type of doctor (5.6\%), were not prescribed GAHT (1.9\%), or secured GAHT from a non-medical source (6.5\%).

While these findings held true across income groups, different patterns emerged across racial and gender differences. For example, Black or African American trans respondents were more likely to secure their hormone medication from a non-medical source (22.4\%) than other respondents. Women and feminine-presenting respondents were more likely to obtain their hormones from a nonmedical source (10.0\%), though respondents who identified with genders other than woman, man, or non-binary were significantly more likely to not be prescribed hormones at all (9.5\%) or obtain them from non-medical sources (19.0\%).

Fig. 7e: "Are you under the supervision of a medical professional for hormone treatment?" among respondents who are trans and take hormones


Fig. 7f: "Which of the following best describes your hormone access?" among respondents who are trans and take hormones


Fig. 7g: "Which of the following best describes your hormone access?" among respondents who are trans and take hormones, segmented by race


## IN THEIR OWN WORDS

Qualitative Responses from the Survey on

## GenderAffirming Hormone Therapy

"Multiple doctors in my hometown, some even after me being referred to them, refused to provide assistance to me regarding HRT because they had no experience in that area and were not willing to educate themselves or learn anything. It was easier to just send me away."
"I had a doctor in a rural area whose name I picked from a list, and it turned out he had trained with one of the doctors known to be LGBT-friendly and was more than willing to learn about HRT."
"I was required to see a therapist to begin HRT, and she denied me writing the letter for months (despite being self-proclaimed LGBT friendly and a lesbian) because she was worried about my mental health."
"It is really difficult to find someone in my area who will help me with HRT. I am having to drive [several hours] for an HRT appointment."
> patients."

## EREMOMAUTW

We analyzed the effect of where respondents live on their healthcare experiences, bearing in mind that health care perspectives and experiences are affected by both the structural and cultural context of place.

Our respondents live in the following states: Alabama (9.6\%), Arkansas (1.5\%), Florida (4.6\%), Georgia (9.1\%), Kentucky (2.3\%), Louisiana (2.5\%), Mississippi (9.1\%), North Carolina (23.0\%), South Carolina (10.0\%), Tennessee (13.7\%), Texas (4.4\%), Virginia (9.5\%), and West Virginia (0.7\%). We will be publishing state reports for Alabama, Georgia, Mississippi, North Carolina, South Carolina, Tennessee, and Virginia; these will be available at www.SouthernEquality.org/Survey.

## Experiences Segmented by Rurality

Our respondents live in a wide range of regions across the US South, from relatively urban (. 10 on the IRR scale) to mid-rural (. 59 on the IRR scale), with the average respondent living in a suburban setting (. 35 mean on IRR scale).

There's a tendency to think about the LGBTQ Southern experience primarily through the lens of state lines. Findings from our survey suggest that an additional factor informing your experience is whether you live in a rural or urban area. Across state lines, respondents living in more rural areas show significant disparities across multiple health issues, while those in

Fig. 8a: Regionality in the total sample

urban areas show slight disparities around a different set of health issues.

This suggests a need for robust new strategies and resources focused specifically on LGBTQ rural experiences across Southern states. While there has been a significant increase in funding resources to the LGBTQ South in recent years, most of that funding is directed toward established nonprofit organizations in large metro areas, and very little is currently reaching rural communities or grassroots organizers.

## Challenges Faced by Rural LGBTO People

In a 2019 report, the Movement Advancement Project explained many of the unique challenges that LGBTQ people in rural areas face, including those related to health and healthcare: ${ }^{64}$
"Healthcare access can be difficult in rural communities, with hospitals closing and fewer providers available - not to mention the ongoing opioid crisis - making it extremely challenging for LGBT patients to find knowledgeable and affirming health care. Rural areas are also more likely to be served by religious healthcare providers, who may be covered under religious exemptions laws that may allow them to discriminate. When LGBT patients do experience discrimination, they may have no alternative healthcare provider from whom to seek help. Experiences or fear of discrimination may also lead LGBT people to avoid health care or receive inadequate care or no care at all, putting the health and wellbeing of LGBT people in rural communities especially at risk."

[^26]4 There's a tendency to think about the LGBTQ Southern experience primarily through the lens of state lines. Findings from our survey suggest that an additional factor informing your experience is whether you live in a rural or urban area."

These are challenges that regularly confront the 2.9-3.8 million LGBTQ people who live in rural areas in the United States - especially in the South, where every state but Florida is a "majority-rural state," or a state where, in a majority of counties, a majority of people live in rural areas. ${ }^{64}$

Our findings also suggest that targeted interventions should be developed to address variations between rural and urban experience. In urban life, the interventions may include a more specific focus on HIV, while in rural areas, interventions may be focused on ensuring that residents can access basic services and that providers take an affirming and inclusive approach to care.

# Disparities in Reported Health Ratings by Regionality 

While generally LGBTQ Southerners' experiences with health and healthcare varied little (between 2-5\%) in urban and rural areas and generally matched the sample as a whole, there are a few differences that are significant to note.

People who live in more rural areas rated their overall physical and mental health lower than respondents living in urban areas. There is a $7 \%$ gap between physical health ratings between urban and more rural respondents (70.9\% compared to 63.7\% excellent or good), and 21.7\% of more rural respondents described their mental health as poor, compared to $15.6 \%$ of urban respondents.

Depression (74.4\% compared to 66.5\%) and anxiety (64.0\% compared to 54.5\%) rates are higher in more rural areas than urban areas. Additionally, respondents in more rural areas reported higher rates of bipolar disorder (15.9\% compared to 9.6\%), obsessive compulsive disorder ( $13.4 \%$ compared to 9.6\%), and post-traumatic stress disorder ( $5.2 \%$ compared to 3.5\%).

Rates of self-harming behaviors and suicidal ideation were elevated in more rural areas ( $27.4 \%$ and $36.6 \%$, respectively) compared to urban areas (21.9\% and $32.8 \%$, respectively).

Fig. 8c: Health ratings by regionality


Fig. 8d: Depression, Anxiety, Suicidal Ideation, and Self-Harming Behaviors, segmented by regionality


# Disparities in Healthcare Behaviors $\mathbb{\&}$ Experience by Regionality 

Respondents in more rural areas reported less access to quality medical care and less comfort seeking medical care within their community. Respondents in more rural areas also reported that their health care needs were being met at rates lower than those in more urban areas.

For example, 38.7\% of respondents in more rural areas rated their overall quality of medical care as fair or poor, compared to 26.9\% of respondents in the most urban areas.

The percentage of more rural respondents who said their health care needs were being met is ten points lower than that of urban respondents ( $42.4 \%$ compared to $52.4 \%$ ).

And while 45.2\% of those in the most rural areas within our sample noted always or often being comfortable seeking medical care within their community, $60.0 \%$ of those in the most urban settings reported the same (20.2\% of more rural respondents said they rarely or never feel comfortable, compared to $13.2 \%$ of the most urban respondents).

Fig. 8e: "How would you rate your overall quality of medical care?" by regionality


Fig. 8f: "Do you feel your health care needs are being met?" by regionality


Fig. 8g: "I am comfortable seeking medical care in my community" by regionality


Respondents in more rural communities had less access to dental care in their community (25.4\% rarely or never, compared to $17.3 \%$ of urban respondents).

Nearly 65\% of respondents in the most rural areas reported always or often having positive experiences with physical health providers, and $44.6 \%$ with mental health providers.

Around 7\% of those in more rural areas (compared to $2.1 \%$ in more urban areas) indicated that they never think doctors in their community would be able to provide quality medical care to LGBTQ individuals and $21.0 \%$ in more rural areas (compared to 13.3\% in urban areas) think that being in the South always makes it harder for LGBTQ individuals to access quality care.

Fig. 8h: "I have access to dental care in my community" by regionality


Fig. 8i: "Being in the South makes it harder for LGBTQ individuals to access care" by regionality


## HIV by Regionality

While respondents in more rural areas reported higher rates of negative overall health experiences compared to urban respondents, there is a higher prevalence of HIV and slightly higher rates of LGBTQ-related physical violence and emotional abuse in more urban areas.

Respondents living in the most urban areas reported living with HIV at around three percentage points higher than in the most rural areas ( $6.7 \%$ compared to $4.3 \%$ ), though those in the second most urban category reported the highest rates of living with HIV (7.9\%) and those in the second most rural category reported the lowest (2.5\%).

While knowledge and prevention experiences regarding HIV does not vary widely between rural and urban areas in our sample, looking only at those who are living with HIV within these areas tells a different story.

Of those who reported living with HIV, respondents in the most rural areas reported the highest rates of excellent knowledge about HIV prevention ( $85.7 \%$, 7.1\% good), though 100\% of those in the most urban areas reported excellent or good knowledge.

Respondents in more rural areas reported higher rates of never getting tested for HIV: $38.8 \%$ of respondents in more rural areas reported never, compared to $30.4 \%$ in the most urban areas.

Respondents in more urban areas also reported feeling always or often comfortable talking with their medical provider about HIV prevention (87.6\% compared to 57.1\%) and knowing where to access treatment (90.7\% compared to 78.5\%). Respondents who are living with HIV in more urban areas also reported easier access to both condoms and safe needles ( $90.6 \%$ and $28.1 \%$ compared to $64.2 \%$ and $14.3 \%$ respectively).

Fig. 8I: HIV status by regionality


Fig. 8m: Frequency of HIV Testing, Segmented by Regionality


## IN THEIR OWN WORDS

## Qualitative Responses from the Survey on

## Regionality

"I've been very careful to seek out medical professionals who are recommended to me by other members of the trans community. When I lived in a smaller, more rural town, I drove 45 minutes each way to see my doctor. Fortunately I never had a medical emergency and had to see someone locally. Every time I passed the local
hospital I prayed for my health so I wouldn't have to experience care there. My negative experience is really lack of trust that doctors or medical professionals in my community would be sympathetic to my experience. I have an enormous amount of privilege to be able to drive almost an hour each way to visit the doctor and the dentist."
"My experience is that health care in a rural environment is sub-standard in comparison to an urban environment with access to medical centers/medical schools."
"I'm lucky to live in a big city where there are plenty of LGBT resources. And I also have the money to take care of my out-ofpocket costs now. But rural areas have been much worse for me. And not having money in the past used to stop me from getting necessary care."

## TVFIIB OWN MOBDS

To gain a better and more robust understanding of the health care experiences of LGBTQ Southerners, it is important to hear people's direct experiences and perspectives. Respondents were asked to share a memorable positive experience with health care and a memorable negative one. This section highlights some of the responses.

## Positive Experiences

Thousands of LBGTQ Southerners shared positive experiences regarding their healthcare. These stories help us gain a better understanding of what LGBTQ Southerners believe a positive healthcare experience should encompass. While these stories and experiences are unique and specific to each individual, similar themes emerged among them. Some positive stories included having providers who are knowledgeable about LGBTQ-related health care.


Other positive experiences highlighted concrete - and often simple ways in which providers can create a more supportive and affirming care environment for LGBTQ people. Participants described how their own providers have created this supportive environment:
"My new Primary Care Provider was very open and understanding about me as a gay male. I picked him intentionally because of his practice's reference to working with the Transgender community. Even though I am not Trans, I knew he would be accepting."
"My OB did not assume my gender or the gender of my partners, asked straightforward questions, and knew which STI testing

I needed without asking unnecessary questions."

## "Every time I visit my primary care

 physician it's a positive experience. I can see other images of LGBTQ people in the reading material in his waiting room, the staff is always friendly and respectful of my pronouns, the doc is thorough, takes his time, allows time for questions, and is a great person."II had a bad reaction to some insect bites a couple years ago and ended up in my school's health center a lot of times in a very short period. The doctor and nurse who I saw the most often were both unfailingly kind to me and were careful to explain why they were doing what they were doing, seek my opinion on things, and warn me about steps they needed to take that would be painful."

# Negative Experiences 

Participants were also invited to share negative healthcare experiences to help better understand practices that providers should avoid. Much like the positive experiences, these moments are unique to the individual. However, shared themes emerged. Respondents described encounters where medical providers' attitudes and behaviors shifted negatively once they learned of the patient's LGBTQ identity.
"A PA at urgent care kept asking if I was pregnant. I finally told him I was a lesbian and his whole attitude changed. He dismissed me, refused to give me drugs that 'would make it faster to get over' the cold I had, and walked out of the room while yelling directions to leave the place."
"I had been seeing the same PCP [Primary Care Provider] for 3-4 years during my late teens/ early twenties. I was starting to realize my trans identity during this time. Once I was sure of my identity, I decided to talk to my PCP to see what next steps I could take to begin hormones. His response was one of shock and concern and overall very negative. He spoke down to me as if I didn't know what I was talking about and that I needed to spend a lot more time thinking about it. I felt very unsupported and was offended that I couldn't possibly know my own identity."
"I had been seeing a primary care doctor for over five years and had a good relationship with him and all of his staff, but when marriage equality passed and my insurance changed to coverage under my spouse (that I had been in a relationship with for over twenty years), I guess they realized that I was gay [because] the office manager made a point of questioning me about my new insurance card and my spouse's name with a very derogatory tone in the waiting room in front of 20 other people. I was then ushered to a back room where my doctor walked in and informed me that he would no longer be able to treat me (no reason or explanation why) and I should find another doctor. As I was leaving, a nurse gave me a religious pamphlet."

Many participants described being refused services due to their LGBTQ identity, whether they were denied services altogether or their provider refused to provide certain medications. Participants also reported providers' refusal to acknowledge their LGBTQ identity. And one participant offered a history of repeatedly being denied adequate treatment and services by medical providers and the impact it has had on their health.
"I went to a doctor two years ago that ignored what I was telling him and refused to prescribe the meds I needed. That was a local doctor and why I drive 130 miles to my current doctor."
"Nurse refused to draw blood for HIV test."
"My medical doctor refused to listen to me about my complaints about my symptoms."
"I've had one therapist who actively refused to learn my name and referred to me with overly feminine terms despite telling her it was uncomfortable. Another therapist told me my mom probably didn't like that I am trans and just pretends to accept it."
"I was denied and refused treatment because the doctor disagreed with my identity."
"A gynecologist refused to give me a full STD panel/would not allow me to get tested for HPV because [they said] a diagnosis wouldn't matter. I've had more than one verbally abusive therapist. l've been frequently dismissed by professionals upon mentioning pain or other issues and told that they were in my head. I have had significant health issues go undiagnosed for much of my life because of doctors' refusal to listen to my description of my symptoms."

# Survey Respondents' Top Three Ways to Promote Better Health Care for LGBTQ Southerners 

Survey participants were asked to list three factors that would improve healthcare for LGBTQ people in the South. Based on these results, three major themes emerged from participants' responses: (1) Improve and increase access to education for medical and service providers to learn the skills to best treat LGBTQ clients, (2) Increase access to comprehensive and affirming healthcare providers within their communities, (3) Increase access to and understanding of necessary medical interventions that promote better LGBTQ health (e.g. GAHT, PrEP).

While these three themes are related, each speaks to a unique set of needs and opportunities in the landscape of Southern LGBGTQ healthcare. They also demonstrate that respondents display an understanding of the necessary factors that could positively impact the healthcare experiences of LGBTQ Southerners.

Improve and increase access to LGBTQ-affirming healthcare education for medical and direct care service providers

Increase access to LGBTQ comprehensive and affirming providers within local communities

Increase access to and understanding of necessary medical treatment options and modalities that promote better LGBTQ health

## Improve and increase access to LGBTQ-affirming healthcare education for medical and direct care service providers

The most mentioned suggestion from survey respondents on how to increase the quality of healthcare for LGBTQ Southerners was improving the education that medical providers receive on best practices when treating LBGTQ clients. Through the use of text mining software, the word education and close variations (e.g., educate) are mentioned more than 500 times, making it the most commonly mentioned word from respondents. Respondents called for a general increase in education for medical providers. Examples of responses included:
"Better education and training for doctors on providing care for LGBT people"
"Better education for doctors about the unique needs of LGBTQ+ individuals"

Some respondents specifically called for an increase in education around issues of gender identity and sexual identity. Individuals mentioned that it is important for medical providers to understand the spectrum of identity for LGBTQ people:

## "Mandatory nuanced training on sex, gender, sexuality, identity, performativity, intersectionality"



Participants also noted that provider education should extend beyond focusing on medically defined problems and content and should also include content to reduce stigma and bias to help create a more supportive clinical environment for LGBTQ patients.
"Better understanding of the social issues we face so that accessing care doesn't contribute to them"
"Doctors should all be required to do in-depth Safe Zone trainings, both in med school and as continuing education."
"Education surrounding how to casually talk to LGBTQ people without making their identity seem like such a big deal."

## Increase access to LGBTQ comprehensive and affirming providers within local communities

The word access was the second most commonly used word among participants, with 469 mentions. While access has different meanings, respondents often used the word in reference to increasing the availability of LGBTQ-affirming providers in their community. Participants are acutely aware of the lack of access to LGBTQ-affirming providers within their communities and believe that increased access to affirming providers would help improve healthcare experiences for LGBTQ Southerners.


Participants noted a need for increased access to affirming specialists in their communities.


Participants also noted the need for increased access to affirming mental healthcare providers in their communities:
"Better mental healthcare with promotion aimed at LGBTQ youth"
"Access to free/ affordable mental health professionals who are actually affirming"

## Increase access to and understanding of necessary medical treatment options and modalities that promote better LGBTQ health

Finally, respondents described the need for increased understanding of and availability of both prescription and over-the-counter resources relevant to LGBTQ health. These ranged from specific types of medication to contraception methods; we categorized them as medical treatment options since participants discussed using them in a way that helps promote better LGBTQ health. An analysis of the responses suggests that respondents have a robust knowledge of available and needed treatment options for their own health needs.

Participants described how access to items to promote better sexual health would be helpful for improving LGBTQ healthcare in the South, specifically through the prevention of sexually transmitted infections. Participants specifically mentioned condoms and PrEP.


Respondents also noted access to hormone replacement therapy as a key piece of improving the quality of LGBTQ healthcare:


## SUBVEM AN:ASSADOBS

A team of Survey Ambassadors played a key leadership role in sharing the survey. This team of 12 received training and support to do survey outreach, inviting friends and people in their communities to complete the survey. Each Ambassador received a stipend to compensate them for the time they worked on recruitment. Through the collective efforts of the Survey Ambassador team, the overall number of survey respondents and the racial and geographic diversity of respondents increased. The team was led by Kayla Gore, who provided coaching to Ambassadors. Get to know Kayla and learn more about the role of the Ambassadors:

When Kayla Gore took on the role of being the lead Survey Ambassador for the Southern LGBTQ Health Survey, she knew how critical it was to think about creative ways to fill key gaps in representation among survey respondents and to reach people where they are, especially folks in traditionally underresourced communities.
"I wanted to be sure we were getting the survey into the right hands to reach the people we were interested in hearing from," Kayla said. "We know that there are people living in the South with lots of intersecting identities; for example, there are people who are black, trans, living in a small rural town, living with HIV, suffering from mental illness, and also dealing with a socioeconomic status. That person's experience is going to be very different from someone without those distinctions. And often, those people are not as heard. We were super intentional about making sure that we reached communities that have all of those different identities."

## Innovative Approaches to Outreach

One of Kayla's most ingenious - and effective - strategies was working with Anthony Curry (@HypemanAntman), who promotes clubs all over the South, including in Florida, Georgia, Mississippi, and Tennessee.

Over the years Curry has built a list of more than 35,000 people, many of them LGBTQ folks, who receive his text blasts announcing
discounted or free entry to a club. "I wanted to find a way to utilize that for public health," Kayla said. "So we reached out and asked him to push the survey on his text line - this time, to get the discount into the club people had to take the survey. The promoter's base of 18-30-yearolds who live in both urban and rural Southern areas was unique, and we probably wouldn't have been able to reach them unless we were physically in the club."


Kayla Gore, Lead Survey Ambassador

Working with Kayla and staff from the Campaign for Southern Equality, Curry crafted a series of targeted messages, focusing on cities and regions where we hoped to get more survey engagement. Within days of the message blasts, we'd see an increase in completed surveys from those communities.

## The Importance of Data Collection

Again and again in her personal outreach about the survey, Kayla heard the same initial reactions from LGBTQ Southerners: "I don't go to the doctor." "I can't afford hormones." "I don't have health insurance." And, not infrequently: "What's the point of taking this survey?"
"It was our job as Survey Ambassadors to explain to folks how important data is," Kayla said. "People who are in positions to fund the work that needs to be done, they want to see data. They want to see what a great and resilient community of people we are. They want to see what our lived experiences are. They want to know: For people who are trans and living with HIV, how are you showing up in your daily life?

4 The Southern LGBTQ
Health Survey was about us surveying our own people. Nothing for us without us."

- KAYLA GORE

How are you accessing - or not accessing, especially people in rural towns - support for your transition and your HIV status at the same time?"
"It's super important because the data that's already out there about the South shows that there are disparities here," Kayla said, discussing her passion for the Southern LGBTQ Health Survey. "But most of the data has not been driven by the South. It's very important for us to own our data...It even starts with the very creation of the project: there are questions that we as Southerners would ask that folks who have not had the experience of being in the South wouldn't even think to ask. The Southern LGBTQ Health Survey was about us surveying our own people. Nothing for us without us."


"I'm the CEO of a club promoting business, and I worked with the team to send out a text to thousands of people on my distribution lists. I think it was a wonderful thing to push - I deal with these customers on a weekly basis, and being able to get this information in their hands was great. I would love to continue to leverage my work for undertakings like this - including getting involved in health risk management, HIV awareness, suicide prevention. There are so many people dealing with different challenges in our community."

- Anthony Curry @HypemanAntman

when we're before representatives in our cities and at the federal level. The only way that we can have accurate numbers is from surveys like this one. Data is important."


# Our Recommendations to Improve Access to Quality Health Care and Positive Health Outcomes for LGBTQ Southerners 

In closing, we offer recommendations for best practices that everyone can take to combat the health disparities that LGBTQ Southerners face and help ensure that all LGBTQ people can access quality, affirming health care and experience positive health outcomes.


Listen to and believe LGBTQ people regarding their health care needs.

Advocate for local, state, and federal policies that guarantee access to LGBTQaffirming health care and that protect LGBTQ people from discrimination in public accommodations, employment, housing, and healthcare/health care settings.

Advocate for Medicaid Expansion in Southern states that have not yet taken this policy step, which can save lives, increase access to care (including behavioral health care), and save public funding. ${ }^{65}$

Get tested for HIV and encourage friends, family members, and community members to get tested regularly.

[^27]Talk about mental health issues and help reduce the stigma around seeking support and help around mental health needs.


Create LGBTQ-affirming spaces in homes, schools, workplaces, community settings, places of worship, and online.

Stand up against anti-LGBTQ stereotypes, bullying, harassment, violence, and legislation.

Learn how to support friends and family who are experiencing anxiety, depression, and other mental health issues.

## Health Care Facilities and Institutions Can...

Train providers, medical support staff, and administrative staff on how to create an LGBTQ-affirming care environment based on evidence-based practices.

Provide work-based compensated trainings to practicing clinicians, medical support staff, and administrative staff. Integrate this training into the onboarding process for new staff to ensure that practices take hold and are sustained within the organization.

Maintain resources and information on evidence-based LGBTQ-affirming practices for providers and staff to access when needed.

Ensure representation of LGBTQ people and people living with HIV/AIDS among staff members and decisionmaking boards, with an emphasis on representation in race, gender, and class.

Integrate HIV screening, testing, and treatment (including offering PrEP and PEP) into primary care settings.


Integrate sexual health history taking and STI testing into primary care settings.


Integrate a trauma-informed lens into providing HIV/AIDS care and transgender care.


Offer Gender-Afforming Hormone Therapy in primary care settings.


Screen for behavioral health issues related to depression, anxiety, and suicidal ideation and be knowledgeable of available LGBTQaffirming mental health providers.

Create inclusive clinical environments signaling support for LGBTQ patients, including issues such as signage and posters, language and questions on forms, pronoun pins, and screening protocols related to sexual health and transgender health. When displaying such support, ensure that providers and staff are adequately trained to provide affirming care.

Collaborate with local LGBTQ advocacy organizations to develop targeted strategies to address local needs, disparities, and opportunities.

Assign LGBTQ-affirming personnel and direct financial resources to providing care where disparities are the greatest: rural areas, low-income communities, and communities of color.

Be a professional voice opposing anti-LGBTQ policies, legislation, and media, all of which foster a hostile cultural environment that exacerbates the mental health crisis in LGBTQ communities.

## Health Care Providers, Medical Support Staff, and Administrative Staff Can...

Seek out trainings and resources to educate yourself about LGBTQ experiences and identities, as well as the community's unique needs, including primary care and transition-related care.

Ask open-ended questions of patients, mirroring the terms and pronouns patients use to describe themselves and others rather than making assumptions about sexual orientation or gender identity. For example, ask patients, "Are you in a relationship?" or "Do you have a partner?" rather than "Do you have a boy/girlfriend?" or "Are you married?"

Ask for and consistently use patients' correct names and pronouns when referring to them, and avoid using terms like mister, miss, misses, ma'am, and sir based on patients' voices or appearance.

Be proactive in screening for, assessing, and providing referrals for mental health concerns. Provide the opportunity for trans and non-binary patients to communicate the following necessary information during intake: name and gender to be filed for insurance; name to be called in the waiting room, with their doctor and clinical staff, and with their family; pronouns to be used in the waiting room, with their doctor and clinical staff, and with their family.

Use telemedicine and consultations to access specialists and providers experienced in LGBTQ health.

Familiarize yourself with the ICD-10 codes commonly used for trans and non-binary health care.

Develop skills and comfort taking a sexual health history and talking about sexual health using inclusive questions and terms.

## Medical Training Institutions Can...

Provide education and training in LGBTQ health and cultural competency for medical students and residents.

Integrate evidence-based LGBTQaffirming health care content into both classroom curricula and clinical education, with an emphasis on transgender health and on HIV/AIDS prevention and treatment.

Recruit faculty who are knowledgeable in LGBTQ health issues and capable of providing evidence-based LGBTQaffirming care.


Support the creation of LGBTQ student affinity groups.

Train medical providers in screening for and assessing mental health concerns.

## Mental Health Providers Can...



Educate yourself about LCBTQ experiences, identities, and unique needs.

Seek continuing education and training focused on providing the highest standard of culturally competent mental health care to LGBTQ people.

Keep informed about best practices for transition-related mental health protocols for trans patients.


Consistently ask for pronouns and avoid gendered greetings and honorifics when interacting with patients when you have not asked their pronouns.


Do not assume that patients are heterosexual or cisgender.
■
Offer teletherapy to patients who are unable to access mental health services in their local communities.


Provide the opportunity for trans and non-binary patients to communicate the following necessary information during intake: name and gender to be filed for insurance; name to be called in the waiting room, with their doctor and clinical staff, and with their family; pronouns to be used in the waiting room, with their doctor and clinical staff, and with their family.

Provide gender neutral restrooms, display signage that is inclusive of LCBTQ people, and shape your physical space in other ways to include and welcome your LGBTQ patients.

Familiarize yourself with local mental health resources - other providers, facilities, support groups, organizations that are LGBTQ-friendly.

Be knowledgable about and help connect transgender and non-binary clients who are interested with genderaffriming medical services in their community. Research suggests that transgender and non-binary individuals who seek and receive gender-affirming medical interventions experience positive benefits to their mental health. ${ }^{66}$ For those who want it, this can include Gender-Affirming Hormone Therapy, which also has been shown to lower rates of negative mental health experiences among transgender and non-binary individuals. ${ }^{67}$

Be a professional voice opposing anti-LGBTQ policies, legislation, and media, all of which foster a hostile cultural environment that exacerbates the mental health crisis in LGBTQ communities.

Advocate for LGBTQ-affirming homes, schools, workplaces, places of worship and online spaces as a public health response to the mental health crisis.

[^28]
## LCBTO Advocacy Organizations and Funders Can...

Collaborate with affirming local providers to develop targeted strategies to address local needs, disparities, and opportunities.

Advocate for local, state, and federal policies that guarantee access to health care and that recognize LGBTQ equality.

Develop an analysis of the LGBTQ South through the lens of rural and urban experiences, in addition to experiences within states.

## Researchers Can...

Support community-based research focused on LGBTQ life in the South.

Identify practices that effectively reach hard-to-survey populations to ensure marginalized communities' perspectives and experiences are being included in research efforts. Certain demographics were under-represented in our sample, based on race and geography. Future research should make an effort to engage these populations to help grow understanding of LGBTQ life in the South.

Integrate health education, testing, and the promotion of healthy behaviors into programming and events.

Develop strategies, programming and funding streams that focus on the experiences of LGBTQ Southerners in rural communities across states.

V Provide multi-year general operating funding to build the infrastructure and capacity of the LGBTQ Southern movement.

Partner with LGBTQ advocacy groups to conduct research including creating paid opportunities to assist with projects.

Ask questions specifically about LGBTQ identity, including in studies where sexual orientation and gender identity may not be the focus.

## Government Officials Can..

$\rightarrow \infty=2$


Implement local, state, and federal policies that guarantee access to health care and that recognize LGBTQ equality.

In Southern states that have not yet done so, work toward Medicaid Expansion as a life-saving way to save public funding and increase access to care, including behavioral health care.

Repeal anti-LGBTQ health curriculum laws in Southern states where they are still on the books, creating a barrier or complete roadblock to LGBTQ-inclusive health education.

Introduce policies to ensure that schoolbased health curricula provide accurate information about sexual health that includes LGBTQ experiences.

## Businesses Can...

Provide healthcare plans that meet the needs of LGBTQ employees and that offer mental health care.


Actively recruit LGBTQ employees. Employment for LGBTQ people is a key factor in boosting income and creating access to health care.

Support the creation of LGBTQ employee resource groups to create an environment of support and inclusion.

Advocate for state-level laws that protect LGBTQ minors from so-called "conversion therapy."

Push for policies and resources that guarantee quality mental health services for all people, particularly in underserved communities.

In communities without LGBTQinclusive non-discrimination protections, push toward comprehensive policies in health care, public accommodations, employment, and housing.

In communities with LGBTQ-inclusive non-discrimination protections, share information publicly about what folks can and should do if they experience anti-LGBTQ discrimination in health care, public accommodations, employment, and housing.

# QBOM THF LUTHOBS 

## Chase Harless

Chase is the Research and Evaluation Consultant at the Campaign for Southern Equality. He has experience with field research through designing program evaluations with various advocacy groups across the South and conducting survey research to better understand how to support marginalized communities. His research interests include reducing disparities in LGBTQ healthcare, improving access to mental healthcare services in rural settings, and increasing understanding of the lived experiences of transgender and gender nonconforming individuals living in the South.

## Megan Nanney

Megan (Maggie) Nanney is a doctoral candidate in the Department of Sociology at Virginia Tech. Maggie's research focuses on gender inequality in "diversity and inclusion" policies. Through this research, Maggie strives to complicate understandings of how policies work, how gender inequality is reinforced in the organizational setting, and seeks to transform institutional practices through a trans justice framework. Maggie's work is supported by the National Science Foundation and the National Academy of Education/ Spencer Foundation, and previously as a Five College Women's Studies Research Center Associate. Maggie also serves as a member of the executive council for Sociologists for Trans Justice and is co-author of the \#TransJusticeSyllabus.

## Austin H. Johnson

Austin H. Johnson is an Assistant Professor of Sociology at Kenyon College and is Research Director of the Southern LGBTQ Health Initiative at the Campaign for Southern Equality. He is a scholar-activist whose research is geared toward better understanding social problems that face LBGTQ+ Southerners in order to offset their effects on queer and trans people's health and well-being. Austin also serves on the Board of Directors of Gender Benders, a regional non-profit serving trans and non-binary people in the U.S. Southeast.

## Adam Polaski

Adam Polaski is the Communications Director at the Campaign for Southern Equality. He is a writer, digital strategist, and graphic designer who works to harness the power of narrative, digital organizing, social media, and creative design to advance social justice. Before coming to the Campaign for Southern Equality he worked on the digital and communication teams at Freedom to Marry, the successful campaign to win marriage for same-sex couples across the United States, and Freedom for All Americans, a national organization committed to securing LGBTQ-inclusive nondiscrimination protections. He has also consulted on projects with the National Center for Transgender Equality, Freedom to Marry Global, Local Solutions Support Center, Supermajority Education Fund, the National Immigration Law Center, and GLSEN.

## Jasmine Beach-Ferrara

Raised in North Carolina, Rev. Jasmine Beach-Ferrara is a minister in the United Church of Christ and Executive Director of the Campaign for Southern Equality. She is a graduate of Brown University and received a MFA from the Program for Writers at Warren Wilson College and a MDiv from Harvard Divinity School. She has worked on LGBTQ rights campaigns since 2004 and founded the Campaign for Southern Equality in 2011. Jasmine has written and been interviewed widely about LGBTQ issues in the South. Her first collection of short stories, Damn Love, won the 2014 PEN/Hemingway Honorable Mention Award for Debut Fiction. Jasmine lives with her family in Asheville, NC, and also serves on Buncombe County Commission.

## clossatir

## Bisexual

A person who has the capacity to form enduring physical, romantic, and/or emotional attractions to those of the same gender or to those of another gender.

## Bisexual+

An umbrella term to encompass people who identify as bisexual, pansexual, or queer.

## Cisgender/Cis

Individuals whose current gender identity and assigned sex at birth align. In this report, we use the term cis to refer to self-identified cisgender people.

## Cross-Tabulation

A statistical method where two variables are run against one another to see the overlap in responses.

## Gay

An adjective used to describe people whose enduring physical, romantic, and/or emotional attractions are to people of the same sex, regardless of the primary person's gender.

## Gender / Gender Identity

An individual's sense of their gender, which may or may not align to their sex or gender assigned at birth. One's gender identity is not necessarily perceived by or visible to others. In this report, we use this term to refer generally to the full range of identities that our respondents identified with.

## Heterosexual

An adjective used to describe people whose enduring physical, romantic, and/ or emotional attraction is to people of the opposite sex. Also referred to as "straight."

Human Immunodeficiency Virus (HIV) A virus that harms the immune system by destroying the white blood cells that fight infection. Can be transmitted through unprotected sex with an infected person or through use of unsafe needles.

> Hormone Replacement Therapy (HRT) or Gender-Affirming Hormone Therapy (GAHT) The administering of hormones to facilitate the development of secondary sex characteristics as part of a medical transition process. Those medically transitioning from female to male may take testosterone while those transitioning from male to female may take estrogen and androgen blockers.

## Intersectionality

The interconnected nature of social categorizations such as race, class, and gender as they apply to a given individual or group, regarded as creating overlapping and interdependent systems of discrimination or disadvantage.

## Lesbian

A woman whose enduring physical, romantic, and/or emotional attraction is to other women.

## LGBTQ

Acronym for lesbian, gay, bisexual, transgender, and queer.

## Non-binary

A gender identity that is outside of the binary of man or woman. Non-binary individuals may or may not identify as transgender and may or may not physically transition.

## Non-Heterosexual

Used throughout this report to refer to respondents whose sexualities are lesbian, gay, bisexual, pansexual, queer, or "other" sexuality.

## Non-Response

Respondents who did not respond to a question or questions within the survey. Does not include those who chose "not applicable."

## Other

Respondents who categorized themselves outside of the survey options.

## People of Color

Term used to refer to people who are Native Hawaiians and Pacific Islanders; Hispanic or Latinx; Asian or Asian American; American Indians and Alaska Natives; and Black or African American.

## Queer

A term used to refer to sexuality or gender identity. For some, it refers to the community as a whole. Used as a reclaimed epithet for empowerment by many, it is still considered by some to be a derogatory term. In this survey, we include queer as a sexual orientation. The term is included in "other" genders due to low response rates.

## Regionality

The area in which a person resides. For this survey, we used the Index of Relative Rurality to determine a respondent's regionality. See Page 32 for more information.

## Sexuality / Sexual Orientation or Identity

 A term describing a person's attraction to members of the same gender and/ or different gender. Usually defined as lesbian, gay, bisexual, or heterosexual, queer, pansexual and asexual, among others.
## South

Refers to the region of 13 focal states in the United States: Alabama, Arkansas, Florida, Georgia, Kentucky, Louisiana, Mississippi, North Carolina, South Carolina, Tennessee, Texas, Virginia, and West Virginia.

## Statistical Significance

The likelihood that a finding is not due to random chance.

## Transgender / Trans

Generally, a term for a person whose gender identity or expression is different than that typically associated with their assigned sex at birth, including transsexuals, androgynous people, crossdressers, genderqueers, and other gender non-conforming people who identify as transgender. Some, but not all, of these individuals desire to transition gender; and some, but not all, desire medical changes to their bodies as part of this process.

## Two Step (Gender)

A survey method by which respondents are asked to identify their gender and whether or not they identify as transgender. This allows respondents to be descriptive regarding their gender identity without being classified into pre-determined categories, while also indicating whether or not they are transgender.

## I. Welcome to the Southern LCBTQ Health Survey

This short survey is intended for LGBTQ people, aged 18 and older, in the South* and will take $5-10$ minutes to complete. This survey is voluntary and you may chose to skip any question. All responses will be kept confidential.

This survey will help provide a better understanding of the experiences of LGBTQ people living in the South related to their health and their access to health care. It is part of the Southern LGBTQ Health Initiative, a new collaboration between the Campaign for Southern Equality and Western NC Community Health Services to increase access to LGBTQ-friendly health care in the South.
*People in the following states are eligible to take the survey: Alabama, Arkansas, Florida, Georgia, Kentucky, Louisiana, Mississippi, North Carolina, South Carolina, Tennessee, Texas, West Virginia, and Virginia.

## II. Health Insurance

## 1. Which of the following best describes your current health insurance status?

$\square \quad$ I am uninsured.
$\square$ I have health insurance through Medicaid.I have health insurance through Medicare.I have health insurance through my school.I have health insurance through my employer.
$\square$ I have health insurance through my partner's employer.
$\square$ I have health insurance through my parent/ guardian's employer.

I have health insurance through a private insurer.
I have health insurance through HealthCare.Gov marketplace.
2. Do you worry about losing your health insurance coverage?YesSomewhat
$\square$ No
3. Do you know what services are covered by your health insurance plan?YesSomewhatNo

## II. Health Experiences

4. Please rate how much you agree with the following statements.

| I delay seeking medical care <br> because of my LGBTQ identity. | $\square$ | Rever | Rarely | Sometimes | Often |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| I think doctors in my <br> community are able to provide <br> quality medical care to LGBTQ <br> individuals. | $\square$ | $\square$ | $\square$ | $\square$ | $\square$ | $\square$ | interacts with me.

5. Please rate how much you agree with the following statements.

Never Rarely Sometimes Often Always | Does Not |
| :---: |
| Apply |

My experience with physical
health providers (doctors/
specialist/emergency room
doctors) has been positive. $\quad \square \quad \square \quad \square \quad \square \quad \square \quad \square$

My experience with mental health providers (therapist/ counselors) has been positive.

| Being in the South makes it <br> harder for LGBTQ individuals to <br> access quality medical care. | $\square$ | $\square$ | $\square$ | $\square$ | $\square$ |
| :--- | :--- | :--- | :--- | :--- | :--- |

I am afraid of experiencing physical violence/abuse due to my LGBTQ identity.


I am afraid of experiencing emotional abuse/harassment due to my LGBTQ identity.

I delay seeking medical care due to high out of pocket costs.
6. Please rate how much you agree with the following statements.
I have access to dental care
within my community.
7. Is there anything else you would like to share about your health care experiences?

## III. Overall Health

8. How would you rate your overall physical health?
$\square$ Excellent
$\square$ Good
$\square$ Fair
$\square$ Poor
9. How would you rate your overall mental health?
$\square$ Excellent
$\square$ Good
$\square$ Fair
$\square$ Poor
10. How would you rate your overall quality of medical care?
$\square$ Excellent
$\square$ Good
$\square$ Fair
$\square$ Poor
11. Have you ever experienced physical violence OR abuse due to your LGBTQ identity?
$\square$ Yes
$\square$ No
12. Have you ever experienced emotional abuse OR harassment due to your LGBTQ identity?
$\square$ Yes
$\square$ No

## IV. Mental Health

13. Have you ever been diagnosed with and/or have experienced any of the following? (Check all that apply).
$\square$ DepressionBipolar disorder/mania
$\square$ Attention deficit disorder
$\square$ Anxiety disorders
$\square$ Obsessive compulsive disorder
$\square$ Other (please specify)Suicidal ideation
$\square$ Self-harming behaviors
$\square$ Drug abuse
$\square$ Alcohol abuse
$\square$ None of the above

## V. HIV/AIDS

14. How would you rate your knowledge about HIV prevention?
$\square$ Excellent
$\square$ Good
$\square$ FairPoor
15. Which of the following best describes how often you get tested for HIV?
$\square$ Monthly
$\square$ About every 3-5 years
$\square$ Once every 6 months
$\square$ Never
$\square$ Yearly
16. Please rate how much you agree with the following statements.

|  | Never | Rarely | Sometimes | Often | Always | Does Not Apply |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| I feel comfortable talking with my medical provider about my need related to HIV prevention. |  |  |  |  |  |  |
| I feel comfortable getting tested for HIV. |  |  |  |  |  |  |
| I can easily access HIV testing in my community. |  |  |  |  |  |  |
| I know where to access HIV treatment in my community. |  |  | $\square$ |  | $\square$ |  |
| I can easily access condoms. |  | $\square$ | $\square$ | $\square$ | $\square$ | $\square$ |
| I can easily access clean needles. | $\square$ |  |  |  |  |  |

17. What is your HIV status?
$\square$ HIV-(negative)
$\square \mathrm{HIV}+$ (positive)
$\square$ I do not know.
18. If you answered HIV+ (positive) to the question above, which of the following best describes you? (Check all that apply).
$\square \quad$ I am taking medication prescribed by my doctor to treat my HIV.
$\square$ I have but am not currently taking medication prescribed by my doctor to treat my HIV.
$\square$ I am taking medication that was not prescribed by my doctor to treat my HIV.
$\square$ I have but am not currently taking medication that was not prescribed by my doctor to treat my HIV.
$\square$ I have never taken any medication to treat my HIV,

## VI. Hormones/HRT

19. Are you currently taking hormones or undergoing hormone replacement therapy (HRT)?
$\square$ Yes
$\square \mathrm{No}$
20. Which of the following best describes your hormone access? (Check all that apply).
$\square$ I am prescribed the hormones I need by a doctor who does not specialize in transgender health.
$\square$ I am prescribed the hormones I need by an endocrinologist who does not specialize in transgender health.
$\square$ I am prescribed the hormones I need by a doctor who specializes in LGBTQ or transgender health.
$\square$ I am prescribed hormones I need by an endocrinologist who does specialize in transgender health.
$\square \quad$ I am prescribed hormones that I need by another type of doctor.
$\square$ I am not prescribed hormones.
$\square$ I get my hormones from a non-medical source.
21. Are you under the supervision of a medical professional for your hormone treatment?
$\square$ Yes
$\square$ No
22. Do you know how to safely administer your hormone treatment?Yes
$\square$ No

## VII. Health Experiences

23. Do you feel your health care needs are being met?
```
Yes
\square \mp@code { S o m e w h a t }
\square \mathrm { No }
```

24. In a few words, please describe a positive experience with a medical provider (physical or mental) that was memorable to you.

25. In a few words, please describe a negative experience with a medical provider (physical or mental) that was memorable to you.

26. Please list three things you think would help improve the quality of health care for LGBTQ individuals in your community.

27. Is there anything else you would like to share about your health or health care experiences as a LGBTQ person in the South?

## VIII. Demographics

28. Race
$\square$ White or Caucasian
$\square$ Black or African American
$\square$ Hispanic or Latino
$\square$ Other (please specify)
$\square$ Asian or Asian American
$\square$ American Indian or Alaska Native
$\square$ Native Hawaiian or other Pacific Islander
29. Age
$\square$ Under 18
$\square$ 45-54
$\square$ 55-64
$\square 65+$

$\square$ 35-44
30. Gender Identity
31. Do you identify as transgender, gender non-conforming, or gender non-binary?
$\square$ Yes
$\square \mathrm{No}$
32. Sexual Orientation
$\square$ Gay
$\square$ Lesbian
$\square$ Bisexual
$\square$ Other (please specify)

## 33. Annual Household Income

$\square$ Under \$15,000
$\square$ Between \$15,000 and \$29,999
$\square$ Between \$30,000 and \$49,999
$\square$ Between \$50,000 and \$74,999
$\square$ Between \$75,000 and \$99,999
$\square$ Heterosexual
$\square$ Pansexual
$\square$ Queer

$\square$ Between \$100,000 and \$150,000
$\square$ Over \$150,000
34. What is the highest level of schooling your have completed?
$\square$ Less than high school diploma
$\square$ High school diploma or GED
$\square$ Some college, but no degree
$\square$ Professional Degree
$\square$ Doctoral Degree
$\square$ Technical/Trade License or Degree
35. What state do you live in?

| $\square$ Alabama | $\square$ Louisiana | $\square$ Texas |
| :--- | :--- | :--- |
| $\square$ Arkansas | $\square$ Mississippi | $\square$ West Virginia |
| $\square$ Florida | $\square$ North Carolina | $\square$ Virginia |
| $\square$ Georgia | $\square$ South Carolina |  |
| $\square$ Kentucky | $\square$ Tennessee |  |

36. Zip Code
37. Are you registered to vote?
$\square$ Yes
$\square$ No
38. When you vote, do you feel it has a positive impact?
$\square$ Yes
$\square$ Somewhat
$\square$ No
39. Where did you hear about this survey? (If you heard about it through an organization, please list their name).


## SECTION 1: DEMOGRAPHIC OVERVIEW

## Table 1.Al: "Sample Overview"

| Number of | Percentage |
| :--- | :--- |
| Responses | of Sample |

Gender Presentation ( $n=3773$ )

| 30 | $0.8 \%$ |
| ---: | ---: |
| 10 | $0.3 \%$ |
| 46 | $1.2 \%$ |
| 35 | $0.9 \%$ |
| 98 | $2.6 \%$ |
| 1375 | $36.4 \%$ |
| 275 | $7.3 \%$ |
| 1811 | $48.0 \%$ |
| 93 | $2.5 \%$ |

Transgender Identity ( $n=3996$ )

$$
\begin{array}{r}
\text { Cisgender } \\
\text { Transgender, Non-binary, } \\
\text { Gender Non-Conforming }
\end{array}
$$

$$
\text { Sexuality ( } n=5714 \text { ) }
$$


$89 \quad 1.6 \%$

Race ( $n=4032$ )

| American Indian or Alaska |  | 35 |
| ---: | ---: | ---: |
| Native | $0.9 \%$ |  |
| Asian or Asian American | 53 | $1.3 \%$ |
| Black or African American | 411 | $10.2 \%$ |
| Hispanic or Latinx | 158 | $3.9 \%$ |
| Native Hawaifan or other | 6 | $0.1 \%$ |
| Pacific Islander | 93 | $2.3 \%$ |
| Multiracial | 8 | $0.2 \%$ |
| Middle Eastern | 3233 | $80.2 \%$ |
| White or Caucasian | 35 | $0.9 \%$ |
| Other Race |  |  |



Table 1.B1: "Gender Presentation" - By Transgender Identity


Table 1.C1: "Sexuality" - By Transgender Identity

|  |  | Cisgender | Transgender | Total |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | \% within Sexuality | 23.5\% | 76.5\% | 100.0\% |  |  |  |  |
|  | \% within Gender | 1.1\% | 8.4\% | 3.3\% |  |  |  |  |
| Heterosexual* | \% of Total | 0.8\% | 2.5\% | 3.3\% |  |  |  |  |
|  | \% within Sexuality | 71.4\% | 28.6\% | 100.0\% |  |  |  |  |
|  | \% within Gender | 98.9\% | 91.6\% | 96.7\% |  |  |  |  |
| Non-Heterosexual | \% of Total | 69.1\% | 27.6\% | 96.7\% |  |  |  |  |
|  | \% within Sexuality | 69.8\% | 30.2\% | 100.0\% |  |  |  |  |
|  | \% within Gender | 100.0\% | 100.0\% | 100.0\% |  |  |  |  |
| Total | \% of Total | 69.8\% | 30.2\% | 100.0\% |  |  |  |  |

*Note: Includes respondents who only identified as heterosexual. Queer may include those who indicated heterosexual along with another sexuality.
Table 1.D1: "Binary Race" - By Sexuality

|  |  |  | Non- |  |
| ---: | ---: | ---: | ---: | ---: |
|  | Heterosexual* | Heterosexual | Total |  |
| White or Caucasian | $53.8 \%$ | $81.1 \%$ | $80.2 \%$ |  |
| People of Color | $46.2 \%$ | $18.9 \%$ | $19.8 \%$ |  |
| Total | $100.0 \%$ | $100.0 \%$ | $100.0 \%$ |  |

*Note: Includes respondents who only identified as heterosexual. Queer may include those who indicated heterosexual along with another sexuality.
Table 1.D2: "Binary Race" - By Transgender Identity

|  | Cisgender | Transgender | Total |  |
| ---: | ---: | ---: | ---: | ---: |
| White or Caucasian | $81.7 \%$ | $76.8 \%$ | $80.2 \%$ |  |
| People of Color | $18.3 \%$ | $23.2 \%$ | $19.8 \%$ |  |
| Total | $100.0 \%$ | $100.0 \%$ | $100.0 \%$ |  |


|  | Asian or Asian American | Black or African American | Hispanic or Latinx | White or Caucasian | Other Race |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Cisgender | 66.7\% | 67.7\% | 63.6\% | 71.2\% | 58.5\% |
| Transgender | 33.3\% | 32.3\% | 36.4\% | 28.8\% | 41.5\% |
| Total | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% |
| Table 1.D4: "Binary Race" - By the Intersection of Transgender Identity and Sexuality |  |  |  |  |  |
|  | Cisgender Heterosexual | Cisgender Non- <br> Heterosexual | Transgender Heterosexual | Transgender Non- <br> Heterosexual | Total |
| White or Caucasian | 0.5\% | 56.6\% | 1.3\% | 21.8\% | 80.2\% |
| People of Color | 0.3\% | 12.5\% | 1.2\% | 5.8\% | 19.8\% |
| Total | 0.8\% | 69.1\% | 2.5\% | 27.6\% | 100.0\% |

*Reported \% of total
Note: Includes respondents who only identified as heterosexual. Queer may include those who indicated heterosexual along with another sexuality.
Table 1.E1: "Income" - By Transgender Identity

|  | Cisgender | Transgender | Total |
| :---: | :---: | :---: | :---: |
| Under \$15K | 13.6\% | 23.5\% | 16.6\% |
| \$15K-\$30K | 17.0\% | 24.4\% | 19.2\% |
| \$30K-\$50K | 21.1\% | 22.2\% | 21.4\% |
| \$50K-\$75K | 19.4\% | 13.8\% | 17.7\% |
| \$75K-\$700K | 11.0\% | 7.1\% | 9.8\% |
| \$100K-\$150K | 11.3\% | 6.5\% | 9.8\% |
| Over \$150K | 6.7\% | 2.6\% | 5.4\% |
| Total | 100.0\% | 100.0\% | 100.0\% |

Table 1.E2: "Income" - By Binary Race

|  | White or Caucasian | People of Color | Total |
| :---: | :---: | :---: | :---: |
| Under \$15K | 13.8\% | 27.6\% | 16.5\% |
| \$15k-\$30K | 18.9\% | 20.9\% | 19.3\% |
| \$30K-\$50K | 20.9\% | 23.0\% | 21.4\% |
| \$50K-\$75K | 18.5\% | 14.1\% | 17.6\% |
| \$75K-\$100K | 11.0\% | 5.0\% | 9.9\% |
| \$100K-\$150K | 11.0\% | 5.3\% | 9.9\% |
| Over \$150K | 5.8\% | 4.0\% | 5.4\% |
| Total | 100.0\% | 100.0\% | 100.0\% |

## Table 1.E3: "Income" - By Race

|  | Asian or Asian American | Black or African American | Hispanic or Latinx | White or Caucasian | Other Race | Total |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Under \$ 15 K | 7.5\% | 33.0\% | 19.2\% | 13.8\% | 28.8\% | 16.5\% |  |
| \$15K-\$30K | 13.2\% | 23.8\% | 20.5\% | 18.9\% | 17.1\% | 19.3\% |  |
| \$30K-\$50K | 22.6\% | 23.3\% | 19.9\% | 20.9\% | 25.3\% | 21.4\% |  |
| \$50K-\$75K | 24.5\% | 12.8\% | 17.9\% | 18.5\% | 10.6\% | 17.6\% |  |
| \$75K-\$100K | 3.8\% | 4.0\% | 9.9\% | 11.0\% | 3.5\% | 9.9\% |  |
| \$100K-\$150K | 17.0\% | 2.5\% | 6.0\% | 11.0\% | 7.6\% | 9.9\% |  |
| Over \$150K | 11.3\% | 0.8\% | 6.6\% | 5.8\% | 7.1\% | 5.4\% |  |
| Total | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% |  |


|  | White Cisgender | Non-White Cisgender | White Transgender | Non-White Transgender | Total |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Under \$15K | 11.2\% | 24.1\% | 20.4\% | 33.7\% | 16.5\% |
| \$15K-\$30K | 16.6\% | 19.0\% | 24.3\% | 24.4\% | 19.2\% |
| \$30K-\$50K | 20.4\% | 23.7\% | 22.2\% | 22.2\% | 21.4\% |
| \$50K-\$75K | 20.1\% | 16.8\% | 15.2\% | 9.3\% | 17.8\% |
| \$75K-\$100K | 12.0\% | 6.1\% | 8.3\% | 3.0\% | 9.8\% |
| \$100K-\$150K | 12.6\% | 5.7\% | 7.0\% | 4.8\% | 9.9\% |
| Over \$150K | 7.1\% | 4.7\% | 2.6\% | 2.6\% | 5.4\% |
| Total | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% |

## Table 1.F: "Educational Attainment" - By Income

|  | Under \$15K | \$15K-\$30K | \$30K-\$50K | \$50K-\$75K | \$15K-4.00K | ¢!00k-\$150k | Over \$150K | Total |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Less than high school diploma | 41.6\% | 26.0\% | 15.6\% | 14.3\% | 0.0\% | 2.6\% | 0.0\% | 100.0\% |
| High school diploma or GED | 31.0\% | 27.9\% | 17.8\% | 9.0\% | 5.8\% | 4.9\% | 3.6\% | 100.0\% |
| Some college, but no degre | 25.0\% | 23.3\% | 18.1\% | 14.6\% | 8.2\% | 7.0\% | 3.8\% | 100.0\% |
| Technical/Trade License or Degree | 22.2\% | 29.3\% | 24.2\% | 12.1\% | 7.1\% | 4.0\% | 1.0\% | 100.0\% |
| Associates Degree | 24.1\% | 21.1\% | 20.0\% | 18.1\% | 8.1\% | 6.7\% | 1.9\% | 100.0\% |
| Bachelors Degree | 11.5\% | 21.1\% | 27.0\% | 18.1\% | 9.5\% | 8.7\% | 4.1\% | 100.0\% |
| Masters Degree | 5.3\% | 10.1\% | 24.4\% | 23.9\% | 13.6\% | 15.4\% | 7.3\% | 100.0\% |
| Doctoral Degree | 0.0\% | 3.6\% | 10.2\% | 20.9\% | 19.4\% | 23.0\% | 23.0\% | 100.0\% |
| Professional Degree | 3.1\% | 6.3\% | 11.5\% | 26.0\% | 14.6\% | 24.0\% | 14.6\% | 100.0\% |
| Total | 16.6\% | 19.3\% | 21.4\% | 17.6\% | 9.9\% | 9.9\% | 5.4\% | 100.0\% |

*Reported Row Percentages
Table 1.61: Cis/Trans Identity by Age

|  | 18-24 | 25-34 | 35-44 | 45-54 | 55-64 | 65 and Over | Total |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Cisgender | 61.6\% | 67.6\% | 72.8\% | 78.7\% | 85.3\% | 83.9\% | 69.8\% |
| Transgender | 38.4\% | 32.4\% | 27.2\% | 21.3\% | 14.7\% | 16.1\% | 30.2\% |
| Total | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% |

Table 1.G2: Gender Presentation by Age

|  | 18-24 | 25-34 | 35-44 | 45-54 | 55-64 | 65 and Over | Total |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Man or Masculine | 32.4\% | 31.9\% | 33.8\% | 48.3\% | 49.7\% | 48.2\% | 36.5\% |
| Woman or Feminine | 45.1\% | 49.0\% | 55.6\% | 46.5\% | 46.5\% | 47.6\% | 48.1\% |
| Non-Binary or Non-Conforming | 20.4\% | 16.7\% | 7.8\% | 3.8\% | 1.6\% | 1.8\% | 13.1\% |
| Other Gender | 2.2\% | 2.4\% | 2.9\% | 1.4\% | 2.2\% | 2.4\% | 2.3\% |
| Total | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% |
|  |  |  |  |  |  |  |  |

Table 1.G3: Sexuality by Age

|  | 18-24 | 25-34 | 35-44 | 45-54 | 55-64 | 65 and Over | Total |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Heterosexual | 2.8\% | 3.2\% | 5.0\% | 3.9\% | 6.3\% | 4.7\% | 3.8\% |
| Gay | 23.4\% | 25.9\% | 27.8\% | 39.0\% | 44.7\% | 46.2\% | 29.4\% |
| Lesbian | 19.9\% | 23.1\% | 28.2\% | 35.5\% | 37.9\% | 38.0\% | 26.2\% |
| Bisexual | 29.4\% | 22.9\% | 18.8\% | 13.5\% | 7.7\% | 6.4\% | 21.1\% |
| Pansexual | 17.1\% | 15.5\% | 11.3\% | 4.1\% | 2.3\% | 1.8\% | 12.5\% |
| Queer | 24.6\% | 30.5\% | 18.5\% | 6.6\% | 2.6\% | 2.3\% | 20.6\% |
| Other Sexuality | 5.7\% | 4.1\% | 3.7\% | 3.9\% | 3.1\% | 2.9\% | 4.4\% |



## Table 1.H1: "Regionality Quintiles"

| $.1-.19$ (Most Urban) | $13.1 \%$ |
| ---: | ---: |
| $.2-.29$ | $21.0 \%$ |
| $.3-.39$ | $30.2 \%$ |
| $.4-.49$ | $26.8 \%$ |
| $.5-.59$ (More Rural) | $8.9 \%$ |

## Table 1.11: "Voter Registration"



Table 1.12: "When you vote, do you believe it has an impact?"

| No | $20.3 \%$ |
| ---: | ---: |
| Somewhat | $45.6 \%$ |
| Yes | $34.1 \%$ |

Table 1.13: "When you vote, do you believe it has an impact?" - By Voter Registration

|  | Not Registered | Registered | Total |  |
| ---: | ---: | ---: | ---: | ---: |
| Not Impactful | $47.1 \%$ | $18.4 \%$ | $20.3 \%$ |  |
| Somewhat | $31.4 \%$ | $46.6 \%$ | $45.6 \%$ |  |
| Impactful | $21.5 \%$ | $35.0 \%$ | $34.1 \%$ |  |
| Total | $100.0 \%$ | $100.0 \%$ | $100.0 \%$ |  |

Table 1.14: Gender Presentation by Voter Registration


Table 1.15: Cis/Trans Identity by Voter Registration

|  | Not Registered | Registered | Total |
| ---: | ---: | ---: | ---: | ---: |
| Cisgender | $56.8 \%$ | $71.1 \%$ | $69.9 \%$ |
| Transgender | $43.2 \%$ | $28.9 \%$ | $30.1 \%$ |
| Total | $100.0 \%$ | $100.0 \%$ | $100.0 \%$ |

Table 1.I6 Sexuality by Voter Registration

|  | Not Registered | Registered | Total |  |
| ---: | ---: | ---: | ---: | ---: |
| Heterosexual | $8.3 \%$ | $3.4 \%$ | $3.8 \%$ |  |
| Gay | $26.0 \%$ | $2980.0 \%$ | $29.5 \%$ |  |
| Lesbian | $15.6 \%$ | $27.1 \%$ | $26.2 \%$ |  |
| Bisexual | $22.4 \%$ | $20.9 \%$ | $21.0 \%$ |  |
| Pansexual | $17.1 \%$ | $12.0 \%$ | $12.5 \%$ |  |
| Quecr | $13.0 \%$ | $21.3 \%$ | $20.6 \%$ |  |
| Other Sexuality | $8.3 \%$ | $4.1 \%$ | $4.4 \%$ |  |

## SECTION 2: PHYSICAL HEALTH

Table 2.A1: "How would you rate your overall physical health?"

| Excellent | 15.2\% |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Good | 54.7\% |  |  |  |  |  |  |  |
| Fair | 25.4\% |  |  |  |  |  |  |  |
| Poor | 4.7\% |  |  |  |  |  |  |  |
| Table 2.A2: "How would you rate your overall physical health?" - By Race |  |  |  |  |  |  |  |  |
|  | Asian or Asian American | Black or African American | Hispanic or Latinx | White or Caucasian | Other Race | Total |  |  |
| Excellent | 24.5\% | 21.2\% | 13.3\% | 14.8\% | 15.3\% | 15.5\% |  |  |
| Good | 52.8\% | 51.1\% | 53.8\% | 55.1\% | 51.7\% | 54.5\% |  |  |
| Fair | 22.6\% | 23.8\% | 27.2\% | 25.3\% | 27.3\% | 25.3\% |  |  |
| Poor | 0.0\% | 3.9\% | 5.7\% | 4.8\% | 5.7\% | 4.7\% |  |  |
| Total | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% |  |  |
| Table 2.A3: "How would you rate your overall physical health?" - By Age |  |  |  |  |  |  |  |  |
|  | Under 18 | 18-24 | 25-34 | 35-44 | 45-54 | 55-64 | 65 and Over | Total |
| Excellent | 9.3\% | 14.8\% | 14.5\% | 17.0\% | 15.8\% | 19.1\% | 15.2\% | 15.5\% |
| Good | 44.2\% | 54.8\% | 53.5\% | 54.8\% | 56.3\% | 52.1\% | 62.6\% | 54.5\% |
| Fair | 37.2\% | 25.8\% | 27.2\% | 24.0\% | 22.9\% | 24.8\% | 15.8\% | 25.3\% |
| Poor | 9.3\% | 4.7\% | 4.8\% | 4.2\% | 4.9\% | 4.0\% | 6.4\% | 4.7\% |
| Total | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% |

Table 2.A4: "How would you rate your overall physical health?" - By Sexuality

|  | Heterosexual | Gay | Lesbian | Bisexual | Pansexual | Queer | Other Sexuality | Total |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Excellent | 14.5\% | 22.1\% | 14.5\% | 11.6\% | 7.5\% | 13.1\% | 12.8\% | 15.2\% |
| Good | 53.9\% | 54.8\% | 57.0\% | 57.2\% | 48.9\% | 53.1\% | 48.0\% | 54.7\% |
| Fair | 27.6\% | 19.3\% | 23.7\% | 26.1\% | 36.4\% | 28.2\% | 34.1\% | 25.4\% |
| Poor | 3.9\% | 3.9\% | 4.8\% | 5.0\% | 7.1\% | 5.5\% | 5.0\% | 4.7\% |
| Total | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% |

Table 2.A5: "How would you rate your overall physical health?" - By Transgender Identity

| Cisgender |  | Transgender | Total |
| ---: | ---: | ---: | ---: | ---: |
| Excellent | $16.8 \%$ | $11.9 \%$ | $15.3 \%$ |
| Good | $57.4 \%$ | $48.8 \%$ | $54.8 \%$ |
| Fair | $21.8 \%$ | $32.9 \%$ | $25.2 \%$ |
| Poor | $3.9 \%$ | $6.5 \%$ | $4.7 \%$ |
| Total | $100.0 \%$ | $100.0 \%$ | $100.0 \%$ |

Table 2.A6: "How would you rate your overall physical health?" - By Gender

|  | Man or Masculine | Woman or Feminine | Non- binary or Nonconforming | Other Gender | Total |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Excellent | 19.0\% | 14.4\% | 9.9\% | 13.8\% | 15.5\% |
| Good | 55.5\% | 56.4\% | 47.0\% | 55.2\% | 54.8\% |
| Fair | 21.5\% | 24.7\% | 35.4\% | 25.3\% | 25.0\% |
| Poor | 4.0\% | 4.5\% | 7.7\% | 5.7\% | 4.8\% |
| Total | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% |

Table 2.A7: "How would you rate your overall physical health?" - By Income

|  | Under \$15K | \$15K-\$30K | \$30K-\$50K | \$50K-\$75K | \$75K-\$100K | \$100K-\$150K | Over \$150K | Total |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Excellent | 12.8\% | 10.9\% | 14.6\% | 15.4\% | 18.5\% | 21.1\% | 28.4\% | 15.5\% |
| Good | 40.5\% | 51.8\% | 57.2\% | 59.6\% | 59.6\% | 61.4\% | 55.8\% | 54.4\% |
| Fair | 36.4\% | 30.3\% | 25.5\% | 22.2\% | 19.0\% | 15.4\% | 13.0\% | 25.3\% |
| Poor | 10.4\% | 7.0\% | 2.7\% | 2.9\% | 2.8\% | 2.1\% | 2.8\% | 4.8\% |
| Total | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% |

Table 2.B1: "How would you rate your overall quality of medical care?"


Table 2.B2: "Do you feel your health care needs are being met?"

| No | $12.8 \%$ |
| ---: | ---: |
| Somewhat | $39.9 \%$ |
| Yes | $47.3 \%$ |

Table 2.B3: "My experiences with physical health providers has been positive"

| Always | 19.1\% |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Often | 45.2\% |  |  |  |  |  |  |  |
| Sometimes | 28.6\% |  |  |  |  |  |  |  |
| Rarely | 5.8\% |  |  |  |  |  |  |  |
| Never | 0.6\% |  |  |  |  |  |  |  |
| Does not apply | 0.80\% |  |  |  |  |  |  |  |

Table 2.B4: "How would you rate your overall quality of medical care?" - By Transgender Identity

|  | Cisgender | Transgender | Total |
| ---: | ---: | ---: | ---: | ---: |
| Excellent | $22.0 \%$ | $10.6 \%$ | $18.6 \%$ |
| Good | $52.9 \%$ | $42.6 \%$ | $49.8 \%$ |
| Fair | $20.2 \%$ | $35.9 \%$ | $24.9 \%$ |
| Poor | $5.0 \%$ | $10.9 \%$ | $6.7 \%$ |
| Total | $100.0 \%$ | $100.0 \%$ | $100.0 \%$ |

Table 2.B5: "Do you feel your health care needs are being met?" - By Transgender Identity

|  | Cisgender | Transgender | Total |
| ---: | ---: | ---: | ---: | ---: |
| No | $9.0 \%$ | $20.6 \%$ | $12.5 \%$ |
| Somewhat | $35.7 \%$ | $50.5 \%$ | $40.2 \%$ |
| Yes | $55.3 \%$ | $28.9 \%$ | $47.4 \%$ |
| Total | $100.0 \%$ | $100.0 \%$ | $100.0 \%$ |

Table 2.36: "My experience with physical health providers has been positive" - By Transgender Identity

|  | Cisgender | Transgender | Total |
| ---: | ---: | ---: | ---: | ---: |
| Always | $23.6 \%$ | $8.7 \%$ | $19.1 \%$ |
| Often | $49.4 \%$ | $37.3 \%$ | $45.8 \%$ |
| Sometimes | $22.6 \%$ | $41.6 \%$ | $28.3 \%$ |
| Rarely | $3.5 \%$ | $10.7 \%$ | $5.7 \%$ |
| Never | $0.3 \%$ | $1.3 \%$ | $0.6 \%$ |
| Does not apply | $0.5 \%$ | $0.4 \%$ | $0.5 \%$ |
| Total | $100.0 \%$ | $100.0 \%$ | $100.0 \%$ |

Table 2.B7: "How would you rate your overall quality of medical care?" - By Sexuality


Table 2.B8: "My experience with physical health providers has been positive" - By Binary Race

|  | White or Caucasian | People of Color | Total |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Always | 17.2\% | 27.4\% | 19.2\% |  |  |  |  |  |
| Often | 48.3\% | 35.4\% | 45.7\% |  |  |  |  |  |
| Sometimes | 28.3\% | 28.1\% | 28.2\% |  |  |  |  |  |
| Rarely | 5.5\% | 6.5\% | 5.7\% |  |  |  |  |  |
| Never | 0.4\% | 1.5\% | 0.6\% |  |  |  |  |  |
| Does not apply | 0.4\% | 1.1\% | 0.5\% |  |  |  |  |  |
| Total | 100.0\% | 100.0\% | 100.0\% |  |  |  |  |  |

Table 2.B9: "How would you rate your overall quality of medical care?" - By Income

|  | Under \$15K | \$15K-\$30K | \$30K-\$50K | \$50k-\$75K | \$75K-\$100K | \$100k-\$150K | Over \$150K | Total |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Excellent | 11.3\% | 11.4\% | 15.6\% | 22.8\% | 25.7\% | 26.5\% | 41.4\% | 18.8\% |
| Good | 32.9\% | 46.8\% | 51.2\% | 55.3\% | 55.3\% | 62.1\% | 48.4\% | 49.4\% |
| Fair | 39.1\% | 30.9\% | 29.3\% | 18.0\% | 17.2\% | 10.1\% | 8.8\% | 25.0\% |
| Poor | 16.7\% | 10.9\% | 3.9\% | 3.9\% | 1.8\% | 1.3\% | 1.4\% | 6.8\% |
| Total | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% |

Table 2.B10: "Do you feel your health care needs are being met?" - By Income

|  | Under \$15K | \$15k-\$30K | \$30K-\$50K | \$50K-\$75K | \$75K-\$100K | \$100k-\$150K | Over \$150K | Total |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| No | 26.9\% | 19.4\% | 10.6\% | 7.2\% | 5.4\% | 2.3\% | 2.8\% | 12.7\% |
| Somewhat | 46.7\% | 45.1\% | 44.5\% | 39.2\% | 32.1\% | 28.2\% | 25.0\% | 40.2\% |
| Yes | 26.4\% | 35.5\% | 44.9\% | 53.5\% | 62.4\% | 69.5\% | 72.2\% | 47.1\% |
| Total | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% |

Table 2.B11: "Do you feel your health care needs are being met?" - By Age

|  | 18-24 | 25-34 | 35-44 | 45-54 | 55-64 | 65 and Older | Total |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| No | 15.2\% | 16.1\% | 10.9\% | 8.0\% | 5.5\% | 4.1\% | 12.6\% |
| Somewhat | 46.8\% | 43.3\% | 37.7\% | 32.9\% | 28.2\% | 21.1\% | 40.0\% |
| Yes | 38.1\% | 40.6\% | 51.4\% | 59.1\% | 66.4\% | 74.9\% | 47.4\% |
| Total | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% |

Table 2.B12: "How would you rate your overall quality of medical care?" - By Age

|  | 18-24 | 25-34 | 35-44 | 45-54 | 55-64 | 65 and Older | Total |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Excellent | 13.5\% | 13.4\% | 19.7\% | 25.3\% | 34.2\% | 40.9\% | 18.7\% |
| Good | 49.4\% | 46.5\% | 50.5\% | 55.9\% | 52.6\% | 46.8\% | 49.6\% |
| Fair | 29.5\% | 30.8\% | 24.2\% | 15.0\% | 10.3\% | 7.6\% | 24.9\% |
| Poor | 7.6\% | 9.3\% | 5.5\% | 3.9\% | 2.9\% | 4.7\% | 6.8\% |
| Total | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% |

## SECTION 3: MENTAL HEALTH

Table 3.A1: "How would you rate your overall mental health?"


Table 3.A2: "How would you rate your overall mental health?" - By Sexuality

|  | Heterosexual | Gay | Lesbian | Bisexual | Pansexual | Queer | Other Sexuality | Total |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Excellent | 17.8\% | 19.7\% | 15.3\% | 7.5\% | 4.0\% | 4.3\% | 10.1\% | 12.9\% |
| Good | 39.5\% | 44.7\% | 41.1\% | 30.4\% | 22.6\% | 31.9\% | 31.3\% | 37.0\% |
| Fair | 30.9\% | 25.7\% | 32.1\% | 42.0\% | 42.7\% | 41.2\% | 37.4\% | 34.1\% |
| Poor | 11.8\% | 9.9\% | 11.5\% | 20.1\% | 30.8\% | 22.6\% | 21.2\% | 16.0\% |
| Total | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% |

Table 3.A3: "How would you rate your overall mental health?" - By Transgender Identity

|  | Cisgender | Transgender | Total |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Excellent | 15.1\% | 7.9\% | 13.0\% |  |  |  |  |  |
| Good | 42.3\% | 25.6\% | 37.3\% |  |  |  |  |  |
| Fair | 31.4\% | 40.6\% | 34.2\% |  |  |  |  |  |
| Poor | 11.2\% | 25.9\% | 15.6\% |  |  |  |  |  |
| Total | 100.0\% | 100.0\% | 100.0\% |  |  |  |  |  |

Table 3.A4: "How would you rate your overall mental health?" - By Gender Presentation


Table 3.A5: "How would you rate your overall mental health?" - By Income

|  | Under \$15K | \$15K-\$30K | \$30K-\$50K | \$50K-\$75K | \$75K-\$100K | \$100K-\$150K | Over \$150K | Total |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Excellent | 10.2\% | 7.9\% | 10.3\% | 13.8\% | 16.5\% | 20.9\% | 26.6\% | 13.0\% |
| Good | 25.0\% | 29.6\% | 36.5\% | 43.7\% | 49.1\% | 46.4\% | 47.7\% | 37.3\% |
| Fair | 38.2\% | 39.9\% | 39.1\% | 32.3\% | 26.5\% | 25.0\% | 18.7\% | 34.2\% |
| Poor | 26.6\% | 22.6\% | 14.0\% | 10.2\% | 8.0\% | 7.7\% | 7.0\% | 15.5\% |
| Total | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% |

Table 3.A6: "How would you rate your overall mental health?" - By Age

|  | 18-24 | 25-34 | 35-44 | 45-54 | 55-64 | 65 and Older | Total |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Excellent | 6.2\% | 9.7\% | 16.0\% | 20.2\% | 25.1\% | 31.8\% | 13.1\% |
| Good | 24.2\% | 34.1\% | 47.1\% | 50.5\% | 52.3\% | 50.0\% | 37.2\% |
| Fair | 41.5\% | 40.3\% | 29.2\% | 22.4\% | 18.9\% | 15.9\% | 34.1\% |
| Poor | 28.0\% | 15.8\% | 7.7\% | 6.9\% | 3.7\% | 2.4\% | 15.6\% |
| Total | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% |


|  | White or Caucasian | People of Color | Total |
| :---: | :---: | :---: | :---: |
| Excellent | 11.7\% | 18.7\% | 13.1\% |
| Good | 38.2\% | 33.4\% | 37.2\% |
| Fair | 34.0\% | 34.3\% | 34.0\% |
| Poor | 16.1\% | 13.6\% | 15.6\% |
| Total | 100.0\% | 100.0\% | 100.0\% |

Table 3.A8: "How would you rate your overall mental health?" - By Race

|  | Asian or Asian American | Black or African American | Hispanic or Latinx | White or Caucasian | Other Race | Total |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Excellent | 13.2\% | 23.2\% | 12.0\% | 11.7\% | 16.0\% | 13.1\% |  |
| Good | 34.0\% | 33.4\% | 39.9\% | 38.2\% | 27.4\% | 37.2\% |  |
| Fair | 39.6\% | 33.9\% | 32.3\% | 34.0\% | 35.4\% | 34.0\% |  |
| Poor | 13.2\% | 9.5\% | 15.8\% | 16.1\% | 21.1\% | 15.6\% |  |
| Total | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% |  |

Table 3.B1: "How you ever experienced violence, harassment or abuse due to your LGBTQ Identity? "


Table 3.B2: "How you ever experienced violence, harassment or abuse due to your LGBTQ Identity? " - By
Transgender Identity
Cisgender Transgender Total

|  | Cisgender | Transgender | Total |
| ---: | ---: | ---: | :--- | :--- |
| Physical violence OR abuse | $19.0 \%$ | $35.7 \%$ | $24.1 \%$ |
| Emotional harassment OR | $67.0 \%$ | $82.6 \%$ | $71.7 \%$ |

*"Yes" responses shown
Table 3.B3: "How you ever experienced violence, harassment or abuse due to your LGBTQ Identity? " - By Gender Presentation


Table 3.B5: "How you ever experienced violence, harassment or abuse due to your LGBTQ Identity? " - By Race

|  | Asian or Asian American | Black or African American | Hispanic or Latinx | White or Caucasian | Other Race | Total |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Physical violence OR abuse | 20.8\% | 32.7\% | 28.5\% | 22.0\% | 35.8\% | 24.0\% |
| Emotional harassment OR abuse | 56.6\% | 62.0\% | 72.8\% | 73.0\% | 71.0\% | 71.5\% |

[^29]|  | 18-24 | 25-34 | 35-44 | 45-54 | 55-64 | 65 and Older | Total |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Physical violence OR abuse | 22.0\% | 24.5\% | 20.8\% | 28.2\% | 27.5\% | 22.5\% | 24.0\% |
| Emotional harassment OR abuse | 73.6\% | 73.6\% | 72.1\% | 68.7\% | 66.5\% | 54.7\% | 71.5\% |
| *"Yes" responses shown |  |  |  |  |  |  |  |

Table 3.B7: "I am afraid of experiencing physical violence/abuse due to my LGBTQ identity" - By Cis/Trans Identity

|  | Cisgender | Transgender Total |  |
| ---: | ---: | ---: | ---: | ---: |
| Always | $7.7 \%$ | $22.7 \%$ | $12.2 \%$ |
| Often | $9.6 \%$ | $21.5 \%$ | $13.2 \%$ |
| Sometimes | $29.8 \%$ | $30.9 \%$ | $30.1 \%$ |
| Rarely | $34.1 \%$ | $18.0 \%$ | $29.2 \%$ |
| Never | $16.8 \%$ | $5.7 \%$ | $13.4 \%$ |
| Does not apply | $2.0 \%$ | $1.2 \%$ | $1.8 \%$ |
| Total | $100.0 \%$ | $100.0 \%$ | $100.0 \%$ |

Table 3.B8: "I am afraid of experiencing emotional abuse/harassment due to my LGBTQ identity" - By Cis/Trans Identity


Table 3.C1: "How you ever been diagnosed or experienced any of the following? "

| Alcohol Abuse | 10.5\% |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Anxiety Disorders | 46.1\% |  |  |  |  |  |  |  |
| Attention Deficit Dissorder (ADD/ADHD) | 14.5\% |  |  |  |  |  |  |  |
| Autism Spectrum | 0.7\% |  |  |  |  |  |  |  |
| Bipolar Disorder/Mania | 9.3\% |  |  |  |  |  |  |  |
| Borderline Personality Disorder | 1.1\% |  |  |  |  |  |  |  |
| Depression | 54.5\% |  |  |  |  |  |  |  |
| Disordered eating | 1.1\% |  |  |  |  |  |  |  |
| Drug Abuse | 7.6\% |  |  |  |  |  |  |  |
| Obsessive Compulsive | 8.9\% |  |  |  |  |  |  |  |
| Post-Traumatic Stress Disorder (PTSD/CPTSD) | 3.2\% |  |  |  |  |  |  |  |
| Self-Harming Behaviors | 20.2\% |  |  |  |  |  |  |  |
| Suicidal Ideation | 26.3\% |  |  |  |  |  |  |  |
| Other Diagnosis | 7.9\% |  |  |  |  |  |  |  |
| *"Yes" responses shown |  |  |  |  |  |  |  |  |

## Table 3.C2: "How you ever been diagnosed or experienced any of the following? " - By Sexuality

|  | Heterosexual | Gay | Lesbian | Bisexual | Pansexual | Queer | Other Sexuality | Total |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Alcohol Abuse | 12.5\% | 12.0\% | 12.0\% | 14.9\% | 16.2\% | 16.9\% | 12.8\% | 10.5\% |
| Anxiety Disorders | 46.7\% | 46.0\% | 53.3\% | 67.5\% | 75.8\% | 73.4\% | 68.2\% | 46.1\% |
| Attention Deficit Dissorder (ADD/ADHD) | 17.1\% | 14.1\% | 13.8\% | 20.5\% | 24.2\% | 21.5\% | 19.6\% | 14.5\% |
| Autism Spectrum | 0.7\% | 0.3\% | 0.8\% | 0.9\% | 2.0\% | 1.6\% | 3.4\% | 0.7\% |
| Bipolar Disorder/Mania | 13.2\% | 8.1\% | 9.8\% | 13.7\% | 18.2\% | 13.0\% | 19.6\% | 9.3\% |
| Borderline Personality Disorder | 0.7\% | 0.3\% | 0.8\% | 1.3\% | 3.8\% | 3.1\% | 1.7\% | 1.1\% |
| Depression | 65.8\% | 58.4\% | 65.6\% | 75.0\% | 82.8\% | 79.9\% | 77.7\% | 54.5\% |
| Disordered eating | 0.7\% | 0.7\% | 1.2\% | 2.1\% | 2.2\% | 2.8\% | 2.2\% | 1.1\% |
| Drug Abuse | 11.8\% | 8.0\% | 6.9\% | 11.1\% | 14.3\% | 13.1\% | 12.8\% | 7.6\% |
| Obsessive Compulsive | 14.5\% | 9.1\% | 8.5\% | 12.4\% | 16.4\% | 12.5\% | 17.9\% | 8.9\% |
| Post-Traumatic Stress Disorder (PTSD/CPTSD) | 4.6\% | 2.2\% | 3.0\% | 4.6\% | 6.9\% | 7.5\% | 7.3\% | 3.2\% |
| Self-Harming Behaviors | 19.7\% | 11.4\% | 22.5\% | 30.4\% | 46.1\% | 40.3\% | 36.3\% | 20.2\% |
| Suicidal Ideation | 27.0\% | 21.1\% | 27.5\% | 41.0\% | 45.9\% | 49.3\% | 48.0\% | 26.3\% |
| Other Diagnosis | 8.6\% | 5.5\% | 7.8\% | 12.1\% | 16.0\% | 16.7\% | 17.9\% | 7.9\% |
| *"Yes" responses shown |  |  |  |  |  |  |  |  |

Table 3.C3: "How you ever been diagnosed or experienced any of the following? " - By Cis/Trans Identity

|  | Cisgender | Transgender | Total |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Alcohol Abuse | 11.6\% | 16.9\% | 13.2\% |  |  |  |  |  |
| Anxiety Disorders | 53.2\% | 68.3\% | 57.8\% |  |  |  |  |  |
| Attention Defficit Dissorder (ADD/ADHD) | 15.0\% | 23.2\% | 17.5\% |  |  |  |  |  |
| Autism Spectrum | 0.4\% | 2.1\% | 0.9\% |  |  |  |  |  |
| Bipolar Disorder/Mania | 9.1\% | 17.8\% | 11.7\% |  |  |  |  |  |
| Borderline Personality Disorder | 0.5\% | 3.1\% | 1.3\% |  |  |  |  |  |
| Depression | 63.2\% | 80.7\% | 68.4\% |  |  |  |  |  |
| Disordered eating | 1.4\% | 1.8\% | 1.5\% |  |  |  |  |  |
| Drug Abuse | 7.9\% | 13.6\% | 9.6\% |  |  |  |  |  |
| Obsessive Compulsive | 9.5\% | 14.3\% | 11.0\% |  |  |  |  |  |
| Post-Traumatic Stress Disorder (PTSD/ CPTSD) | 2.5\% | 7.9\% | 4.1\% |  |  |  |  |  |
| Self-Harming Behaviors | 18.2\% | 40.2\% | 24.8\% |  |  |  |  |  |
| Suicidal Ideation | 24.8\% | 51.7\% | 32.9\% |  |  |  |  |  |
| Other Diagnosis | 7.1\% | 17.6\% | 10.3\% |  |  |  |  |  |
| *"Yes" responses shown |  |  |  |  |  |  |  |  |

Table 3.C4: "How you ever been diagnosed or experienced any of the following? " - By Gender


Table 3.C5: "How you ever been diagnosed or experienced any of the following? " - By Income

|  | Under \$15K | \$15K-\$30K | \$30K-\$50K | \$50K-\$75K | \$75K-\$100K | \$100K-\$150K | Over \$150K | Total |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Alcohol Abuse | 16.7\% | 16.1\% | 13.3\% | 11.8\% | 10.5\% | 11.3\% | 7.9\% | 13.4\% |
| Anxiety Disorders | 64.4\% | 66.3\% | 60.0\% | 53.4\% | 48.3\% | 50.6\% | 41.4\% | 57.7\% |
| Attention Deficit Dissorder (ADD/ADHD) | 19.5\% | 21.8\% | 14.5\% | 17.8\% | 15.7\% | 16.5\% | 9.8\% | 17.4\% |
| Autism Spectrum | 1.8\% | 0.7\% | 0.8\% | 0.7\% | 0.8\% | 0.5\% | 0.5\% | 0.9\% |
| Bipolar Disorder/Mania | 19.8\% | 18.2\% | 9.6\% | 8.3\% | 7.7\% | 5.7\% | 1.9\% | 11.7\% |
| Borderline Personality Disorder | 2.1\% | 2.2\% | 1.2\% | 0.6\% | 0.8\% | 0.5\% | 0.0\% | 1.3\% |
| Depression | 78.4\% | 76.4\% | 70.6\% | 67.2\% | 58.4\% | 55.0\% | 51.6\% | 68.6\% |
| Disordered Eating | 1.1\% | 1.4\% | 1.7\% | 1.7\% | 2.1\% | 1.3\% | 1.4\% | 1.5\% |
| Drug Abuse | 12.9\% | 13.3\% | 10.0\% | 7.9\% | 5.4\% | 6.2\% | 3.7\% | 9.6\% |
| Obsessive Compulsive | 12.6\% | 14.2\% | 10.7\% | 9.5\% | 9.3\% | 7.7\% | 8.8\% | 10.9\% |
| Post-Traumatic Stress Disorder (PTSD/CPTSD) | 5.8\% | 5.4\% | 5.3\% | 2.6\% | 2.1\% | 2.8\% | 0.9\% | 4.1\% |
| Self-Harming Behaviors | 34.6\% | 33.1\% | 26.1\% | 19.0\% | 17.7\% | 15.2\% | 7.4\% | 24.7\% |
| Suicidal Ideation | 42.8\% | 40.7\% | 34.8\% | 27.5\% | 22.4\% | 26.5\% | 13.0\% | 32.8\% |
| Other Diagnosis | 14.3\% | 12.7\% | 11.0\% | 7.8\% | 82.0\% | 6.4\% | 4.7\% | 10.3\% |

*"Yes" responses shown
Table 3.D1: "Diagnosed or Experienced Depression" - By Experienced Physical Violence or Abuse Due to LGBTQ Identity

|  | No Abuse | Physical Abuse | Total |
| :---: | :---: | :---: | :---: |
| No Depression | 35.4\% | 20.6\% | 32.0\% |
| Depression | 64.6\% | 79.4\% | 68.0\% |
| Total | 100.0\% | 100.0\% | 100.0\% |

Table 3.D2: "Diagnosed or Experienced Depression" - By Experienced Emotional Harassment or Abuse Due to LGBTQ Identity

Table 3.D3: "Diagnosed or Experienced Anxiety" - By Experienced Physical Violence or Abuse Due to LGBTQ Identity

|  | No Abuse | Physical Abuse | Total |
| :---: | :---: | :---: | :---: |
| No Anxiety | 44.0\% | 36.9\% | 42.3\% |
| Anxiety | 56.0\% | 63.1\% | 57.7\% |
| Total | 100.0\% | 100.0\% | 100.0\% |

Table 3.D4: "Diagnosed or Experienced Depression" - By Experienced Emotional Harassment or Abuse Due to LGBTQ Identity


Table 3.E1: "My experience with mental health providers has been positive"

| Always | $20.7 \%$ |
| ---: | ---: |
| Often | $26.3 \%$ |
| Sometimes | $20.1 \%$ |
| Rarely | $8.9 \%$ |
| Never | $2.5 \%$ |
| Does not apply | $21.4 \%$ |

Table 3.E2: "My experience with mental health providers has been positive" - By Sexuality

|  | Heterosexual | Gay | Lesbian | Bisexual | Pansexual | Qucer | Other Sexuality | Total |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Always | 23.0\% | 24.2\% | 25.4\% | 17.7\% | 12.3\% | 11.3\% | 19.0\% | 20.7\% |
| Often | 25.0\% | 21.9\% | 28.4\% | 29.7\% | 29.6\% | 33.9\% | 27.9\% | 26.3\% |
| Sometimes | 18.4\% | 13.8\% | 16.1\% | 25.0\% | 26.8\% | 28.8\% | 22.3\% | 20.1\% |
| Rarely | 8.6\% | 5.6\% | 7.3\% | 9.8\% | 14.9\% | 13.1\% | 12.8\% | 8.9\% |
| Never | 3.3\% | 2.4\% | 2.1\% | 2.2\% | 3.6\% | 2.6\% | 6.1\% | 2.5\% |
| Does not apply | 21.7\% | 32.2\% | 20.8\% | 15.5\% | 12.9\% | 10.2\% | 11.7\% | 21.4\% |
| Total | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% |

Table 3.E3: "My experience with mental health providers has been positive" - By Cis/Trans Identity

|  | Cisgender | Transgender | Total |
| ---: | ---: | ---: | ---: | ---: |
| Always | $22.9 \%$ | $17.1 \%$ | $21.2 \%$ |
| Often | $26.6 \%$ | $27.4 \%$ | $26.9 \%$ |
| Sometimes | $16.0 \%$ | $29.0 \%$ | $19.9 \%$ |
| Rarely | $7.0 \%$ | $12.4 \%$ | $8.6 \%$ |
| Never | $1.9 \%$ | $3.7 \%$ | $2.5 \%$ |
| Does not apply | $25.5 \%$ | $10.4 \%$ | $20.9 \%$ |
| Total | $100.0 \%$ | $100.0 \%$ | $100.0 \%$ |

Table 3.E4: "My experience with mental health providers has been positive" - By Income


## TABLES

Table 3.E4: "My experience with mental health providers has been positive" - By Income

|  | Under \$15K | \$15K-\$30K | \$30K-\$50K | \$50K-\$75K | \$75K-\$100K | \$100K-\$150K | Over \$150K | Total |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Always | 18.2\% | 19.7\% | 19.0\% | 23.3\% | 21.1\% | 26.2\% | 31.2\% | 21.3\% |
| Often | 23.2\% | 25.0\% | 27.8\% | 29.9\% | 28.8\% | 29.0\% | 26.0\% | 27.0\% |
| Sometimes | 24.0\% | 23.0\% | 21.6\% | 17.0\% | 16.5\% | 15.4\% | 11.6\% | 19.8\% |
| Rarely | 13.9\% | 12.7\% | 8.2\% | 5.2\% | 5.9\% | 4.1\% | 2.8\% | 8.6\% |
| Never | 5.0\% | 3.3\% | 2.0\% | 2.2\% | 1.5\% | 0.5\% | 0.5\% | 2.5\% |
| Does not apply | 15.7\% | 16.3\% | 21.3\% | 22.4\% | 26.2\% | 24.7\% | 27.9\% | 20.8\% |
| Total | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% |

Table 3.E5: "My experience with mental health providers has been positive" - By Age

|  | 18-24 | 25-34 | 35-44 | 45-54 | 55-64 | 65 and Older | Total |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Always | 17.4\% | 17.1\% | 21.7\% | 25.8\% | 32.5\% | 34.3\% | 21.2\% |
| Often | 26.9\% | 28.2\% | 28.0\% | 27.1\% | 22.8\% | 15.4\% | 26.7\% |
| Sometimes | 22.7\% | 23.6\% | 20.4\% | 14.2\% | 10.0\% | 10.1\% | 19.9\% |
| Rarely | 11.7\% | 10.0\% | 7.5\% | 5.4\% | 3.4\% | 2.4\% | 8.7\% |
| Never | 3.6\% | 2.1\% | 2.3\% | 2.8\% | 0.6\% | 1.2\% | 2.5\% |
| Does not apply | 17.6\% | 18.9\% | 20.0\% | 24.7\% | 30.8\% | 36.7\% | 21.1\% |
| Total | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% |

## GECTON 4: HEALTH NSURANGE

Table 4.Al: "Current health insurance status"


Table 4.A2: "Current health insurance status" - By Sexuality

|  | Heterosexual | Gay | Lesbian | Bisexual | Pansexual | Queer | Other Sexuality | Total |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Uninsured | 17.1\% | 11.9\% | 11.3\% | 12.6\% | 17.5\% | 11.4\% | 16.3\% | 14.2\% |
| Private Insurer | 3.3\% | 4.8\% | 2.4\% | 2.7\% | 2.0\% | 1.4\% | 3.9\% | 3.4\% |
| HealthCare.Gov Marketplace | 6.6\% | 6.8\% | 6.4\% | 8.0\% | 5.8\% | 9.0\% | 5.6\% | 6.6\% |
| Medicaid | 9.9\% | 3.4\% | 4.3\% | 5.6\% | 10.3\% | 4.3\% | 7.9\% | 5.7\% |
| Medicare | 10.5\% | 9.8\% | 8.5\% | 2.9\% | 2.4\% | 1.2\% | 7.9\% | 6.6\% |
| Employer | 34.2\% | 43.6\% | 42.0\% | 29.7\% | 27.8\% | 38.8\% | 24.2\% | 34.1\% |
| Parent/guardian's Employer | 12.5\% | 13.1\% | 13.8\% | 26.5\% | 24.4\% | 23.1\% | 27.0\% | 20.7\% |
| Partner's Employer | 3.9\% | 4.2\% | 8.5\% | 8.5\% | 6.9\% | 6.1\% | 5.1\% | 6.1\% |
| School | 2.0\% | 2.4\% | 2.8\% | 3.5\% | 3.0\% | 4.6\% | 2.2\% | 2.6\% |
| Total | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% |

Table 4.A3: "Current health insurance status" - By Cis/Trans Identity

|  | Cisgender | Transgender | Total |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Uninsured | 10.8\% | 16.8\% | 12.6\% |  |  |  |  |
| Private Insurer | 3.5\% | 2.5\% | 3.2\% |  |  |  |  |
| HealthCare.Gov Marketplace | 7.1\% | 6.9\% | 7.0\% |  |  |  |  |
| Medicaid | 4.0\% | 7.6\% | 5.1\% |  |  |  |  |
| Medicare | 7.5\% | 4.9\% | 6.7\% |  |  |  |  |
| Employer | 40.7\% | 31.2\% | 37.8\% |  |  |  |  |
| Parent/guardian's Employer | 16.4\% | 22.8\% | 18.3\% |  |  |  |  |
| Partner's Employer | 7.0\% | 5.1\% | 6.4\% |  |  |  |  |
| School | 3.0\% | 2.2\% | 2.8\% |  |  |  |  |
| Total | 100.0\% | 100.0\% | 100.0\% |  |  |  |  |

Table 4.A4: "Current health insurance status" - By Race


Table 4.A5: "Current health insurance status" - By Income

|  | Under \$15K | \$15K-\$30K | \$30K-\$50K | \$50K-\$75K | \$75K-\$100K | \$100K-\$150K | Over \$150K | Total |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Uninsured | 32.1\% | 20.3\% | 8.9\% | 5.5\% | 4.9\% | 0.8\% | 0.5\% | 12.7\% |
| Private Insurer | 3.1\% | 2.5\% | 2.6\% | 3.5\% | 2.1\% | 2.8\% | 8.8\% | 3.1\% |
| HealthCare.Gov Marketplace | 7.9\% | 11.7\% | 9.5\% | 5.0\% | 2.3\% | 2.6\% | 2.3\% | 7.1\% |
| Medicaid | 16.8\% | 7.2\% | 2.8\% | 1.7\% | 0.5\% | 0.0\% | 0.0\% | 5.1\% |
| Medicare | 8.9\% | 9.2\% | 5.1\% | 5.3\% | 5.9\% | 4.4\% | 4.2\% | 6.5\% |
| Employer | 3.7\% | 21.5\% | 50.4\% | 55.3\% | 54.9\% | 52.3\% | 49.8\% | 38.5\% |
| Parent/guardian's Employer | 20.8\% | 20.6\% | 15.1\% | 12.7\% | 14.4\% | 20.6\% | 23.7\% | 17.6\% |
| Partner's Employer | 1.7\% | 2.6\% | 3.8\% | 8.6\% | 13.4\% | 16.0\% | 9.8\% | 6.5\% |
| School | 5.2\% | 4.3\% | 1.8\% | 2.3\% | 1.5\% | 0.5\% | 0.9\% | 2.7\% |
| Total | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% |

Table 4.B1: "Health insurance experiences"

|  | No | Somewhat | Yes |
| :--- | :--- | :--- | :--- | covered by health insurance

Worry about losing health
11.3\%
43.9\%

| $47.2 \%$ | $41.5 \%$ |
| ---: | ---: |
| $27.7 \%$ | $28.4 \%$ |

insurance coverage

## TABLES

Table 4.B2: "Do you know what services are covered by your health insurance plan?" - By Sexuality

|  | Heterosexual | Gay | Lesbian | Bisexual | Pansexual | Queer | Other Sexuality | Total |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| No | 15.1\% | 7.4\% | 6.6\% | 12.2\% | 14.9\% | 9.4\% | 14.7\% | 11.3\% |
| Somewhat | 38.9\% | 38.1\% | 45.5\% | 50.9\% | 59.7\% | 64.3\% | 54.0\% | 47.2\% |
| Yes | 46.0\% | 54.5\% | 47.9\% | 36.9\% | 25.4\% | 26.3\% | 31.3\% | 41.5\% |
| Total | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% |

Table 4.B3: "Do you know what services are covered by your health insurance plan?" - By Cis/Trans Identity

|  | Cisgender | Transgender | Total |  |
| ---: | ---: | ---: | ---: | ---: |
| No | $7.4 \%$ | $14.3 \%$ | $9.3 \%$ |  |
| Somewhat | $45.8 \%$ | $52.3 \%$ | $47.7 \%$ |  |
| Yes | $46.8 \%$ | $33.4 \%$ | $43.0 \%$ |  |
| Total | $100.0 \%$ | $100.0 \%$ | $100.0 \%$ |  |

Table 4.B4: "Do you worry about losing your health insurance coverage?" - By Cis/Trans Identity

| Cisgender |  | Transgender Total |  |  |
| ---: | ---: | ---: | ---: | ---: |
| No | $48.9 \%$ | $28.0 \%$ | $42.9 \%$ |  |
| Somewhat | $25.5 \%$ | $34.0 \%$ | $27.9 \%$ |  |
| Yes | $25.6 \%$ | $38.0 \%$ | $29.2 \%$ |  |
| Total | $100.0 \%$ | $100.0 \%$ | $100.0 \%$ |  |

Table 4.B5: "Do you worry about losing your health insurance coverage?" - By Sexuality

## SECTION 5: HEALTH CARE BEHAVIORS

Table 5.A1: "Healthcare access"


Table 5.A2: "I am comfortable seeking medical care within my community" - By Sexuality

|  | Heterosexual | Gay | Lesbian | Bisexual | Pansexual | Queer | Other Sexuality | Total |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Always | 25.0\% | 41.8\% | 33.8\% | 23.4\% | 12.2\% | 10.3\% | 20.2\% | 28.9\% |
| Often | 19.1\% | 23.8\% | 30.2\% | 30.1\% | 27.5\% | 28.4\% | 21.3\% | 26.2\% |
| Sometimes | 25.0\% | 23.1\% | 23.7\% | 31.6\% | 35.3\% | 40.1\% | 33.7\% | 28.7\% |
| Rarely | 17.8\% | 7.2\% | 8.8\% | 10.7\% | 16.8\% | 16.4\% | 16.9\% | 10.9\% |
| Never | 11.8\% | 3.2\% | 2.7\% | 3.3\% | 7.0\% | 4.2\% | 6.7\% | 4.1\% |
| Does not apply | 1.3\% | 0.8\% | 0.8\% | 0.8\% | 1.2\% | 0.6\% | 1.1\% | 1.2\% |
| Total | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% |

Table 5.A3: "I am comfortable seeking medical care within my community" - By Cis/Trans Identity

|  | Cisgender | Transgender | Total |
| ---: | ---: | ---: | ---: | ---: |
| Always | $36.6 \%$ | $12.6 \%$ | $29.4 \%$ |
| Often | $28.7 \%$ | $21.8 \%$ | $26.6 \%$ |
| Sometimes | $24.3 \%$ | $38.3 \%$ | $28.5 \%$ |
| Rarely | $7.1 \%$ | $19.3 \%$ | $10.8 \%$ |
| Never | $2.4 \%$ | $7.2 \%$ | $3.9 \%$ |
| Does not apply | $0.9 \%$ | $0.8 \%$ | $0.9 \%$ |
| Total | $100.0 \%$ | $100.0 \%$ | $100.0 \%$ |

Table 5.A4s: "I am comfortable seeking medical care within my community" - By Gender Presentation

|  | Man or Masculine | Woman or Feminine | Non-binary or Non-conform ing | Other Gender | Total |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Always | 37.1\% | 29.4\% | 7.7\% | 26.7\% | 29.3\% |  |  |  |
| Often | 24.5\% | 30.0\% | 22.3\% | 24.4\% | 26.8\% |  |  |  |
| Sometimes | 23.9\% | 27.5\% | 43.9\% | 26.7\% | 28.3\% |  |  |  |
| Rarely | 9.6\% | 9.5\% | 19.2\% | 14.0\% | 10.9\% |  |  |  |
| Never | 3.8\% | 3.0\% | 6.5\% | 8.1\% | 3.9\% |  |  |  |
| Does not apply | 1.0\% | 0.7\% | 0.4\% | 0.0\% | 0.8\% |  |  |  |
| Total | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% |  |  |  |


|  | Under \$15K | \$15K-\$30K | \$30K-\$50K | \$50K-\$75K | \$75K-\$100K | \$100K-\$150K | Over \$150K | Total |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Always | 21.1\% | 21.4\% | 27.0\% | 31.8\% | 38.6\% | 37.5\% | 54.0\% | 29.4\% |
| Often | 16.8\% | 23.6\% | 27.0\% | 32.4\% | 31.4\% | 31.6\% | 25.6\% | 26.4\% |
| Sometimes | 34.2\% | 34.5\% | 31.5\% | 24.7\% | 21.3\% | 23.7\% | 14.4\% | 28.6\% |
| Rarely | 17.6\% | 15.1\% | 10.0\% | 8.4\% | 6.2\% | 4.9\% | 4.7\% | 10.8\% |
| Never | 8.9\% | 4.5\% | 3.7\% | 2.3\% | 2.1\% | 1.3\% | 0.9\% | 3.9\% |
| Does not apply | 1.5\% | 0.9\% | 1.0\% | 0.3\% | 0.5\% | 1.0\% | 0.5\% | 0.9\% |
| Total | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% |

Table 5.B1: "I have access to dental care within my community" - By Income

|  | Under \$15K | \$15K-\$30K | \$30K-\$50K | \$50K-\$75K | \$75K-\$100K | \$100K-\$150K | Over \$150K | Total |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Always | 21.9\% | 33.1\% | 45.9\% | 60.7\% | 66.8\% | 73.3\% | 82.8\% | 48.8\% |
| Often | 14.7\% | 18.4\% | 21.8\% | 16.3\% | 18.0\% | 14.4\% | 9.3\% | 17.2\% |
| Sometimes | 18.5\% | 17.0\% | 15.1\% | 10.5\% | 7.5\% | 8.0\% | 4.7\% | 13.2\% |
| Rarely | 15.5\% | 13.1\% | 7.5\% | 6.6\% | 3.1\% | 1.0\% | 0.9\% | 8.3\% |
| Never | 26.3\% | 16.3\% | 7.9\% | 4.2\% | 3.9\% | 2.1\% | 1.4\% | 10.6\% |
| Does not apply | 3.1\% | 2.1\% | 1.8\% | 1.6\% | 0.8\% | 1.3\% | 0.9\% | 1.8\% |
| Total | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% |

Table 5.B2: "I have access to dental care within my community" - By Cis/Trans Identity

|  | Cisgender | Transgender | Total |
| ---: | ---: | ---: | ---: | ---: |
| Always | $55.7 \%$ | $34.3 \%$ | $49.2 \%$ |
| Often | $16.9 \%$ | $17.8 \%$ | $17.2 \%$ |
| Sometimes | $10.6 \%$ | $18.8 \%$ | $13.0 \%$ |
| Rarely | $6.7 \%$ | $11.5 \%$ | $8.2 \%$ |
| Never | $8.5 \%$ | $15.1 \%$ | $10.5 \%$ |
| Does not apply | $1.6 \%$ | $2.4 \%$ | $1.8 \%$ |
| Total | $100.0 \%$ | $100.0 \%$ | $100.0 \%$ |

Table 5.B3: "I have access to dental care within my community" - By Race

|  | Asian or Asian American | Black or African American | Hispanic or Latinx | White or Caucasian | Other Race | Total |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Always | 58.5\% | 44.4\% | 36.5\% | 50.7\% | 41.5\% | 49.2\% |
| Often | 13.2\% | 12.7\% | 18.6\% | 17.8\% | 15.9\% | 17.2\% |
| Sometimes | 17.0\% | 14.9\% | 19.9\% | 12.1\% | 18.2\% | 13.0\% |
| Rarely | 1.9\% | 10.7\% | 10.3\% | 7.8\% | 9.1\% | 8.2\% |
| Never | 7.5\% | 15.4\% | 13.5\% | 9.6\% | 14.2\% | 10.5\% |
| Does not apply | 1.9\% | 2.0\% | 1.3\% | 1.9\% | 1.1\% | 1.9\% |
| Total | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% |

Table 5.C1: "I have to educate medical providers about my health care needs" - By Cis/Trans Identity

|  | Clisgender | Transgender | Total |  |
| ---: | ---: | ---: | ---: | ---: |
| Always | $5.5 \%$ | $14.8 \%$ | $8.3 \%$ |  |
| Often | $11.9 \%$ | $26.5 \%$ | $16.3 \%$ |  |
| Sometimes | $32.5 \%$ | $35.3 \%$ | $33.3 \%$ |  |
| Rarely | $24.1 \%$ | $11.8 \%$ | $20.4 \%$ |  |
| Never | $23.1 \%$ | $6.9 \%$ | $18.2 \%$ |  |
| Does not apply | $2.9 \%$ | $4.7 \%$ | $3.4 \%$ |  |
| Total | $100.0 \%$ | $100.0 \%$ | $100.0 \%$ |  |


|  | Under \$15K | \$15K-\$30K | \$30K-\$50K | \$50K-\$75K | \$75K-\$100K | \$100K-\$150K | Over \$150K | Total |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Always | 21.1\% | 21.4\% | 27.0\% | 31.8\% | 38.6\% | 37.5\% | 54.0\% | 29.4\% |
| Often | 16.8\% | 23.6\% | 27.0\% | 32.4\% | 31.4\% | 31.6\% | 25.6\% | 26.4\% |
| Sometimes | 34.2\% | 34.5\% | 31.5\% | 24.7\% | 21.3\% | 23.7\% | 14.4\% | 28.6\% |
| Rarely | 17.6\% | 15.1\% | 10.0\% | 8.4\% | 6.2\% | 4.9\% | 4.7\% | 10.8\% |
| Never | 8.9\% | 4.5\% | 3.7\% | 2.3\% | 2.1\% | 1.3\% | 0.9\% | 3.9\% |
| Does not apply | 1.5\% | 0.9\% | 1.0\% | 0.3\% | 0.5\% | 1.0\% | 0.5\% | 0.9\% |
| Total | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% |

Table 5.B1: "I have access to dental care within my community" - By Income

|  | Under \$15K | \$15K-\$30K | \$30K-\$50K | \$50K-\$75K | \$75K-\$100K | \$100K-\$150K | Over \$150K | Total |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Always | 21.9\% | 33.1\% | 45.9\% | 60.7\% | 66.8\% | 73.3\% | 82.8\% | 48.8\% |
| Often | 14.7\% | 18.4\% | 21.8\% | 16.3\% | 18.0\% | 14.4\% | 9.3\% | 17.2\% |
| Sometimes | 18.5\% | 17.0\% | 15.1\% | 10.5\% | 7.5\% | 8.0\% | 4.7\% | 13.2\% |
| Rarely | 15.5\% | 13.1\% | 7.5\% | 6.6\% | 3.1\% | 1.0\% | 0.9\% | 8.3\% |
| Never | 26.3\% | 16.3\% | 7.9\% | 4.2\% | 3.9\% | 2.1\% | 1.4\% | 10.6\% |
| Does not apply | 3.1\% | 2.1\% | 1.8\% | 1.6\% | 0.8\% | 1.3\% | 0.9\% | 1.8\% |
| Total | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% |

Table 5.B2: "I have access to dental care within my community" - By Cis/Trans Identity

|  | Cisgender | Transgender | Total |
| ---: | ---: | ---: | ---: | ---: |
| Always | $55.7 \%$ | $34.3 \%$ | $49.2 \%$ |
| Often | $16.9 \%$ | $17.8 \%$ | $17.2 \%$ |
| Sometimes | $10.6 \%$ | $18.8 \%$ | $13.0 \%$ |
| Rarely | $6.7 \%$ | $11.5 \%$ | $8.2 \%$ |
| Never | $8.5 \%$ | $15.1 \%$ | $10.5 \%$ |
| Does not apply | $1.6 \%$ | $2.4 \%$ | $1.8 \%$ |
| Total | $100.0 \%$ | $100.0 \%$ | $100.0 \%$ |

Table 5.B3: "I have access to dental care within my community" - By Race

|  | Asian or Asian American | Black or African American | Hispanic or Latinx | White or Caucasian | Other Race | Total |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Always | 58.5\% | 44.4\% | 36.5\% | 50.7\% | 41.5\% | 49.2\% |
| Often | 13.2\% | 12.7\% | 18.6\% | 17.8\% | 15.9\% | 17.2\% |
| Sometimes | 17.0\% | 14.9\% | 19.9\% | 12.1\% | 18.2\% | 13.0\% |
| Rarely | 1.9\% | 10.7\% | 10.3\% | 7.8\% | 9.1\% | 8.2\% |
| Never | 7.5\% | 15.4\% | 13.5\% | 9.6\% | 14.2\% | 10.5\% |
| Does not apply | 1.9\% | 2.0\% | 1.3\% | 1.9\% | 1.1\% | 1.9\% |
| Total | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% |

Table 5.C1: "I have to educate medical providers about my health care needs" - By Cis/Trans Identity

|  | Clisgender | Transgender | Total |  |
| ---: | ---: | ---: | ---: | ---: |
| Always | $5.5 \%$ | $14.8 \%$ | $8.3 \%$ |  |
| Often | $11.9 \%$ | $26.5 \%$ | $16.3 \%$ |  |
| Sometimes | $32.5 \%$ | $35.3 \%$ | $33.3 \%$ |  |
| Rarely | $24.1 \%$ | $11.8 \%$ | $20.4 \%$ |  |
| Never | $23.1 \%$ | $6.9 \%$ | $18.2 \%$ |  |
| Does not apply | $2.9 \%$ | $4.7 \%$ | $3.4 \%$ |  |
| Total | $100.0 \%$ | $100.0 \%$ | $100.0 \%$ |  |

Table 5.C2: "I have to educate medical providers about my health care needs" - By Gender Presentation


Table 5.C4 "I have to educate my medical providers about my LGBTQ identity" - By Gender Presentation

|  | Man or Masculine | Woman or Feminine | Non-binary or Non-conform ing | Other Gender | Total |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Always | 11.0\% | 8.9\% | 19.0\% | 21.8\% | 11.3\% |  |  |
| Often | 14.7\% | 15.0\% | 29.8\% | 16.1\% | 16.8\% |  |  |
| Sometimes | 25.0\% | 30.1\% | 28.7\% | 24.1\% | 27.9\% |  |  |
| Rarely | 20.6\% | 22.9\% | 9.3\% | 12.6\% | 20.0\% |  |  |
| Never | 24.7\% | 18.1\% | 6.5\% | 17.2\% | 19.0\% |  |  |
| Does not apply | 4.0\% | 5.2\% | 6.7\% | 8.0\% | 5.0\% |  |  |
| Total | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% |  |  |

Table 5.C5: "I have to educate medical providers about my health care needs" - By Binary Race

|  | White or Caucasian | People of Color | Total |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Always | 7.1\% | 13.3\% | 8.3\% |  |  |  |  |
| Often | 16.7\% | 14.8\% | 16.3\% |  |  |  |  |
| Sometimes | 33.7\% | 30.9\% | 33.2\% |  |  |  |  |
| Rarely | 21.4\% | 16.1\% | 20.4\% |  |  |  |  |
| Never | 18.1\% | 19.7\% | 18.4\% |  |  |  |  |
| Does not apply | 3.0\% | 5.2\% | 3.5\% |  |  |  |  |
| Total | 100.0\% | 100.0\% | 100.0\% |  |  |  |  |

Table 5.C6: "I have to educate my medical providers about my LGBTQ identity" - By Binary Race

|  | White or Caucasian | People of Color | Total |
| :---: | :---: | :---: | :---: |
| Always | 10.3\% | 14.9\% | 11.2\% |
| Often | 17.0\% | 14.7\% | 16.6\% |
| Sometimes | 28.4\% | 24.4\% | 27.6\% |
| Rarely | 21.3\% | 16.0\% | 20.2\% |
| Never | 18.3\% | 23.7\% | 19.4\% |
| Does not apply | 4.7\% | 6.3\% | 5.0\% |
| Total | 100.0\% | 100.0\% | 100.0\% |

Table 5.DI: "I prefer to go to the emergency room for medical care" - By Binary Race

|  | White or Caucasian | People of Color | Total |
| :---: | :---: | :---: | :---: |
| Always | 1.0\% | 5.2\% | 1.8\% |
| Often | 2.8\% | 5.4\% | 3.3\% |
| Sometimes | 7.3\% | 16.6\% | 9.2\% |
| Rarely | 26.8\% | 26.0\% | 26.6\% |
| Never | 60.2\% | 42.5\% | 56.7\% |
| Does not apply | 2.0\% | 4.3\% | 2.4\% |
| Total | 100.0\% | 100.0\% | 100.0\% |

Table 5.D2: "II prefer to go to the emergency room for medical care" - By Race

|  | Asian or Asian American | Black or <br> African American | Hispanic or Latinx | White or Caucasian | Other Race | Total |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Always | 7.5\% | 7.3\% | 1.3\% | 1.0\% | 2.9\% | 1.8\% |  |
| Often | 3.8\% | 6.6\% | 3.8\% | 2.8\% | 4.6\% | 3.3\% |  |
| Sometimes | 3.8\% | 22.4\% | 8.3\% | 7.3\% | 14.3\% | 9.2\% |  |
| Rarely | 20.8\% | 27.3\% | 28.0\% | 26.8\% | 22.9\% | 26.6\% |  |
| Never | 54.7\% | 33.9\% | 52.2\% | 60.2\% | 50.3\% | 56.7\% |  |
| Does not apply | 9.4\% | 2.4\% | 6.4\% | 2.0\% | 5.1\% | 2.4\% |  |
| Total | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% |  |

Table 5.D3: "I prefer to go to the doctor's office for medical care" - By Race


## Table 5.D4: "I prefer to go to the emergency room for medical care" - By Income

|  | Under \$15K | \$15K-\$30K | \$30K-\$50K | \$50K-\$75K | \$75K-\$100K | \$100K-\$150K | Over \$150K | Total |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Always | 5.3\% | 2.4\% | 0.8\% | 0.4\% | 0.3\% | 0.5\% | 0.0\% | 1.7\% |
| Often | 7.3\% | 5.1\% | 2.5\% | 2.7\% | 0.8\% | 0.8\% | 0.5\% | 3.4\% |
| Sometimes | 17.4\% | 11.7\% | 7.6\% | 7.6\% | 5.4\% | 5.1\% | 3.3\% | 9.3\% |
| Rarely | 27.3\% | 27.1\% | 27.7\% | 29.5\% | 24.7\% | 22.6\% | 20.9\% | 26.7\% |
| Never | 39.9\% | 51.0\% | 59.9\% | 58.1\% | 65.5\% | 68.6\% | 72.1\% | 56.6\% |
| Does not apply | 2.7\% | 2.8\% | 1.5\% | 1.6\% | 3.4\% | 2.3\% | 3.3\% | 2.3\% |
| Total | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% |

Table 5.El: "I delay seeking medical care due to high out of pocket costs" - By Cis/Trans Identity

|  | Cisgender | Transgender | Total |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Always | 18.8\% | 30.5\% | 22.3\% |  |  |  |
| Often | 19.4\% | 23.7\% | 20.7\% |  |  |  |
| Sometimes | 27.1\% | 24.1\% | 26.2\% |  |  |  |
| Rarely | 15.4\% | 11.3\% | 14.2\% |  |  |  |
| Never | 16.5\% | 7.5\% | 13.8\% |  |  |  |
| Does not apply | 2.8\% | 2.8\% | 2.8\% |  |  |  |
| Total | 100.0\% | 100.0\% | 100.0\% |  |  |  |

Table 5.E2: "I delay seeking medical care due to high out of pocket costs" - By Income

|  | Under \$15K | \$15K-\$30K | \$30K-\$50K | \$50K-\$75K | \$75K-\$100K | \$100K-\$150K | Over \$150K | Total |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Always | 40.3\% | 36.0\% | 22.1\% | 14.4\% | 11.6\% | 4.6\% | 2.8\% | 22.7\% |
| Often | 23.0\% | 21.3\% | 26.2\% | 20.7\% | 17.5\% | 14.9\% | 9.3\% | 20.9\% |
| Sometimes | 16.6\% | 24.0\% | 27.3\% | 32.1\% | 30.7\% | 30.4\% | 23.4\% | 26.2\% |
| Rarely | 8.2\% | 9.2\% | 11.6\% | 17.3\% | 18.0\% | 24.2\% | 19.6\% | 13.9\% |
| Never | 8.8\% | 7.5\% | 10.5\% | 13.1\% | 19.3\% | 22.2\% | 39.3\% | 13.7\% |
| Does not apply | 3.0\% | 2.0\% | 2.3\% | 2.4\% | 2.8\% | 3.6\% | 5.6\% | 2.7\% |
| Total | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% |

Table 5.E3: "I delay seeking medical care because of my LGBTQ identity" - By Cis/Trans Identity
Cisgender $\quad$ Transgender Total

## Table 5.F7: "LGBTQ identity in healthcare"



Table 5.F2: "I think doctors in my community are able to provide quality medical care to LGBTQ individuals" - By Sexuality

|  | Heterosexual | Gay | Lesbian | Bisexual | Pansexual | Queer | Other Sexuality | Total |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Always | 15.3\% | 28.5\% | 17.0\% | 11.0\% | 6.9\% | 3.6\% | 10.1\% | 17.2\% |
| Often | 21.3\% | 29.5\% | 32.9\% | 26.8\% | 17.6\% | 21.9\% | 24.0\% | 26.5\% |
| Sometimes | 31.3\% | 25.7\% | 34.8\% | 41.5\% | 44.2\% | 44.7\% | 36.3\% | 35.4\% |
| Rarely | 21.3\% | 11.5\% | 11.2\% | 16.3\% | 24.6\% | 26.1\% | 24.6\% | 15.6\% |
| Never | 6.0\% | 3.3\% | 2.8\% | 2.8\% | 4.8\% | 3.1\% | 3.9\% | 3.3\% |
| Does not apply | 4.7\% | 1.5\% | 1.2\% | 1.5\% | 2.0\% | 0.5\% | 1.1\% | 2.0\% |
| Total | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% |

Table 5.F3: "I deal with mistreatment due to my LGBTQ identity in order to get medical care" - By Cis/Trans Identity

|  | Cisgender | Transgender | Total |
| ---: | ---: | ---: | ---: | ---: |
| Always | $1.1 \%$ | $5.3 \%$ | $2.4 \%$ |
| Often | $2.0 \%$ | $11.9 \%$ | $5.0 \%$ |
| Sometimes | $10.4 \%$ | $27.0 \%$ | $15.4 \%$ |
| Rarely | $24.3 \%$ | $26.2 \%$ | $24.8 \%$ |
| Never | $56.3 \%$ | $23.2 \%$ | $46.3 \%$ |
| Does not apply | $6.0 \%$ | $6.4 \%$ | $6.1 \%$ |
| Total | $100.0 \%$ | $100.0 \%$ | $100.0 \%$ |

Table 5.F4: "II think being LGBTQ changes how a medical professional interacts with me" - By Cis/Trans Identity

|  | Cisgender | Transgender | Total |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Always | 10.8\% | 30.1\% | 16.6\% |  |  |  |  |  |
| Often | 17.6\% | 29.2\% | 21.1\% |  |  |  |  |  |
| Sometimes | 38.2\% | 29.0\% | 35.4\% |  |  |  |  |  |
| Rarely | 19.2\% | 6.1\% | 15.2\% |  |  |  |  |  |
| Never | 11.5\% | 3.6\% | 9.1\% |  |  |  |  |  |
| Does not apply | 2.7\% | 2.0\% | 2.5\% |  |  |  |  |  |
| Total | 100.0\% | 100.0\% | 100.0\% |  |  |  |  |  |

Table 5.F5: "Being in the South makes it harder for LGBTQ individuals to access quality medical care" - By Cis/Trans Identity


Table 5.F6: "Being in the South makes it harder for LCBTQ individuals to access quality medical care" - By Income

|  | Under \$15K | \$15K-\$30K | \$30K-\$50K | \$50K-\$75K | \$75K-\$100K | \$100K-\$150K | Over \$150K | Total |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Always | 25.9\% | 21.4\% | 17.3\% | 12.9\% | 11.4\% | 9.6\% | 7.0\% | 16.8\% |
| Often | 35.7\% | 35.7\% | 37.2\% | 33.8\% | 33.2\% | 32.8\% | 34.4\% | 35.1\% |
| Sometimes | 25.2\% | 30.8\% | 30.7\% | 36.8\% | 36.0\% | 39.8\% | 34.4\% | 32.5\% |
| Rarely | 4.9\% | 5.9\% | 6.7\% | 9.7\% | 10.6\% | 11.9\% | 10.7\% | 7.9\% |
| Never | 5.2\% | 3.6\% | 5.5\% | 3.3\% | 4.9\% | 3.4\% | 9.3\% | 4.6\% |
| Does not apply | 3.1\% | 2.6\% | 2.5\% | 3.5\% | 3.9\% | 2.6\% | 4.2\% | 3.0\% |
| Total | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% |

## SECTION 6: HIV

Table 6.A1: "What is your HIV status?"

| HIV-negative | $84.6 \%$ |
| ---: | ---: |
| HIV-positive | $5.0 \%$ |
| HIV Status Unknown | $10.4 \%$ |

Table 6.A2: "How often do you get tested for HIV?" - By HIV Status


Table 6.A3: "What is your HIV status" - By Race


|  | 18-24 | 25-34 | 35-44 | 45-54 | 55-64 | 65 and Older | Total |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| HIV-negative | 80.1\% | 88.5\% | 87.9\% | 84.3\% | 83.9\% | 85.1\% | 84.8\% |
| HIV-positive | 0.9\% | 4.5\% | 7.9\% | 9.2\% | 10.7\% | 8.3\% | 5.2\% |
| HIV Status Unknown | 19.0\% | 6.9\% | 4.2\% | 6.5\% | 5.5\% | 6.5\% | 10.0\% |
| Total | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% |

Table 6.A5: "What is your HIV status" - By Sexuality

|  | Heterosexual | Gay | Lesbian | Bisexual | Pansexual | Queer | Other Sexuality | Total |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| HIV-negative | 74.7\% | 78.9\% | 90.3\% | 85.3\% | 85.5\% | 88.3\% | 83.8\% | 84.6\% |
| HIV-positive | 14.0\% | 13.9\% | 0.1\% | 1.9\% | 1.6\% | 1.4\% | 3.4\% | 5.0\% |
| HIV Status Unknown | 11.3\% | 7.2\% | 9.6\% | 12.8\% | 12.9\% | 10.3\% | 12.8\% | 10.4\% |
| Total | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% |

Table 6.A6: "What is your HIV status" - By Cis/Trans Identity

|  | Cisgender | Transgender | Total |
| ---: | ---: | ---: | ---: | ---: |
| HIV-negative | $85.9 \%$ | $82.3 \%$ | $84.8 \%$ |
| HIV-positive | $5.5 \%$ | $4.6 \%$ | $5.2 \%$ |
| HIV Status Unknown | $8.6 \%$ | $13.2 \%$ | $10.0 \%$ |
| Total | $100.0 \%$ | $100.0 \%$ | $100.0 \%$ |

Table 6.A7: "What is your HIV status" - By Income

|  | Under \$15K | \$15K-\$30K | \$30K-\$50K | \$50K-\$75K | \$75K-\$100K | \$100K-\$150K | Over \$150K | Total |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| HIV-negative | 78.1\% | 81.2\% | 86.8\% | 87.6\% | 89.1\% | 89.6\% | 90.7\% | 85.1\% |
| HIV-positive | 7.0\% | 6.8\% | 5.5\% | 3.3\% | 4.1\% | 4.4\% | 1.9\% | 5.2\% |
| HIV Status Unknown | 14.9\% | 11.9\% | 7.8\% | 9.1\% | 6.7\% | 6.0\% | 7.5\% | 9.7\% |
| Total | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% |

Table 6.B1: "Race" - By HIV Status, HIV-positive only

| Asian or Asian American | 1.4\% |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Black or African American | 44.0\% |  |  |  |  |  |  |  |
| Hispanic or Latinx | 4.8\% |  |  |  |  |  |  |  |
| White or Caucasian | 45.9\% |  |  |  |  |  |  |  |
| Other Race | 3.9\% |  |  |  |  |  |  |  |
| Total | 100.0\% |  |  |  |  |  |  |  |
| * Respondents who report being HIV-positive only |  |  |  |  |  |  |  |  |
| Table 6. B2: "Sexuality" - By HIV Status, HIV-positive only |  |  |  |  |  |  |  |  |
| Heterosexual | 9.3\% |  |  |  |  |  |  |  |
| Gay | 73.3\% |  |  |  |  |  |  |  |
| Lesbian | 0.4\% |  |  |  |  |  |  |  |
| Bisexual | 7.1\% |  |  |  |  |  |  |  |
| Pansexual | 3.6\% |  |  |  |  |  |  |  |
| Queer | 5.3\% |  |  |  |  |  |  |  |
| Other Sexuality | 2.7\% |  |  |  |  |  |  |  |
| * Respondents who report being HIV-positive only |  |  |  |  |  |  |  |  |
| Table 6.B3: "HIV+ Gender Presentation" - By Sexuality, HIV Only |  |  |  |  |  |  |  |  |
|  | Heterosexual | Gay | Lesbian | Bisexual | Pansexual | Queer | Other Sexuality | Total |
| Man or Masculine | 5.3\% | 90.0\% | 0.0\% | 33.3\% | 50.0\% | 44.4\% | 0.0\% | 74.5\% |
| Woman or Feminine | 94.7\% | 6.0\% | 100.0\% | 33.3\% | 16.7\% | 11.1\% | 66.7\% | 18.5\% |
| Non-binary or Non-Conforming | 0.0\% | 0.7\% | 0.0\% | 16.7\% | 16.7\% | 44.4\% | 16.7\% | 2.6\% |
| Other Gender | 0.0\% | 3.3\% | 0.0\% | 16.7\% | 16.7\% | 0.0\% | 16.7\% | 4.2\% |
| Total | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% |
| * Respondents who report being HIV-p | -positive only |  |  |  |  |  |  |  |

## Table 6.B4: "HIV+ Race" - By Gay Men

| Asian or Asian American | $1.5 \%$ |
| ---: | ---: |
| Black or African American | $31.9 \%$ |
| Hispanic or Latinx | $3.7 \%$ |
| White or Caucasian | $59.3 \%$ |
| Other Race | $3.7 \%$ |
| Total | $100.0 \%$ |

* Respondents who report being HIV-positive only

Table 6.B5: "Transgender Identity" - By HIV Status, HIV-Positive only

| Cisgender | $73.6 \%$ |
| ---: | ---: |
| Transgender | $26.4 \%$ |
| Total | $100.0 \%$ |

* Respondents who report being HIV-positive only

Table 6.B6: "HIV+ Gender Presentation" - By Cis/Trans Identity

|  | Cisgender | Transgender | Total |
| ---: | ---: | ---: | ---: | ---: |
| Man or Masculine | $99.3 \%$ | $0.0 \%$ | $74.5 \%$ |
| Woman or Feminine | $0.0 \%$ | $74.5 \%$ | $18.5 \%$ |
| Non-binary or Non-Conforming | $0.0 \%$ | $10.6 \%$ | $2.6 \%$ |
| Other Gender | $0.7 \%$ | $14.9 \%$ | $4.2 \%$ |
| Total | $100.0 \%$ | $100.0 \%$ | $100.0 \%$ |

* Respondents who report being HIV-positive only
$\square$
$-\infty$

Table 6.B7: "HIV+ Race and Gender Presentation" - By Cis/Trans Identity


Table 6.B8: "HIV+ Race" - By Cis/Trans Identity

|  | Cisgender | Transgender | Total |
| ---: | ---: | ---: | ---: | ---: |
| Asian or Asian American | $1.3 \%$ | $1.9 \%$ | $1.4 \%$ |
| Black or African American | $35.3 \%$ | $67.9 \%$ | $44.0 \%$ |
| Hispanic or Latinx | $3.3 \%$ | $9.4 \%$ | $4.8 \%$ |
| White or Caucasian | $56.9 \%$ | $15.1 \%$ | $45.9 \%$ |
| Other Race | $3.3 \%$ | $5.7 \%$ | $3.9 \%$ |
| Total | $100.0 \%$ | $100.0 \%$ | $100.0 \%$ |

* Respondents who report being HIV-positive only

Table 6.C1: "How would you rate your knowledge about HIV prevention?" - By HIV Status

|  | HIV-negative | HIV-positive | HIV Status <br> Unknown | Total |  |
| ---: | ---: | ---: | ---: | ---: | ---: |
| Excellent | $48.1 \%$ | $74.7 \%$ | $20.3 \%$ | $46.5 \%$ |  |
| Good | $38.2 \%$ | $21.7 \%$ | $36.7 \%$ | $37.3 \%$ |  |
| Fair | $11.0 \%$ | $2.3 \%$ | $30.0 \%$ | $12.5 \%$ |  |
| Poor | $2.7 \%$ | $1.4 \%$ | $13.0 \%$ | $3.7 \%$ |  |
| Total | $100.0 \%$ | $100.0 \%$ | $100.0 \%$ | $100.0 \%$ |  |

Table 6.C2: "How would you rate your knowledge about HIV prevention?" - By Race


Table 6.D1: "How often do you get tested for HIV?" - By HIV Status
HIV Status


Table 6.D2: "How often do you get tested for HIV?" - By Race

|  | Asian or Asian American | Black or African American | Hispanic or Latinx | White or Caucasian | Other Race | Total |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Never | 34.0\% | 17.1\% | 30.6\% | 40.6\% | 32.0\% | 37.4\% |
| About every 3 -5 years | 13.2\% | 12.7\% | 19.7\% | 25.4\% | 17.7\% | 23.4\% |
| Yearly | 28.3\% | 20.5\% | 22.3\% | 18.9\% | 24.0\% | 19.5\% |
| Once every 6 months | 17.0\% | 40.8\% | 22.9\% | 13.9\% | 22.3\% | 17.4\% |
| Monthly | 7.5\% | 8.8\% | 4.5\% | 1.2\% | 4.0\% | 2.3\% |
| Total | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% |

## Table 6.D3: "How often do you get tested for HIV?" - By Gender Presentation

|  | Man or Masculine | Woman or Feminine | Non- binary or NonConforming | Other Gender | Total |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Never | 24.0\% | 46.4\% | 41.5\% | 35.6\% | 37.3\% |
| About every 3-5 years | 19.6\% | 26.5\% | 22.4\% | 11.5\% | 23.1\% |
| Yearly | 23.1\% | 17.1\% | 19.6\% | 25.3\% | 19.8\% |
| Once every 6 months | 29.5\% | 8.9\% | 14.9\% | 24.1\% | 17.5\% |
| Monthly | 4.0\% | 1.1\% | 1.6\% | 3.4\% | 2.3\% |
| Total | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% |

Table 6.El: "I feel comfortable getting tested for HIV" - By HIV Status

|  | HIV-negative | HIV-positive | HIV Status <br> Unknown |  | Total |
| ---: | ---: | ---: | ---: | ---: | ---: |
| Always | $43.4 \%$ | $53.3 \%$ | $17.8 \%$ | $41.2 \%$ |  |
| Often | $15.4 \%$ | $6.2 \%$ | $8.0 \%$ | $14.2 \%$ |  |
| Sometimes | $11.1 \%$ | $4.0 \%$ | $15.2 \%$ | $11.2 \%$ |  |
| Rarely | $6.9 \%$ | $4.4 \%$ | $18.0 \%$ | $7.9 \%$ |  |
| Never | $4.5 \%$ | $2.2 \%$ | $16.3 \%$ | $5.6 \%$ |  |
| Does not apply | $18.7 \%$ | $29.8 \%$ | $24.7 \%$ | $19.9 \%$ |  |
| Total | $100.0 \%$ | $100.0 \%$ | $100.0 \%$ | $100.0 \%$ |  |

Table 6.E2: "I can easily access HIV testing in my community" - By HIV Status

|  |  | HIV-negative | HIV-positive | Hnknown | Total |
| ---: | ---: | ---: | ---: | ---: | ---: |
| Always | $42.9 \%$ | $62.7 \%$ | $18.2 \%$ | $41.4 \%$ |  |
| Often | $17.3 \%$ | $10.2 \%$ | $11.7 \%$ | $16.3 \%$ |  |
| Sometimes | $14.8 \%$ | $8.4 \%$ | $22.6 \%$ | $15.2 \%$ |  |
| Rarely | $7.4 \%$ | $3.1 \%$ | $13.7 \%$ | $7.8 \%$ |  |
| Never | $3.2 \%$ | $3.1 \%$ | $9.1 \%$ | $3.8 \%$ |  |
| Does not apply | $14.4 \%$ | $12.4 \%$ | $24.7 \%$ | $15.4 \%$ |  |
| Total | $100.0 \%$ | $100.0 \%$ | $100.0 \%$ | $100.0 \%$ |  |

Table 6.E3: "I know where to access HIV treatment in my community" - By HIV Status

|  | HIV-negative | HIV-positive | HIV Status Unknown | Total |
| :---: | :---: | :---: | :---: | :---: |
| Always | 41.0\% | 73.8\% | 17.8\% | 40.3\% |
| Often | 12.3\% | 8.9\% | 9.5\% | 11.8\% |
| Sometimes | 9.6\% | 4.4\% | 9.3\% | 9.3\% |
| Rarely | 8.0\% | 5.3\% | 12.8\% | 8.4\% |
| Never | 12.8\% | 3.1\% | 35.8\% | 14.7\% |
| Does not apply | 16.3\% | 4.4\% | 14.8\% | 15.5\% |
| Total | 100.0\% | 100.0\% | 100.0\% | 100.0\% |

Table 6.E4: "I feel comfortable talking with my medical provider about my needs on HIV prevention" - By HIV Status

|  | HIV-negative | HIV-positive | HiV Status <br> Unknown | Total |  |
| ---: | ---: | ---: | ---: | ---: | ---: |
| Always | $22.7 \%$ | $56.5 \%$ | $6.3 \%$ | $22.7 \%$ |  |
| Often | $14.4 \%$ | $10.8 \%$ | $8.9 \%$ | $13.7 \%$ |  |
| Sometimes | $14.6 \%$ | $9.4 \%$ | $15.6 \%$ | $14.4 \%$ |  |
| Rarely | $11.6 \%$ | $3.6 \%$ | $19.7 \%$ | $12.0 \%$ |  |
| Never | $7.9 \%$ | $4.5 \%$ | $20.8 \%$ | $9.1 \%$ |  |
| Does not apply | $28.8 \%$ | $15.2 \%$ | $28.6 \%$ | $28.1 \%$ |  |
| Total | $100.0 \%$ | $100.0 \%$ | $100.0 \%$ | $100.0 \%$ |  |

Table 6.E5: "I feel comfortable talking with my medical provider about my needs on HIV prevention" - By Sexuality

|  | Heterosexual | Gay | Lesbian | Bisexual | Pansexual | Queer | Other Sexuality |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Always | 32.9\% | 33.6\% | 16.0\% | 19.7\% | 15.8\% | 14.2\% | 22.7\% |
| Often | 9.2\% | 14.8\% | 10.2\% | 16.5\% | 15.2\% | 16.7\% | 13.7\% |
| Sometimes | 13.8\% | 15.6\% | 10.1\% | 15.7\% | 17.8\% | 17.3\% | 14.4\% |
| Rarely | 5.3\% | 12.6\% | 10.2\% | 13.2\% | 14.8\% | 15.3\% | 12.0\% |
| Never | 9.2\% | 8.4\% | 8.5\% | 9.4\% | 13.4\% | 10.4\% | 9.1\% |
| Does not apply | 29.6\% | 15.0\% | 45.0\% | 25.5\% | 23.0\% | 26.1\% | 28.2\% |
| Total | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% |

Table 6.E6: "I can easily access condoms" - By HIV Status

|  | HiV-negative | HIV-positive | HIV Status Unknown | Total |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Always | 56.6\% | 74.7\% | 43.2\% | 56.2\% |  |  |  |  |
| Often | 10.6\% | 7.6\% | 15.8\% | 11.0\% |  |  |  |  |
| Sometimes | 5.4\% | 6.7\% | 7.4\% | 5.6\% |  |  |  |  |
| Rarely | 1.7\% | 2.7\% | 3.5\% | 2.0\% |  |  |  |  |
| Never | 1.1\% | 0.4\% | 4.1\% | 1.4\% |  |  |  |  |
| Does not apply | 24.6\% | 8.0\% | 26.0\% | 23.9\% |  |  |  |  |
| Total | 100.0\% | 100.0\% | 100.0\% | 100.0\% |  |  |  |  |

Table 6.E7: "I can easily access clean needles" - By HIV Status


Table 6.E8: "I can easily access clean needles" - By HIV Status, Excluding "Does Not Apply"


Table 6.F: "HIV+ How would you rate your knowledge about HIV prevention?"


## Table 6.F3: "HIV+ Experiences"

|  | Always | Often | Sometimes | Rarely | Never | Does not apply | Total |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| I feel comfortable getting tested for HIV | 53.3\% | 6.2\% | 4.0\% | 4.4\% | 2.2\% | 29.8\% | 100.0\% |
| I can easily access HIV testing in my community | 62.7\% | 10.2\% | 8.4\% | 3.1\% | 3.1\% | 12.4\% | 100.0\% |
| I know where to access HIV treatment in my community | 73.8\% | 8.9\% | 4.4\% | 5.3\% | 3.1\% | 4.4\% | 100.0\% |
| I can easily access condoms | 74.7\% | 7.6\% | 6.7\% | 2.7\% | 0.4\% | 8.0\% | 100.0\% |
| I can easily access clean needles | 15.6\% | 1.3\% | 3.1\% | 1.8\% | 8.9\% | 69.2\% | 100.0\% |

* Respondents who report being HIV-positive only

Table 6.F4: "I can easily access clean needles" - By HIV Status, Excluding "Does Not Apply"

| Always | 50.7\% |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Often | 4.3\% |  |  |  |  |  |  |  |
| Sometimes | 10.1\% |  |  |  |  |  |  |  |
| Rarely | 5.8\% |  |  |  |  |  |  |  |
| Never | 29.1\% |  |  |  |  |  |  |  |
| Respondents who report being HIV | -positive only |  |  |  |  |  |  |  |
| Table 6.F5: "HIV+ How wou | ld you rate you | knowled | about Hil | evention? | by Sexua |  |  |  |
|  | Heterosexual | Gay | Lesbian | Bisexual | Pansexual | Queer | Other Sexuality | Total |
| Excellent | 57.1\% | 79.6\% | 100.0\% | 60.0\% | 62.5\% | 66.7\% | 66.7\% | 74.4\% |
| Good | 38.1\% | 17.9\% | 0.0\% | 26.7\% | 25.0\% | 16.7\% | 33.3\% | 21.7\% |
| Fair | 4.8\% | 1.2\% | 0.0\% | 6.7\% | 0.0\% | 8.3\% | 0.0\% | 2.3\% |
| Poor | 0.0\% | 1.2\% | 0.0\% | 6.7\% | 12.5\% | 8.3\% | 0.0\% | 1.4\% |
| Total | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% |

* Respondents who report being HIV-positive only

Table 6.F6: "HIV+ I feel comfortable talking with my health care provider about HIV prevention" - By Sexuality

|  | Heterosexual | Gay | Lesbian | Bisexual | Pansexual | Queer | Other Sexuality | Total |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Always | 57.1\% | 59.8\% | 0.0\% | 46.7\% | 50.0\% | 36.4\% | 33.3\% | 56.5\% |
| Often | 19.0\% | 9.1\% | 100.0\% | 6.7\% | 0.0\% | 18.2\% | 0.0\% | 10.8\% |
| Sometimes | 4.8\% | 8.5\% | 0.0\% | 20.0\% | 12.5\% | 9.1\% | 16.7\% | 9.4\% |
| Rarely | 0.0\% | 3.7\% | 0.0\% | 0.0\% | 0.0\% | 18.2\% | 16.7\% | 3.6\% |
| Never | 4.8\% | 3.0\% | 0.0\% | 13.3\% | 12.5\% | 9.1\% | 33.3\% | 4.5\% |
| Does not apply | 14.3\% | 15.9\% | 0.0\% | 13.3\% | 25.0\% | 9.1\% | 0.0\% | 15.2\% |
| Total | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% |

* Respondents who report being HIV-positive only

Table 6.F7: "HIV+ I feel comfortable getting tested for HIV" - By Sexuality

|  | Heterosexual | Gay | Lesbian | Bisexual | Pansexual | Queer | Other Sexuality | Total |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Always | 42.9\% | 54.5\% | 0.0\% | 62.5\% | 50.0\% | 16.7\% | 50.0\% | 53.3\% |
| Often | 14.3\% | 4.2\% | 100.0\% | 6.3\% | 0.0\% | 25.0\% | 0.0\% | 6.2\% |
| Sometimes | 4.8\% | 4.8\% | 0.0\% | 0.0\% | 12.5\% | 8.3\% | 0.0\% | 4.0\% |
| Rarely | 4.8\% | 3.0\% | 0.0\% | 6.3\% | 0.0\% | 16.7\% | 33.3\% | 4.4\% |
| Never | 0.0\% | 3.0\% | 0.0\% | 6.3\% | 12.5\% | 8.3\% | 0.0\% | 2.2\% |
| Does not apply | 33.3\% | 30.3\% | 0.0\% | 18.8\% | 25.0\% | 25.0\% | 16.7\% | 29.8\% |
| Total | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% |

* Respondents who report being HIV-positive only

Table 6.F8: "HIV+ I can easily access HIV testing in my community" - By Sexuality


* Respondents who report being HIV-positive only

Table 6.F9: "HIV+ I know where to access HIV treatment in my community" - By Sexuality

|  | Heterosexual | Gay | Lesbian | Bisexual | Pansexual | Queer | Other Sexuality | Total |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Always | 71.4\% | 77.0\% | 100.0\% | 62.5\% | 50.0\% | 41.7\% | 66.7\% | 73.8\% |
| Often | 14.3\% | 6.7\% | 0.0\% | 18.8\% | 25.0\% | 33.3\% | 0.0\% | 8.9\% |
| Sometimes | 4.8\% | 4.8\% | 0.0\% | 6.3\% | 12.5\% | 0.0\% | 0.0\% | 4.4\% |
| Rarely | 9.5\% | 4.8\% | 0.0\% | 0.0\% | 0.0\% | 8.3\% | 0.0\% | 5.3\% |
| Never | 0.0\% | 2.4\% | 0.0\% | 12.5\% | 12.5\% | 8.3\% | 16.7\% | 3.1\% |
| Does not apply | 0.0\% | 4.2\% | 0.0\% | 0.0\% | 0.0\% | 8.3\% | 16.7\% | 4.4\% |
| Total | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% |

* Respondents who report being HIV-positive only

Table 6.FIO: "HIV+ I can easily access condoms" - By Sexuality

|  | Heterosexual | Gay | Lesbian | Bisexual | Pansexual | Queer | Other Sexuality | Total |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Always | 81.0\% | 73.9\% | 0.0\% | 81.3\% | 75.0\% | 50.0\% | 83.3\% | 74.7\% |
| Often | 4.8\% | 8.5\% | 0.0\% | 0.0\% | 12.5\% | 16.7\% | 0.0\% | 7.6\% |
| Sometimes | 4.8\% | 6.7\% | 0.0\% | 0.0\% | 0.0\% | 0.0\% | 0.0\% | 6.7\% |
| Rarely | 9.5\% | 1.8\% | 0.0\% | 6.3\% | 0.0\% | 16.7\% | 0.0\% | 2.7\% |
| Never | 0.0\% | 0.6\% | 0.0\% | 0.0\% | 0.0\% | 0.0\% | 0.0\% | 0.4\% |
| Does not apply | 0.0\% | 8.5\% | 100.0\% | 12.5\% | 12.5\% | 16.7\% | 16.7\% | 8.0\% |
| Total | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% |

* Respondents who report being HIV-positive only

Table 6.Fll: "HIV+ I can easily access clean needles" - By Sexuality

|  | Heterosexual | Gay | Lesbian | Bisexual | Pansexual | Queer | Other Sexuality | Total |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Always | 28.6\% | 12.7\% | 0.0\% | 13.3\% | 25.0\% | 0.0\% | 0.0\% | 15.6\% |
| Often | 0.0\% | 1.2\% | 0.0\% | 0.0\% | 0.0\% | 0.0\% | 0.0\% | 1.3\% |
| Sometimes | 4.8\% | 3.0\% | 0.0\% | 0.0\% | 0.0\% | 9.1\% | 0.0\% | 3.1\% |
| Rarely | 4.8\% | 1.2\% | 0.0\% | 13.3\% | 0.0\% | 9.1\% | 0.0\% | 1.8\% |
| Never | 9.5\% | 7.3\% | 0.0\% | 33.3\% | 37.5\% | 9.1\% | 0.0\% | 8.9\% |
| Does not apply | 52.4\% | 74.5\% | 100.0\% | 40.0\% | 37.5\% | 72.7\% | 100.0\% | 69.2\% |
| Total | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% |

* Respondents who report being HIV-positive only

Table 6.F2: "HIV+ How would you rate your knowledge about HIV prevention?" - By Cis/Trans Identity
Cisgender Transgender Total

|  | Excellent | $81.9 \%$ | $58.2 \%$ |
| ---: | ---: | ---: | ---: |
| Good | $16.1 \%$ | $34.5 \%$ | $21.1 \%$ |
| Fair | $1.3 \%$ | $3.6 \%$ | $2.0 \%$ |
| Poor | $0.7 \%$ | $3.6 \%$ | $1.5 \%$ |
| Total | $100.0 \%$ | $100.0 \%$ | $100.0 \%$ |

* Respondents who report being HIV-positive only

Table 6. FI3: "HIV+ I feel comfortable talking with my health provider about HIV prevention" - By Cis/Trans Identity

|  | Cisgender | Transgender | Total |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Alw | 60.5\% | 46.3\% | 56.8\% |  |  |  |  |  |
| Often | 9.2\% | 14.8\% | 10.7\% |  |  |  |  |  |
| Sometimes | 6.6\% | 18.5\% | 9.7\% |  |  |  |  |  |
| Rarely | 4.6\% | 1.9\% | 3.9\% |  |  |  |  |  |
| Never | 2.6\% | 9.3\% | 4.4\% |  |  |  |  |  |
| Does not apply | 16.4\% | 9.3\% | 14.6\% |  |  |  |  |  |
| Total | 100.0\% | 100.0\% | 100.0\% |  |  |  |  |  |
| * Respondents who report being HI | -positive only |  |  |  |  |  |  |  |

Table 6.F44: "HIV+ I feel comfortable getting tested for HIV" - By Cis/Trans Identity

|  | Cisgender | Transgender | Total |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Always | 55.6\% | 47.3\% | 53.4\% |  |  |  |  |  |
| Often | 4.6\% | 10.9\% | 6.3\% |  |  |  |  |  |
| Sometimes | 3.9\% | 5.5\% | 4.3\% |  |  |  |  |  |
| Rarely | 2.6\% | 9.1\% | 4.3\% |  |  |  |  |  |
| Never | 2.6\% | 1.8\% | 2.4\% |  |  |  |  |  |
| Does not apply | 30.7\% | 25.5\% | 29.3\% |  |  |  |  |  |
| Total | 100.0\% | 100.0\% | 100.0\% |  |  |  |  |  |
| * Respondents who report being HIV | -positive only |  |  |  |  |  |  |  |

Table 6.F15: "HIV+ I can easily access HIV testing in my community" - By Cis/Trans Identity


Table 6.F6: "HIV+ I know where to access HIV treatment in my community" - By Cis/Trans Identity

|  | Cisgender | Transgender | Total |
| ---: | ---: | ---: | ---: | ---: |
| Always | $77.1 \%$ | $67.3 \%$ | $74.5 \%$ |
| Often | $6.5 \%$ | $14.5 \%$ | $8.7 \%$ |
| Sometimes | $4.6 \%$ | $5.5 \%$ | $4.8 \%$ |
| Rarely | $5.2 \%$ | $5.5 \%$ | $5.3 \%$ |
| Never | $2.0 \%$ | $5.5 \%$ | $2.9 \%$ |
| Does not apply | $4.6 \%$ | $1.8 \%$ | $3.8 \%$ |
| Total | $100.0 \%$ | $100.0 \%$ | $100.0 \%$ |

* Respondents who report being HIV-positive only

Table 6.F7: "HIV+ I can easily access condoms" - By Cis/Trans Identity


* Respondents who report being HIV-positive only

Table 6.F18: "HIV+ I can easily access clean needles" - By Cis/Trans Identity


Table 6.F2O: "HIV+ I feel comfortable talking with my health care provider about HIV prevention" - By Race


* Respondents who report being HIV-positive only

Table 6.F21: "HIV+ I feel comfortable getting tested for HIV" - By Race

|  | Asian or Asian American | Black or African American | Hispanic or Latinx | White or Caucasian | Other Race | Total |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Always | 100.0\% | 61.5\% | 30.0\% | 45.3\% | 75.0\% | 53.6\% |
| Often | 0.0\% | 6.6\% | 40.0\% | 3.2\% | 0.0\% | 6.3\% |
| Sometimes | 0.0\% | 7.7\% | 0.0\% | 2.1\% | 0.0\% | 4.3\% |
| Rarely | 0.0\% | 3.3\% | 0.0\% | 6.3\% | 0.0\% | 4.3\% |
| Never | 0.0\% | 2.2\% | 0.0\% | 3.2\% | 0.0\% | 2.4\% |
| Does not apply | 0.0\% | 18.7\% | 30.0\% | 40.0\% | 25.0\% | 29.0\% |
| Total | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% |

* Respondents who report being HIV-positive only

Table 6.F22: "HIV+ I can easily access HIV testing in my community" - By Race

|  | Asian or Asian American | Black or African American | Hispanic or Latinx | White or Caucasian | Other Race | Total |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Always | 66.7\% | 68.1\% | 20.0\% | 60.0\% | 87.5\% | 62.8\% |
| Often | 0.0\% | 7.7\% | 30.0\% | 11.6\% | 0.0\% | 10.1\% |
| Sometimes | 0.0\% | 11.0\% | 20.0\% | 6.3\% | 0.0\% | 8.7\% |
| Rarely | 33.3\% | 2.2\% | 10.0\% | 2.1\% | 0.0\% | 2.9\% |
| Never | 0.0\% | 5.5\% | 0.0\% | 2.1\% | 0.0\% | 3.4\% |
| Does not apply | 0.0\% | 5.5\% | 20.0\% | 17.9\% | 12.5\% | 12.1\% |
| Total | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% |

* Respondents who report being HIV-positive only

Table 6.F23: "HIV+ I know where to access HIV treatment in my community" - By Race


Table 6.F24: "HIV+ I can easily access condoms" - By Race

|  | Asian or Asian American | Black or African American | Hispanic or Latinx | White or Caucasian | Other Race | Total |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Always | 100.0\% | 86.8\% | 50.0\% | 65.3\% | 75.0\% | 74.9\% |
| Often | 0.0\% | 1.1\% | 20.0\% | 13.7\% | 0.0\% | 7.7\% |
| Sometimes | 0.0\% | 6.6\% | 20.0\% | 5.3\% | 0.0\% | 6.3\% |
| Rarely | 0.0\% | 4.4\% | 0.0\% | 0.0\% | 12.5\% | 2.4\% |
| Never | 0.0\% | 0.0\% | 0.0\% | 1.1\% | 0.0\% | 0.5\% |
| Does not apply | 0.0\% | 1.1\% | 10.0\% | 14.7\% | 12.5\% | 8.2\% |
| Total | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% |

* Respondents who report being HIV-positive only

Table 6.F25: "HIV+ I can easily access clean needles" - By Race

|  | Asian or Asian American | Black or African American | Hispanic or Latinx | White or Caucasian | Other Race | Total |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Always | 0.0\% | 24.2\% | 10.0\% | 6.4\% | 25.0\% | 15.0\% |
| Often | 0.0\% | 2.2\% | 0.0\% | 0.0\% | 0.0\% | 1.0\% |
| Sometimes | 0.0\% | 4.4\% | 10.0\% | 2.1\% | 0.0\% | 3.4\% |
| Rarely | 33.3\% | 1.1\% | 0.0\% | 1.1\% | 12.5\% | 1.9\% |
| Never | 0.0\% | 9.9\% | 30.0\% | 5.3\% | 25.0\% | 9.2\% |
| Does not apply | 66.7\% | 58.2\% | 50.0\% | 85.1\% | 37.5\% | 69.4\% |
| Total | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% |

* Respondents who report being HIV-positive only

Table 6.F26: "HIV+ How would you rate your knowledge about HIV prevention?" - By Income

|  | Under \$15K | \$15K-\$30K | \$30K-\$50K | \$50K-\$75K | \$75K-\$100K | \$100K-\$150K | Over \$150K | Total |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Excellent | 60.0\% | 70.6\% | 84.1\% | 87.0\% | 87.5\% | 82.4\% | 100.0\% | 76.0\% |
| Good | 37.8\% | 21.6\% | 15.9\% | 8.7\% | 12.5\% | 17.6\% | 0.0\% | 21.0\% |
| Fair | 2.2\% | 5.9\% | 0.0\% | 0.0\% | 0.0\% | 0.0\% | 0.0\% | 2.0\% |
| Poor | 0.0\% | 2.0\% | 0.0\% | 4.3\% | 0.0\% | 0.0\% | 0.0\% | 1.0\% |
| Total | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% |

* Respondents who report being HIV-positive only

Table 6.F27: "HIV+ I feel comfortable talking with my health care provider about HIV prevention" - By Income

|  | Under \$15K | \$15K-\$30K | \$30K-\$50K | \$50K-\$75K | \$75K-\$100K | \$100K-\$150K | Over \$150K | Total |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Always | 60.0\% | 56.9\% | 63.0\% | 56.5\% | 43.8\% | 41.2\% | 75.0\% | 56.9\% |
| Often | 4.4\% | 11.8\% | 8.7\% | 8.7\% | 25.0\% | 11.8\% | 25.0\% | 10.4\% |
| Sometimes | 11.1\% | 9.8\% | 10.9\% | 8.7\% | 6.3\% | 5.9\% | 0.0\% | 9.4\% |
| Rarely | 2.2\% | 5.9\% | 4.3\% | 4.3\% | 0.0\% | 5.9\% | 0.0\% | 4.0\% |
| Never | 8.9\% | 3.9\% | 4.3\% | 0.0\% | 0.0\% | 5.9\% | 0.0\% | 4.5\% |
| Does not apply | 13.3\% | 11.8\% | 8.7\% | 21.7\% | 25.0\% | 29.4\% | 0.0\% | 14.9\% |
| Total | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% |

* Respondents who report being HIV-positive only

Table 6.F28: "HIV+ I feel comfortable getting tested for HIV" - By Income
Under \$15K \$15K-\$30K \$30K-\$50K \$50K-\$75K \$75K-\$100K \$100K-\$150K Over \$150K Total

|  | Under \$15k | \$15k-\$0k | Stok-\$0k |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Always | 58.7\% | 57.7\% | 54.3\% | 56.5\% | 50.0\% | 29.4\% | 75.0\% | 54.4\% |
| Often | 6.5\% | 7.7\% | 6.5\% | 0.0\% | 12.5\% | 5.9\% | 0.0\% | 6.4\% |
| Sometimes | 6.5\% | 3.8\% | 4.3\% | 0.0\% | 0.0\% | 5.9\% | 0.0\% | 3.9\% |
| Rarely | 4.3\% | 7.7\% | 2.2\% | 4.3\% | 0.0\% | 5.9\% | 0.0\% | 4.4\% |
| Never | 2.2\% | 1.9\% | 2.2\% | 0.0\% | 6.3\% | 5.9\% | 0.0\% | 2.5\% |
| Does not apply | 21.7\% | 21.2\% | 30.4\% | 39.1\% | 31.3\% | 47.1\% | 25.0\% | 28.4\% |
| Total | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% |

* Respondents who report being HIV-positive only

Table 6.F29: "HIV+ I can easily access HIV testing in my community" - By Income

|  | Under \$15K | \$15K-\$30K | \$30K-\$50K | \$50K-\$75K | \$75K-\$100K | \$100K-\$150K | Over \$150K | Total |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Always | 60.9\% | 57.7\% | 76.1\% | 69.6\% | 50.0\% | 47.1\% | 100.0\% | 63.2\% |
| Often | 10.9\% | 15.4\% | 4.3\% | 8.7\% | 12.5\% | 5.9\% | 0.0\% | 9.8\% |
| Sometimes | 10.9\% | 11.5\% | 6.5\% | 8.7\% | 0.0\% | 5.9\% | 0.0\% | 8.3\% |
| Rarely | 4.3\% | 3.8\% | 2.2\% | 0.0\% | 0.0\% | 5.9\% | 0.0\% | 2.9\% |
| Never | 2.2\% | 5.8\% | 4.3\% | 0.0\% | 0.0\% | 5.9\% | 0.0\% | 3.4\% |
| Does not apply | 10.9\% | 5.8\% | 6.5\% | 13.0\% | 37.5\% | 29.4\% | 0.0\% | 12.3\% |
| Total | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% |

* Respondents who report being HIV-positive only

Table 6.F30: "HIV+ I know where to access HIV treatment in my community" - By Income

|  | Under \$15K | \$15K-\$30K | \$30K-\$50K | \$50k-\$75K | \$75K-\$100K | \$100K-\$150K | Over \$150K | Total |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Always | 76.1\% | 71.2\% | 80.4\% | 87.0\% | 62.5\% | 58.8\% | 100.0\% | 75.0\% |
| Often | 4.3\% | 11.5\% | 8.7\% | 4.3\% | 18.8\% | 0.0\% | 0.0\% | 7.8\% |
| Sometimes | 10.9\% | 3.8\% | 2.2\% | 0.0\% | 0.0\% | 11.8\% | 0.0\% | 4.9\% |
| Rarely | 4.3\% | 7.7\% | 0.0\% | 8.7\% | 12.5\% | 5.9\% | 0.0\% | 5.4\% |
| Never | 4.3\% | 1.9\% | 4.3\% | 0.0\% | 0.0\% | 5.9\% | 0.0\% | 2.9\% |
| Does not apply | 0.0\% | 3.8\% | 4.3\% | 0.0\% | 6.3\% | 17.6\% | 0.0\% | 3.9\% |
| Total | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% |

* Respondents who report being HIV-positive only

Table 6.F31: "HIV+ I can easily access condoms" - By Income

|  | Under \$15K | \$15K-\$30K | \$30K-\$50K | \$50K-\$75K | \$75K-\$100K | \$100K-\$150K | Over \$150K | Total |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Always | 89.1\% | 73.1\% | 80.4\% | 69.6\% | 50.0\% | 70.6\% | 75.0\% | 76.0\% |
| Often | 2.2\% | 5.8\% | 6.5\% | 13.0\% | 12.5\% | 11.8\% | 0.0\% | 6.9\% |
| Sometimes | 6.5\% | 9.6\% | 8.7\% | 0.0\% | 0.0\% | 0.0\% | 0.0\% | 5.9\% |
| Rarely | 2.2\% | 5.8\% | 0.0\% | 4.3\% | 0.0\% | 0.0\% | 0.0\% | 2.5\% |
| Never | 0.0\% | 1.9\% | 0.0\% | 0.0\% | 0.0\% | 0.0\% | 0.0\% | 0.5\% |
| Does not apply | 0.0\% | 3.8\% | 4.3\% | 13.0\% | 37.5\% | 17.6\% | 25.0\% | 8.3\% |
| Total | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% |

* Respondents who report being HIV-positive only

Table 6.F32: "HIV+ I can easily access clean needles" - By Race

|  | Under \$15K | \$15K-\$30K | \$30K-\$50K | \$50K-\$75K | \$75K-\$100K | \$100K-\$150K | Over \$150K | Total |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Always | 21.7\% | 11.8\% | 15.2\% | 13.0\% | 6.3\% | 5.9\% | 25.0\% | 14.3\% |
| Often | 2.2\% | 2.0\% | 0.0\% | 0.0\% | 0.0\% | 0.0\% | 0.0\% | 1.0\% |
| Sometimes | 4.3\% | 2.0\% | 4.3\% | 0.0\% | 0.0\% | 11.8\% | 0.0\% | 3.4\% |
| Rarely | 2.2\% | 2.0\% | 2.2\% | 4.3\% | 0.0\% | 0.0\% | 0.0\% | 2.0\% |
| Never | 17.4\% | 13.7\% | 6.5\% | 0.0\% | 0.0\% | 0.0\% | 0.0\% | 8.9\% |
| Does not apply | 52.2\% | 68.6\% | 71.7\% | 82.6\% | 93.8\% | 82.4\% | 75.0\% | 70.4\% |
| Total | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% |
| * Respondents who report being HIV-positive only |  |  |  |  |  |  |  |  |
| Table 6.G1: "HIV+ Medication" |  |  |  |  |  |  |  |  |
| Medication prescribed by my doctor | 88.0\% |  |  |  |  |  |  |  |
| I have but am not currently taking medication prescribed by my doctor | 4.9\% |  |  |  |  |  |  |  |
| Medication that was not prescribed by my doctor | 0.9\% |  |  |  |  |  |  |  |
| I have but am not currently taking medication that was not prescribed by my doctor | 2.2\% |  |  |  |  |  |  |  |
| I have never taken any medication | 2.7\% |  |  |  |  |  |  |  |

## Table 6.G2: "HIV+ Medication" - By Sexuality

|  | Heterosexual | Gay | Lesbian | Bisexual | Pansexual | Queer | Other Sexuality | Total |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Medication prescribed by my doctor | 90.5\% | 90.3\% | 100.0\% | 75.0\% | 87.5\% | 66.7\% | 66.7\% | 88.0\% |
| I have but am not currently taking medication prescribed by my doctor | 14.3\% | 3.6\% | 0.0\% | 6.3\% | 0.0\% | 8.3\% | 16.7\% | 4.9\% |
| Medication that was not prescribed by my doctor | 0.0\% | 0.6\% | 0.0\% | 6.3\% | 0.0\% | 0.0\% | 0.0\% | 0.9\% |
| I have but am not currently taking medication that was not prescribed by my doctor | 0.0\% | 2.4\% | 0.0\% | 6.3\% | 0.0\% | 0.0\% | 0.0\% | 2.2\% |
| I have never taken any medication | 0.0\% | 2.4\% | 0.0\% | 6.3\% | 12.5\% | 8.3\% | 0.0\% | 2.7\% |

## Table 6.G3: "HIV+ Medication" - By Cis/Trans Identity

|  | Cisgender | Transgender | Total |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Medication prescribed by my doctor | 92.2\% | 80.0\% | 88.0\% |  |  |  |  |
| I have but am not currently taking medication prescribed by my doctor | 2.0\% | 12.7\% | 4.9\% |  |  |  |  |
| Medication that was not prescribed by my doctor | 0.0\% | 3.6\% | 0.9\% |  |  |  |  |
| I have but am not currently taking medication that was not prescribed by my doctor | 2.0\% | 3.6\% | 2.2\% |  |  |  |  |
| I have never taken any medication | 0.7\% | 5.5\% | 2.7\% |  |  |  |  |

Table 6.G4: "HIV+ Medication" - By Race

Table 6.G5: "HIV+ Medication" - By Income

|  | Under \$15K | \$15K-\$30K | \$30K-\$50K | \$50K-\$75K | \$75K-\$100K | \$100K-\$150K | Over \$150K | Total |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Medication prescribed by my doctor | 87.0\% | 88.5\% | 87.0\% | 87.0\% | 93.8\% | 94.1\% | 100.0\% | 88.0\% |
| I have but am not currently taking medication prescribed by my doctor | 8.7\% | 7.7\% | 2.2\% | 0.0\% | 6.3\% | 0.0\% | 0.0\% | 4.9\% |
| Medication that was not prescribed by my doctor | 4.3\% | 0.0\% | 0.0\% | 0.0\% | 0.0\% | 0.0\% | 0.0\% | 0.9\% |
| I have but am not currently taking medication that was not prescribed by my doctor | 4.3\% | 1.9\% | 2.2\% | 4.3\% | 0.0\% | 0.0\% | 0.0\% | 2.2\% |
| I have never taken any medication | 4.3\% | 1.9\% | 2.2\% | 0.0\% | 0.0\% | 0.0\% | 0.0\% | 2.7\% |

## SECTION 7: Gender-Affirming Hormone Therapy

Table 7.Al: "Are you currently taking hormones or undergoing hormone replacement therapy (HRT)?"

| No HRT | 86.2\% |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| HRT | 13.8\% |  |  |  |  |  |  |
| Table 7.A2: "Transgender Identity" - By HRT |  |  |  |  |  |  |  |
|  | No HRT | HRT | Total |  |  |  |  |
| Cisgender | 80.1\% | 8.1\% | 69.8\% |  |  |  |  |
| Transgender | 19.9\% | 91.9\% | 30.2\% |  |  |  |  |
| Total | 100.0\% | 100.0\% | 100.0\% |  |  |  |  |

Table 7.A3: "Are you currently taking hormones or undergoing hormone replacement therapy?" - By Cis/Trans Identity

|  | Cisgender | Transgender | Total |
| ---: | ---: | ---: | ---: |
| No HRT | $98.3 \%$ | $56.6 \%$ | $85.8 \%$ |
| HRT | $1.7 \%$ | $43.4 \%$ | $14.2 \%$ |
| Total | $100.0 \%$ | $100.0 \%$ | $100.0 \%$ |

Table 7.A4: "Are you currently taking hormones or undergoing hormone replacement therapy?" - By Race, Trans Only




Table 7.A8: "Do you know how to safely administer your hormone treatment?" -HRT and Trans Only

| No | $1.7 \%$ |
| ---: | ---: |
| Somewhat | $5.7 \%$ |
| Yes | $92.5 \%$ |

* Respondents who report taking HRT and being trans only

Table 7.A9: "Do you know how to safely administer your hormone treatment?" - By Race, HRT and Trans Only

|  | Asian or Asian American | Black or African American | Hispanic or Latinx | White or Caucasian | Other Race | Total |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| No | 14.3\% | 3.0\% | 0.0\% | 1.3\% | 2.6\% | 1.7\% |  |  |
| Somewhat | 0.0\% | 14.9\% | 8.7\% | 3.9\% | 5.3\% | 5.6\% |  |  |
| Yes | 85.7\% | 82.1\% | 91.3\% | 94.8\% | 92.1\% | 92.6\% |  |  |
| Total | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% |  |  |
| * Respondents who report taking HRT and being trans only |  |  |  |  |  |  |  |  |
| Table 7.A10: "Do you know how to safely administer your hormone treatment?" - By Income, HRT and Trans Only |  |  |  |  |  |  |  |  |
|  | Under \$15K | \$15K-\$30K | \$30K-\$50K | \$50K-\$75K | \$75K-\$100K | \$100k-\$150K | Over \$150K | Total |
| No | 2.7\% | 1.6\% | 3.4\% | 0.0\% | 0.0\% | 0.0\% | 0.0\% | 1.8\% |
| Somewhat | 12.5\% | 5.7\% | 3.4\% | 2.6\% | 8.8\% | 0.0\% | 0.0\% | 5.9\% |
| Yes | 84.8\% | 92.7\% | 93.2\% | 97.4\% | 91.2\% | 100.0\% | 100.0\% | 92.4\% |
| Total | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% |

*Respondents who report taking HRT and being trans only
Table 7.B1: "Are you under the supervision of a medical professional for your hormone treatment?" - HRT and Trans Only

*Respondents who report taking HRT and being trans only
Table 7.B2: "Which of the following best describes your hormone access?" - HRT and Trans Only

| Doctor who does not specialize <br> in transgender health | $\mathbf{2 7 . 4 \%}$ |
| ---: | :---: |
| Endocrinologist who does not <br> specialize in transgender <br> health | $\mathbf{1 0 . 7 \%}$ |
| Doctor who does specializes in <br> LGBTQ or transgender health | $\mathbf{4 6 . 4 \%}$ |
| Endocrinologist who does <br> specializes in LGBTQ or <br> transgender health | $\mathbf{1 2 . 3 \%}$ |
| Another type of doctor | $\mathbf{5 . 6 \%}$ |
| Not prescribed hormones | $\mathbf{1 . 9 \%}$ |
| Non-medical source | $\mathbf{6 . 5 \%}$ |

* Respondents who report taking HRT and being trans only

|  | Under \$15K | \$15K-\$30K | \$30K-\$50K | \$50K-\$75K | \$75K-\$100K | \$100K-\$150K | Over \$150K | Total |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Doctor who does not specialize in transgender health | 25.9\% | 26.0\% | 28.2\% | 28.9\% | 20.6\% | 28.1\% | 33.3\% | 27.0\% |
| Endocrinologist who does not specialize in transgender health | 15.2\% | 7.3\% | 5.1\% | 15.8\% | 20.6\% | 12.5\% | 0.0\% | 10.7\% |
| Doctor who does specializes in LGBTQ or transgender health | 43.8\% | 49.6\% | 47.9\% | 44.7\% | 44.1\% | 46.9\% | 38.9\% | 46.3\% |
| Endocrinologist who does specializes in LGBTQ or transgender health | 8.9\% | 13.0\% | 13.7\% | 9.2\% | 20.6\% | 12.5\% | 22.2\% | 12.5\% |
| Another type of doctor | 2.7\% | 8.9\% | 6.8\% | 3.9\% | 2.9\% | 9.4\% | 0.0\% | 5.7\% |
| Not prescribed hormones | 4.5\% | 2.4\% | 0.9\% | 0.0\% | 0.0\% | 3.1\% | 0.0\% | 2.0\% |
| Non-medical source | 9.8\% | 8.9\% | 6.8\% | 2.6\% | 2.9\% | 0.0\% | 5.6\% | 6.6\% |
| * Respondents who report taking HR | T and being trans on |  |  |  |  |  |  |  |

Table 7.B4: "Which of the following best describes your hormone access?" - By Race, HRT and Trans Only


* Respondents who report taking HRT and being trans only

Table 7.B5: "Which of the following best describes your hormone access?" - By Gender, HRT and Trans Only

|  | Man or Masculine | Woman or Feminine | Non-binary or Nonconforming | Other Gender | Total |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Doctor who does not specialize in transgender health | 33.0\% | 20.6\% | 29.6\% | 42.9\% | 27.7\% |
| Endocrinologist who does not specialize in transgender health | 12.7\% | 11.0\% | 4.2\% | 4.8\% | 10.4\% |
| Doctor who does specializes in LGBTQ or transgender health | 44.7\% | 46.4\% | 49.3\% | 42.9\% | 46.0\% |
| Endocrinologist who does specializes in LGBTQ or transgender health | 10.2\% | 13.9\% | 9.9\% | 0.0\% | 11.2\% |
| Another type of doctor | 5.6\% | 4.8\% | 11.3\% | 0.0\% | 5.8\% |
| Not prescribed hormones | 0.5\% | 1.4\% | 4.2\% | 9.5\% | 1.8\% |
| Non-medical source | 1.5\% | 10.0\% | 5.6\% | 19.0\% | 6.4\% |

* Respondents who report taking HRT and being trans only


## SECTION 8: Residency and Regionality

Table 8.A1: "What state do you live in?"


Table 8.A2: "Rurality by Quintiles"


Table 8.A3 "What state do you live in?" - By Rurality Quintiles


Table 8.B1: "How would you rate your overall physical health?" - By Rurality Quintiles

|  | .1-. 19 | .2-. 29 | .3-.39 | . $4-.49$ | .5-.59 | Total |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Excellent | 15.2\% | 19.6\% | 16.1\% | 12.7\% | 13.1\% | 15.5\% |
| Good | 55.7\% | 53.3\% | 54.2\% | 56.7\% | 50.6\% | 54.6\% |
| Fair | 25.4\% | 24.4\% | 25.1\% | 24.5\% | 29.9\% | 25.3\% |
| Poor | 3.7\% | 2.7\% | 4.6\% | 6.1\% | 6.4\% | 4.7\% |
| Total | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% |

Table 8.B2: "How would you rate your overall quality of medical care?" - By Rurality Quintiles

|  | .1-19 | .2-.29 | .3-.39 | . 4 -. 49 | .5-.59 | Total |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Excellent | 21.5\% | 23.2\% | 18.0\% | 16.8\% | 15.9\% | 19.0\% |  |  |
| Good | 51.7\% | 46.1\% | 51.8\% | 49.5\% | 45.4\% | 49.4\% |  |  |
| Fair | 20.2\% | 25.5\% | 24.2\% | 26.2\% | 31.4\% | 25.1\% |  |  |
| Poor | 6.7\% | 5.2\% | 6.1\% | 7.5\% | 7.3\% | 6.5\% |  |  |
| Total | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% |  |  |

Table 8.B3: "Do you feel your health care needs are being met?" - By Rurality Quintiles


Table 8.B4: "My experience with physical health providers has been positive" - By Rurality Quintiles


Table 8.B5: "How would you rate your overall mental health?" - By Rurality Quintiles

| .1-. 19 | .2-. 29 | .3-.39 | .4-49 | .5-.59 | Total |
| :---: | :---: | :---: | :---: | :---: | :---: |
| 15.2\% | 15.7\% | 13.4\% | 11.0\% | 11.3\% | 13.3\% |
| 33.3\% | 38.6\% | 38.2\% | 37.2\% | 33.6\% | 37.0\% |
| 36.0\% | 34.2\% | 33.9\% | 34.6\% | 33.3\% | 34.4\% |
| 15.6\% | 11.6\% | 14.5\% | 17.2\% | 21.7\% | 15.4\% |
| 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% |

Table 8.B6: "Have you experienced abuse, harassment, or violence due to your LGBTQ identity?" - By Rurality Quintiles

|  | .1-19 | .2-.29 | .3-.39 | . 4 -. 49 | .5-.59 | Total |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Physical violence OR abuse | 27.3\% | 26.4\% | 22.8\% | 22.2\% | 26.0\% | 24.3\% |
| Emotional abuse OR harassment | 74.5\% | 70.5\% | 71.6\% | 72.6\% | 70.4\% | 71.9\% |


|  | .1-.19 | .2-.29 | .3-.39 | .4-49 | .5-.59 | Total |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Alcohol Abuse | 15.6\% | 13.6\% | 12.3\% | 13.4\% | 16.5\% | 13.2\% |
| Anxiety disorders | 54.5\% | 52.7\% | 58.4\% | 61.9\% | 64.0\% | 57.5\% |
| Attention deficit disorder | 18.7\% | 14.5\% | 19.2\% | 18.8\% | 17.7\% | 17.4\% |
| Autism | 0.6\% | 0.8\% | 0.8\% | 1.4\% | 0.6\% | 0.9\% |
| Bipolar disorder/mania | 9.6\% | 12.8\% | 9.7\% | 13.2\% | 15.9\% | 11.7\% |
| Borderline personality disorder | 1.5\% | 1.7\% | 0.6\% | 1.7\% | 1.8\% | 1.3\% |
| Depression | 66.5\% | 65.4\% | 68.8\% | 70.5\% | 74.4\% | 68.3\% |
| Disordered Eating | 1.7\% | 2.2\% | 1.2\% | 1.4\% | 0.9\% | 1.5\% |
| Obsessive Compulsive Disorders | 9.6\% | 9.6\% | 11.6\% | 11.1\% | 13.4\% | 10.9\% |
| Drug abuse | 10.0\% | 8.3\% | 10.7\% | 10.4\% | 10.4\% | 10.0\% |
| Post-traumatic Stress Disorder | 3.5\% | 4.0\% | 4.0\% | 4.7\% | 5.2\% | 4.1\% |
| Self-harming behaviors | 21.8\% | 23.9\% | 24.9\% | 25.8\% | 27.4\% | 24.8\% |
| Suicidal Ideation | 32.8\% | 30.6\% | 32.9\% | 33.3\% | 36.6\% | 32.8\% |
| Other | 10.2\% | 10.9\% | 9.5\% | 11.2\% | 11.9\% | 10.2\% |

Table 8.B8: "My experience with mental health providers has been positive" - By Rurality Quintiles


Table 8.B9: "My alcohol consumption interferes with my daily life" - By Rurality Quintiles

|  | .1-19 | .2-.29 | .3-.39 | . $4-.49$ | .5-.59 | Total |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Always | 0.6\% | 1.0\% | 0.5\% | 0.4\% | 0.3\% | 0.6\% |
| Often | 2.3\% | 1.7\% | 0.8\% | 0.7\% | 0.3\% | 1.1\% |
| Sometimes | 3.3\% | 6.0\% | 5.1\% | 4.0\% | 3.7\% | 4.6\% |
| Rarely | 18.5\% | 14.9\% | 13.1\% | 11.3\% | 11.9\% | 13.6\% |
| Never | 63.6\% | 64.1\% | 68.7\% | 69.7\% | 69.2\% | 67.4\% |
| Does not apply | 11.6\% | 12.3\% | 11.7\% | 13.9\% | 14.6\% | 12.7\% |
| Total | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% |

Table 8.B10: "My drug consumption interferes with my daily life" - By Rurality Quintiles


Table 8.B11: "Which of the following best describes your current health insurance status?" - By Rurality Quintiles

|  | .1-19 | .2-.29 | .3-.39 | . $4-49$ | .5-.59 | Total |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Uninsured | 11.7\% | 11.7\% | 11.4\% | 12.6\% | 18.0\% | 12.4\% |
| Private Insurer | 2.5\% | 3.1\% | 2.0\% | 3.5\% | 3.7\% | 2.8\% |
| HealthCare.Gov Marketplace | 7.5\% | 7.1\% | 8.2\% | 6.3\% | 7.6\% | 7.3\% |
| Medicaid | 3.8\% | 4.9\% | 3.7\% | 6.1\% | 9.5\% | 5.1\% |
| Medicare | 6.7\% | 6.1\% | 8.3\% | 5.5\% | 7.6\% | 6.8\% |
| Employer | 42.0\% | 39.2\% | 38.3\% | 39.0\% | 32.3\% | 38.6\% |
| Parent/guardian's Employer | 17.1\% | 15.8\% | 17.6\% | 18.7\% | 17.4\% | 17.5\% |
| Partner's Employer | 6.9\% | 7.5\% | 7.8\% | 5.7\% | 3.7\% | 6.7\% |
| School | 1.9\% | 4.5\% | 2.6\% | 2.5\% | 0.3\% | 2.7\% |
| Total | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% |

Table 8.B12: "Do you worry about losing your health insurance coverage?" - By Rurality Quintiles

| $.1-.19$ |  | $.2-.29$ |  | $.3-.39$ |  | $.4-49$ | $.5-.59$ | Total |
| ---: | ---: | ---: | ---: | ---: | ---: | ---: | ---: | ---: |
| No | $39.5 \%$ | $42.2 \%$ | $44.0 \%$ | $44.7 \%$ | $39.2 \%$ | $42.8 \%$ |  |  |
| Somewhat | $30.4 \%$ | $27.8 \%$ |  | $26.6 \%$ | $26.1 \%$ | $28.7 \%$ | $27.4 \%$ |  |
| Yes | $30.1 \%$ | $30.0 \%$ | $29.4 \%$ | $29.2 \%$ | $32.1 \%$ | $29.8 \%$ |  |  |
| Total | $100.0 \%$ | $100.0 \%$ | $100.0 \%$ | $100.0 \%$ | $100.0 \%$ | $100.0 \%$ |  |  |

Table 8.B13: "Do you know what services are covered by your health insurance plan?" - By Rurality Quintiles

| $.1-.19$ | $.2-.29$ |  | $.3-.39$ |  | $.4-.49$ | $.5-.59$ | Total |
| ---: | ---: | ---: | ---: | ---: | ---: | ---: | ---: | ---: |
| No | $8.0 \%$ | $8.2 \%$ | $8.8 \%$ | $11.3 \%$ | $7.8 \%$ | $9.2 \%$ |  |
| Somewhat | $47.3 \%$ | $49.3 \%$ | $46.9 \%$ | $47.0 \%$ | $49.1 \%$ | $47.7 \%$ |  |
| Yes | $44.7 \%$ | $42.5 \%$ | $44.3 \%$ | $41.7 \%$ | $43.1 \%$ | $43.2 \%$ |  |
| Total | $100.0 \%$ | $100.0 \%$ | $100.0 \%$ | $100.0 \%$ | $100.0 \%$ | $100.0 \%$ |  |

Table 8.B12: "Do you worry about losing your health insurance coverage?" - By Rurality Quintiles

|  | .1-. 19 | .2-.29 | .3-.39 | .4-. 49 | .5-.59 | Total |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| No | 39.5\% | 42.2\% | 44.0\% | 44.7\% | 39.2\% | 42.8\% |
| Somewhat | 30.4\% | 27.8\% | 26.6\% | 26.1\% | 28.7\% | 27.4\% |
| Yes | 30.1\% | 30.0\% | 29.4\% | 29.2\% | 32.1\% | 29.8\% |
| Total | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% |

Table 8.B13: "Do you know what services are covered by your health insurance plan?" - By Rurality Quintiles

|  | $1-.19$ | $.2-.29$ |  | $.3-.39$ | $.4-.49$ |  | $.5-.59$ | Total |
| ---: | ---: | ---: | ---: | ---: | ---: | ---: | ---: | ---: |
| No | $8.0 \%$ | $8.2 \%$ | $8.8 \%$ | $11.3 \%$ | $7.8 \%$ | $9.2 \%$ |  |  |
| Somewhat | $47.3 \%$ | $49.3 \%$ | $46.9 \%$ | $47.0 \%$ | $49.1 \%$ | $47.7 \%$ |  |  |
| Yes | $44.7 \%$ | $42.5 \%$ | $44.3 \%$ | $41.7 \%$ | $43.1 \%$ | $43.2 \%$ |  |  |
| Total | $100.0 \%$ | $100.0 \%$ | $100.0 \%$ | $100.0 \%$ | $100.0 \%$ | $100.0 \%$ |  |  |

Table 8.B14: "I am comfortable seeking medical care in my community" - By Rurality Quintiles

|  | .1-19 | .2-.29 | .3-39 | .4-.49 | .5-.59 | Total |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Always | 32.0\% | 28.2\% | 32.8\% | 28.8\% | 23.2\% | 29.8\% |  |
| Often | 28.0\% | 28.7\% | 26.4\% | 24.7\% | 22.0\% | 26.3\% |  |
| Sometimes | 26.2\% | 30.2\% | 26.7\% | 29.3\% | 33.9\% | 28.7\% |  |
| Rarely | 10.5\% | 8.8\% | 10.2\% | 11.4\% | 13.5\% | 10.6\% |  |
| Never | 2.7\% | 3.5\% | 2.9\% | 5.0\% | 6.7\% | 3.9\% |  |
| Does not apply | 0.6\% | 0.5\% | 1.0\% | 0.8\% | 0.6\% | 0.8\% |  |
| Total | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% |  |

Table 8.B15: "I have access to dental care in my community" - By Rurality Quintiles


Table 8.B16: "I prefer to go to the doctor for medical care" - By Rurality Quintiles


Table 8.B17: "I prefer to go to the emergency room for medical care" - By Rurality Quintiles

Table 8.B20: "I think doctors in my community are able to provide quality care to LGBTQ individuals" - By Rurality Quintiles


Table 8.B21: "I delay seeking medical care due to my LGBTQ identity" - By Rurality Quintiles


Table 8.B22: "I deal with mistreatment due to my LGBTQ identity in order to get medical care" - By Rurality Quintiles


Table 8.B23: "I think being LGBTQ changes how a medical professional interacts with me" - By Rurality Quintiles

|  | .1-.19 | .2-. 29 | .3-.39 | . $4-.49$ | .5-.59 | Total |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Always | 17.5\% | 18.8\% | 15.3\% | 16.4\% | 17.4\% | 16.8\% |
| Often | 21.7\% | 19.1\% | 21.9\% | 21.6\% | 21.6\% | 21.2\% |
| Sometimes | 40.0\% | 37.8\% | 36.0\% | 32.6\% | 34.8\% | 35.9\% |
| Rarely | 10.6\% | 13.0\% | 15.8\% | 17.5\% | 15.5\% | 15.0\% |
| Never | 8.3\% | 9.4\% | 8.1\% | 9.8\% | 9.1\% | 8.9\% |
| Does not apply | 1.9\% | 1.9\% | 3.0\% | 2.1\% | 1.5\% | 2.3\% |
| Total | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% |

Table 8.B24: "Being in the South makes it harder for LGBTQ individuals to access quality medical care" - By Rurality Quintiles

|  | .1-. 19 | .2-. 29 | .3-.39 | .4-49 | . $5-.59$ | Total |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Always | 13.3\% | 19.0\% | 15.1\% | 17.4\% | 21.0\% | 16.8\% |  |
| Often | 37.1\% | 33.7\% | 37.5\% | 34.2\% | 35.1\% | 35.5\% |  |
| Sometimes | 34.3\% | 30.8\% | 33.9\% | 32.6\% | 28.0\% | 32.4\% |  |
| Rarely | 7.8\% | 7.2\% | 7.4\% | 8.9\% | 8.5\% | 7.9\% |  |
| Never | 4.0\% | 5.1\% | 3.9\% | 4.3\% | 6.1\% | 4.5\% |  |
| Does not apply | 3.6\% | 4.2\% | 2.3\% | 2.7\% | 1.2\% | 2.9\% |  |
| Total | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% |  |

## TA:LES

Table 8.B25: "I am afraid of experiencing physical violence/abuse due to my LGBTQ identity." - By Rurality Quintiles

|  | .1-19 | .2-.29 | .3-39 | .4-49 | .5-.59 | Total |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Always | 9.0\% | 14.3\% | 10.7\% | 12.8\% | 15.2\% | 12.2\% |
| Often | 13.3\% | 10.9\% | 12.4\% | 13.5\% | 15.9\% | 12.8\% |
| Sometimes | 32.9\% | 28.5\% | 31.6\% | 29.3\% | 30.8\% | 30.4\% |
| Rarely | 30.8\% | 30.0\% | 30.7\% | 29.9\% | 21.6\% | 29.6\% |
| Never | 12.3\% | 13.8\% | 12.9\% | 12.7\% | 15.9\% | 13.2\% |
| Does not apply | 1.7\% | 2.5\% | 1.6\% | 1.6\% | 0.6\% | 1.7\% |
| Total | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% |

Table 8.B26: "I am afraid of experiencing emotional abuse/harassment due to my LGBTQ identity" - By Rurality Quintiles


Table 8.B27: "I have to educate my medical providers about my LGBTQ identity" - By Rurality Quintiles


Table 8.B28: "What is your HIV status?" - By Rurality Quintiles

|  | .1-. 19 | .2-. 29 | .3-39 | . $4-.49$ | .5-.59 | Total |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| HIV- (negative) | 84.8\% | 84.0\% | 84.8\% | 86.4\% | 85.0\% | 85.1\% |
| HIV+( (positive) | 6.7\% | 7.9\% | 5.3\% | 2.5\% | 4.3\% | 5.2\% |
| I do not know | 8.6\% | 8.1\% | 10.0\% | 11.0\% | 10.7\% | 9.7\% |
| Total | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% |

Table 8.B29: "How would you rate your knowledge about HIV prevention?" - By Rurality Quintiles

|  | .1-19 | .2-.29 | .3-.39 | . 4 -. 49 | .5-.59 | Total |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Excellent | 75.0\% | 72.4\% | 79.3\% | 79.2\% | 85.7\% | 76.9\% |
| Good | 25.0\% | 24.1\% | 17.2\% | 16.7\% | 7.1\% | 19.9\% |
| Fair | 0.0\% | 0.0\% | 3.4\% | 0.0\% | 7.1\% | 1.6\% |
| Poor | 0.0\% | 3.4\% | 0.0\% | 4.2\% | 0.0\% | 1.6\% |
| Total | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% |

* Respondents who report being HIV-positive only

Table 8.B30: "Which of the following best describes how often you get tested for HIV? - By Rurality Quintiles

|  | .1-. 19 | .2-.29 | .3-39 | . $4-.49$ | .5-.59 | Total |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Never | 12.5\% | 26.2\% | 36.4\% | 40.0\% | 46.2\% | 30.1\% |
| About every $3-5$ years | 9.4\% | 3.3\% | 5.5\% | 4.0\% | 0.0\% | 4.8\% |
| Yearly | 6.3\% | 9.8\% | 9.1\% | 4.0\% | 0.0\% | 7.5\% |
| Once every 6 months | 56.3\% | 52.5\% | 47.3\% | 48.0\% | 38.5\% | 50.0\% |
| Monthly | 15.6\% | 8.2\% | 1.8\% | 4.0\% | 15.4\% | 7.5\% |
| Total | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% |

* Respondents who report being HIV-positive only

Table 8.B31: "If feel comfortable talking with my medical provider about HIV prevention" - By Rurality Quintiles

|  | .1-19 | .2-.29 | .3-39 | .4-49 | .5-.59 | Total |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Always | 68.8\% | 66.7\% | 43.9\% | 48.0\% | 57.1\% | 56.9\% |
| Often | 18.8\% | 6.7\% | 12.3\% | 12.0\% | 0.0\% | 10.6\% |
| Sometimes | 6.3\% | 13.3\% | 7.0\% | 16.0\% | 14.3\% | 10.6\% |
| Rarely | 0.0\% | 5.0\% | 5.3\% | 4.0\% | 7.1\% | 4.3\% |
| Never | 3.1\% | 1.7\% | 5.3\% | 8.0\% | 0.0\% | 3.7\% |
| Does not apply | 3.1\% | 6.7\% | 26.3\% | 12.0\% | 21.4\% | 13.8\% |
| Total | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% |

* Respondents who report being HIV-positive only

Table 8.B32: "I feel comfortable getting tested for HIV" - By Rurality Quintiles


Table 8.B33: "I can easily access HIV testing in my community" - By Rurality Quintiles


* Respondents who report being HIV-positive only

Table 8.B34: "I know where to access HIV treatment in my community" - By Rurality Quintiles

|  | .1-19 | .2-.29 | .3-39 | .4-.49 | .5-.59 | Total |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Always | 81.3\% | 77.0\% | 74.1\% | 72.0\% | 71.4\% | 75.8\% |
| Often | 9.4\% | 8.2\% | 6.9\% | 4.0\% | 7.1\% | 7.4\% |
| Sometimes | 6.3\% | 4.9\% | 3.4\% | 4.0\% | 14.3\% | 5.3\% |
| Rarely | 0.0\% | 4.9\% | 6.9\% | 4.0\% | 7.1\% | 4.7\% |
| Never | 3.1\% | 1.6\% | 1.7\% | 8.0\% | 0.0\% | 2.6\% |
| Does not apply | 0.0\% | 3.3\% | 6.9\% | 8.0\% | 0.0\% | 4.2\% |
| Total | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% |

* Respondents who report being HIV-positive only

Table 8.B35: "I can easily access condoms" - By Rurality Quintiles

|  | .1-. 19 | .2-.29 | .3-.39 | . $4-.49$ | .5-. 59 | Total |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Always | 87.5\% | 77.0\% | 70.7\% | 80.0\% | 57.1\% | 75.8\% |
| Often | 3.1\% | 3.3\% | 12.1\% | 0.0\% | 7.1\% | 5.8\% |
| Sometimes | 3.1\% | 9.8\% | 3.4\% | 4.0\% | 21.4\% | 6.8\% |
| Rarely | 3.1\% | 1.6\% | 1.7\% | 4.0\% | 7.1\% | 2.6\% |
| Never | 0.0\% | 0.0\% | 0.0\% | 0.0\% | 7.1\% | 0.5\% |
| Does not apply | 3.1\% | 8.2\% | 12.1\% | 12.0\% | 0.0\% | 8.4\% |
| Total | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% |

* Respondents who report being HIV-positive only

Table 8.B36: "I can easily access clean needles" - By Rurality Quintiles

|  | .1-19 | .2-.29 | .3-.39 | .4-.49 | .5-.59 | Total |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Always | 28.1\% | 19.7\% | 5.3\% | 4.0\% | 14.3\% | 14.3\% |  |
| Often | 0.0\% | 1.6\% | 0.0\% | 0.0\% | 0.0\% | 0.5\% |  |
| Sometimes | 3.1\% | 1.6\% | 3.5\% | 4.0\% | 14.3\% | 3.7\% |  |
| Rarely | 3.1\% | 3.3\% | 1.8\% | 0.0\% | 0.0\% | 2.1\% |  |
| Never | 12.5\% | 11.5\% | 5.3\% | 12.0\% | 7.1\% | 9.5\% |  |
| Does not apply | 53.1\% | 62.3\% | 84.2\% | 80.0\% | 64.3\% | 69.8\% |  |
| Total | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% |  |
| ho report being HIV-positive only |  |  |  |  |  |  |  |
| "Are you currently taking hormones or undergoing hormone replacement therapy?" - By Rurality Quintiles |  |  |  |  |  |  |  |
|  | .1-19 | .2-.29 | .3-.39 | . 4 - 49 | .5-.59 | Total |  |
| No | 81.1\% | 83.2\% | 87.5\% | 87.6\% | 85.7\% | 85.6\% |  |
| Yes | 18.9\% | 16.8\% | 12.5\% | 12.4\% | 14.3\% | 14.4\% |  |
| Total | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% | 100.0\% |  |


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    14 Artiga, S. \& A. Damico. (2016). Health and Health Coverage in the South: A Data Update. The Henry J. Kaiser Family Foundation (KFF.org). Retrieved October 19, 2019 from https.//www.Kff. org/777f8e8.
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[^9]:    32 Note: Bisexual+ encompasses respondents who identify their sexuality as bisexual, pansexual, or queer.
    33 Griffin, Peter. Waiting to Feel Better: Survey Reveals Cost Delays Timely Care. (2018) https://www.earnin.com/data/waiting-feel-better

[^10]:    * Note: Some demographic responses were "check all that apply," which led to higher response rates than the sample total.

[^11]:    36 Note: One noted limitation of this question is that we only allowed respondents to select one racial/ethnic category. Many respondents indicated in the other response option the need for multiple selections or a multiraciallethnic option.
    37 Note: Within the Spanish version of the survey, out of the 37 people who responded to the race question,13.5\% did not indicate a Hispanic or Latinx racial/ethnic identity.

[^12]:    38 Note: In this context, non-heterosexual means someone who identified their sexual identity as lesbian, gay, bisexual, pansexual, queer or "other" including asexual, polysexual, or another non-heterosexual sexuality that had low response rates.

[^13]:    39 Carpenter, C. S., \& S. T. Eppink. (2017). Does It Get Better? Recent Estimates of Sexual Orientation and Earnings in the United States. Southern Economic Journal, 84(2),426-47.

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[^15]:    If you want to register to vote, visit the following website to learn how to register in your state at www.vote.org.

[^16]:    42 Wright, E.R., J. Simpkins, M. J. Saint, A. LaBoy, R. Shelby, C. Andrews, M. Higbee, \& R. M. Roemerman (2018). State of the South: A Snapshot on the Conditions and Life Experiences of LGBTQ Southerners. At/anta, GA The LCBTQ Institute at the National Center for Civil and Human Rights.

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